



FALL 2024

Dear Birmingham Community,

As the Superintendent of Birmingham Public Schools, it is with pride that I invite you to learn more about our remarkable Community Education Program.



Education has always been the cornerstone of our community, and we firmly believe that learning should extend far beyond the walls of our schools. Our Community Education Program is a vital bridge connecting our schools, families, and residents, fostering a sense of togetherness and lifelong learning opportunities for all.

We offer various educational, recreational, and cultural activities catering to our community members' diverse interests and needs. Whether you are a parent seeking enrichment opportunities for your child or an adult looking to expand your knowledge, our program has something for everyone.

We take great pride in the variety of classes and workshops we offer. From early childhood programs that lay the foundation for our youngest learners to adult education courses that provide professional development opportunities, we strive to create a vibrant learning environment that meets the ever-changing needs of our community. Our program includes art and music classes, fitness and wellness programs, language courses, culinary workshops, and more. We continuously collaborate with local organizations, businesses, and experts to ensure that our programs remain relevant, engaging, and of the highest quality.

I am immensely proud of the Community Education Program we have built and its positive impact on our community members' lives. Together, let us embrace the journey of lifelong learning and build a stronger, more vibrant community for generations to come.

Sincerely,

Dr. Embekka Roberson
Superintendent of Schools



Volume 12, No. 1

**Birmingham Public Schools
Community Education Brochure**

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**Birmingham Public Schools
31301 Evergreen
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248.203.3800**

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**ADVERTISE IN THIS
BROCHURE!**

This brochure is mailed to over 29,000 Birmingham Public School district residents.

If you're interested in placing an advertisement in the Winter/Spring 2025 issue, please contact Diane Rampolo at 248.203.3822 or DRampolo@birmingham.k12.mi.us.



KIDS EMPOWERED WORKSHOPS

Over 500,000 girls, boys, parents, teachers, and social workers have participated in Girls Empowered and Boys Empowered programs over 25 years. The team includes social workers, teachers and fitness and dance instructors.

A SCIENTIST'S WORLD OF EMOTIONS – Boys Only (K – 5th Grade)

Boys will have fun with different science experiments learning how to manage emotions. Going from frustration to calm, from out of control to in control, from helplessness to empowerment. Bring a nut free snack and reusable water bottle. Location: Seaholm High School, Media Center

#20194

Date: 12/6/2024

Fri 5:30 PM - 8:30 PM

Fee: \$30

WANNA BUILD A SNOWMAN- Girls Only (K – 5th Grade)

Girls will have fun making a snowman craft while learning to Let It Go.....Using the theme of Frozen girls will learn how to help themselves feel better when someone is mean to them or hurts their feelings. Feel the feelings, process the feelings and then help yourself feel better. Grudges and holding onto things can help create victim like thinking vs being empowered. Bring a nut free snack and reusable water bottle. Location: Seaholm High School, Cafeteria

#20217

Date: 12/6/2024

Fri 5:30 PM - 8:30 PM

Fee: \$30



LEGO NITE OUT (K – 5th Grade)

A fun nite with Legos. We will play games, have some Lego competitions, and learn with our words we can build people up including ourselves and be a problem solver or we can tear people down including ourselves and be a problem maker. Bring a nut free snack and reusable water bottle. Location: Berkshire Middle School, Cafeteria

#20192

Date: 10/4/2024

Fri 5:30-8:30 PM

Fee: \$30

AMERICAN GIRL NITE OUT – Girls Only (K – 5th Grade)

Girls will have fun doing American Girl themed crafts, games, fitness activities and role plays using the stories of American Girl Dolls. Lots of role-playing sticky friendship situations, yoga and mindfulness. Location: Berkshire Middle School, Cafeteria

#20193

Date: 10/11/2024

Fri 5:30-8:30 PM

Fee: \$30





KIDS EMPOWERED WORKSHOPS

SLIME EMPOWERMENT SERIES (K – 5th Grade)

Kids love slime! Kids Empowered uses slimes to represent sticky situations and teaches ways to handle those sticky situations. Join us for one or all three! In each workshop kids make slime and learn different skills and strategies. **Location: Berkshire Middle School, Cafeteria**

SLIME & EMOTIONS

This workshop will teach kids how to manage their big emotions and calm their brains and bodies, so they don't go into Fight, Flight or Freeze.

#20205– Grades K- 2

Date: 9/21/2024

Sat 1:00 PM - 2:30 PM

Fee: \$24

#20206 – Grades 3-5

Date: 9/21/2024

Sat 2:30 PM – 4:00 PM

Fee: \$24

#20208 – Grades K- 2

Date: 10/26/2024

Sat 1:00 PM - 2:30 PM

Fee: \$24

#20207 – Grades 3 - 5

Date: 10/26/2024

Sat 2:30 PM – 4:00 PM

Fee: \$24

SLIME & FRIENDSHIP

This workshop will teach kids the do's and don'ts of friendship. What does it mean to be a true friend? What are the words and strategies to use when your friend says a mean comment or does a mean action.

#20209– Grades K- 2

Date: 9/28/2024

Sat 1:00 PM - 2:30 PM

Fee: \$24

#20211 – Grades 3-5

Date: 9/28/2024

Sat 2:30 PM – 4:00 PM

Fee: \$24

#20210 – Grades K- 2

Date: 11/9/2024

Sat 1:00 PM - 2:30 PM

Fee: \$24

#20212 – Grades 3 - 5

Date: 11/9/2024

Sat 2:30 PM – 4:00 PM

Fee: \$24

SLIME & BULLIES

This workshop will teach kids how to shut down unfriendly situations and prevent a bullying situation. Kids will learn tone of voice, words, and the body language to use in unfriendly situations.

#20215 – Grades K- 2

Date: 10/5/2024

Sat 1:00 PM - 2:30 PM

Fee: \$24

#20214 – Grades 3-5

Date: 10/5/2024

Sat 2:30 PM – 4:00 PM

Fee: \$24

#20216 – Grades K- 2

Date: 11/16/2024

Sat 1:00 PM - 2:30 PM

Fee: \$24

#20213 – Grades 3 - 5

Date: 11/16/2024

Sat 2:30 PM – 4:00 PM

Fee: \$24



LIVE SAFE ACADEMY

Live Safe Academy, LLC, is a family run school dedicated to enhancing personal safety. Their experienced, dedicate staff consists of law enforcement officers, attorneys, military personnel, registered nurses, and professional educators and trainers. All of their instructors are certified through nationally recognized organizations. They specialize in the training of first aid, assault and crime prevention, unarmed self-defense and the use of personal protection devices.



CERTIFIED BABYSITTER / CPR / FIRST AID and SAFE HOME ALONE (Ages 9 and older)

Learn to be safe and responsible. Build confidence. Have a competitive edge over other babysitters. Topics include: First aid, when and how to call 911, CPR with manikin practice, choking, dealing with difficult behaviors, basic care methods like feeding and diapering, marketing and much more! Students will also learn how to be safe and responsible when home alone, including the importance of not giving out personal information and what to do if somebody comes to the door. Students who successfully complete the course requirements will receive a certificate of completion for Certified Babysitter/CPR/First Aid course by Live Safe Academy. Parents, this class is for students who are independent and responsible enough to be responsible for the safety and well-being of younger children without adult supervision. Class will end between 2 PM and 3 PM depending on when students complete the course requirements. Students need a lunch, snacks, and a fully charged cell phone (if they own one). If your student does not have a cell phone, please write down the cell phone number of the person picking them up and give it to the student. Students will message their ride at lunchtime to let their ride know what time to pick them up. Please check in your student at the beginning of class. Drop off and pick up is in the classroom. Pen and paper for notes is optional. For more information please visit: <https://www.livesafeacademy.com/babysitting>. Location: Seaholm High School, Media Center

#20190

Date: 9/21/2024

Sat 9:00 AM - 3:00 PM

Fee: \$100

**HEY!
Add Pet Sitter
Class above!**



CERTIFIED PET SITTER / CPR / FIRST AID - ADD-ON (Ages 9 and older)

Kids, would you like to learn pet first aid and be a certified Pet Sitter? Increase your competitive edge by being more valuable to families with pets and kids. Increase your market by being certified to watch pets or kids. Learn to care for the pets in your own family. Have fun and help keep animals safe. Topics include pet first aid, CPR, choking, and more! This is an add on class for students who participate in the Certified Babysitter/CPR/First Aid course on the same day (students of a previous Live Safe Academy Certified Babysitter/CPR/First Aid course can become a certified pet sitter by taking a live virtual class). This program will begin after the babysitter safety class ends. Class should be concluded by 3 PM to 4 PM, depending on when the babysitter safety course is completed. For more information please visit: www.livesafeacademy.com/babysitting. Location: Seaholm High School, Media Center

#20191

Date: 9/21/2024

Sat 3:00 PM - 4:00 PM

Fee: \$20

SELF-DEFENSE for CHILDREN (Ages 6 - 11)

If someone wants to hurt our children, they will not choose a time or place with witnesses. That means no parents, no teachers, no policemen, just our children and the predator. The safety of our children will depend on their ability to recognize danger and respond appropriately. This fun, interactive and age-appropriate workshop teaches essential, lifesaving information about the dangers that our children face, strategies for prevention and real-world techniques designed to reduce their risk of abductions, assaults, and other forms of violence. But most of all, these programs teach students that they have the right to be safe, that no one has the right to hurt them, and that they are worth protecting. For more information please visit: <http://www.livesafeacademy.com/childsafety> Location: Seaholm Media Center

#20188

Date: 10/28/2024

Mon 5:30 PM - 6:30 PM

Fee: \$20

YOUTH, ADULT & FAMILY KARATE CLASSES

PKSA Karate Bloomfield provides the best professional and experienced instruction in the art of Tang Soo Do. Our school is operated by James and Ashley Shruga under the direct guidance and personal supervision of Master R. Collins, Sr. and Master R. Collins, Jr.



Learn more about the traditional Korean art of Tang Soo Do at www.pksa.com

Tang Soo Do is an excellent way to revitalize your mind and body! Under highly trained supervision, Tang Soo Do is safe, fun, and easy to learn. Learn more about the traditional Korean art of Tang Soo Do at www.pksa.com Instructors and students regardless of rank or years of training will offer you a brotherhood of encouragement and support. Optional belts and testing are available for an additional fee; please discuss the options with your instructor. Attire for PKSA Karate courses is comfortable loose-fitting clothes that students can move around in. Students are advised to bring a bottle of water. Classes meet at 1551 South Opdyke Road, Bloomfield Hills, MI 48304. Our new location is first floor/handicap accessible. The training space is visible from the front door. Parent and sibling seating is available.

**FAMILY POWER KARATE
(Adult & children ages 6 and older)**

For families to train together for one price. This would be an ages 6+ program and it would be designed to be an affordable option for families to train together - though a parent (or other adult) participant would be required. We find that when parents are involved and are interactive in the process that the overall outcomes are more positive for children, families, and communities. Fee is for one adult and 1 to 4 children. Please register one adult only.

#20199**Dates: 9/4/2024 - 10/9/2024****# of Sessions: 6****Wed 5:45 PM - 6:15 PM****Fee: \$55****#20200****Dates: 10/23/2024 - 12/4/2024****# of Sessions: 6 No class 11/27/2024****Wed 5:45 PM - 6:15 PM****Fee: \$55****TANG SOO DO KARATE (Adult)**

This karate program is designed to help adults (ages 15 and older) interested in the martial arts discover & develop methods to achieve better health of body and mind through the art of Tang Soo Do. Improve your flexibility, balance, strength, and confidence. Immerse yourself in the rich pursuit of mindful restoration. Classes include fitness conditioning, self-defense tactics, martial arts instruction, and more! Come join us in a positive and inclusive environment for martial artists of all skill levels. Attire for all of our courses are comfortable loose-fitting clothes that students can move around in. Students are advised to bring a bottle of water. Uniforms are available upon request. Learn more about the traditional Korean art of Tang Soo Do at www.pksa.com

#20197 Dates: 9/5/2022 - 10/10/2024**# of Sessions: 6****Thu 8:00 PM - 8:30 PM****Fee: \$25****#20198 Dates: 10/24/2024 - 12/12/2024****# of Sessions: 6 No Class: 10/31/2024,
11/28/2024****Thu 8:00 PM - 8:30 PM****Fee: \$25****KIDS POWER KARATE
(Ages 6 - 15)**

The Kids Power program is designed to help young martial artists (from 6 - 15 years old) learn control and discipline and about the art of Tang Soo Do. This program is developed to challenge young minds and bodies in areas I like gross motor skills, memory, focus, confidence, and team work. In this six week program highly professional karate instructors will introduce your children to a number of karate and life skill building activities in a fun and engaging way. Stranger awareness and self defense will be covered in this session. Families are always encouraged to train together, uniforms are available upon request.

#20201**Dates: 9/4/2024 - 10/9/2024****# of Sessions: 6****Wed 5:45 PM - 6:15 PM****Fee: \$45****#20202****Dates: 10/23/2024 - 12/4/2024****# of Sessions: 6 No class 11/27/2024****Wed 5:45 PM - 6:15 PM****Fee: \$45****LITTLE NINJAS KARATE
(Ages 4 - 6)**

The Little Ninja program is designed to help young martial artists (from 4 to 6 years old) learn control and discipline and about the art of Tang Soo Do. This program is developed to challenge young minds and bodies in areas I like gross motor skills, memory, focus, confidence, and team work. In this six week program highly professional karate instructors will introduce your children to a number of karate and life skill building activities in a fun and engaging way. Stranger awareness and self defense will be covered in this session. Families are always encouraged to train together, uniforms are available upon request.

#20203 Dates: 9/4/2024 - 10/9/2024**# of Sessions: 6****Wed 5:15 PM - 5:45 PM****Fee: \$45****#20204 Dates: 10/23/2024 - 12/4/2024****# of Sessions: 6 No class 11/27/2024****Wed 5:15 PM - 5:45 PM****Fee: \$45**



TRUE Martial Arts has provided martial arts instruction in the Metro Detroit area since 2009. We provide students of all ages, with the best possible training while surrounding them with a positive, professional, safe, and challenging learning environment. Bring a water bottle and wear clothing in which you are comfortable exercising. A uniform is optional and sold separately. Students will train bare foot. Fee is for 12 sessions of your choice during fall session (times and days per level are shown below). Students may register and begin any time during fall session (9/03/2024 - 12/18/2024). There are no classes on 10/31 and 11/28 - 11/30. Re-register for an additional 12 sessions if you wish. Classes meet at TRUE Martial Arts, 2295 E. Lincoln St., Suite 130, Birmingham, MI 48009

**KIDS BRAZILIAN JIU-JITSU
(Ages 7 – 12)**

Especially designed for children ages 7 - 11, this program offers an introduction to the art of Brazilian Jiu Jitsu in a fun, structured and supportive environment. Throughout the course kids will learn fundamental techniques, self-defense skills and the principles of leverage and control. The experienced instructors focus on teaching respect, discipline and perseverance, all while ensuring each child enjoys the learning process. The program promotes physical fitness, boosts confidence, and encourages teamwork. Enroll your child today and watch them develop essential life skills while making new friends and having a blast! Bring a water bottle and wear clothing that you are comfortable exercising in. A uniform is optional and sold separately. Students will train bare foot. Fee is for 12 sessions of your choice on Mondays (6:30-7:30pm), Tuesdays (5:30-6:30pm), Wednesdays (6:30-7:30pm) and/or Thursdays (5:30-6:30pm) during fall session (9/03/2024 - 12/18/2024). There are no classes on 10/31 and 11/28 - 11/30. Register and start attending classes any time during fall session.

**#20255 – Kids Brazilian Jiu-Jitsu (Ages 7-12)
Fee: \$99 (for 12 sessions)**

**TEEN BRAZILIAN JIU-JITSU
(Ages 13-17)**

Looking for a FUN after school activity that teaches major life lessons? Look no further than Teen Brazilian Jiu-Jitsu classes! Our professional instruction infuses self-defense with incredible life skills like focus, respect, confidence, and more. A uniform is optional and sold separately. Students will train bare foot. Bring a water bottle and wear clothing in which you are comfortable exercising. Fee is for 12 sessions of your choice on Mondays (4:00-5:00pm) and/or Wednesdays (4:00-5:00pm) during fall session (9/03/2024 - 12/18/2024). There are no classes on 10/31 and 11/28 - 11/30. Students may register and begin any time during fall session

**#20259 – Teen Brazilian Jiu-Jitsu (Ages 13-17)
Fee: \$99 (for 12 sessions)**

**ADULT BRAZILIAN JIU-JITSU
(Ages 18+)**

Brazilian Jiu-Jitsu is ready to take your self-defense and fitness training to the next level! It will teach you to defend yourself from a bigger and stronger opponent with the use of positional dominance, leverage, joint manipulations, chokes, sweeps, takedowns, and more. Bring a water bottle and wear clothing in which you are comfortable exercising. A uniform is optional and sold separately. Students will train bare foot. Fee is for 12 sessions of your choice on Mondays (7:30-8:30pm) and/or Wednesdays (7:30-8:30pm) during fall session (9/03/2024 - 12/18/2024). There are no classes on 10/31 and 11/28 - 11/30. Students may begin any time during fall session.

**#20257 – Adult Brazilian Jiu-Jitsu (Age 18+)
Fee: \$99 (for 12 sessions)**

**REGISTER EARLY!
THESE CLASSES
FILL UP
VERY FAST!!!**



SNAP CLASSIC 5 ON 5 FLAG FOOTBALL LEAGUE

AGES 4 1/2 years-8th GRADE DIVISIONS

by Coach Genevieve

SNAP ALL GIRLS LEAGUE (Kdg-12th grade)

SNAP FLAG FOOTBALL - All GIRLS League (K - 8th Grade)

Girls Flag Football is catching fire and we have teams exclusively for girls who want to play with and against their fellow female athletes. The best part is Flag Football is Non-Contact (NO tackling allowed) and Recreational (it will keep you on the edge of your seat, both as a player and as a spectator). Divisions are determined just prior to season start based on enrollment. Time: 2-Hour time block between 9am and 7pm. (One hour practice, followed by a one-hour game). Location: Bloomfield North Hills MS, 3456 Lahser Rd, Bloomfield Twp, MI 48302

#20136

Dates: 9/21/2024 - 11/2/2024

of Sessions: 7

Sat 9:00 AM - 7:00 PM

Fee: \$159

GIRLS TAKE THE FIELD LEAGUE (9th -12th Grade Girls)

We are proud to announce the NEW HIGH SCHOOL GIRLS Flag Football division! We have teams exclusively for girls who want to play with and against each other. No experience necessary. REGISTER NOW to be a part of this exciting initiative with SNAP, the leader in Michigan Girls Flag Football. By registering, you can be a part of history- the Girls Take the Field initiative is growing faster than we can keep up with! (Divisions determined just prior to season start based on enrollment). Time: 2-hour block between 5pm and 8pm. (One hour practice, followed by a one-hour game.) Location: Bloomfield's North Hills MS, 3456 Lahser Rd, Bloomfield Twp, MI 48302

#20137

Dates: 9/21/2024 - 11/2/2024

of Sessions: 7

Sat 5:00 PM - 8:00 PM

Fee: \$159



GIRLS PLAY FLAG FOOTBALL TOO!

- 1st-6th grade & High School Divisions •
- Non-Contact • Recreational • Once a week •





• SNAPtivities.com • (248) 266-0636 •

No Experience... No Problem!

• Ages 3½ - 8th grade • Non-Contact • Recreational • Once a week •

SNAP CLASSIC CO-ED FLAG FOOTBALL LEAGUE

(Ages 4.5 – 8th Grade Divisions)

REGISTRATION IS A TWO-STEP PROCESS

STEP 1: Register and make payment online at www.communityed.net

STEP 2: Fill out the google form at SNAPFlagFootball.com
(Teams, buddy requests, jersey size, etc.) or use the following link

https://docs.google.com/forms/d/e/1FAIpQLSeQq_6dtlwFmXpZKWguub5Z2TldqiASQxlfpyZanjw-WNSPXg/viewform

Location: Seaholm High School, Maple Stadium

Get ready to embark on an extraordinary flag football journey with SNAP Flag Football. Join us today and witness the magic, where fun, skill-building, and friendship take center stage. No matter your child's background or experience level, SNAP Flag Football League is dedicated to creating an unforgettable sporting experience for all participants. Come and be a part of our vibrant flag football community! We believe in maximizing the excitement and involvement for every player on the field. That's why we limit our teams to a range of 7-10 players, ensuring that your child gets more opportunities to touch the ball. Teams are led by dedicated volunteer parent or experienced high school student coaches, fostering a supportive environment for growth and development. We encourage friend requests,

ensuring that buddies can play together without being separated. Registration is open to both Girls and Boys, Teams, and Individuals, granting everyone an opportunity to join in the fun. Players from any city are invited to play. Each player will receive an official NFL jersey as part of their registration. The only additional requirement is a mouth guard (\$6).



SNAP Classic Flag Football League (Coed Ages 4.5 - Kdg.)

#20149

Dates: 9/21/2024 - 11/3/2024

of Sessions: 7

Sun 9:00 AM - 7:00 PM

Location: Seaholm High School, Maple Stadium

Time: 1.5 hour block between 9am-7pm (30 min. practice, followed by one-hour game)

Fee: \$159

SNAP Classic Flag Football League (Coed 1st - 4th Graders)

#20150

Dates: 9/21/2024 - 11/3/2024

Sun # of Sessions: 7

Location: Seaholm High School, Maple Stadium

Time: 2-Hour time block between 9am and 7pm
(One hour practice, followed by a one-hour game)

Fee: \$179

SNAP Classic Flag Football League (Coed 5th - 8th Graders)

#20151 Dates: 9/21/2024 - 11/3/2024

of Sessions: 7 Fee: \$179

Day: Saturdays and/or Sundays (Coaches choose weekend day based on team availability.)

Location: Saturdays at Bloomfield Hills HS or Sundays at Birmingham Seaholm HS

Time: 2-Hour time block between 9am and 7pm (One hour practice, followed by a one-hour game)

BITTY BLITZERS (ages 2.5 – 3.5)

Bitty Blitzers is specifically designed for our youngest players! We will learn the foundation of SNAP Flag Football through playful activities and games! The focus will be on balance, coordination, listening skills and teamwork! Fee: \$65 plus \$10 material fee for t-shirt = Total \$75 Offered at two locations: Seaholm High School and Bloomfield North Hills Middle School, 3456 Lahser Rd, Bloomfield Twp 48302

Bloomfield North Hills Middle School

#20129 Dates: 9/14/2024 - 10/12/2024

of Sessions: 5 (Rain Date 10/19/2024)

Sat 9:25 AM - 10:00 AM Fee: \$75

Seaholm High School, Maple Stadium

#20130 Dates: 9/15/2024 - 10/13/2024

of Sessions: 5 (Rain Date 10/20/2024)

Sun 9:25 AM - 10:00 AM Fee: \$75

LITTLE SNAPpers FLAG FOOTBALL CLINIC

(Ages 3.5 - 4.5 years)

SNAP's action-packed 5-week program combines the excitement of SNAP Flag Football with age-appropriate activities, ensuring that each session is filled with smiles, laughter, and a passion for play. Through a series of carefully designed exercises and drills, your child will develop a love for SNAP Flag Football. Fee: \$65 plus \$10 material fee for t-shirt = Total \$75 Offered at two locations: Seaholm HS and Bloomfield North Hills MS, 3456 Lahser Rd, Bloomfield Twp 48302

Bloomfield North Hills MS #20131

Dates: 9/14/2024 - 10/12/2024

of Sessions: 5 (Rain Date 10/19/2024)

Sat 10:05 AM - 10:50 AM Fee: \$75

Seaholm HS, Maple Stadium #20132

Dates: 9/15/2024 - 10/13/2024

of Sessions: 5 (Rain Date 10/20/2024)

Sun 10:05AM - 10:50 AM Fee: \$75



Fall 2024 Birmingham SNAP Flag Football

- Bitty Blitzers: Ages 2½ - 3½ • Little Snappers Clinic: Ages 3½ - 4½ •
- Coed Classic League: Age 4½ - 8th grade • All Girls League: K-12th grade •



Teams are forming now. Sign up for your schools' team today!



Parent volunteers needed to help form new teams in each grade! SNAPtivities.com (248) 266-0636. Register by 9/1 at communityed.net

MOTOR CITY EVOLUTION



BASKETBALL

Join us this fall for the most enjoyable and exciting basketball leagues in the area!

BOYS LEAGUES GRADES 2-8
GIRLS LEAGUES GRADES 2-6

Celebrating 23 years with Birmingham Schools



MOTORCITYEVOLUTION.COM

Coach Geo Thomas is the owner of Motor City Evolution, LLC which specializes in high-quality basketball programs. He has been coaching basketball since 1987 and has coached in over 2000 basketball games at the High School, CYO and AAU levels. His ability to communicate the game on all levels has been the cornerstone of his success. For more information on Coach Geo Thomas and Motor City Evolution, visit motorcityevolution.com



EVOLUTION BOYS BASKETBALL LEAGUES – BOYS GRADES 3-8

Welcome to the Evolution! Players register as individuals and participate in our pre-season skills combine. After an evaluation process, players are drafted onto teams and play a six-game season that concludes with a post-season tournament. Our leagues are designed to give players a memorable experience beyond just the games and practices. We have a robust website that provides stats, standings, player interviews and more. Most games and practices are on Saturdays between 10am-4pm. Some practices will be held on Thursday evenings pending coach availability. Guaranteed playing time for all players. Coaches are Evolution staff & qualified volunteers. For more information about the league, visit www.motorcityevolution.com.

Game & practice locations: Berkshire MS & BCS

Dates: September 28 through November 23

Fee: \$160 (includes \$16 materials fee)

#20273 – BOYS PREP DIVISION (Grades 3-4)

#20274 – BOYS COLLEGE DIVISION (Gr. 5-6)

#20275 – BOYS PRO DIVISION (Grades 7-8)

LOOKING FOR LEAGUE COACHES! Are you interested in coaching this Fall? We are always looking for qualified coaches who want to share their knowledge and passion for the game. We offer flexible scheduling and offer a free coaching clinic. If interested, please contact Geo Thomas at 248-506-8376 or geothomas4444@gmail.com

LEAGUE DRAFT DAY at Berkshire MS

To participate in the league, all players must be evaluated at the 2024 Evolution Draft Day. This is a mandatory event where players will be evaluated and placed onto teams. Players will participate in various drills and then scrimmage in front of coaches. Draft times will include a parent meeting where league policies and procedures will be discussed. Players should wear either a black or a white shirt to the draft.

Prep Division (Gr. 3-4): Saturday, Sept. 30, 9:30-11am

College Div. (Gr. 5-6): Sat., Sept. 30, 11:30am-1pm

Pro Division (Gr. 7-8): Saturday, September 30, 2-3pm

FRIDAY NIGHT LIGHTS GIRLS BASKETBALL LEAGUE

Division 1: Grades 5-6 and Division 2: Grades 3-4

Friday Night Lights is designed to teach game strategy & team skills through competitive play. Players register as individuals and are assigned to teams. The first three weeks are practices and skill sessions followed by a six-week season. All games and practices are Friday nights. This is a great program for players to learn the game in a fun yet structured environment. Friend requests are taken but not guaranteed. 7th graders who are NOT playing for their school teams may play in Division One. Beginner 3rd graders should play in the Monday Rookie League. Friday Night Light Draft Days (at Berkshire MS) To participate in the league, all players must be evaluated at the 2024 Evolution Draft Day. This is a mandatory event where players will be evaluated and placed onto teams. Players will participate in various drills and then scrimmage in front of coaches. Draft times will include a parent meeting where league policies and procedures will be discussed. Players should wear either a black or white shirt to the draft.

#20268 – DIVISION 1 (Girls, Grades 5-6)

Friday start times of 6:20, 7:25, 8:30 pm

Dates: 9/13/2024 - 11/15/2024

of Sessions: 10 Fee: \$160

#20269 – DIVISION 2 (Girls, Grades 3-4)

Friday start times of 6:20, 7:25, 8:30 pm

Dates: 9/13/2024 - 11/15/2024

of Sessions: 10 Fee: \$160

EVOLUTION DRAFT DAY

Division 1: Grades 5-6 - Friday, Sept 13 & Friday Sept 20: 7:45-9pm

Division 2: Grades 3-4 - Friday, Sept 13 & Friday Sept 20: 6:15-7:20pm

For more information about Friday Night Lights, visit www.motorcityevolution.com Fee includes \$16 materials fee. Location: Berkshire MS and BCS

ROOKIE BASKETBALL LEAGUE (Co-ed grades 2-3 and beginner 4th)

Our Rookie League offers an opportunity to learn the game of basketball in a fun yet competitive environment. Players register as individuals and will be placed on teams. Coach Geo Thomas and his staff will introduce game strategy, rule comprehension and team play. Teams will then play a regular season and conclude with championship games. All coaches and referees are Evolution Staff. Players shoot on 10-foot hoops and use a 27.5 basketball. Mondays with start times of 5:45, 6:35 and 7:25. All skill levels are welcome but please note that some prior basketball experience or team sport is suggested. For more information, visit www.motorcityevolution.com. Location: Bingham Farms, Gym

#20270 – Session 1

Dates: 9/16/2024 - 10/21/2024

of Sessions: 6

Mon – Start times at 5:45, 6:35 and 7:25

Fee: \$125

#20271 – Session 2

Dates: 10/28/2024 - 12/16/2024

of Sessions: 8

Mon – Start times at 5:45, 6:35 and 7:25

Fee: \$155

YOUTH • SPORTS



The following swim classes are held at the BEVERLY HILLS CLUB, 31555 Southfield Road, Beverly Hills, MI 48025, located on the west side of Southfield Road just north of Thirteen Mile Road. Phone 248-642-8500. TO REGISTER go to www.communityed.net

AQUA FISH SWIM SCHOOL

Introducing the Aquafish Swim School American Red Cross Learn-to-Swim program. We feature the curriculum set by the American Red Cross to ensure each child properly progresses through the skills and levels. Learn-to-Swim classes are taught by knowledgeable and caring instructors who teach swimming skills and safety in and around water. **THERE ARE MULTIPLE OFFERINGS FOR EACH CLASS!** Register at www.communityed.net

Swim– Level 1 (Ages 4 and up)

This class is for children who are still learning to swim independently or working on confidence in the water. Learn to kick, scoop, blow bubbles, submerge face and gain confidence. Prerequisites: Ages 4 and up or passed Tot.

Swim - Parent and Child (6 months - 2 years)

Prerequisites: Ages 6 months to 2 years. Child must wear a swim diaper and have an adult in the water to assist the child. Please do not feed child less than 1 hour before class to avoid accidental contamination. Please register the adult only.

Swim – Pre-Team Level 4/5 (Ages 4+ years)

For those who want to join a team or be on a non-competitive team. Pre-Team 4/5 Prerequisites: Able to swim both front crawl with rotary breathing and backstroke with confidence 50yds. As well as 25yds breaststroke and butterfly.

Swim – Pre-Team Level 6/7 (Ages 4+ years)

For those who want to join a team or be on a non-competitive team. Pre-Team 6/7 Prerequisites: Able to swim both front crawl with rotary breathing and backstroke with confidence 100yds. As well as 50yds breaststroke and butterfly.



SOCCER SCHOOL FOR LITTLE FOLKS Indoor & Outdoor

For 3 to 5 year olds. Join us for an exciting class of soccer! We will work on basic skills with fun mini games and end every class with soccer scrimmages. This is a great way to introduce your child to soccer or have them continue developing skills. Our goal is to increase your child's excitement for sports while giving them confidence in their own abilities and helping them to develop a positive attitude. Instructor is experienced (over 25 years) and licensed (United States Soccer Federation National 'D') soccer coach.

QUARTON ELEMENTARY SCHOOL, GYM

#20229 Dates: 9/17/2024 - 10/15/2024

of Sessions: 5

Tue 6:00 PM - 6:45 PM

Fee: \$100

#20228 Dates: 9/23/2024 - 10/21/2024

of Sessions: 5

Mon 6:00 PM - 6:45 PM

Fee: \$100

#20236 Dates: 10/29/2024 - 12/03/2024

of Sessions: 5 No class 11/5/2024

Tue 6:00 PM - 6:45 PM

Fee: \$100

#20235 Dates: 11/4/2024 - 12/2/2024

of Sessions: 5

Mon 6:00 PM - 6:45 PM

Fee: \$100

PEMBROKE ELEMENTARY SCHOOL, GYM

#20219 Dates: 9/26/2024 - 10/24/2024

of Sessions: 5

Thu 6:00 PM - 6:45 PM

Fee: \$100

#20220 Dates: 11/7/2024 - 12/5/2024

of Sessions: 4 No class 11/28/2024

Thu 6:00 PM - 6:56 PM

Fee: \$100

OUTDOOR

HARLAN ELEMENTARY SCHOOL, GRASS FIELD

#20218 Dates: 9/21/2024 - 10/19/2024

of Sessions: 5

Sat 11:15 AM - 12:00 PM

Fee: \$100



BACK ON COURSE ZOOM WORKSHOPS

You can now take basic live via Zoom instructor-led classes practically anytime and anywhere in the country, from the comfort of your own home! Author and instructor Mike Wilson has partnered with 20 government/state educational institutions, taught in about 40 cities in Michigan in the last 18 years and another 20 cities in other states, with overall excellent ratings/comments from administrators and students.

Most Back on Course Zoom workshops are one-session only; however, two 3-session classes are also offered (see end of this section).

AI (AI) MADE SO PRACTICAL AND EASY!

Are you curious about AI (Ai)? Then this class is for you! (Older and young adults will find this class very rewarding!) We will explore the practical benefits of using a basic form of AI called ChatGPT. If you have or have not used Google before to search for information, this AI will be a snap! Take your search, research, inquiries, and answers to questions to a whole new level! Find quick written solutions to problems based on your exact needs. Generate personalized text in seconds for invitations, letters, and any other materials you are looking to create. AI will quickly generate any text for you based on your interest. Also, never worry about grammar and spelling errors again! You will be amazed at how user-friendly this session will be. Take this class; you won't be disappointed!

#20138 Date: 9/15/2024
Sun 2:00 PM - 3:00 PM
Fee: \$20

#20139 Date: 9/18/2024
Wed 1:00 PM - 2:00 PM
Fee: \$20

#20140 Date: 9/21/2024
Sat 5:00 PM - 6:00 PM
Fee: \$20

#20141 Date: 10/1/2024
Tue 1:00 PM - 2:00 PM
Fee: \$20

#20142 Date: 10/30/2024
Wed 6:00 PM - 7:00 PM
Fee: \$20

#20143 Date: 11/14/2024
Thu 3:00 PM - 4:00 PM
Fee: \$20

A PRACTICAL COMPUTER CLASS FOR OLDER ADULTS

Have you taken computer classes before and been totally lost? Well, this class is for those who are looking for simple and practical instructions. Your patient instructor has trained 1000s of older adults with 4 and 5-star ratings! We will discuss the popular YouTube website that offers 1000s of free informative and entertaining videos, show a few email tips and tricks, demonstrate online shopping, visit AARP and other related websites for seniors, use some shortcut keys, and navigate Google Search to do research and get information. So, if you have been frustrated with other classes, consider taking this refreshing and informative computer class for older adults! You won't be disappointed!

#20144 Date: 9/16/2024
Mon 1:00 PM - 2:00 PM
Fee: \$20

#20145 Date: 9/27/2024
Fri 7:00 PM - 8:00 PM
Fee: \$20

#20146 Date: 10/6/2024
Sun 7:00 PM - 8:00 PM
Fee: \$20

#20147 Date: 10/19/2024
Sat 11:00 AM - 12:00 PM
Fee: \$20

#20148 Date: 11/6/2024
Wed 3:00 PM - 4:00 PM
Fee: \$20

#20152 Date: 11/24/2024
Sun 2:00 PM - 3:00 PM
Fee: \$20

ADULT • SKILLS & DEVELOPMENT

I NEED TO HOST MY OWN ZOOM MEETING?

You will see how a host sends an e-mail, invites, and schedules meetings. Even the basic host controls can seem overwhelming, but we will explore those, as well. You'll learn how to Share Screen, invite, and send links to e-mails. This class is a great place to start before hosting your first Zoom meeting! Join this informative class by Zoom.

#20153 Date: 9/24/2024

Tue 8:00 PM - 9:00 PM

Fee: \$20

#20154 Date: 10/25/2024

Fri 1:00 PM - 2:00 PM

Fee: \$20

#20155 Date: 11/12/2024

Tue 10:00 AM - 11:00 AM

Fee: \$20

MICROSOFT WORD: THE VERY BASICS

Your instructor will break down the unknown Microsoft Word stuff, and present them to you in a clear, sensible, and enjoyable way! We will briefly look at the free and paid version of word processors. Then the instructor will open and show basic functions in Microsoft Word. We will go on to explore saving, alignments, bullets, numbering, and indents. (Not for Apple/Mac users.) Take this class by zoom in the comfort of your home!

#20159 Date: 9/23/2024

Mon 1:00 PM - 2:00 PM

Fee: \$20

#20160 Date: 10/20/2024

Sun 3:00 PM - 4:00 PM

Fee: \$20

COMPUTER SCAMS AND WHAT NOT TO CLICK ON!

Don't let your computer control you! Find out what you should and should NOT click on. Instructor will discuss scams to know about; frustrating and suspicious popups; advertisements; your haywire computer, e-mail ads, and links. (Not for Apple/Mac users, or tablets.) We'll use Zoom as our classroom.

#20176 Date: 10/21/2024

Mon 9:00 AM - 10:00 AM

Fee: \$20

#20177 Date: 11/18/2024

Mon 5:00 PM - 6:00 PM

Fee: \$20

WINDOWS 11 - STARTING FROM THE BEGINNING

This is an adult-friendly Windows 11 class! See how to use the desktop and the new taskbar. We'll also explore the start menu and related features. In addition, you will learn about the new design, the use of widgets, and how Windows 11 is organized. (Not for Apple/Mac users.) Meet us on Zoom for this informative class!

#20156 Date: 9/28/2024

Sat 2:00 PM - 3:00 PM

Fee: \$20

#20157 Date: 10/13/2024

Sun 2:00 PM - 3:00 PM

Fee: \$20

#20158 Date: 11/19/2024

Tue 11:00 AM - 12:00 PM

Fee: \$20

GETTING MORE OUT OF MICROSOFT WORD

Let's make your tasks in Microsoft Word a lot easier! You will save time and frustration and see how to properly use tabs. We will go on to explore dictation, easy paragraph functions, the sort feature, and using macros to eliminate laborious repetition. See the beauty of working with soft and hard returns and how to easily create and use tables. Get tips and tricks, as well as use shortcuts to save time. Let's look at creating headers/footers and using the Format Painter to easily format existing text. (Not for Apple/Mac users.) Learn lots of great information by Zoom!

#20161 Date: 9/30/2024

Mon 1:00 PM - 2:00 PM

Fee: \$20

#20162 Date: 10/27/2024

Sun 3:00 PM - 4:00 PM

Fee: \$20

#20163 Date: 11/8/2024

Fri 3:00 PM - 4:00 PM

Fee: \$20



ALL ABOUT PICTURES - FINDING, ORGANIZING, EDITING, AND SAVING ON YOUR COMPUTER!

During this class you will learn how to manage pictures on your computer. Also, find out how to name, rename, and move pictures into folders to get organized. We will take a look at using the Photo Gallery and minor editing of pictures, such as cropping and making enhancements. We will use pictures for desktop backgrounds and insert a picture into Microsoft Word to manipulate for flyers, invitations, and other printed materials. This is a great class - held over Zoom. (Not for Apple/Mac users.)

#20164 Date: 9/22/2024

Sun 3:00 PM - 4:00 PM

Fee: \$20

#20165 Date: 9/26/2024

Thu 3:00 PM - 4:00 PM

Fee: \$20

#20166 Date: 10/5/2024

Sat 3:00 PM - 4:00 PM

Fee: \$20

#20167 Date: 10/14/2024

Mon 12:00 PM - 1:00 PM

Fee: \$20

#20168 Date: 10/29/2024

Tue 8:00 PM - 9:00 PM

Fee: \$20

#20169 Date: 11/22/2024

Fri 8:00 PM - 9:00 PM

Fee: \$20

SAVE TIME AND MONEY WITH AN EASY COMPUTER TUNE-UP

Save money and fix your computer yourself! No great skills needed. Use three proven free online software to fix most software related issues like malware and viruses with a few clicks of a button! Speed up your computer in no time! (Not for Apple/Mac users.) Easy steps held over Zoom.

#20180 Date: 10/11/2024

Fri 2:00 PM - 3:00 PM

Fee: \$20

#20181 Date: 11/3/2024

Sun 2:00 PM - 3:00 PM

Fee: \$20

WORKING WITH AND ORGANIZING YOUR DOCUMENTS ON WINDOWS 10 AND 11 COMPUTERS

The instructor will show you how to save files with Microsoft Word and your free installed Windows 10 word processor. We will also cover how to create a PDF file and why we would use them. You will see how to view, organize, and find your documents, as well as place them on flash drives, external drives, and the cloud. We'll explore features to preview documents without opening them and attach documents to your e-mail for sending. Learn all these features in the Zoom classroom! (Not for Apple/Mac users.)

#20170 Date: 9/29/2024

Sun 3:00 PM - 4:00 PM

Fee: \$20

#20171 Date: 10/12/2024

Sat 3:00 PM - 4:00 PM

Fee: \$20

#20172 Date: 11/29/2024

Fri 8:00 PM - 9:00 PM

Fee: \$20



LET'S LEARN ALL ABOUT E-MAILING

Learn how to e-mail, forward, reply, and send attachments. You will see how e-mails are organized and deleted. Work with other features, such as starred, drafts and sent. Become acquainted with the writing tools, e-mail folders, and creating links to direct others to your area of interest and websites you have visited. In addition, we will look at contacts and how to use them. All these features will be clearly demonstrated in Zoom.

#20175 Date: 9/16/2024

Mon 5:00 PM - 6:00 PM

Fee: \$20

ADULT • SKILLS & DEVELOPMENT

EXCEL FOR THE ABSOLUTE BEGINNER

Instructor will demonstrate how to navigate and interface with Excel's basic features. See how to create a simple contact list. You will view how to use calculations such as autosum and see how to generate simple formulas. Also, learn to use the fill handle, sort existing data, merge and center, move cells and ranges, and wrap text. These easy steps will be held over Zoom.

#20182 Date: 9/17/2024

Tue 1:00 AM - 2:00 AM

Fee: \$20

#20183 Date: 10/3/2024

Thu 12:00 PM - 1:00 PM

Fee: \$20

#20184 Date: 11/17/2024

Sun 2:00 PM - 3:00 PM

Fee: \$20

#20185 Date: 11/9/2024

Sat 12:00 PM - 1:00 PM

Fee: \$20

#20186 Date: 10/15/2024

Tue 5:00 PM - 6:00 PM

Fee: \$20

#20187 Date: 10/27/2024

Sun 8:00 PM - 9:00 PM

Fee: \$20.

GET PAID TO TALK - AN INTRODUCTION TO VOICE OVER (Webinar)

From audio books to advertisements and beyond, we encounter recorded voices everywhere! In this one-night, live online class, your instructor will take you behind-the-scenes in the voice over field for a fun and realistic look at how the voice over field really works. You'll gain inside perspective on developing skills, and how to leverage your voice's strengths and interests, and more. Because this class is live, you'll have the opportunity to ask questions! Additionally, there will be a chance for a one on one script read with the instructor at the end of the class. With more than 30 years as a voice over artist and voice over producer, your instructor is part of the team at Voice Coaches with clients including major television networks, gaming designers, audio book publishers and more. Learn more at Voicecoaches.com

#20221

Date: 10/10/2024

Thu 6:30 - 8:00 PM

Fee: \$35

GETTING TO KNOW YOUR I-PHONE

Author and instructor Mike Wilson will demonstrate how to use your smart phone. This class is designed for mature and recent I-phone users! Mike will cover cell phone topics, such as: the photo app, texting, navigating, apps, contacts, e-mail, camera, App store, settings, and the Internet. This is a 3-session class. Not for Android users.

#20173 Dates: 10/8/2024, 10/9/2024, 10/10/2024

Tue, Wed, Thu 6:00 PM - 7:00 PM

Fee: \$55

#20174 Dates: 11/10/2024, 11/17/2024, 11/24/2024

Sun 5:00 PM - 6:00 PM

Fee: \$55

GETTING TO KNOW YOUR ANDROID

Author and instructor Mike Wilson will demonstrate how to use your smart phone. This class is designed for mature and recent Android users! Mike will cover cell phone topics, such as: the photo app, texting, navigating, apps, contacts, e-mail, camera, App store, settings, and the Internet. This is a 3-session class. Not for iPhone users.

#20178 Dates: 10/22/2024, 10/23/2024, 10/24/2024

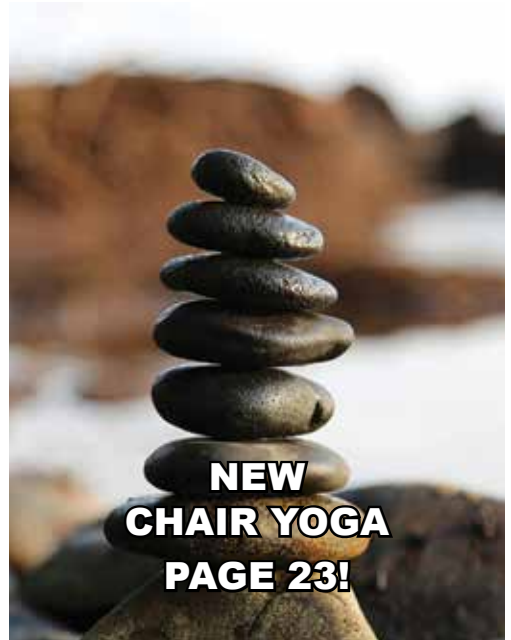
Tue, Wed, Thu 10:00 AM - 11:00 AM

Fee: \$55

#20179 Dates: 11/25/2024, 11/26/2024, 11/27/2024

Mon, Tue, Wed 2:00 PM - 3:00 PM

Fee: \$55



**NEW
CHAIR YOGA
PAGE 23!**

SOUTHERN MICHIGAN OBEDIENCE TRAINING CLUB ("SMOTC")

was established in 1948 as a not-for-profit organization. All SMOTC trainers and assistants are unpaid volunteers who participate solely for the joy of the sport and the love of dogs. We are proud to be the only AKC Member Obedience Club in Southeastern Michigan.



Southern Michigan's primary goal is to teach people how to train their dogs so that the dogs can become better Canine Companions, and to encourage participation in dog activities such as AKC Obedience Competition, Rally, Tricks, and Therapy Dog work.

SMOTC welcomes dogs of all breeds, including mixed breeds, to all of our classes and events.

THERAPY DOG PREPARATION AND EVALUATION

This class will help to prepare students and their dogs to become a certified Therapy Dog team. The class will also address safety precautions for you and your dog, proper visiting techniques, getting around medical equipment, and more. For this class, your dog will need to work reliably and test on a flat buckle collar or non-correcting harness (leash fastens on the dog's back) with a 6-foot leather or nylon leash. Dogs will need to be proficient and reliable in all basic obedience commands (heel, sit, down, leave it and stay). We highly recommend that students have taken one or more obedience classes prior to registering for this class. Vaccination records are required and must be presented the first night of class. Dogs must have reached or passed their first birthday on or before the last day of class to be evaluated and tested. A Therapy Dogs International (TDI) certification test will be performed soon after the last class; evaluation date and location will be announced in class. There is an additional \$10.00 test fee. Location: Berkshire Middle School, Gym

#20267

Dates: 9/17/2024 - 10/8/2024

of Sessions: 4

Tue 7:45 PM - 8:30 PM

Fee: \$55

REGISTER EARLY!

**THESE CLASSES ARE
VERY POPULAR
AND FILL UP FAST!**

AKC STAR PUPPY CLASS

Southern Michigan Obedience Training Club (SMOTC) offers this class for puppies purebred or mixed approximately 3 – 5 months of age. Help your new "Best Friend" develop the good habits it needs in order to become a valued member of your family. Socialization, introduction to obedience, and problem solving are covered in the classes. AKC STAR Puppy Certification is offered. Minors are invited to attend with a registered adult. Please bring puppy with buckle collar, leash, healthy treats and shot records (required) to first class. Location: Berkshire Middle School, Gym

#20266

Dates: 9/10/2024 – 10/15/2024

of Sessions: 6

Tue 7:45 PM - 8:45 PM

Fee: \$85



INTRODUCTION TO DOG OBEDIENCE

Southern Michigan Obedience Training Club (SMOTC) offers this foundation Introduction to Obedience class for all dogs who are at least 6 months old. Learn to train your dog to heel (walk) on lead next to you, sit and down stay, come when called and stand – to become a more enjoyable member of the family, as well as encourage participation in obedience competition. This is a fast-moving class to teach you to teach your dog basic obedience. This class will require that you work with your dog 10-20 minutes a day during the duration of the classes for best results. You will need to bring these items the FIRST night of class as well as your dog: 1) Your completed Application for Training and Health Certificate (will be sent to you via email prior to class); plus bring ALL shot records. 2) Bait / Lure (treat) bag, fanny pack or apron with SMALL SOFT TREATS. 3) Have well fitting collar with a 6 ft. leash (leather leash recommended). Minors over 12 years old are invited to train as long as a parent or guardian is registered for the class and stays during the class. Location: Berkshire Middle School, Gym

#20264

Dates: 9/10/2024 - 10/15/2024

of Sessions: 6

Tue 6:45 PM - 7:30 PM

Fee: \$85

#20265

Dates: 10/29/2024 - 12/3/2024

of Sessions: 6

Tue 6:45 PM - 7:30 PM

Fee: \$85

Get skills for the 21st century.

Demonstrate your knowledge. Boost your productivity.

This online program is presented by the Learning Resources Network (LERN). Our online certificates and courses are provided by quality colleges and associations with expert instructors. Participate anytime day or evening, from any computer.

Register at
www.communityed.net

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Developing Your Leadership Skills
Developing Your Professional Career
Entrepreneur Boot Camp
Entrepreneurial Marketing
Executive Leadership in the 21st Century
Fatal Leadership Errors
Fostering Online Discussion
Funding Your Business
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Interview Skills
Introduction to Data Analysis
Law for Non-Lawyers
Leadership Principles
Management Boot Camp
Managing Generations in the Workplace
Negotiation: Get What You Want
Neuro Linguistic Programming (NLP) Fundamentals

New 21st Century Strategies for Productivity and Time Management
Onboarding New Employees
Program Evaluation for Nonprofits
Revenue Generation for Non-Profits
Spanish for Medical Professionals
Students with ASD (Autism Spectrum Disorder)
The Business Plan
The Flipped Classroom
Using Personality Profiles for Better Work Performance

VOCATIONAL COURSES
Extraordinary Customer Service
Keys to Customer Service

ENRICHMENT COURSES
Stress Management
Success with Aging Parents

TECHNOLOGY COURSES
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Advanced Mobile Marketing
Boosting Your Website Traffic
Content Marketing
Creating Cell Phone Apps for Your Business
Designing Successful Webinars
Facebook for Business
Google Analytics
Google Apps for Business
Graphic Design for Visual Presentations
Improving Email Promotions
Integrating Social Media into Your Organization
Introduction to 3-D Printing
Introduction to Inbound Marketing
Introduction to Mobile Marketing
Introduction to Social Media
LinkedIn for Business
Managing & Marketing Webinars
Marketing Using Social Media
Mastering Computer Skills for the Workplace
Mastering Microsoft Excel
Online Advertising
Photoshop for Presentations
Podcasting
Twitter
Video Marketing
YouTube for Business
AND MORE!

DEMENTIA 101 - Keep It Simple

Heart to Heart Hospice offers a new class on dementia: Dementia 101 "Keep It Simple" Our Focus: create a happier and calmer experience for the dementia patient and the caregiver(s). We offer valuable tools that we feel can make a real difference. This is a one-session class offered Mondays and Thursdays between January 15, 2024 through May 23, 2024. After you register with Birmingham Community Education, you will be contacted to set up your date and time (a one and one half hour time slot). If you need another day of the week, we will work around your schedule. Classes presented by Julie Cody of Heart to Heart Hospice. Location: Class meets at Heart to Heart Hospice, 30600 Telegraph Rd, Suite #1131, Bingham Farms, MI 48025 (located on the SE corner of Telegraph and 13 Mile Road in the Bingham Center, behind Qdoba Restaurant).

#20135

Individually scheduled, 1-hour - 1 1/2 hour class is offered on Mondays or Thursdays between the hours of 8:00 a.m - 8:00 p.m. September 5 through December 16, 2024

Fee: \$12

"I AM A HOSPICE HERO" (Hospice Volunteer Training)

(Ages 18 and Up) Heart to Heart Hospice is offering Volunteer Training for those who would like to visit patients near their home. Pay it forward and your rewards will be enormous. A simple act of kindness can make a huge difference to a patient and their family. We provide your training, we assign you near your home and always work around your schedule. If you have questions about the class, please call Julie Cody at Heart to Heart Hospice, 248-952-9000. If you are unavailable during the scheduled workshops, please contact Julie to set up another date or time after registering with Community Education. This class will benefit you and your loved ones for the rest of your life. We look forward to hearing from you! Class meets at Heart to Heart Hospice, 30600 Telegraph Rd, Suite #1131, Bingham Farms, MI 48025 (located on the SE corner of Telegraph and 13 Mile Road in the Bingham Center, behind Qdoba Restaurant).

#20133

Date: 9/26/2024

Thu 10:00 - 11:30 AM

Fee: \$12

#20134

Date: 11/7/2024

Thu 10:00 - 11:30 AM

Fee: \$12



The image is a promotional graphic for Heart to Heart Hospice of Detroit. It features the organization's logo, which consists of two red hearts forming a larger heart shape, with a red banner across them that says "Heart to Heart Hospice". Below the logo, the text "Heart to Heart Hospice of Detroit" is written in white on a red background. To the right of the logo is a photograph of several hands being held together in a supportive grip. Below the photograph, the text "Comfort. Support. Dignity." is written in white on a blue background. At the bottom of the graphic, the phone number "248.952.9000" is displayed in large red font. Below the phone number, it says "If you have questions about hospice care, call us today, or visit us at htoh.com". To the right of the phone number, it says "Available 24 hours a day, 7 days a week", "Covered by Medicare, Medicaid and most private insurances", and "Pain and symptom control centered around patient and family goals".



GERMAN CLASSES for ADULTS starting end of **SEPTEMBER 2024**
at **Deutsche Sprachschule Bloomfield, Inc. (Non-profit)**

Are you ready to embark on an exciting learning journey? Our adult classes are designed just for you!

- Teaching day and time: Wednesday OR Thursday from 4:45pm-6:45pm
- Teaching location: Berkshire Middle School, 21707 W. 14 Mile Road, Beverly Hills
- Duration: 30 weeks
- Fees: \$1,455 per person tuition + \$50 material fee + \$150 registration fee (\$50 before August 1st)
- Reserve your spot: [Registration](#)

Please find more information on our website www.dsb-usa.org.
Don't hesitate to contact us with further questions.

Join us and discover a whole new world of knowledge - Don't miss this chance to kick-start your learning journey!

Deutsche Sprachschule Bloomfield, Inc.
145 S. Livernois Road #251, Rochester Hills, Michigan 48307 ☎ 248. 755. 7317 www.dsb-usa.org



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& Lifetime Materials Warranty



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(248) 544-3908

www.richardsandswiftroofing.com

ESL = English As A Second Language



ADULT DAYTIME ESL CLASSES

Continuing FREE for qualifying adults* and if space is available.

Classes are held September 2024-May 2025.

For Beginning, Intermediate & Advanced Level Adult ESL students.

Specific class days and times determined by ESL level.

All classes take place in the mornings. Both virtual (Zoom) and in-person sessions are part of each ESL level.

Students will be registered and placed in a level based on their ESL proficiency exam*.

FALL REGISTRATION FOR NEW STUDENTS ONLY:

SEPTEMBER 3 OR 4 BETWEEN THE HOURS OF 9:30-11:30 a.m.
Seaholm High School

Returning students are already registered.

Please bring your passport and/or visa, social security card and your driver's license or State of Michigan ID with you to registration. We will need to make a copy for your file.

Open enrollment - new students accepted on an ongoing basis throughout the school year as space provides. Acceptance in the class will be based on the results of your ESL proficiency exam*. Instructors: BPS ESL Staff.

*Students must obtain a minimum score to be eligible.

Registration is ongoing and open until classes are filled.

For more information:

email Linda Grindem at lgrindem@birmingham.k12.mi.us
or call Birmingham Community Education at 248-203-3800.

Located within Seaholm High School
at 2436 W. Lincoln, Birmingham, MI 48009.

**Please park in the guest/staff lot off of Lincoln Street
(near the auditorium) and enter the building by buzzing
the "Birmingham Community Education" door.**





BHC

BEVERLY HILLS CLUB

The following adult classes are held at the BEVERLY HILLS CLUB, 31555 Southfield Road, Beverly Hills, MI 48025, located on the west side of Southfield Road just north of Thirteen Mile Road. Phone 248-642-8500.

TO REGISTER go to www.communityed.net

BETTER BONES

This class will educate you, improve your muscle strength and decrease the risk of brittle bones due to osteoporosis. Did you know that weight training for osteoporosis can help protect your bones? Studies show that strength training can help prevent bone loss and even help build new bone. We lose so much muscle as we age that by the time we're 70, we have about 50% to 55% of our muscle mass left. Maintaining strong muscles through weight training helps to keep up your balance and coordination, critical in preventing falls, which can lead to osteoporosis-related fractures.

#20232 (5 weeks)

Dates: 9/3/2024 - 10/8/2024

of Sessions: 10

Tue and Thu 1:30 PM – 2:30 PM

Fee: \$230

#20233 (4.5 weeks)

Dates: 10/8/2024 - 11/7/2024

of Sessions: 9 No class 10/31/2024

Tue and Thu 1:30 PM – 2:30 PM

Fee: \$207

#20234 (5.5 weeks)

Dates: 11/12/2024 - 12/19/2024

of Sessions: 11 No class 11/31/2024

Tue and Thu 1:30 PM – 2:30 PM

Fee: \$253



SELF-DEFENSE for WOMEN (Ages 12 years and older)

Can you defend yourself against a violent attack? Do you have the knowledge, skill and confidence to defend your family? You do not have to spend years training in an expensive program. Learn simple, lifesaving skills from programs designed to increase your safety after only one class! Our hands-on courses teach time-tested, realistic methods that are easy to learn and remember. Designed to be safe, this course instills confidence by building on success. You are coached according to your own rate of progression. No previous training required. A great stress reliever and lots of fun. NOTE: This class is open to students 12 years or older. Parents, serious topics are discussed openly but in a professional manner. Minors should be accompanied by a participating adult when possible. Unpaid spectators are not allowed. A release and hold harmless agreement must be signed by a legal guardian at the beginning of class: <https://www.livesafeacademy.com/wp-content/uploads/2021/02/LSA-Release-and-Hold-Harmless-Agreement-.pdf> For more information please visit: <https://www.livesafeacademy.com/selfdefense/> Location: Seaholm Media Center

#20189

Date: 10/28/2024

Mon 6:30 PM - 8:30 PM

Fee: \$35

Perspectives Counseling
CENTERS OF MICHIGAN

Full-Service Outpatient Counseling &
Medication Management

Specializing in Children, Adolescents, Adults & Families

(248) 244-8644

Perspectivesoftroy.com

Clarkston- Novi- Rochester- Troy

YOGA FITNESS with LYNN DOWE (6-week sessions)

Offered to men and women of all levels. The science of Yoga uses precise postures (Asanas) and controlled breathing techniques (pranayama) that integrate energetic connections between body, mind and spirit. Participants explore the insight both through the basic Asanas, while increasing muscle strength and flexibility. Class participation will include sun salutes, basic standing postures, forward and backward bending, positive inversions, twists, reducing stress and seated meditations. Bring a mat to class. Instructor Lynn Dowe offers intentional and inspiring yoga practice for all ages and abilities. She inspires and supports others to live an extraordinary life and through the practice of yoga, to connect with their own personal wisdom, healing abilities and expansive potential. 200RYT instructor – since May 2013. Location: Berkshire Middle School, Media Center

#20260

Dates: 9/3/2024 - 10/15/2024

of Sessions: 6 No class 9/17/2024

Tue 7:00 PM - 8:00 PM

Fee: \$78

#20261

Dates: 10/29/2024 - 12/3/2024

of Sessions: 6

Tue 7:00 PM - 8:00 PM

Fee: \$78

NEW CHAIR YOGA with LYNN DOWE

Chair yoga classes include: Mindful Meditation to focus the mind to redirect thoughts to prepare for the yoga practice; Seated Yoga – gentle movements that can increase balance, mobility and range of motion; Focused Breathing – focusing on the timing and pacing of breath. Instructor Lynn Dowe offers intentional and inspiring yoga practice for all ages and abilities. She inspires and supports others to live an extraordinary life and through the practice of yoga, to connect with their own personal wisdom, healing abilities and expansive potential. 200RYT instructor – since May 2013. Location: Berkshire Middle School, Room 108

#20262

Dates: 9/5/2024 - 10/17/2024

of Sessions: 6 No class 9/19/2024

Thu 7:00 PM - 8:00 PM

Fee: \$78

#20263

Dates: 10/24/2024 - 12/5/2024

of Sessions: 6 No class 10/31/2024

Thu 7:00 PM - 8:00 PM

Fee: \$78



ADULT BRAZILIAN JIU-JITSU (Ages 18+)

See page 6 for more information. Brazilian Jiu-Jitsu is ready to take your self-defense and fitness training to the next level! It will teach you to defend yourself from a bigger and stronger opponent with the use of positional dominance, leverage, joint manipulations, chokes, sweeps, takedowns, and more. Bring a water bottle and wear clothing in which you are comfortable exercising. A uniform is optional and sold separately. Students will train bare foot. Fee is for 12 sessions of your choice on Mondays (7:30-8:30pm) and/or Wednesdays (7:30-8:30pm) during fall session (9/03/2024 - 12/18/2024). There are no classes on 10/31 and 11/28 - 11/30. Students may begin any time during fall session. Classes meet at TRUE Martial Arts, 2295 E. Lincoln St., Suite 130, Birmingham, MI 48009. Register at www.communityed.net

**#20257 – Adult Brazilian Jiu-Jitsu
(Age 18+)**

Fee: \$99 (for 12 sessions)

Learn more about the traditional Korean art of Tang Soo Do at www.pksa.com. Instructors and students regardless of rank or years of training will offer you a brotherhood of encouragement and support. Check out page 5 for more information. Register at www.communityed.net



TANG SOO DO KARATE (Adult)

This karate program is designed to help adults (ages 15 and older) interested in the martial arts discover & develop methods to achieve better health of body and mind through the art of Tang Soo Do. Improve your flexibility, balance, strength, and confidence. Immerse yourself in the rich pursuit of mindful restoration. Classes include fitness conditioning, self-defense tactics, martial arts instruction, and more! Come join us in a positive and inclusive environment for martial artists of all skill levels. Attire for all of our courses are comfortable loose-fitting clothes that students can move around in. Students are advised to bring a bottle of water. Uniforms are available upon request. Learn more about the traditional Korean art of Tang Soo Do at www.pksa.com. Classes meet at 1551 South Opdyke Road, Bloomfield Hills, MI 48304.

#20197 Dates: 9/5/2022 - 10/10/2024

of Sessions: 6

Thu 8:00 PM - 8:30 PM

Fee: \$25

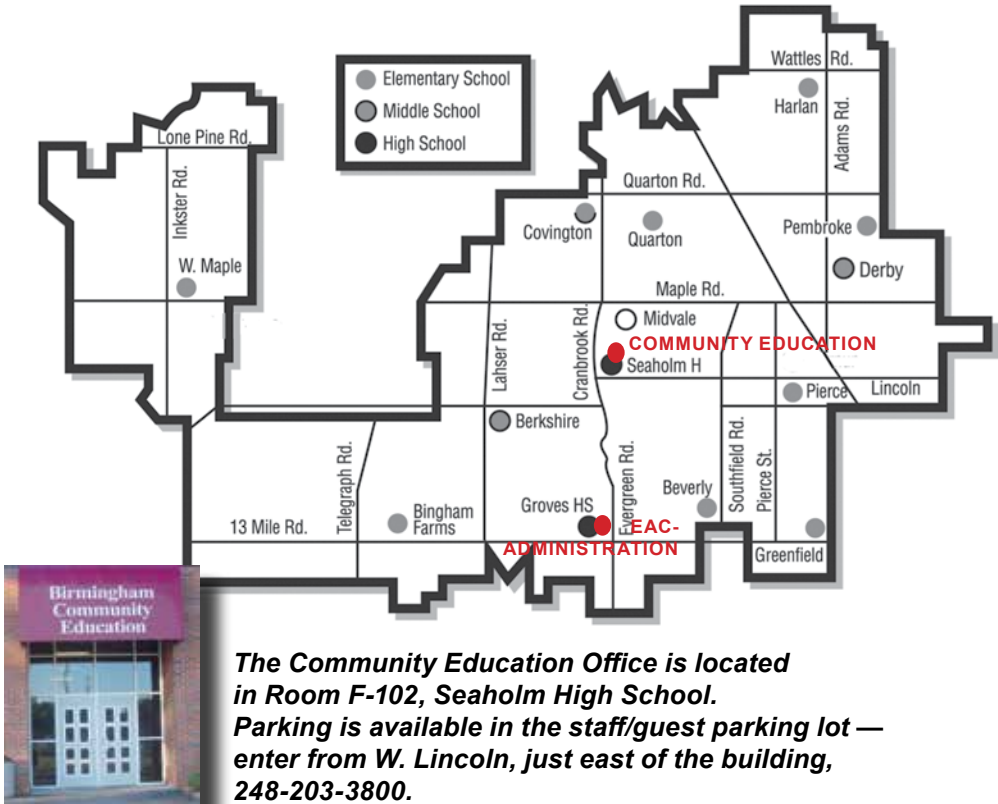
#20198 Dates: 10/24/2024 - 12/12/2024

**# of Sessions: 6 No Class: 10/31/2024,
11/28/2024**

Thu 8:00 PM - 8:30 PM

Fee: \$25

BPS LOCATIONS



The Community Education Office is located in Room F-102, Seaholm High School. Parking is available in the staff/guest parking lot — enter from W. Lincoln, just east of the building, 248-203-3800.

BPS EDUCATION AND ADMINISTRATION CENTER (EAC),
 31301 Evergreen Road, Beverly Hills, MI 48025 248-203-3000

BERKSHIRE MIDDLE SCHOOL, 21707 W. 14 Mile Road, Beverly Hills, MI 48025, 248-203-4700

BEVERLY ELEMENTARY SCHOOL, 18305 Beverly Road, Beverly Hills, MI 48025, 248-203-3150

BINGHAM FARMS ELEMENTARY SCHOOL, 23400 W. 13 Mile Road, Bingham Farms, MI 48025, 248-203-3350

BIRMINGHAM COVINGTON SCHOOL, 1525 Covington Road, Bloomfield Hills, MI 48301, 248-203-4444

DERBY MIDDLE SCHOOL, 1300 Derby Road, Birmingham, MI 48009, 248-203-5000

GREENFIELD ELEMENTARY SCHOOL, 31200 Fairfax, Beverly Hills, MI 48025, 248-203-3210

GROVES HIGH SCHOOL, 20500 W. 13 Mile Road, Beverly Hills, MI 48025 248-203-3500

HARLAN ELEMENTARY SCHOOL, 3595 N. Adams Road, Bloomfield Hills, MI 48304, 248-203-3265

MIDVALE CENTER, 2121 Midvale Road, Birmingham, MI 48009
 Early Childhood Center - 248-203-5803 / Next - 248-203-5270

PEMBROKE ELEMENTARY SCHOOL, 955 N. Eton, Troy, MI 48084, 248-203-3888

PIERCE ELEMENTARY SCHOOL, 1829 Pierce St., Birmingham, MI 48009, 248-203-4325

QUARTON ELEMENTARY SCHOOL, 771 Chesterfield, Birmingham, MI 48009, 248-203-3425

SEAHOLM HIGH SCHOOL, 2436 W. Lincoln, Birmingham, MI 48009, 248-203-3700

WEST MAPLE ELEMENTARY SCHOOL, 6275 Inkster Road, Bloomfield Hills, MI 48301, 248-851-2667

REGISTRATION INFORMATION

PRE-REGISTRATION IS REQUIRED FOR ALL CLASSES.

Pre-registration is required for all programs. No drop-in registration on the day of class.

PAYMENTS

Register and pay using cash, check or VISA/Mastercard. Fees are payable in full at the time of registration. All checks should be made payable to "Birmingham Public Schools." There will be a \$60 fee for all returned checks.

DROPS/REFUNDS PLEASE READ CAREFULLY BEFORE REGISTERING FOR CLASS!

Requests must be made directly to Birmingham Community Education THREE (3) business days prior to the beginning of class. With the exception of one day classes, all class refunds are the amount of the fee less a \$10 processing fee per class. The processing fee for most one-day classes is \$5.00. *The cost of materials cannot be refunded.* No cash refunds. Refunds will be in the form of a check, credit or account voucher. Refunds of less than \$10 will be in the form of an account voucher.

WE DO OUR VERY BEST TO GET IT RIGHT

We take great care to check the accuracy of all information in our brochures and on our website. However, we cannot be responsible for inadvertent and unintentional errors and we reserve the right to correct them.

CLASS/CAMP CANCELLATIONS

REGISTER EARLY! The most common reason for class cancellation is low enrollment. Every effort will be made to notify registrants that a class has been cancelled. **NOTIFICATIONS OF CANCELLATIONS AND CLASS CHANGES ARE SENT VIA EMAIL.**

Please recheck your profile online every time you register for accuracy. Any person registered in a cancelled class will receive a full refund or may transfer to another class in the current semester. Birmingham Community Education reserves the right to cancel any class due to insufficient registrations.

Please know that we draft our fall brochure months in advance of publication to your mailbox. We continue to follow all state guidelines regarding in-person returns, and may make changes to our programming based on these state requirements.

CLASS/CAMP CHANGES

Birmingham Community Education reserves the right to withdraw or change classes/camps, instructors or schedules; to revise tuition and fee structures; and to amend its policies as necessary for smooth and efficient operation.

WAIVER OF LIABILITY AND HOLD HARMLESS

PLEASE FILL OUT THE APPROPRIATE WAIVER ON PAGES 27 AND 28, and include with your registration form. If registering online, a waiver form is part of the registration process; a separate form will not be required. You must have a current waiver on file with Birmingham Public Schools for every class/course/camp you or your children are attending.

NOTICE OF NONDISCRIMINATION

The Board of Education is committed to maintaining a learning/working environment in which all individuals are

treated with dignity and respect, free from discrimination and harassment. There will be no tolerance for discrimination or harassment on the basis of race, color, national origin, religion, sex, sexual orientation, marital status, genetic information, disability or age. The District prohibits harassment and other forms of discrimination whether occurring at school, on District property, in a District vehicle, or at any District related activity or event. The Superintendent will designate compliance officers and develop and implement regulations for the reporting, investigation and resolution of complaints of discrimination or harassment. The following people have been designated to handle inquiries regarding the nondiscrimination policies: Students - Inquiries related to discrimination on the basis of disability should be directed to: Executive Director of Special Education, 31301 Evergreen Road Beverly Hills, MI 48025, 248.203.3000. Direct all other inquiries related to discrimination to: Assistant Superintendent of Human Resources, 31301 Evergreen Road, Beverly Hills, MI 48025, 248.203.3000.

INCLEMENT WEATHER/SCHOOL CLOSING

When Birmingham Schools are closed due to severe weather, power failure or circumstances beyond our control, announcements concerning evening programs will be made by 2:00 p.m. Verify school closing by checking out Channel 4 news.

FOR THE MOST UP-TO-DATE INFORMATION

VISIT THE HOMEPAGE OF:

BIRMINGHAM PUBLIC SCHOOLS

WWW.BIRMINGHAM.K12.MI.US

BIRMINGHAM COMMUNITY EDUCATION

WWW.COMMUNITYED.NET

INJURIES & PERSONAL PROPERTY DAMAGE/LOSS

We are frequently asked: "Are my children or am I insured by Birmingham Public Schools in the event of injury while participating in a school district program?" A follow-up question is: "Does the district have insurance to protect personal property that I or my children may bring to school?" The answer is "NO."

BPS does not provide insurance for injuries, damage, or loss of property. A State of Michigan statute grants the Birmingham Public School District and other public bodies (e.g., cities, villages, etc.) with immunity to tort liability. What this means is that because we are a public agency funded through tax dollars and we are providing a public service, we are not held liable in the event of injury or loss of property. The Board of Education has decided that the district should not use taxpayers' tax dollars to provide for these risks. Your homeowner's policy may cover property damaged or lost from the school premises (e.g., automobiles, bicycles, band instruments, calculators, etc.) **WE ENCOURAGE YOU TO MAKE SURE THAT YOU HAVE ADEQUATE HEALTH AND PROPERTY DAMAGE/LOSS INSURANCE COVERAGE.**

NO SMOKING/VAPING, NO FIREARMS AND NO ALCOHOLIC BEVERAGES OR PETS/ANIMALS IN SCHOOL BUILDINGS OR ON SCHOOL PROPERTY.

BPS COMMUNITY EDUCATION INFORMATION

COMMUNITY EDUCATION STAFF

Jill Fill Community Education Specialist
 Diane Agrusa Rampolo.....Program Assistant
 Gail Frederickson..... Office Assistant
 Jennifer Szura..... Office Assistant
 Meli Zikakis Office Assistant
 Linda Grindem ESL Instructor
 Noelle Bogan ESL Instructor
 Paula Kotrba ESL Instructor

**BIRMINGHAM
 COMMUNITY EDUCATION
 REGULAR OFFICE HOURS***

Monday-Friday..... 8:00 a.m.-4:00 p.m.

OFFICE CLOSED:
 September 2, November 27-29,
 and December 20-January 6

*Note: Office hours may vary due
 to school breaks and holidays.

BPS FACILITY RENTAL INFORMATION

Birmingham Public Schools facilities and fields are conveniently located for the residents of Birmingham, Beverly Hills, Bingham Farms, Franklin, West Bloomfield, Bloomfield Hills, Troy and Southfield. Our facilities and fields are available for rental by public and private groups on Saturdays, Sundays and after school on week days. With ample free parking and recently renovated buildings, Birmingham offers great potential for your special event. Whether you need auditoriums, classrooms, media centers, computer labs, gyms, pools, stadiums or fields, the modern facilities and fields of Birmingham Public Schools give you an advantage! All facility services are available for single events, individual classes or entire college curricula or large sports events. For all of your facility and field requests, please contact Birmingham Community Education at 248-203-3800.

FOR RENTAL INQUIRIES ON AUDITORIUMS & LITTLE THEATERS CALL 248-203-3861
 POOLS/GYMS/CLASSROOMS/ GRASS FIELDS & TRACKS/STADIUMS
 CALL 248.203.3800

FALL 2024 • REGISTRATION FORM

Payment by cash, check or VISA/MC. All checks should be payable to: *Birmingham Public Schools.*
 Phone, fax and online registrations by credit card only.
 Mail: 2436 W. Lincoln, F102, Birmingham, MI 48009
 Phone: 248-203-3800 • Fax: 248-203-3818 • www.communityed.net

Last Name (Parent/Guardian) _____ First Name _____

Address _____ City _____ Zip _____

E-mail address _____ Phone (Home) _____ Phone (Cell/Work) _____

Student's Full Name _____ Birthdate _____

Name of Class	Class Start Date	Days of Class	Class #	Fee
				\$
				\$
				\$
Please fill out appropriate WAIVER on page 27 & 28			Total	\$

HOW TO REGISTER:

Online:
www.communityed.net

Phone:
 248-203-3800

Fax:
 248-203-3818

In person or by mail:
 2436 W. Lincoln, Suite F102
 Birmingham, MI 48009

PAYMENT: Full payment due at registration.

_____ Check enclosed (payable to "Birmingham Public Schools")

_____ Visa/MasterCard

Cardholder's Name _____

Account Number: _____ Expiration Date: _____

Cardholder's Signature: _____

WAIVER FOR PARTICIPANTS 18+ YEARS

WAIVER OF LIABILITY AND HOLD HARMLESS AGREEMENT FOR ALL BIRMINGHAM COMMUNITY EDUCATION ACTIVITIES EVENTS / CLASSES / CAMPS / OPEN SWIM / ATHLETIC LEAGUES Participant 18+ years of Age

1. In consideration for receiving permission to participate in the Birmingham Public Schools Community Education Activity of my choice, I hereby RELEASE, WAIVE, DISCHARGE AND COVENANT NOT TO SUE and further hereby AGREE TO INDEMNIFY AND HOLD HARMLESS Birmingham Public Schools, the members of its Board of Education (in their official and individual capacities), administrators, agents, servants or employees (hereinafter referred to as RELEASEES) from any and all liability, claims, costs, expenses, attorney fees, demands, actions and causes of action whatsoever arising out of or related to any loss, damage, or injury, including death, that may be sustained by me, or any of the property belonging to me, WHETHER CAUSED BY THE NEGLIGENCE OF THE RELEASEES, or otherwise, while participating in such activity, or while in, on or upon the premises where the activity is being conducted.
2. I am fully aware of and acknowledge the potential risks of serious personal injury associated with this activity. I hereby elect to voluntarily participate in said activity with full knowledge that said activity may be dangerous to me and my property. I VOLUNTARILY ASSUME FULL RESPONSIBILITY FOR ANY RISKS OF LOSS, PROPERTY DAMAGE OR PERSONAL INJURY, INCLUDING DEATH, that may be sustained by me, or any loss or damage of property owned by me, as a result of being involved in such activity, WHETHER CAUSED BY THE NEGLIGENCE OF RELEASEES OR OTHERWISE.
3. It is my express intent that this Waiver of Liability and Hold Harmless Agreement shall bind the members of my family and spouse, if I am alive, and my heirs, assigns and personal representative, if I am deceased, and shall be deemed as a RELEASE, WAIVER, DISCHARGE AND COVENANT NOT TO SUE the above-named RELEASEES. I hereby further agree that this Waiver of Liability and Hold Harmless Agreement shall be construed in accordance with the laws of the State of Michigan.
4. IN SIGNING THIS AGREEMENT, I ACKNOWLEDGE AND REPRESENT THAT I have read this Waiver of Liability and Hold Harmless Agreement, understand it and sign it voluntarily as my own free act and deed; no oral representations, statements, or inducements, apart from the foregoing written agreement, have been made; I am at least eighteen (18) years of age and fully competent; and I execute this Release for full, adequate and complete consideration fully intending to be bound by same.

Signed on this _____ day of _____, 20_____.

PARTICIPANT

Print _____ Name _____.

Signature _____

WAIVER FOR PARTICIPANTS UNDER 18 YEARS

WAIVER OF LIABILITY AND HOLD HARMLESS AGREEMENT FOR ALL BIRMINGHAM COMMUNITY EDUCATION ACTIVITIES EVENTS / CLASSES / CAMPS / OPEN SWIM / ATHLETIC LEAGUES

Participant UNDER 18 years of Age

1. In consideration for receiving permission to participate in the Birmingham Public Schools Community Education Activity of my choice, I hereby RELEASE, WAIVE, DISCHARGE AND COVENANT NOT TO SUE and further hereby AGREE TO INDEMNIFY AND HOLD HARMLESS Birmingham Public Schools, the members of its Board of Education (in their official and individual capacities), administrators, agents, servants or employees (hereinafter referred to as RELEASEES) from any and all liability, claims, costs, expenses, attorney fees, demands, actions and causes of action whatsoever arising out of or related to any loss, damage, or injury, including death, that may be sustained by me, or any of the property belonging to me, WHETHER CAUSED BY THE NEGLIGENCE OF THE RELEASEES, or otherwise, while participating in such activity, or while in, on or upon the premises where the activity is being conducted.
2. I am fully aware of and acknowledge the potential risks of serious personal injury associated with this activity. I hereby elect to voluntarily participate in said activity with full knowledge that said activity may be dangerous to me and my property. I VOLUNTARILY ASSUME FULL RESPONSIBILITY FOR ANY RISKS OF LOSS, PROPERTY DAMAGE OR PERSONAL INJURY, INCLUDING DEATH, that may be sustained by me, or any loss or damage of property owned by me, as a result of being involved in such activity, WHETHER CAUSED BY THE NEGLIGENCE OF RELEASEES OR OTHERWISE.
3. It is my express intent that this Waiver of Liability and Hold Harmless Agreement shall bind the members of my family and spouse, if I am alive, and my heirs, assigns and personal representative, if I am deceased, and shall be deemed as a RELEASE, WAIVER, DISCHARGE AND COVENANT NOT TO SUE the above-named RELEASEES. I hereby further agree that this Waiver of Liability and Hold Harmless Agreement shall be construed in accordance with the laws of the State of Michigan.
4. IN SIGNING THIS AGREEMENT, I ACKNOWLEDGE AND REPRESENT THAT I have read this Waiver of Liability and Hold Harmless Agreement, understand it and sign it voluntarily as my own free act and deed; no oral representations, statements, or inducements, apart from the foregoing written agreement, have been made; I am fully competent; and I execute this Release for full, adequate and complete consideration fully intending to be bound by same.

Signed on this _____ day of _____, 20_____.

PARTICIPANT

Print _____ Name _____.

Signature _____

I/we, the Parent(s)/Legal Guardian(s) of the above named Participant, consent to the minor Participant's participation in the Birmingham Public Schools Community Education Activity(ies), acknowledge the risks associated with the Participant's participation therein, and in consideration of my/our minor Participant's permission to participate in said Birmingham Public Schools Community Education Activity(ies) agree to be bound by this Waiver of Liability and Hold Harmless Agreement and the terms contained herein. Additionally, I/we consent to Birmingham Public Schools seeking reasonable and necessary medical treatment for my/our minor Participant during such event or associated activities, and agree to be responsible for any cost/expenses associated with such treatment.

Parent/Guardian
Date _____

Signature _____

Parent/Guardian
Date _____

Signature _____

Birmingham Bloomfield Community Coalition

Birmingham Bloomfield Community Coalition (BBCC) takes a research-driven, youth-led approach to substance abuse prevention, health and wellness. BBCC and the Youth Action Board (YAB) provide education, tools, activities, and support to help youth rise above life's challenges by making informed decisions about their safety, health and wellness, as well as encourage adults to positively support them.

Following are just some of the programs and services available for students, parents, schools, and other community groups.

IN-PERSON OR ON-LINE PROGRAMMING is available and includes the following topics:

- Education on individual or a grouping of substances such as:
 - Vaping, Alcohol, Prescription Drugs, Marijuana
 - Covey 7 Habits for Highly Effective Teens
 - Social media
 - Wellness
- Customized Programs, too! Just let us know what you need.
- **HIGH SCHOOL TEENS: EARN COMMUNITY SERVICE, BUILD LEADERSHIP SKILLS, CREATE HEALTHY CONNECTIONS, AND HAVE FUN DOING IT!** If you are a high school teen, the Youth Action Board (YAB) has a variety of opportunities to get involved AND we meet year-round primarily in-person. Also, look for our annual YAB Kick-Off Meeting that will take place in September or October, 2024. Contact youth program coordinator, Kelly, at kmichaud@bbcoalition.org.
- **MID ACTION BOARD:** Provides 8th grade students with a positive voice and presence in their schools and broader community on issues important to them with a focus on substance use prevention, building confidence and resilience, creating and maintaining positive peer influence, and supporting positive mental health and overall wellness for their peers. Contact youth program coordinator, Kelly, at kmichaud@bbcoalition.org



Youth-focused substance abuse prevention,
health and wellness
www.bbcoalition.org 248.203.4615



BPS Early childhood Intervention Program & Services for children with developmental delays and special needs who reside within Birmingham Public Schools. A parent concerned about his/her child's development may refer their child to Early Childhood Intervention Program & Services. A referral will be taken for children ages birth through the date that they enter kindergarten. To begin a referral process, a parent or legal guardian who has a concern about his/her child's talking, walking, hearing, learning or behavior should call the following:

Ages birth to 3 years: Early On Oakland 248.209.2084

Ages 3 to kindergarten: Kelly Beard, Project Find, 248.203.5818 or kbeard@birmingham.k12.mi.us

COMMUNITY NEWS & EVENTS



FRIENDS is a parent group
in the Birmingham Public School System
with preschool to adult age children
coming together to build a strong parent community

The Friends website at
www.friendsofdifferentlearners.com

& join us on Facebook@Friendsofdifferntlearners.

Birmingham Youth Assistance



Visit us at the Birmingham
Farmer's Market KID ZONE
September 22 & October 27

Breakfast with Santa • December 8

Mentor's Plus Program:

MAKING A DIFFERENCE - ONE PERSON - ONE CHILD AT A TIME

The Mentor's Plus program has helped by one-on-one mentoring, literally hundreds of children in our community, through Oakland County Youth Assistance.

THE MISSION of Birmingham Youth Assistance is to strengthen youth and families and to reduce the incidence of delinquency, abuse and neglect through community involvement.

BYA provides community based casework and counseling services as well as providing programming and events for children and families within the Birmingham Public School district.

BYA is a partnership of: the Oakland County Circuit Court – Family Division; the City of Birmingham and the Villages of Beverly Hills, Bingham Farms and Franklin; Birmingham Public Schools; and community volunteers.

Do you want to make a difference? Volunteer with BYA!

BIRMINGHAM YOUTH ASSISTANCE
provides short term, low cost counseling services.
248.203.4300 / www.birminghamyouthassistance.org



TO STAY ACTIVE & CONNECTED, KEEP ASKING WHAT'S NEXT?

Active adults have enjoyed the programs and support services offered at Next for over 40 years! We continue to evolve to meet the diverse interests of today's residents over the age of 50. Next offers a robust calendar of activities with more educational programming to stimulate your mind, additional art classes to ignite a passion, more fitness to strengthen your body and more travel than ever before to explore new destinations. Next also has a comprehensive Support Service Department offering resources that allow area residents to age in place. Stop in for a tour or find more information on our website at www.BirminghamNext.org Next is located at 2121 Midvale Road, right behind Seaholm High School.



BIRMINGHAM EDUCATION FOUNDATION

TAIL GATE Events

Enjoy free cider & donuts and spirit giveaways! 6:00 - 7:30 pm

Groves Homecoming Game: Friday, September 27th

Seaholm Homecoming Game: Friday, October 4th

Look for the BEF tent inside the field entrances

Strides for SOS 5K and 1 Mile Run

October 13 • 9 AM • Beverly Park

Beverly Park



It's our **ONLY** fundraiser of the year!
Scan the QR code to register or
become a family sponsor



SOS assists families in the BPS Community with
financial needs and volunteer services.
Your participation in Strides for SOS helps
support BPS families throughout the year.

10•13•2024

\$30
ADULTS

\$20
18 & UNDER

REGISTER TODAY

September 28 deadline to guarantee a race t-shirt!
schoolsoffersupport.org





Groves Performing Arts Company
November 8-10 & 15-17, 2024
Auditorium

FREE COMMUNITY EVENT

KARATE FOR CONCENTRATION WORKSHOP (AGES 5-12)

IN THIS FUN FILLED
45 MINUTE WORKSHOP
YOUR CHILD WILL LEARN:

- ✓ HOW TO FOCUS FOR THE BEST SCHOOL YEAR EVER!
- ✓ HOW TO SET GOALS & THE FOCUS NEEDED TO ACHIEVE THEM
- ✓ COOL KARATE MOVES
- ✓ HAVE F-U-N!



**MULTIPLE WORKSHOP
DATES AVAILABLE**

SCAN QR CODE TO SIGN UP TODAY
or visit TMartialArts.com/kfc



HURRY SPOTS FILL FAST!

**GIVE YOUR CHILD THE FOCUS FOR
THE BEST SCHOOL YEAR EVER!**



TMARTIALARTS.COM
(248) 825-3499

4851 FERNLEE AVE. (Maple & Coolidge - Across from Target)