

# Winter/Spring 2018

# Welcome



Dear BPS Friends and Families,

With a new year upon us, we have the perfect opportunity to pause and reflect. As the holiday season winds down and routines are resumed, we all need to take a minute to decide what 2018 will be. We often fail to take the time

to reflect on what a new year really means. Will it be the year we launch a new career? Will it the year we reach out to old friends while continuing to make new ones? Perhaps our children will see a year where kindness and respect prevail in all parts of our society. The possibilities can be limitless.

Within these pages, you will find a plethora of activities to help you make 2018 an enriching one. For the youngest to the most senior, these pages offer something for everyone. In fact, while you ponder what the new year will bring, make sure you make a commitment to enrich your life through learning something new. Our children are doing this each and every day and you can see the rewards on their bright and inquisitive faces. I invite you to settle down in a comfortable chair, grab a cup of hot chocolate or cider and browse these pages. I promise that you'll find something that piques your interest.

I wish for you and your family the very happiest of New Years. Enjoy each and every moment and make sure you take the time to think of what great things 2018 will offer you. Embrace lifelong learning, make new friends, connect with old ones and celebrate each and every day of this great new year!

All the best,

Dr. Daniel A. Nerad, Superintendent of Schools



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Volume 5, No. 2 Birmingham Public Schools Community Education Brochure Published three times per year:

August, December & March Birmingham Public Schools

31301 Evergreen Beverly Hills, MI 48025 248.203.3800

# YOUTH • MID-WINTER BREAK CAMP

# MID-WINTER BREAK CAMPS Monday-Friday, February 19-23, 2018 GRADES K-5 at BERKSHIRE MIDDLE SCHOOL

CHOOSE THE 9 A.M.-3 P.M. PROGRAM BELOW - Science OR Sports! Kids Club Included. Hours: 7:30-9:00 a.m. / 3-5:30 p.m. • Lunch: 12:00-1:00 p.m. \* READ REGISTRATION INFORMATION ON PAGE 3 \*



# **SCIENCE MADE FUN!**

For grades K-5. Science Made Fun! Programs run 9 a.m. to 3 p.m. Students may attend Kids Club (at no additional cost) before and after the program. Students must bring their own lunch, morning snack, and beverage in a non-breakable container. **NO ON-SITE REGISTRATION WILL BE ACCEPTED.** 

Berkshire Middle School - Cafeteria.

#### PER <u>DAY</u> PRICING: \$60 per student

#### LET'S EXPLORE WEATHER, SEA TO CHEMISTRY!

#### #11396- MONDAY 2/19 – CLEVER WEATHER DAY©

Make lightening, discover the sounds of wind, have fun as we make a cloud and much more!

#### #11407 - TUESDAY 2/20 – SEA OF LIGHTS©

Take a trip to the depths of the ocean and discover how sea creatures make their own light to survive! Make glow-in-the-dark jellyfish, learn all about buoyancy, design bioluminescent sea creatures and more!

#### #11393 - WEDNESDAY 2/21 -ICKY STICKY DAY©

It's time – Icky Sticky time! Have fun as we make glow in the dark silly putty, slime, and make colors explode!

#### #11403 - THURSDAY 2/22 -FEARLESS PHENOMENON©

Discover earthquakes, volcanoes, hurricanes, tornadoes, asteroids, craters and more!

#### #11400 - FRIDAY 2/23 - FORENSIC FUN©

Solve the crime by lunch time! Become a CSI technician as we discover a mystery powder, teeth impressions, lip prints, dust for fingerprints and much more. Earn your special CSI badge.





For grades K-5. Seaton Athletics program is 9 a.m.-3 p.m. Teams will play in various sports including soccer, basketball, floor hockey, pillow polo, lacrosse, wiffleball, flag football, kickball and more! We will provide a good mix of physical activity, practice, instruction, games, competitions and fun. Students may attend Kids Club (at no additional cost) before and after the program. Students must bring their own lunch, morning snack and a beverage in a non-breakable container. *NO ON-SITE REGISTRATION WILL BE ACCEPTED.* Location: Berkshire Middle School, Gym.

#### PER DAY PRICING: \$52 per student

# #11491 - MONDAY 2/19

Soccer, Basketball, Baseball & more!

#### #11492 - TUESDAY 2/20

Basketball, Floor Hockey, Pillow Polo, Kickball and more!

#### #11493 - WEDNESDAY 2/21

Floor Hockey, Pillow Polo, Flag Football, Lacrosse and more!

#### #11494 - THURSDAY 2/22

Flag Football, Lacrosse, Soccer & more!

#### #11495 - FRIDAY 2/23

Kids Option – Students get to choose their sports today!



Planning SUMMER? Birmingham Community Education Camps are online by MARCH 1

www.communityed.net

# **SPRING BREAK CAMP • YOUTH**

# SPRING BREAK CAMPS

Tuesday-Friday • April 3-6, 2018 at BIRMINGHAM COVINGTON SCHOOL

CHOOSE A 9 A.M.-3 P.M. Science OR Basketball

**Program!** 

Kids Club Included. Hours: 7:30-9:00 a.m. and 3-5:30 p.m.

Lunch: 12:00-1:00 p.m.

### \* READ REGISTRATION INFORMATION BELOW \* SCIENCE MADE FUN!

For Grades K-5 Science Made Fun! programs run 9 a.m. to 3 p.m . Students may attend Kids Club (at no additional cost) before and after the program. Students must bring their

own lunch, morning snack, and beverage in a non-breakable container. *NO ON-SITE REGISTRATION WILL BE ACCEPTED.* 

Location: Birmingham Covington School, cafeteria.

PER <u>DAY</u> PRICING: \$60 per student FROM DINOS TO SPACE!

#### #11434 - TUESDAY 4/3 - SMARTY PLANTS©

Discover the amazing world of plants. Learn about photosynthesis and germination. Have a hands-on look at roots, shoots, and transportation inside a plant. Get all the "seedy" facts!



#### #11435 - WEDNESDAY 4/4 -PALEONTOLOGY DAY©

Fossil Time! We'll observe and make fossils, go on a dinosaur egg hunt, explore DNA, and eat our way through Earth's layers!

#### #11436 - THURSDAY 4/5 - CREEPY CRAWLIES DAY®

Don't BUG out! On Creepy Crawlies Day, we'll learn about bugs, race a cockroach, make an edible beehive and more!

#### #11437 - FRIDAY 4/6 - COSMIC CAPERS©



Travel through space as we explore our solar system. Discover how cool the sun really is. Have a real impact, as we become crater makers. Learn about our planets, the moon, eclipses and much more. Enjoy some astronaut ice cream.

# SPRING BREAK 2018 -PISTONS ACADEMY For Boy & Girls in Grades 3-8

Welcome back to the Pistons Academy Camp! Four days of hoops is guaranteed to be packed with thrills

and excitement! On the first day, campers will participate in the "Pistons Combine." After the combine, we will develop a



tailored format to match instruction with the group needs of the camp. In the morning hours, players will be introduced to offensive and defensive philosophies to help prepare them for competitive play. Games and contests will take place each day after lunch. Camp will conclude with a brief awards ceremony on Friday. For more information, visit http://www.pistonsacademy.com. Students must bring their own lunch, morning snack and beverage in a non-breakable container. Materials fee of \$15 (t-shirt) is included in the class fee. Fee cannot be pro-rated. Basketball program runs 9:00 a.m.-3:00 p.m. Meets in the Gym.

#11343 - Birmingham Covington School - Gym Dates: 4/3/2018-4/6/2018 Tu-F 9:00 am - 3:00 pm Fee: \$226.00 per student for 4-day camp

#### \*BREAK CAMP REGISTRATION INFORMATION FOR <u>ALL</u> CAMPS

Students must bring their own lunch, morning snack and beverage in a non-breakable container.

Please let us know, <u>TWO WEEKS PRIOR TO CAMP</u>, if your child has special needs: i.e. physical, emotional, educational, or medical by calling us at 248.203.3822 or email DRampolo@birmingham.k12.mi.us

**Registration:** Registration accepted in person, by mail, fax, phone or online at <u>www.communityed.net</u>. **There is no resident discount. Please note:** Photo identification will be required at pick-up.

Final Day to Register: Registration closes two business days prior to the day of camp. Pre-registration is required. No on-site registration will be accepted. Registration after the close must be made by phone to 248-203-3800 and will be subject to a \$10/child late fee and space availability.

**Medication Form:** If your child must take medication during the program, please download a form from the homepage, at www.communityed.net or contact our office at 248-203-3800 to obtain a "Permission to Administer Medication" form. This form MUST be signed by a physician. Medication cannot be administered without this written authorization.

**Refund Policy:** Refund requests must be made directly to the Community Education Office by 12 p.m. of the day preceding the beginning of camp. Refunds will be the amount of tuition less a \$10 processing fee per camp. Refunds will not be granted after 12 p.m. on the day prior to camp.

**Camp Closing Information:** In times of inclement weather, power failure or circumstances beyond our control, please go to the homepage at www.communityed.net for the latest information.

# YOUTH • ACADEMICS

# KITE TUTORING PERSONALIZED S.A.T. PREP

kite

Kite's Personalized Classroom SAT prep offers an individualized approach that combines 30 hours of lessons, 3 Full Length proctored SAT exams, a personalized plan of work and extensive practice material unique to every student. The course also includes two 30 minute 1-on-1 sessions with the instructor. Students are evaluated throughout the course and receive feedback on their progress. This course will prepare students for the April SAT offered at the high schools. Class meets on Wednesdays and Saturdays.

#### #11356

Seaholm High School, Room E104 Dates: 1/27/2018 - 3/28/2018 # of Sessions: 15 No Class: 2/17/2018, 2/21/2018, 2/24/2018 Wed 3:30PM – 6:00 PM Sat 1:00 PM - 3:30 PM Fee: \$599.00

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### SOAR® STUDY SKILLS -MIDDLE SCHOOL MADE EASY

The SOAR® Curriculum is a simple set of skills to help students organize and study efficiently. Our program teaches and develops the habits that lead to success. Our students learn how to: manage time (planner provided), organize papers & backpack, work with teachers, read and understand textbooks, take notes, study for tests, and write papers. The program uses the SOAR® Study Skills book (each student gets a book, a student planner/calendar and a SOAR® Organization binder). \$35 materials fee is included in the class fee. Location: Seaholm High School, Room F107

#11441 Dates: 2/5/2018 – 3/19/2018 # of sessions: 6 No class 2/19/2018 Mon 6:00PM – 7:15PM Fee: \$165.00

#11483 Dates: 2/10/2018 – 3/24/2018 # of sessions: 6 No class 2/24/2018 Sat 11:00AM - 12:15PM Fee: \$165.00



# ABOVE GRADE LEVEL We Couldn't Say it Any Better Than Our Clients!

Indy F Thu, 05/04/17

Hiring Above Grade Level tutoring is the BEST thing we could have done for our child! Her reading comprehension and grades have gone up in a few short months! Highly recommend!

#### Dawn C Thu, 04/27/17

We have seen significant growth in his reading skills in the past 4 months and his teacher said that he has moved up 5 levels.

One -on - One In-Home Tutoring—We work with your schedule in your home FREE Evaluation— We pinpoint necessary areas of improvement for maximum results Personalized Tutoring— Curriculum is designed specifically for your child's needs Certified Tutors— Our highly skilled and trained staff will help your child succeed Guaranteed Results— Improve one grade level or 20 FREE sessions Check out Our Middle School Study Skills Class in this quarter's guide!

#### Call 248-266-1972

or visit us on-line at abovegradeleveloc.com today for a FREE evaluation (\$150 value)

Tutoring that works. Guaranteed! K-College \* Math \* English \* Science\* Study Skills \* SAT

# SKILLS & DEVELOPMENT • YOUTH

DKI ACTING ACADEMY -

#### DRAMA KIDS - Grades 1-5 (Winter Session)

It's curtains up for Drama Kids! Now is your chance to participate in fun activities that help you think more creatively and learn new acting, confidence building, and social skills. In Drama Kids you will be part of plays, improvisations, silent scenes, mini-scripts, hilarious theatre games and more. Whether you are the next Broadway Star or you just want to improve your public speaking tech-

- niques, Drama Kids is the place for you. Everyone is getting into the act this
- winter don't miss out!! Please note that this class will run
- an additional half hour on the last class date for a Parent Presentation. Location: Pierce Elementary School, Gym

and Stage.

- #11336
- Dates: 1/10/2018 3/28/2018
- # of Sessions: 8 No Class: 1/31/2018, 2/7/2018, 2/21/2018. 3/21/2018
- Wed 5:30 PM 6:30 PM
- Fee: \$136.00

#### **DRAMA KIDS - Grades 1-5** (Spring Performance Session)

Drama Kids is for both the budding Broadway star as well as the shy introvert. Students have fun while learning how to speak out clearly and develop critical thinking skits through imaginative improve games, mini plays, movement and speech activities. Our Drama Kids will demonstrate their acting skills through an on-stage end of the year spring performance. Materials fee of \$15 is included in class fee (includes miscellaneous performance costs such as back drops, costume pieces, programs, etc.). Location: Pierce Elementary School, Gym and Stage. #11335 Dates: 4/11/2018 - 6/13/2018

# of Sessions: 10 Wed 5:30 PM - 6:30 PM Fee: \$175.00



Grades 6-8 (Winter Session) Welcome to DKI Acting Academy! This accelerating drama program is open to all students grades 6 through 8 regardless of their prior acting experience. In DKI you will participate in dramatic activities and stage actual performances which will help you build lifelong confidence and creative thinking skills which can have a dramatic impact on academic and personal success. Do you want to expand your improvisation, acting, auditioning and public speaking skills? Then the

DKI Acting Academy is the place for you! Location: Pierce Elementary School, Gym and Stage. #11333

Dates: 1/10/2018 - 3/28/2018 # of Sessions: 8 No Class: 1/31/2018, 2/7/2018, 2/21/2018, 3/21/2018 Wed 6:45 PM - 7:45 PM Fee: \$128.00

# DKI ACTING ACADEMY - Grades 6-8 (Spring Performance Session)

DKI ActingAcademy is for teens who want to expand their skills in acting, public speaking and performing. As students participate in dramatic activities and stage actual performances, they build confidence and learn to think more creatively. And that foundation can have a dramatic impact on academic, personal and professional success. Materials fee of \$15 is included in class fee (includes miscellaneous performance costs such as back drops, costume pieces, programs, etc.). This session ends with an onstage Spring ( Performance! Location: Pierce Elementary School, Gym and Stage.

#11334 Dates: 4/11/2018 - 6/13/2018 # of Sessions: 10 Wed 6:45 PM - 7:45 PM Fee: \$175.00

# CHILD AND BABYSITTER SAFETY/CPR (AGES 10+)

Participants will learn skills involved in caring for infants, toddlers and young children, as well as how to start their own babysitting business. Emergency procedures, taming the tots, decision making, diapering, feeding and sleep time are just a few of the topics to be covered. Basic first aid and CPR will be taught and practiced on individual mannequins. This is a Certification Babysitting Class from the American Red Cross and complete attendance and passing of a 10 question test is mandatory. Participants will receive a wallet certification card along with a training booklet, emergency reference guide and a CD to ensure success of their babysitting business. Parent/Guardian is required to sign student in and out of class. Students more than 20 minutes late will not be permitted into the class, please be on time. Bring a bag lunch with beverage in a non-breakable container. A \$25 materials fee is included in the registration fee. Instructor: Bristow Health & Safety Education

#11023 Seaholm High School, Room C104 Date: 3/3/2018 Sat 9:00 AM-3:30 PM Fee: \$100.00



"MAKE A SPLASH!" **Community Open Swims** on Sundays!!! See page 23 for more details.

# YOUTH • SPORTS

# SNAP FLAG FOOTBALL SPRING LEAGUE by Coach Genevieve



SNAPtivities is proud to present fun and fresh 5-on-5, non-contact flag football. Teams are coached by volunteer parent coaches (or HS coaches for 1st – 8th grade divisions) and have between 7 and 10 players per team. We also accept friend requests so buddies don't have to be separated. Register as a team (register separately) or an individual. For more info including game time possibilities for each division, go to SNAPtivities.com or call Coach Genevieve at 248-341-1500. No games Memorial Day weekend. Games will be played on the turf fields at Groves High School (including stadium, JV Football/Discus/Shot area) except 5-8th Grade Division (also may practice in Bloomfield Hills; see description below for details).

### 4 1/2 year olds through Kindergarten Division

This division includes any players at least 4½ years old through Kindergarten. We have a 30 minute practice followed directly by a game against other teams in the division. 12:30pm practice, followed by a game from 1-2pm \$89 plus \$25 for NFL reversible jersey until April 1, then price increases to \$109 plus \$25 for NFL reversible jersey.

#### #11354

Dates: 4/22/2018 - 6/10/2018 Sun 12:30 PM - 2:00 PM Fee: \$114.00

### **1st-4th Grade Divisions**

We have a one-hour long practice followed directly by a one hour game against other teams in the division. 1st – 2nd grade games will be at either 1, 2 or 3pm with practice one hour prior; 3rd – 4th grade games will be at either 2, 3 or 4pm with practice one hour prior. \$109 plus \$25 for NFL reversible jersey until April 1, then price increases to \$124 plus \$25 for NFL reversible jersey.

#11352 - 1st - 2nd Grade Dates: 4/22/2018 - 6/10/2018 Fee: \$134.00

#11353 - 3rd - 4th Grade Dates: 4/22/2018 - 6/10/2018 Fee: \$134.00



# **5th-8th Grade Division**

Teams are coached by volunteer parent or HS student coaches and will be divided and scheduled based on grade and ability. We have a one-hour long practice in Bloomfield Hills (Saturday) and/or Birmingham (Sunday) followed directly by a game against other teams in the division. PLEASE NOTE: GAMES WILL BE PLAYED ON SATURDAYS and/or SUNDAYS THIS SPRING! Coaches will schedule game times/days to accommodate busy player schedules. For more info including game time possibilities for each division, go to SNAPtivities.com or call Coach Genevieve at 248-341-1500. No games Memorial Day weekend. \$119 plus \$25 for NFL reversible jersey until April 1, then price increases to \$134 plus \$25 for NFL reversible jersey.

# #11355

Dates: 4/21/2018 - 6/10/2018 Saturdays and Sundays, April 21 – June 10 Fee: \$144.00



For information: 248-203-3800 • www.communityed.net

# **SPORTS • YOUTH**



# PISTONS ACADEMY YOUTH BASKETBALL LEAGUES (Gr. 3-9)

Players register as individuals and are placed on teams through a draft. Teams are guaranteed a minimum of six games and three practices during the season. Games are Friday evenings and Saturdays. Practice days are Thursdays (but a few practices may be held on Fridays). All of our officials are certified and all coaches receive a background check before the season. An informative parent meeting will be held 7:30 p.m.

on Tuesday, January 16 in the Groves High School Little Theater. For more information about the league, visit pistonsacademy.com. Game locations: Berkshire Middle School and Birmingham Covington School; Practice locations: Berkshire Middle School and Quarton Elementary Gym. Fee is \$155 (includes \$15 material fee) FEE: \$155

League runs January 12 – March 24 (No events February 24 & 25)

Boys Pro League (Grades 7-9) will start January 20

# **SKILLS COMBINE AND LEAGUE DRAFT**

Players in the league are asked to attend the Skills Combine Day where individual skill levels will be recorded. Players can come any time and it should only take 20 minutes per player. The League Draft is mandatory and players must attend at least one of the two days. The draft will be held at BERKSHIRE Middle School.

#### **SKILLS COMBINE:**

All Divisions Combine: Saturday, January 6 (9 a.m.-12 p.m.) Lady Pistons Combine: Saturday, January 6 (1 p.m.-2 p.m.)

**LEAGUE DRAFT:** (Players need to attend at least one day, but attending both is preferred).

### •PREP DIVISION: (Grades 3, 4 AND BEGINNER 5TH):

Friday, January 12, 6:30-7:30 p.m. & Saturday, January 13, 11:00-12:00 p.m.

•COLLEGE DIVISION: (Grades 5, 6 AND BEGINNER 7TH): Friday, January 12, 8:00 p.m. – 9:00 p.m. & Saturday, January 13, 12:45-1:45 p.m.

•PRO DIVISION: (Grades 7, 8 AND BEGINNER 9TH): Saturday, January 20, 6:00-7:00 p.m. (9th graders who play for their high school are not eligible to play)

•LADY PISTONS LEAGUE: (Girls grades 6-8): Saturday, January 13, 2:30-3:30 p.m.

#### FRIDAY NIGHT LIGHTS GIRLS BASKETBALL LEAGUE-Grades 4-6

Friday Night Lights returns for its 13th season in Birmingham! Players will spend the first three weeks learning plays, working on defense and studying the rules that govern the game. Once teams are set, girls will play a season of 4 games, inclding playoffs. All girls receive a Lady Pistons game jersey and season ending awards. This program is available to girls of all skill levels but is best suited for those who are serious about learning the game and developing their skills. Friday Practices: 6:30 p.m. - 7:30 p.m. Friday Games will be at 6:30 p.m. or 7:20 p.m. 8 weeks: January 19, 26, February 2, 9, 16, March 2, 9, and 16 (No events February 23) Class fee includes \$15 material fee.

SKILLS COMBINE (at Berkshire MS) Players are asked to attend the Skills Combine Day on Saturday, January 6 from 1 p.m.-2 p.m. where individual skill levels will be recorded and some light scrimmaging will take place.

#### #11305 Berkshire Middle School Gym Dates: 1/19/2018 - 3/16/2018 8 weeks No Class: 2/23/2018 Fri 6:15 PM-8:15 PM Fee: \$145.00

#11307Prep League (Grades 3, 4 and Beginner 5th)#11306College League (Grades 5, 6 and Beginner 7th)#11308Pro League (Grades 7, 8 and Beginner 9th)#11304Lady Pistons League (Grades 6-8)

League Fee: \$155 (includes \$15 material fee)

# LOOKING FOR ACADEMY LEAGUE COACHES!

Are you interested in coaching a Pistons Academy Team? We are always looking for qualified coaches who want to share their knowledge and passion for the game. We offer flexible scheduling for games and practices and a discount of the league fee. If interested, please contact League Director Bryan Bollin at bbollin@pistons.com or by phone at 248-377-8305.

# LADY PISTONS MIDDLE SCHOOL LEAGUE (Girls Gr. 6-8)

Welcome to the Lady Pistons League! Girls in grades 6-8 are invited to participate in this awesome program for girls who are into playing games! Players can register as a team or as individuals. Games are Friday evenings and Saturdays. Practice days are Thursdays (but a few practices may be held on Fridays). Teams are guaranteed a minimum of six games and three practices. informative parent meeting will be held at 7:30 pm on Tuesday, January 16, in the Groves High School Little Theater. A \$15 materials fee is included in the registration fee and payable at the time of enrollment. Game locations: Berkshire Middle School and Birmingham Covington School. Practice locations: Berkshire Middle School and Quarton Elementary Gym. LADY PISTONS SKILLS COMBINE (at Berkshire MS): Saturday, January 6, 1 p.m.-2 p.m. LADY PISTONS DRAFT (at Berkshire MS): Saturday, January 13, 2:30-3:30 p.m.

# #11304

Dates: 1/12/2018 - 3/24/2018 No Class: 2/24/2018, 2/25/2018 Fee: \$155.00

# YOUTH • SPORTS & PRESCHOOL ACTIVITIES

# **BEVERLY HILLS CLUB**

The Beverly Hills Club is recognized as one the country's top 100 Clubs, with the industry's finest health and fitness facilities, equipment, instructors, professionals and trainers. Classes meet at the Beverly Hills Club 31555 Southfield Road (just north of 13 Mile Road), Beverly Hills, MI 48025 (248)642-8500. *REGISTER THROUGH BIRMINGHAM COMMUNITY EDUCATION* 

www.communityed.net / 248.203.3800

# **BHC SWIM SCHOOL**

"BHC Swim School" has been teaching thousands of children and adults to swim since 1989. The program teaches water safety and swimming to babies, tots, children & adults of all ages and levels. Safety & skills are taught in a fun, safe environment with small class sizes.

THERE ARE MULTIPLE OFFERINGS FOR EACH CLASS! TO VIEW THE LIST and TO REGISTER go to www.communityed.net

#### SWIM - Parent and Tot (Levels 1 & 2)

6 months - 3 years + parent. Tots get ready for group classes. Focus is on independent swimming

#### LITTLE FISH (2 year olds)

Focus on independent swimming and introduction to basic swimming skills. Class size is 2:1 ratio. Students should be comfortable in the water or have completed Parent/Tot 2 swim class.

#### **SWIM - LEVELS 1-7 AND TEAM CLINICS**

### **BHC YOUTH TENNIS**

Ages 3 years and up. Little Stars, Starter Tennis, and Junior Development tennis for kids wth little or no experience.

THERE ARE MULTIPLE OFFERINGS FOR EACH CLASS! TO VIEW THE LIST and TO REGISTER go to www.communityed.net

# FRANKLIN ATHLETIC CLUB

These classes are held at the FRANKLIN ATHLETIC CLUB, 29350 Northwestern Highway, Southfield, MI 48034 THERE ARE MULTIPLE OFFERINGS FOR EACH CLASS! TO VIEW THE LIST and TO REGISTER go to www.communityed.net

### TUMBLING TOTS (Ages 18 months - 4 years)

Turn all that bouncing and climbing into something productive. Your child will improve strength, agility, balance and overall fitness through simple tumbling skills. The first half hour will be spent in organized tumbling activities with Mr. Roby and the following half hour will be spent with Ms. Lori playing games and doing creative movement activities. THERE ARE MULTIPLE OFFERINGS FOR THIS CLASS! TO VIEW THE LIST and TO REGISTER go to www. communityed.net

### **PLAY DATE (Ages 1-4 years)**

Where will you play today? Join us for a wild play date at Franklin Athletic Club. Get ready to move as we jump in the moonwalk, play parachute games, move to some silly music, and have some free play. The first hour will be free play in the gym. The last half hour will be spent with Ms. Lori singing and moving to fun activities. Parent supervision required. You are welcome to bring peanut free snacks. Ages 1-4. Please register the child only. THERE ARE MULTIPLE OFFERINGS FOR THIS CLASS! TO VIEW THE LIST and TO REGISTER go to www.communityed.net



### **KIDS KICKBOXING - Ages 8-14**

Franklin Athletic Club's most popular kickboxing instructor George Jones is now offering a class for kids! Don't miss out on this high energy, fun class. THERE ARE MULTIPLE OFFERINGS FOR THIS CLASS! TO VIEW THE LIST and TO REGISTER go to www.communityed.net

# EASTER EGG HUNT PLAY DATE with Ms. Lori

A special seasonally-themed Play Date. Where will you play today? Join us for a wild play date at Franklin Athletic Club. Get ready to move as we jump in the moonwalk, play parachute games, move to some silly music, and have some free play. The first hour will be free play in the gym. The last half hour will be spent with Ms. Lori singing and moving to fun activities. Parent supervision required. You are welcome to bring peanut free snacks. Ages 1-4. Fee is \$10.00 PER FAMILY; please register the adult only.

#### #11180 Date: 3/19/2018 Mon 10:00 AM - 11:30 AM Fee: \$10.00



BEVERLY HILL& CLUB

# **SPORTS • YOUTH**

### SOCCER SCHOOL FOR LITTLE FOLKS -OUTDOORS

### Ages 3-5 years

Join us for an exciting class of soccer! We will work on basic skills with fun mini games and end every class with soccer scrimmages. This is a great way to introduce your child to soccer or have them continue developing skills. Our goal is to increase your child's excitement for sports while giving them confidence in their own abilities and helping them

to develop a positive attitude. Instructors are experienced and licensed soccer coaches. Presented by Seaton Athletics LLC Location: Midvale Center, Baseball Diamond

#### #11293

Dates: 4/28/2018 - 6/9/2018 # of Sessions: 6 No Class: 5/26/2018 Sat 11:15 AM - 12:00 PM Fee: \$80.00

#### #11292

#11291

Dates: 5/3/2018 - 6/7/2018 # of Sessions: 6 Thu 6:00 PM - 6:45 PM Fee: \$80.00



Dates: 5/4/2018 - 6/8/2018 # of Sessions: 6 Fri 10:15 AM - 11:00 AM Fee: \$80.00

#### CHEER/DANCE/POM SQUAD Grades K-8

Get ready for a workout! First we will learn cheers, chants, rhythm, music, stunts and pom routines. We will stimulate our creative juices while getting our bodies moving and adrenaline pumping. Then we will put our skills in action and cheer for the flag football teams. On the last day we will



perform at a half time show for all of the football players and families. Meet at the concession stand. The uniform is an additional \$40 (payable to instructor) and includes a skirt and shirt. Presented by Seaton Athletics LLC. Location: Groves High School Stadium. Meet at the concession stand.

#### #11295

Dates: 4/29/2018 - 6/10/2018 # of Sessions: 6 No Class: 5/27/2018 Sun 1:00 PM - 2:00 PM Fee: \$80.00

### LITTLE SNAPpers FLAG FOOTBALL Pre-School 3-4.5 years

Is the SNAP flag football league in your child's future? If yes, give them a head start with Little SNAPpers! Through fun games like flag tag, spiders and flies, and others, our instructors will teach basic skills like throwing, catching and snapping the ball. Presented by Seaton Athletics LLC. Location: Groves High School Stadium.

#11294 Dates: 4/29/2018 - 6/10/2018 # of Sessions: 6 No Class: 5/27/2018 Sun 12:10 PM - 12:55 PM Fee: \$80.00



### SOCCER SCHOOL FOR LITTLE FOLKS -INDOORS

### Ages 3-5 years

Join us for an exciting class of soccer! We will work on basic skills with fun mini games and end every class with soccer scrimmages. This is a great way to introduce your child to soccer or have them continue developing skills. Our goal is to increase your child's excitement for sports while giving them confidence in their own abili-

ties and helping them to develop a positive attitude. Instructors are experienced and licensed soccer coaches. Presented by Seaton Athletics LLC

#### #11439

Quarton Elementary School Gym Dates: 1/23/2018 – 3/06/2018 # of sessions: 6 No class 2/20/2018 Tue 6:00PM – 6:45PM Fee: \$80.00

#### #11484

Quarton Elementary School Gym Dates: 3/13/2018 – 4/24/2018 # of sessions: 6 No class 4/03/2018 Tue 6:00PM – 6:45PM Fee: \$80.00

#### #11485

Pembroke Elementary School Gym Dates: 1/25/2018 – 3/08/2018 # of sessions: 6 No class 2/22/2018 Thu 6:00PM – 6:45PM Fee: \$80.00

#### #11486

Pembroke Elementary School Gym Dates: 3/15/2018 – 5/03/2018 # of sessions: 6 No class 3/22/2018, 4/05/2018 Thu 6:00PM – 6:45PM Fee: \$80.00



# WORKSHOPS • YOUTH & FAMILY

# **KIDS EMPOWERED**



Over 500,000 girls, boys, parents, teachers, and social workers have participated in Girls Empowered and Boys Empowered programs over 18 years. The team includes social workers, teachers and fitness and dance instructors.

# **Beverly Elementary School, Gym**

and Boys Empowered programs over 18 years. The team includes social wand dance instructors. GIRL SCOUT NIGHT OUT Beverly Elementary School, Gy Friday, January 19, 2018 G:00 PM - 9:00 PM Scouts will earn the power of their words which can help build their siblings, friends, cla tear others and themselves down. Girls will do a fun craft to show the words they choose We will look at positive and negative phrases that can help build or hurt friendships, so stand up for oneself or make yourself a potential target. We will look at words in man poems, and being positive. This fun night includes role playing, a craft, and yoga. Bring mat. Come individually or with your troop (troop members register separately)! Note: Girls Empowered is also presenting an OPTIONAL Parent workshop on the navigate their social world. Class #11312, 6:30-8:45PM. Fee is \$20. See information #11309 - BROWNIES Fee: \$35.00 #11310 - DAISIES Fee: \$35.00 **PARENT WORKSHOP: How Girls Navigate Thee** This is optional for parents while girls are in Girl Scout Night Out: The Power of Words. Par their social world. #11312 - Parent Workshop Date: 1/19/2018 Friday, January 19, 2018 Friday, Ja Scouts will learn the power of their words which can help build their siblings, friends, classmates and themselves up or to tear others and themselves down. Girls will do a fun craft to show the words they choose reflect who they are as a person. We will look at positive and negative phrases that can help build or hurt friendships, solve or make problems worse, and stand up for oneself or make yourself a potential target. We will look at words in manners, inspirational quotes, songs, poems, and being positive. This fun night includes role playing, a craft, and yoga. Bring a nut free snack and drink, and towel

Note: Girls Empowered is also presenting an OPTIONAL Parent workshop on the same evening: How your girls navigate their social world. Class #11312, 6:30-8:45PM. Fee is \$20. See information below.



**PARENT WORKSHOP:** How Girls Navigate Their Social World

This is optional for parents while girls are in Girl Scout Night Out: The Power of Words. Parents learn how their girls navigate

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# PARENT/DAUGHTER YOGA EMPOWERMENT NITE for Girls Grades K-M.S. & Parent

Parents and girls will enjoy an evening of Girl Power. Together they will learn about strategies and ways to be a powerful girl who has the courage to be herself. Parents experience an evening to bond with your daughter while doing yoga and empowerment activities. Wear comfortable clothing & bring a Yoga mat/towel. Bring nut free snack and drink. Please register the girl only. Additional siblings pay \$18 (see class #11301 for K-5 and class #11303 for M.S.Girls) Location: Seaholm High School, Media Center

#11300 Girls Grades K-5 and parent Date: 4/20/2018 Fri 6:00 PM - 9:00 PM Fee: \$50.00



#11301 Additional siblings Grades K-5 Date: 4/20/2018 Fri 6:00 PM - 9:00 PM Fee: \$18.00

#11302 Middle School Girls and parent Date: 4/27/2018 Fri 6:00 PM - 9:00 PM Fee: \$50.00

#11303 Additional Siblings M.S. Date: 4/27/2018 Fri 6:00 PM - 9:00 PM Fee: \$18.00

# YOUTH & FAMILY • WORKSHOPS



# KIDS EMPOWERED WORKSHOPS

### KIDSEMPOWERED

Over 500,000 girls, boys, parents, teachers, and social workers have participated in Girls Empowered and Boys Empowered programs over 18 years. The team includes social workers, teachers and fitness and dance instructors.

### PARENT/SON WORKSHOP K-5th Grade Boys & Parent

Boys and parents will learn what to say when classmates say things like "You can't play" and You don't run fast". Boys will learn how to keep their cool and not engage with the unfriendly behavior. Boys will practice the words, voice, and body language they learn with role playing. Please register the child only. Location: Seaholm High School, Room C104

#11319 (K-1st Grade and parent) Date: 1/18/2018 Thu 6:00 PM - 7:30 PM Fee: \$35.00

#11320 (K-1st Grade and parent) Date: 3/6/2018 Tue 6:00 PM - 7:30 PM Fee: \$35.00

#11321 (2nd - 3rd Grade and parent) Date: 1/23/2018 Tue 6:00 PM - 7:30 PM Fee: \$35.00

#11322 (2nd - 3rd Grade and parent) Date: 3/13/2018 Tue 6:00 PM - 7:30 PM Fee: \$35.00

#11323 (4th - 5th Grade and parent) Date: 1/25/2018 Thu 6:30 PM - 8:00 PM Fee: \$35.00

#11324 (4th - 5th Grade and parent) Date: 3/20/2018 Tue 6:30 PM - 8:00 PM Fee: \$35.00

1250

#### PARENT/DAUGHTER WORKSHOP K-5th Grade Girls & Parent

Parents and girls will learn about how to set boundaries when friends are unfriendly. Girls will learn the words to say when their friends say "I am not your friend.", "You can't play.", "You can't play with her." Parents will learn how to support their daughter to minimize the social pain of actions by unfriendly friends. Girls will practice the words, voice, and body language they learn with role playing. Please register the child only. Location: Seaholm High School, Room C104

#11313 (K-1st Grade and parent) Date: 1/22/2018 Mon 6:00 PM - 7:30 PM Fee: \$35.00

#11314 (K-1st Grade and parent) Date: 3/5/2018 Mon 6:00 PM - 7:30 PM Fee: \$35.00

#11317 (2nd - 3rd Grade and parent) Date: 1/24/2018 Wed 6:00 PM - 7:30 PM Fee: \$35.00

#11318 (2nd - 3rd Grade and parent) Date: 3/7/2018 Wed 6:00 PM - 7:30 PM Fee: \$35.00

#11315 (4th - 5th Grade and parent) Date: 1/29/2018 Mon 6:00 PM - 7:30 PM Fee: \$35.00

#11316 (4th - 5th Grade and parent) Date: 3/12/2018 Mon 6:00 PM - 7:30 PM Fee: \$35.00

"MAKE A SPLASH!" Community Open Swims on Sundays!!!

See page 23 for more details.

# WORKSHOPS • YOUTH & FAMILY

# KIDS EMPOWERED WORKSHOPS

# KIDSEMPOWERED

Over 500,000 girls, boys, parents, teachers, and social workers have participated in Girls Empowered and Boys Empowered programs over 18 years. The team includes social workers, teachers and fitness and dance instructors.

# FROM FRUSTRATED TO EMPOWERED (K-5th Grade)

Many kids react emotionally to unfriendly or sticky situations and make the situation worse. This workshop will teach kids how to recognize when they are in a sticky situation and give them a tool to see they have options. Kids will also learn options of how to respond to typical playground situations so they have the words and strategies in their toolbox of options. Sibling conflict will be covered. Managing emotions and having social skills to respond appropriately to social and family situations. Emotional regulation is our ability to manage our emotions in how we respond to situations. It is one of the most important predictors of success. If we do not have the tools in our tool box our emotional response may cause us to overreact in a negative way that impacts our self-esteem and escalates a situation. An optional parenting workshop will be running concurrently for an additional fee (see class #11326 for K-2 parents and #11328 for Grades 3-5 parents). Also see class #11373 and #11374 designed specifically for siblings (K-MS) which also offers an optional parent workshop #11342 shown below. Location: Seaholm High School, Room C104

#11325 (K - 2nd grade) Date: 4/21/2018 Sat 1:00 PM - 2:30 PM Fee: \$30.00

#11327 (Grades 3 – 5) Date: 4/21/2018 Sat 2:30 PM - 4:00 PM Fee: \$30.00

# FROM FRUSTRATED TO EMPOWERED FOR SIBLINGS (For Siblings K-Middle School)

This workshop is available for individual students in Grades K through Middle School; add siblings separately #11374 at a reduced fee. Also offered is an optional parenting workshop #11342 will be running concurrently for an additional fee. Location: Seaholm High School, Room C104

#11373 (Students in K - Middle School) Date: 1/20/2018 Sat 1:00 PM - 2:30 PM Fee: \$30.00

#11374 (Additional sibling) Fee: \$15.00 Learn how to bully-proof your whole family, build self-esteem and learn how to manage emotions and put boundaries in place!

#### FROM FRUSTRATED TO EMPOWERED (Parent Workshop K-Middle School)

This optional parenting workshop will be running concurrently with class #11373/4 Frustrated to Empowered for Siblings (Siblings - K - Middle School). Parents will learn how they can help their kids manage their anger and frustrations. Both parents are welcome; please register just one! Location: Seaholm High School, Room C103

#11342 (Parent Workshop) Dates: 1/20/2018 Sat 1:00 PM - 2:30 PM Fee: \$10.00

#### FROM FRUSTRATED TO EMPOWERED (Parent Workshop K-5th Grade)

This is an optional parenting workshop which will be running concurrently with From Frustrated to Empowered #11325 (K-2nd Graders) and #11327 (3rd - 5th graders). Parents will learn how they can help their kids manage their anger and frustrations. Both parents are welcome; please register just one! Location: Seaholm High School, Room C103

#11326 (Parent Workshop K-2nd Grade) Date: 4/21/2018 Sat 1:00 PM - 2:30 PM Fee: \$15.00

#11328 (Parent Workshop 3rd-5th Grade) Date: 4/21/2018 Sat 2:30 PM - 4:00 PM Fee: \$15.00

# **ONLINE CERTIFICATIONS & COURSES • ADULT**



# Get skills for the 21st century. Demonstrate your knowledge. Boost your productivity and your organization's bottom line.

This online program is presented by the Learning Resources Network (LERN). Our online certificates and courses are provided by quality colleges and associations with expert instructors. Participate anytime day or evening, from any computer. **Register at www.communityed.net** 

#### **CERTIFICATE PROGRAMS**

**Business Coaching Certificate Business Research Certificate** Certificate in Online Teaching Certificate in Blended Instruction Certificate in Customer Service Certificate in Data Analysis Certificate in Designing Webinars Certificate in Leadership Development Certificate in Non-Profit Administration Certificate in Workplace Communication eMarketing Essentials Certificate Entrepreneurship Certificate Executive Leadership Certificate Inbound Marketing Certificate Management Certificate Managing Social Media Platforms Certificate Mobile Marketing Certificate Social Media for Business Certificate Supervisory & Leadership Certificate

#### **PROFESSIONAL COURSES**

Video Marketing Certificate

Accounting and Finance for Non Financial Managers Advanced Data Analysis Advanced Neuro Linguistic Programming (NLP) Advanced Teaching Online Conflict Management Creative Problem Solving Designing Online Instruction Developing Hybrid Courses Developing Your Leadership Skills Developing Your Professional Career Entrepreneur Boot Camp Entrepreneurial Marketing

Executive Leadership in the 21st Century Fatal Leadership Errors Fostering Online Discussion Funding Your Business Get Things Done Intermediate Data Analysis Interview Skills Introduction to Data Analysis Law for Non-Lawyers Leadership Principles Management Boot Camp Managing Generations in the Workplace Negotiation: Get What You Want Neuro Linguistic Programming (NLP) Fundamentals New 21st Century Strategies for Productivity and Time Management Onboarding New Employees Program Evaluation for Nonprofits Revenue Generation for Non-Profits Spanish for Medical Professionals Students with ASD (Autism Spectrum Disorder) The Business Plan The Flipped Classroom Using Personality Profiles for Better Work Performance

> VOCATIONAL COURSES Extraordinary Customer Service Keys to Customer Service

ENRICHMENT COURSES Stress Management Success with Aging Parents

#### **TECHNOLOGY COURSES**

Advanced Inbound Marketing Advanced Mobile Marketing Boosting Your Website Traffic Content Marketing Creating Cell Phone Apps for Your **Business Designing Successful Webinars** Facebook for Business **Google Analytics** Google Apps for Business Graphic Design for Visual Presentations Improving Email Promotions Integrating Social Media into Your Organization Introduction to 3-D Printing Introduction to Inbound Marketing Introduction to Mobile Marketing Introduction to Social Media LinkedIn for Business Managing & Marketing Webinars Marketing Using Social Media Mastering Computer Skills for the Workplace Mastering Microsoft Excel **Online Advertising** Photoshop for Presentations Podcasting Twitter Video Marketing

YouTube for Business

# **ADULT • CREATIVE ARTS**



# **BEADWORKING CLASSES**

The following classes are instructed by Gail Frederickson who has been teaching beadworking classes for Birmingham Community Education for 23 years, in addition to other local and national venues such as bead stores, art centers, conferences and guilds. Gail has Bachelor of Arts degrees in Studio Arts and Art History, has been an avid beader since childhood, and is on the Board of Directors of the Great Lakes Beadworkers Guild. All materials provided unless otherwise stated. Limited enrollment. Location: Seaholm High School, Room C104

#### BEADWOVEN TAPESTRY PENDANT NECKLACE

Combine beads and weaving to create a fabulous pendant necklace. Learn this simple, easy-to-master technique developed by a fiber artist. Using a small, hand-held loom workboard with pins supporting the warp, beads are incorporated into the actual design and the weft fibers are woven around them. Completed beadwoven pendant is suspended from a satin cord. This class is appropriate for all skill levels.

#11375 Dates: 1/10/2018 – 1/17/2018 # of Sessions: 2 Wed 7:00 PM - 9:00 PM Fee: \$55.00

### SOUTACHE SUNRISE NECKLACE

Explore the use of soutache braid in this cheerful necklace, featuring a central cabochon and sunrise colors. Students should have some bead embroidery experience. Intermediate level.

#11376 Dates: 2/06/2018 – 2/13/2018 # of Sessions: 2 Tue 7:00 PM - 9:00 PM Fee: \$ 53.00

# DUCHESSE NECKLACE

This elegant necklace has a very aristocratic look featuring a double stand seed-beaded chain and crystal medallions. The five medallions are of graduated sizes - a large central medallion, two medium and two smaller ones – all constructed separately and attached to the neckchain upon completion. Button and loop closure. Intermediate level.

#11377 Dates: 3/01/2018 – 3/08/2018 # of Sessions: 2 Thu 7:00 PM - 9:00 PM Fee: \$ 53.00

# FLY TYING - Intermediate

Intermediate level students will tie a variety of different patterns designed to improve their skills and knowledge

of the art. Returning students will find an entirely new set of intermediate flies. Taught by members of the Challenge Chapter of Trout Unlimited. A materials fee of \$20 is payable to the instructor in class.

#11247

Fee: \$75.00



Berkshire Middle School, Room 120 Dates: 1/8/2018 -3/26/2018 # of Sessions: 10 No Class: 1/15/2018, 2/19/2018 Mon 7:00 PM - 9:00 PM

# BEADWOVEN TAPESTRY BUTTERFLY NECKLACE

Combine beads and weaving with fibers to create a fabulous butterfly necklace while learning this simple, easy to master technique. Using a small, hand-held loom workboard with pins supporting the warp, beads are incorporated into the actual design and the weft fibers are woven around them. All skill levels.

#### #11378

Dates: 4/09/2018 – 4/16/2018 # of sessions: 2 Mon 7:00 PM - 9:00 PM Fee: \$ 55.00

### FILIGRIVOLI NECKLACE

This necklace has a vintage Old-World appearance. A sparkly rivoli is bezeled with seed and accent beads and centered on an antiqued metal filigree. Fringe enhances the opulence. Intermediate level.

#### #11379

Dates: 4/24/2018 – 5/01/2018 # of sessions: 2 Tue 7:00 PM - 9:00 PM Fee: \$ 53.00

# **IT'S THE BERRIES NECKLACE**

This necklace features a central cluster of red berries and green leaves which slide on the tubular neckchain. Constructed with seed beads. Intermediate level.

#### #11380

Dates: 5/23/2018 – 5/30/2018 # of Sessions: 2 Wed 7:00 PM - 9:00 PM Fee: \$ 51.00

### WEDDING DANCE MADE EASY One Evening Workshop

Let's turn that High School rock & sway into something fabulous! Whether you are the Bride and Groom, the Parents of the special couple or a Guest at the Wedding, this one evening crash course will prepare you for a magical evening on the dance floor. Learn to dip, twirl and dance an easy to follow combination of beautiful moves, while creating a picture perfect moment to cherish forever. If you have your First Dance song picked out, please email the song name to: upbeatdance@hotmail.com. Instructed by UpbeatDanceStudio.com The fee is for a couple; please register one adult only.

Location: Pierce Elementary School, Multipurpose Room #10965

Date: 2/5/2018 Mon 7:00 PM - 8:30 PM Fee: \$49.00

#10966 Date: 4/16/2018 Mon 7:00 PM - 8:30 PM Fee: \$49.00



# SKILLS & DEVELOPMENT • ADULT

### "I AM A HOSPICE HERO" Hospice Volunteer Training

(Ages 18 and Up) Heart to Heart Hospice is offering Volunteer

Training for those who would like to visit patients near their home. Pay it forward and your rewards will be enormous. A simple act of kindness can make a huge difference to a patient and their family. We provide your training, we assign you near your home and always work around your schedule. If you have questions about the class, please call Julie Cody at Heart to Heart Hospice,



248-952-9000. If you are unavailable during the scheduled workshops, please contact Julie to set up another date or time after registering with Community Education. This class will benefit you and your loved ones for the rest of your life. We look forward to hearing from you! Class meets at Heart to Heart Hospice, 30800 Telegraph Rd, Suite #1850, Bingham Farms, MI 48025 (located on the SE corner of Telegraph and 13 Mile Road in the Bingham Center, behind Qdoba Restaurant).

#### #10604

Date: 4/14/2018 Sat 8:30 AM - 11:30 AM Fee: \$12.00

#10605 Date: 5/19/2018 Sat 8:30 AM - 11:30 AM Fee: \$12.00

#### INTRODUCTION TO PROFESSIONAL VOICE OVERS GETTING PAID TO TALK

Getting Paid to Talk: Making Money with Your Voice. Have you ever been told that you have a great voice? This exciting one-session class will explore numerous aspects of voice over work for television, film, radio, audio books, documentaries and the internet in your area. We will cover all the basics, including how to prepare the all important demo, how to be successful and earn great income in this exciting field. Students will have the opportunity to ask questions and to hear examples of demos recorded by professional voice actors. Class participants will even have a chance to record a commercial script under the direction of our Voicecoaches.com producer! This class is informative, lots of fun, and a great first step for anyone interested in voice acting professionally. Space is limited, and registration closes one week prior to class, so register early. Please review this one page informative piece before registering for this class: http://www. voicecoaches.com/gptt Presented by Creative Voice Development. Location: Seaholm High School, Room C104

#10614 Date: 2/26/2018 Mon 6:30 PM - 9:00 PM Fee: \$25.00

#10615 Date: 5/17/2018 Thu 6:30 PM - 9:00 PM Fee: \$25.00

#### HEARTSAVER FIRST AID CPR AED - Adult, Child & Infant

Training meets all current American Heart Association guidelines for CPR and First Aid Programs, including lecture, video demonstrations as well as hands-on training. Course taught by American Heart Association certified instructors. Participants will learn life saving skills in CPR for all ages in order to aid victims in life threatening emergencies. The class will cover skills for infant, child & adult, including the proper use of an Automated External Defibrillator (AED). Participants will learn how to handle a choking victim, as well as basic First Aid skills, including recognition. Students will receive a 2 year AHA CPR/ AED/First Aid card. \$15.00 materials fee (book) included in registration fee. Instructor: Adam Hollmann Location: Seaholm High School, Room C104

#11049 Dates: 4/25/2018 Wed 6:00 PM - 10:00 PM Fee: \$80.00

#11050 Date: 5/10/2018 Thu 6:00 PM - 10:00 PM Fee: \$80.00





#### LOVE & LOGIC: EARLY CHILDHOOD PARENTING MADE FUN!

The Love and Logic course, Early Childhood Parenting Made FUN, will provide practical and proven tools for raising respectful, responsible and happy kids! Parents of young children will love these easy and effective skills that will make parenting less stressful and more fun. Please join us for this 5-week course where we listen to the experts through viewing some of the course's DVD talks as well as discuss the Love and Logic principles and stories. Topics will include: Putting an End to Whining and Arguing, Why Empathy is the Most Important Skill, The Uh Oh Song, The Science of Control, & Turning Your Words Into Gold. Lynn Radtke, Bachelor of Interdisciplinary Studies, is an independent facilitator of this priceless program for parents who want to raise responsible kids who are ready for the real world. Note: Fee is per couple; please register one adult only.

#11021 Seaholm High School, Media Center Dates: 1/16/2018 - 2/13/2018 # of Sessions: 5 Tue 6:30 PM - 7:45 PM Fee: \$65.00

#### PARENTING THE LOVE & LOGIC WAY

Why the term Love & Logic? Effective parenting centers around love: love that is not permissive, love that doesn't tolerate disrespect, but love that is also powerful enough to allow kids to make mistakes and permit them to live with the consequences. Those consequences, when accompanied by empathy - our compassionate understanding of the child's disappointment, frustration, and pain-hit home with mind-changing power. Learn how to: Avoid un-winnable power-struggles and arguments. Stay calm when your kids do incredibly upsetting things Set enforceable limits Avoid enabling and begin empowering Help your kids learn from mistakes rather than dictators Lynn Radtke, Bachelor of Interdisciplinary Studies, is an independent facilitator of this priceless program for parents who want to raise responsible kids who are ready for the real world. Note: Fee is per couple; please register one adult only.

#11022 Seaholm High School, Media Center Dates: 2/27/2018 - 4/10/2018 # of Sessions: 7 No Class: 4/03/2018 Tue 6:30 PM - 7:45 PM Fee: \$75.00

# ADULT • SKILLS & DEVELOPMENT



#### INTRODUCTION TO DOG OBEDIENCE

Southern Michigan Obedience Training Club (S.M.O.T.C.) offers this foundation obedience class for all dogs who are at least 6 months old. Learn how to train your dog to heel (walk) on lead with you, sit, stand, down, stay, and come when called - to become a more enjoyable member of the family. Shot records are required and must be presented the first night of class, but please. DO NOT BRING THE DOG THE FIRST NIGHT OF CLASS. Minors over the age of 12 are invited to train as long as a parent or guardian is registered for the class and remains in attendance

during class. Please bring to the first class your filled out Application for Training and Health Certificate, which will be emailed to you; extra forms will be available in class. For the remaining classes you will need to bring a bait (treat) bag or fanny pack with SOFT TREATS, a slip collar (a.k.a. choke chain), Martingale or prong/pinch collar with a 6 ft. leash (leather leash recommended) as well as your dog. Location: Berkshire Middle School, Gym

#11350 Dates: 1/9/2018 - 3/6/2018 # of Sessions: 8 No Class: 2/20/2018 Tue 6:45 PM - 7:45 PM Fee: \$70.00

#11351 Dates: 3/20/2018 - 5/22/2018 # of Sessions: 8 No Class: 4/3/2018, 5/1/2018 Tue 6:45 PM - 7:45 PM Fee: \$70.00

# THERAPY DOG CERTIFICATION

### PUPPY PRE-SCHOOL

Southern Michigan Obedience Training Club (SMOTC) offers this class for puppies approximately 3 – 5 months of age. Help your new "Best Friend" develop the good habits it needs in order to become a valued member of your family circle. Socialization, introduction to obedience, and problem solving are offered. AKC STAR Puppy Certification is offered. Minors are invited to attend with a registered adult. Please bring puppy with buckle collar, leash and shot records (required) to first class. Location: Berkshire Middle School, Gym

#### #11286

Dates: 1/16/2018 - 2/27/2018 # of Sessions: 6 No Class: 2/20/2018 Tue 8:00 PM - 9:00 PM Fee: \$55.00

#### #11287

Dates: 3/20/2018 - 5/22/2018 # of Sessions: 6 No Class: 5/01/2018 Tue 8:00 PM - 9:00 PM Fee: \$55.00

This class will help to prepare students and their dogs to take the Therapy Dogs International certification test to become a certified Therapy Dog team. The class will also address safety precautions for you and your dog, proper visiting techniques, getting around medical equipment and more. For this class your dog will need to work reliably and test on a flat buckle collar or non-correcting harness (leash fastens on the dogs back) with a 6 foot leather or nylon leash. Dogs will need to be proficient and reliable in all basic obedience commands, heel, sit, down, leave it and stay. We highly recommend that students have taken 1 or more obedience classes prior to registering for this class. Dogs must have reached or passed their first

birthday on or before the last day of class to be evaluated. Location: Berkshire Middle School, Gym #11288 #11289

Titolo 2007 Dates: 1/16/2018 - 2/6/2018 # of Sessions: 4 Tue 8:00 PM - 9:00 PM Fee: \$55.00 #11289 Dates: 4/10/2018 - 5/1/2018

# of Sessions: 4 Tue 8:00 PM - 9:00 PM Fee: \$55.00



# **BUYING & SELLING A HOME IN TODAY'S MARKET**

Learn how to get the most for your house and sell quickly in today's market. Learn how you can still come out ahead in your real estate transaction. Learn how to buy your desired home. One-day class. Optional materials fee of \$5 is payable to the instructor in class. Instructor: Georgia Kapsalis, Added Value Realty

#10974 Seaholm High School, Room C104 Date: 1/22/2018 Mon 6:30 PM - 8:00 PM Fee: \$35.00

# REAL ESTATE BASICS FOR THE BEGINNING INVESTOR

Buy Low - Sell High. Where do you begin? This class will help you to understand why this is the "best market" to invest in real estate and how to get "deals on foreclosures" and the advantages of being a landlord in today's market. Optional \$45.00 materials fee is payable to the instructor in class. Instructor: Georgia Kapsalis, Added Value Realty

#10970 Seaholm High School, Room C104 Dates: 2/5/2018 Mon 6:30 PM - 8:30 PM Fee: \$49.00

# LANDLORD - RENT FOR MAXIMAL PROFITS

Whether you are a first time or seasoned landlord you should know how to rent right. The focus of this class will be on obtaining quality tenants that pay on time and take care of your home, standard contracts, the credit and verification process, and more. Optional materials fee of \$45 is payable to the instructor in class. Instructor: Georgia Kapsalis, Added Value Realty

#10968 Seaholm High School, Room C104 Date: 2/15/2018 Thu 6:30 PM - 8:30 PM Fee: \$49.00

# SKILLS & DEVELOPMENT • ADULT

# EXCEL BEGINNING

EXCEL 2013 Beginning. Confused by the new Ribbon Interface; need to get up to speed quickly for that new job or are you looking to get back in the workforce or just need a refresher. This class identifies the elements of the new Ribbon Interface and how to create basic worksheets. You will also learn how to manipulate data, insert and delete columns and rows, search and replace data, and customize the quick access toolbar. Formatting is a key element to making your spreadsheets user friendly. We also learn how to print our workbooks saving a lot of paper along the way. Performing basic formulas is also covered in this class. Participants should have computer experience prior to taking this fast-paced class. Instructor: Debbi Forbes

#### #10610

Seaholm High School, Room F112 Dates: 1/16/2018 - 2/6/2018 # of Sessions: 4 Tue 6:30 PM - 9:30 PM Fee: \$110.00





#### EXCEL INTERMEDIATE

Excel 2013. Have you mastered the fundamentals and are you ready to learn tools, tips and tricks to become a power user? In this class you will learn how to save time and reduce errors. Covered in this class: common printing errors and how to fix them; how to use formulas and functions (lookup, if, sum, count, pmt, etc.). Also covered is the Quick Access Toolbar, using range names, delimiting text, data sorting and filtering along with pivot tables and calculating percentages. You will walk away knowing how to manage multiple workbooks and create beautiful workbooks that visually represent data with graphs. Participants should have completed Excel Course 1 or have knowledge of the topics covered in that class before taking this course. Instructor: Debbi Forbes

#### #10611

Seaholm High School, Room F112 Dates: 3/6/2018 - 3/27/2018 # of Sessions: 4 Tue 6:30 PM - 9:30 PM Fee: \$110.00

# ESL = English As A Second Language

# ADULT DAYTIME ESL CLASS:

FREE for qualifying adults\* and if space is available.

January 18 – May 25, 2018 For Beginning & Intermediate Level Adult ESL students.



This daytime ESL class meets four times per week Monday/Tuesday/Thursday/Friday, 9 a.m.-12:15 p.m. Students will be placed in a level based on their ESL proficiency exam\*.

**REGISTRATION FOR ADULT DAYTIME ESL CLASS:** All Adult ESL Students: Please bring your passport and/or visa, and your driver's license or State of Michigan ID with you to registration. We will need to make a copy for your file.

**REQUIRED:** Registration & Testing for NEW students only on January 16 & 17 from 9:30-11:30 a.m. You MUST register in-person at the ESL Classroom Room E105, Seaholm High School (2436 W. Lincoln, Birmingham, MI 48009). Space in the class is limited, and acceptance in the class will be based on the results of your ESL proficiency exam\*. Instructors: BPS ESL Staff.

\*Students must obtain a minimum CASAS score of 187 to be eligible.

Please call 248-203-3800 for more information.

# **ADULT • SKILLS & DEVELOPMENT**

### FRENCH 1

Learn basic vocabulary, grammar and customs suitable for enrichment & travel or for those encountering French in the workplace. Required texts will be discussed at the first class meeting. Instructor: Nuha Tabet Location: Seaholm High School, Room F104

#### #10617

Dates: 1/24/2018 - 3/21/2018 # of Sessions: 8 No Class: 2/21/2018 Wed 6:00 PM - 7:30 PM Fee: \$120.00

#### #10618

Dates: 4/18/2018 - 6/6/2018 # of Sessions: 8 Wed 6:00 PM - 7:30 PM Fee: \$120.00

### FRENCH 2

Review of basic vocabulary, grammar and idiomatic French expressions to gain more knowledge of this Romance language and culture. Required texts will be discussed at the first class meeting. Bienvenue! Instructor: Nuha Tabet Location: Seaholm High School, Room F104

#### #10608

Dates: 1/24/2018 - 3/21/2018 # of Sessions: 8 No Class: 2/21/2018 Wed 7:30 PM - 9:00 PM Fee: \$120.00

#10616 Dates: 4/18/2018 - 6/6/2018 # of Sessions: 8 Wed 7:30 PM - 9:00 PM Fee: \$120.00



- Children and Teens
- Adults
- Couples
- Families
  - Depression
  - Anxiety
  - School Avoidance
  - Stress Coping Skills
  - Behavior Challenges
  - ADHD
  - Divorce/Blended Families
  - Family Conflict
  - Life Transitions

Jennifer Dulchavsky, MA, LLPC, NCC

#### jdulchavsky@gmail.com

#### 248-671-4463

www.newyoucounselingservices.com Safe, Caring and Nonjudgmental Counseling

# GERMAN - LEVEL 1

Are you planning a trip to Germany this year or do you just want to experience the German language? This class is for students who have had few or no experience with the German language before. Taught by a native German speaker and professional teacher, students will focus on small talk, sentences and vocabulary of daily need and get a first insight into German culture. NOTE: Final class Spring session meets on MONDAY 6/04/2018 in Room F013. Instructor: Anna Bauer Location: Seaholm High School, Room F105.

#### #11359

Dates: 3/13/2018 – 4/24/2018 # of Sessions: 6 No Class: 4/03/2018 Tue 6:00 PM - 7:30 PM Fee: \$90.00

#### #11361

Dates: Tue 5/01/2018 - 5/29/2018 plus Mon 6/04/2018 # of Sessions: 6 6:00 PM - 7:30 PM Fee: \$90.00

### **GERMAN - LEVEL 2**

This course is for students with first knowledge of the German language. Students will have an opportunity to improve there oral skills and will learn the basics of the German grammar. NOTE: Final class Spring session meets on MONDAY 6/04/2018 in Room F103. This course is taught by Anna Bauer, a native German speaker and professional teacher. Location: Seaholm High School, Room F105

#### #11360 Dates: 3/13/2018 – 4/24/2018

# of Sessions: 6 No Class: 4/03/2018 Tue 7:30 PM - 9:00 PM Fee: \$90.00

#11362 Dates: Tue 5/01/2018 - 5/29/2018 plus Mon 6/04/2018 # of Sessions: 6 7:30 PM - 9:00 PM Fee: \$90.00

### ITALIANO REPEAT AFTER ME -Beginner

Discover the beauty of the Italian language with a program by Mirella Panozzo, a native Italian instructor. This is a unique class for travelers. Learn what you need to know to travel with confidence: the right vocabulary, phrases, questions, and the right pronunciation. The last two weeks, students will practice what they have learned. Please bring a notebook. No textbook is required. Location: Seaholm High School, Room F104

#11183

Dates: 1/22/2018 - 4/9/2018 # of Sessions: 10 No Class: 2/19/2018, 4/2/2018 Mon 6:00 PM - 8:00 PM Fee: \$200.00

#11184 Dates: 4/16/2018 - 6/11/2018 # of Sessions: 8 No Class: 5/28/2018 Mon 6:15 PM - 8:15 PM Fee: \$160.00

# **SKILLS & DEVELOPMENT • ADULT**

### SPANISH 1

In this introductory class, students will develop listening, speaking, reading and writing skills. We will establish a strong foundation and promote future success in a fun learning environment. We will explore cultural aspects of the Spanish speaking world by a native instructor. Instructor: Guadalupe Lebbos. Location: Seaholm High School, Room F105.

#### #11329

Dates: 1/22/2018 - 3/19/2018 # of Sessions: 8 No Class: 2/19/2018 Mon 6:30 PM - 8:00 PM Fee: \$120.00

#11330

Dates: 4/16/2018 - 6/11/2018 # of Sessions: 8 No Class: 5/28/2018 Mon 6:30 PM - 8:00 PM Fee: \$120.00

# **SPANISH 2**

Spanish 2 is designed for students who attended Spanish 1 or those who have a basic knowledge of the Spanish language and wish to expand that knowledge. The instructor will teach both lexical and grammatical items. During this session you will develop listening, speaking, reading and writing skills necessary to communicate about self, family, daily life as well as basic survival needs. You will also explore cultural aspects of the Spanish-speaking world. Instructor: Guadalupe Lebbos. Location: Seaholm High School, Room F105.

#### #11331

Dates: 1/17/2018 - 3/14/2018 # of Sessions: 8 No Class: 2/21/2018 Wed 6:30 PM - 8:00 PM Fee: \$120.00

#11332 Dates: 4/18/2018 - 6/6/2018 # of Sessions: 8 Wed 6:30 PM - 8:00 PM Fee: \$120.00

Save a class — Register at least 3 days before the class start date.

### LATIN LANGUAGE

The course gives students a good insight into Latin grammar, vocabulary and reading. It is based on F. Wheelock's Latin: an Introductory Course for College Students. The course promises to be enjoyable and beneficial especially for those learning Romance languages. Sample texts in Spanish, Italian, French will be given to see how much one can understand using acquired knowledge in Latin. A minimum of 6 students is required for this class to run. Instructor: Alla Lushnikova-Abbott Location: Seaholm High School, Room F106

#11357 Dates: 1/17/2018 - 3/14/2018 # of Sessions: 8 No Class: 2/21/2018 Wed 6:00 PM - 7:30 PM Fee: \$120.00

#11358 Dates: 4/11/2018 – 5/30/2018 # of Sessions: 8 Wed 6:30 PM – 8:00 PM Fee: \$120.00

### **HUNGARIAN 1**

The course is good for travel, business and communication. Level 1 for the beginners gives basic knowledge in grammar and conversation. We will discuss culture, traditions and history of Hungarian people and language. A minimum of 6 students is required for this class to run. Instructor: Alla Lushnikova-Abbott Location: Seaholm High School, Room F106

#11363 Dates: 1/22/2018 - 3/19/2018 # of Sessions: 8 No Class: 2/19/2018 Mon 6:00 PM - 7:30 PM Fee: \$120.00

#11364

Dates: 4/09/2018 - 6/04/2018 # of Sessions: 8 No Class: 5/28/2018 Mon 6:00 PM - 7:30 PM Fee: \$120.00

### **HUNGARIAN 2**

The class will continue working on grammar, pronunciation, reading and conversation. Materials provided by the instructor. A minimum of 6 students is required for this class to run. Instructor: Alla Lushnikova-Abbott Location: Seaholm High School, Room F106

#11365 Dates: 1/22/2018 - 3/19/2018 # of Sessions: 8 No Class: 2/19/2018 Mon 7:30 PM - 9:00 PM Fee: \$120.00

#11366 Dates: 4/09/2018 - 6/04/2018 # of Sessions: 8 No Class: 5/28/2018 Mon 7:30 PM - 9:00 PM Fee: \$120.00

### **RUSSIAN 1**

The course is great for business, travel, communication. This class is for beginners and is aimed to show the easy way to learn the cyrillic (Russian) alphabet and start reading and writing, we will do basics in grammar and conversation. Textbook provided by the instructor. A minimum of 6 students is required for this class to run. Instructor: Alla Lushnikova-Abbott Location: Seaholm High School, Room F106

#### #11367

Dates: 1/16/2018 - 3/13/2018 # of Sessions: 8 No Class: 2/20/2018 Tue 6:00 PM - 7:30 PM Fee: \$120.00 #11368 Dates: 4/10/2018 - 5/29/2018 # of Sessions: 8

Tue 6:00 PM - 7:30 PM Fee: \$120.00

### **RUSSIAN 2 (CONTINUED)**

The class welcomes everybody who has already gained the beginning knowledge of Russian. The goal is to develop reading, writing and conversational skills. Doing grammar is essential but discussing Russian culture and history, listening and watching (songs, films) is inherent and enjoyable part of the course. A minimum of 6 students is required for this class to run. Instructor: Alla Lushnikova-Abbott Location: Seaholm High School, Room F106

#11369 Dates: 1/16/2018 - 3/13/2018 # of Sessions: 8 No Class: 2/20/2018 Tue 7:30 PM - 9:00 PM Fee: \$120.00 #11370 Dates: 4/10/2018 - 5/29/2018 # of Sessions: 8 Tue 7:30 PM - 9:00 PM Fee: \$120.00

# ADULT • HEALTH & WELLBEING



# **BEVERLY HILLS CLUB**

The following Better Bones classes are held at the BEVERLY HILLS CLUB, 31555 Southfield Road, Beverly Hills, MI 48025, located on the west side of Southfield Road just north of Thirteen Mile Road. Phone 248-642-8500. *TO REGISTER go to www.communityed.net* 



# BEVERLY HILLS CLUB TENNIS

The Beverly Hills Club has taught 1,000's of adults tennis since 1983. Their professionals are USPTA/ USPTR certified with over 100 yrs of combined experience. Classes meet at the Beverly Hills Club 31555 Southfield Road (just north of 13 Mile Road), Beverly Hills, MI 48025.Phone 248-642-8500. THERE ARE MULTIPLE OFFERINGS FOR EACH CLASS! TO VIEW THE LIST and TO REGISTER go to www.communityed.net

#### ADULT TENNIS –Level 1 Beginner (Intro/Retro)

Learn from the best! Little or no play experience, not a problem! This is an adult tennis class for the player with little or no tennis experience.

#### ADULT TENNIS –Level 2 Advanced Beginner

Have some tennis experience? Learn from the best! Improve all of your tennis skills.



### **BETTER BONES 1**

This class will educate you, improve your muscle strength and decrease the risk of brittle bones due to osteoporosis. Did you know that weight training for osteoporosis can help protect your bones? Studies show that strength training can help prevent bone loss and even help build new bone. We lose so much muscle as we age that by the time we're 70, we have about 50% to 55% of our muscle mass left. Maintaining strong muscles through weight training help to keep up your balance and coordination, critical in preventing falls, which can lead to osteoporosis-related fractures. For beginner exercisers.

## #11025

Dates: 1/30/2018 - 4/12/2018 # of Sessions: 20 No Class: 4/3/2018, 4/5/2018 Tue, Thu 1:00 PM - 2:00 PM Fee: \$257.00

#### #11026 Dates: 4/17/2018 - 6/7/2018 # of Sessions: 16 Tue, Thu 1:00 PM - 2:00 PM Fee: \$206.00

# **BETTER BONES 2**

More weight bearing excerise for those participants who have completed Better Bones I program and have witnessed first-hand the benefits of weight training, balance training and low impact excerise. For more experienced exercisers with some strength training background.

#11031 Dates: 1/30/2018 - 4/12/2018 # of Sessions: 20 No Class: 4/3/2018, 4/5/2018 Tue, Thu 2:00 PM - 3:00 PM Fee: \$257.00

#11032 Dates: 4/17/2018 - 6/7/2018 # of Sessions: 16 Tue, Thu 2:00 PM - 3:00 PM Fee: \$206.00



# **HEALTH & WELLBEING • ADULT**



#### **FIT YOGA**

This class will consist of warm-ups and sun salutations followed by a sequence of poses designed to build strength and improve balance and flexibility. By focusing on connected breath and movement, energy blockages are released in both the body and mind, resulting in an overall sense of peace and relaxation. Some experience is recommended but not required, as modifications will be offered. Bring a mat and any other optional props you may need to help facilitate your practice (i.e., blanket, yoga blocks, strap). Instructor: Lynn Dowe Location: Berkshire Middle School Cafeteria

#### #11337

Dates: 1/18/2018 - 3/8/2018 # of Sessions: 6 No Class: 1/25/2018, 2/22/2018 Thu 6:00 PM - 7:00 PM Fee: \$78.00

#11338

Dates: 3/22/2018 - 5/3/2018 # of Sessions: 6 No Class: 4/05/2018 Thu 6:00 PM - 7:00 PM Fee: \$78.00

# YOGA FITNESS with LYNN DOWE

Offered to men and women of all levels. The science of Yoga uses precise postures (Asanas) and controlled breathing techniques (pranayama) that integrate energetic connections between body, mind and spirit. Participants explore the insight both through the basic Asanas, while increasing muscle strength and flexibility. Class participation will include sun salutes, basic standing postures, forward and backward bending, positive inversions, twists, reducing stress and seated meditations. Bring a mat to class. Instructor Lynn Dowe offers intentional and inspiring yoga practice for all ages and abilities. She inspires and supports others to live an extraordinary life and through the practice of yoga, to connect with their own personal wisdom, healing abilities and expansive potential. 200RYT instructor – since May 2013. Instructor: Lynn Dowe Location: Berkshire Middle School, Media Center

#### #11283

Dates: 1/16/2018 - 2/27/2018 # of Sessions: 6 No Class: 2/20/2018 Tue 7:00 PM - 8:00 PM Fee: \$78.00

#11284 Dates: 3/6/2018 - 4/17/2018 # of Sessions: 6 No Class: 4/03/2018 Tue 7:00 PM - 8:00 PM Fee: \$78.00

#11285 Dates: 5/1/2018 - 6/5/2018 # of Sessions: 6 Tue 7:00 PM - 8:00 PM Fee: \$78.00

### PRENATAL YOGA

The classes provide an opportunity to develop greater vitality and awareness of your body that is now home for two, as well as deepen your relationship with your baby. Gentle postures, breath work, vocal toning and meditation will be explored to cultivate flexibility, calm and confidence in preparation for labour and childbirth. It will enhance relaxation, comfort, and enjoyment to help manifest a calm birthing process, thus reducing pain and increasing the joy of giving birth. Practicing yoga will help prepare you for an active and natural birth. No previous yoga experience necessary. Please have clearance from your OB-GYN to attend the course. Instructor: Lynn Dowe Location: Seaholm High School, Room E105

#### #11280 Dates: 2/3/2018 - 3/10/2018 # of Sessions: 6 Sat 8:00 AM - 9:00 AM Fee: \$78.00

#11281 Dates: 3/17/2018 - 5/5/2018 # of Sessions: 6 No Class: 3/31/2018, 4/7/2018 Sat 8:00 AM - 9:00 AM Fee: \$78.00

### **WW YOGA AND ESSENTIAL** OILS WORKSHOP

This slow flow yoga workshop will incorporate a grounding yoga practice, starting with a discussion of the many uses of essential oils. Experience the benefits of combining yoga and aroma therapy with your yoga practice. This workshop is open to all levels. Please bring a mat. Instructor: Lynn Dowe Location: Seaholm High School, Room E104

#11344 Date: 3/14/2018 Wed 7:00 PM - 8:30 PM Fee: \$25.00

#11346 Date: 4/14/2018 Sat 12:30 PM - 2:00 PM Fee: \$25.00

#11345 Date: 5/9/2018 Wed 7:00 PM - 8:30 PM Fee: \$25.00

#11347 Date: 6/2/2018 Sat 12:30 PM - 2:00 PM Fee: \$25.00



# ADULT • HEALTH & WELLBEING FITNESS MOTIVATORS

when you can have the best workout in the area at community ed prices?

# New ZUMBA FITNESS®

One FULL hour of cool, HOT electrifying beats! Our Zumba classes takes the "work" out of workout, by mixing low-intensity and high-intensity moves for an interval-style, calorie-burning dance fitness party. We use upbeat music and fun easy choreography that makes working out tons of fun. Appropriate for all ages and fitness levels. Take the 10-week session or the 6-week session and see the results FAST! ONLY \$7.00 per class to show off your curves and moves! No Equipment Needed. Ages 15+ Presented by Fitness Motivators. Instructor: Sonia Anderson Location: Seaholm High School, Cafeteria

#### #11298

Dates: 1/16/2018 - 4/17/2018 # of Sessions: 10 No Class: 2/20/2018, 2/27/2018, 3/20/2018, 4/3/2018 Tue 6:30 PM - 7:30 PM Fee: \$70.00

#### #11299

Dates: 5/1/2018 - 6/5/2018 # of Sessions: 6 Tue 6:30 PM - 7:30 PM Fee: \$42.00



# CREATING A JOY-FILLED, PEACE-FILLED LIFE

This one-session class is based on the belief that we all have the power and ability to choose how we show-up in life and can thus manifest a life we consciously desire. And, to do so, we need to take care of ourselves each and every day in a way that is both practical and do-able. During this introductory session participants will complete a "What are You Doing for YOU?" inventory assessment, learn how meditation positively impacts the brain, learn that it means to really BE, learn tapping techniques to open and connect the brain and key energy centers in the body, learn breathing technique and grounding technique, be taken through a guided meditation, have ample time to ask questions, and select one practice to implement into their daily life over the next 30 days. Instructor Carol Mastroianni, M.B.A., is founder and Chief H.O.P.E. Officer of Be Your Influence, LLC, Certified Reiki Master, and energy practitioner.

#11382 Seaholm High School, Media Center Date: 4/12/2018 Thu 7:00 PM - 8:30 PM Fee: \$25.00



### **DANCE FITNESS (45 Minute)**

We mixed it up a little... if you like to dance without the hard moves, but with a lot of fun and laughter, this is the perfect class for you to "get your cardio on"! Dance Fitness class incorporates different rhythms with easy to follow moves. The class combines fast and slow rhythms that tone and sculpt the body FAST. All dance levels welcome! ONLY \$6.50 per class (10-week session) for getting fit and fabulous! No Equipment Needed. Ages 15+ Presented by Fitness Motivators. Instructor Kathy Hicks. Location: Bingham Farms Elementary, Multipurpose Room

#### #11296

Dates: 1/18/2018 - 4/19/2018 # of Sessions: 10 No Class: 2/22/2018, 3/1/2018, 3/22/2018, 4/5/2018 Thu 6:30 PM - 7:15 PM Fee: \$65.00

#### #11297

Dates: 5/3/2018 - 6/7/2018 # of Sessions: 6 Thu 6:30 PM - 7:15 PM Fee: \$39.00

Save a class — Register at least 3 days before the class start date.



### WALK WITH MIRELLA

Walk with Mirella Panozzo, our enthusiastic Italian teacher, who is also a longtime runner and walker. Sun, rain or snow, you will be outside to enjoy the fresh air! Practice balance, do stretches and start walking 500 feet to 3 miles or more by the end of course class. Discover the beauty of Birmingham! First class, meet at the Community Education doors at Seaholm High School guest/staff/event parking lot, located on the east side of the building off Lincoln Road.

#11160 Dates: 4/11/2018 - 5/23/2018 # of Sessions: 7 Wed 11:00 AM - 12:30 PM Fee: \$105.00

# **HEALTH & WELLBEING • ADULT**



**All ages are welcome**. Adults will have use of at least one lap lane. Children 10 and under MUST be directly supervised in the water by an individual 18 years or older. This program follows the BPS school calendar and the open swim program will not be running during school breaks and special events. This program requires pre-purchase of entry cards. Single one time sessions, or multiple entry cards are available by phone, fax or mail from the Birmingham Community Education department.

Appropriate swim attire is required. No running on the pool deck. Children who are NOT toilet trained must wear tight-fitting plastic pants over a swim diaper. Showers are required prior to entry to the pool. Flotation devices and toys may not be brought into the pool. No food or drink are allowed in the pool or locker room areas. BPS and the Department of Community Education are not responsible for unforeseen pool closures beyond our control. BPS is not responsible for lost or misplaced cards or personal items left in the locker rooms. *Please note: BPS maintains pool water temperature between 80°-82° F. The temperature is regulated by the BPS maintenance department, not Community Education. This may be cold for some swimmers.* 

PLEASE NOTE: Cards are valid for open swim dates/times between 10/1/2017 - 3/25/2018. Cards expire on 3/25/2018.

No refunds for unused cards/punches. Go to www.communityed.net for updated pool information. 10 ENTRY CARD \$36.00

5 ENTRY CARD \$18.00 1 ENTRY CARD \$4.00

#### **BIRMINGHAM COMMUNITY EDUCATION'S**

# WATER AEROBICS (Adults Only)

NOT AN OPEN SWIM. Swim cards are a requirement for entry to this class. Swim cards do not have an expiration date-any remaining sessions may be used when the next session begins. 50% Senior Discount available. This is an ongoing program. The class will not meet when school is not in session or during school recess breaks. Please note: BPS maintains pool water temperature between 80°-82° F. The temperature is regulated by the BPS maintenance department, not Community Education. This may be cold for some swimmers. PURCHASE SWIM CARD AT THE BIRMINGHAM COMMUNITY EDUCATION OFFICE or online at www.communityed.net

Instructor: BPS Staff BERKSHIRE Middle School - Pool Date(s): 1/4-6/7/2018 No Dates: TBD Tues. & Thurs.11:30 am- 12:30 pm 20 SESSION CARD \$ 120.00 10 SESSION CARD \$ 60.00

# **BPS LOCATIONS**





The Community Education Office is located in Room F-102, Seaholm High School. Parking is available in the staff/guest parking lot enter from W. Lincoln, just east of the building, 248-203-3800.

BPS EDUCATION AND ADMINISTRATION CENTER (EAC), 31301 Evergreen Road, Beverly Hills, MI 48025 248-203-3000

BERKSHIRE MIDDLE SCHOOL, 21707 W. 14 Mile Road, Beverly Hills, MI 48025, 248-203-4700

BEVERLY ELEMENTARY SCHOOL, 18305 Beverly Road, Beverly Hills, MI 48025, 248-203-3150

BINGHAM FARMS ELEMENTARY SCHOOL, 23400 W. 13 Mile Road, Bingham Farms, MI 48025, 248-203-3350

BIRMINGHAM COVINGTON SCHOOL, 1525 Covington Road, Bloomfield Hills, MI 48301, 248-203-4444

DERBY MIDDLE SCHOOL, 1300 Derby Road, Birmingham, MI 48009, 248-203-5000

GREENFIELD ELEMENTARY SCHOOL, 31200 Fairfax, Beverly Hills, MI 48025, 248-203-3210

GROVES HIGH SCHOOL, 20500 W. 13 Mile Road, Beverly Hills, MI 48025 248-203-3500

HARLAN ELEMENTARY SCHOOL, 3595 N. Adams Road, Bloomfield Hills, MI 48304, 248-203-3265

MIDVALE CENTER, 2121 Midvale Road, Birmingham, MI 48009 Early Childhood Center - 248-203-5803 / Next - 248-203-5270

PEMBROKE ELEMENTARY SCHOOL, 955 N. Eton, Troy, MI 48084, 248-203-3888

PIERCE ELEMENTARY SCHOOL, 1829 Pierce St., Birmingham, MI 48009, 248-203-4325

QUARTON ELEMENTARY SCHOOL, 771 Chesterfield, Birmingham, MI 48009, 248-203-3425

SEAHOLM HIGH SCHOOL, 2436 W. Lincoln, Birmingham, MI 48009, 248-203-3700

WEST MAPLE ELEMENTARY SCHOOL, 6275 Inkster Road, Bloomfield Hills, MI 48301, 248-851-2667

# **REGISTRATION INFORMATION**

# PRE-REGISTRATION IS REQUIRED FOR ALL

#### CLASSES.

Pre-registration is required for all programs. No drop-in registration on the day of class.

#### PAYMENTS

Register and pay using cash, check or VISA/ Mastercard. Fees are payable in full at the time of registration. All checks should be made payable to *"Birmingham Public Schools."* There will be a \$25 fee for all returned checks.

#### DROPS/REFUNDS

#### Please read carefully before registering for class!

Requests must be made directly to Birmingham Community Education THREE (3) business days prior to the beginning of class. With the exception of one day classes, all class refunds are the amount of the fee less a \$10 processing fee per class. The processing fee for one-day classes is \$5.00. The cost of materials cannot be refunded. No cash refunds. Refunds will be in the form of a check, credit or account voucher. Refunds of less than \$10 will be in the form of an account voucher.

#### WE DO OUR VERY BEST TO GET IT RIGHT

We take great care to check the accuracy of all information in our brochures and on our website. However, we cannot be responsible for inadvertent and unintentional errors and we reserve the right to correct them.

#### CLASS/CAMP CANCELLATIONS

**REGISTER EARLY!** The most common reason for class cancellation is low enrollment. Every effort will be made to notify registrants that a class has been cancelled. <u>NOTIFICATIONS OF</u> <u>CANCELLATIONS AND CLASS CHANGES ARE</u> <u>SENT VIA EMAIL.</u> Please recheck your profile online every time you register for accuracy. Any person registered in a cancelled class will receive a full refund or may transfer to another class in the current semester. Birmingham Community Education reserves the right to cancel any class due to insufficient registrations.

#### CLASS/CAMP CHANGES

Birmingham Community Education reserves the right to withdraw or change classes/camps, instructors or schedules; to revise tuition and fee structures; and to amend its policies as necessary for smooth and efficient operation.

#### WAIVER OF LIABILITY AND HOLD HARMLESS PLEASE FILL OUT THE APPROPRIATE WAIVER ON PAGES 27 AND 28, and include with your registration form. If registering online, a waiver form is part of the registration process; a separate form will not be required. You must have a current waiver on file with Birmingham Public Schools for every class/course/camp you or your children are attending.

#### NOTICE OF NONDISCRIMINATION

The Board of Education is committed to maintaining learning/working environment in which all а individuals are treated with dignity and respect, free from discrimination and harassment. There will be no tolerance for discrimination or harassment on the basis of race, color, national origin, religion, sex, sexual orientation, marital status, genetic information, disability or age. The District prohibits harassment and other forms of discrimination whether occurring at school, on District property, in a District vehicle, or at any District related activity or event. The Superintendent will designate compliance officers and develop and implement regulations for the reporting, investigation and resolution of complaints of discrimination or harassment. The following people have been designated to handle inquiries regarding the nondiscrimination policies: Students - Inquiries related to discrimination on the basis of disability should be directed to: Executive Director of Special Education, 31301 Evergreen Road Beverly Hills, MI 48025, 248.203.3000. Direct all other inquiries related to discrimination to: Assistant Superintendent of Human Resources, 31301 Evergreen Road, Beverly Hills, MI 48025, 248.203.3000.

#### INCLEMENT WEATHER/SCHOOL CLOSING

When Birmingham Schools are closed due to severe weather, power failure or circumstances beyond our control, announcements concerning evening programs will be made by 2:00 p.m. Verify school closing by tuning your radio to WWJ or WJR, calling the district's Newsline 248-203-3000.

#### FOR THE MOST UP-TO-DATE INFORMATION visit the homepage of BIRMINGHAM COMMUNITY EDUCATION www.communityed.net

#### INJURIES & PERSONAL PROPERTY DAMAGE/ LOSS

We are frequently asked: "Are my children or am I insured by Birmingham Public Schools in the event of injury while participating in a school district program?" A follow-up question is: "Does the district have insurance to protect personal property that I or my children may bring to school?" The answer is "NO."

BPS does not provide insurance for injuries, damage, or loss of property. A State of Michigan statute grants the Birmingham Public School District and other public bodies (e.g., cities, villages, etc.) with immunity to tort liability. What this means is that because we are a public agency funded through tax dollars and we are providing a public service, we are not held liable in the event of injury or loss of property. The Board of Education has decided that the district should not use taxpayers' tax dollars to provide for these risks. Your homeowner's policy may cover property damaged or lost from the school premises (e.g., automobiles, bicycles, band instruments, calculators, etc.) WE ENCOURAGE YOU TO MAKE SURE THAT YOU HAVE ADEQUATE HEALTH AND PROPERTY DAMAGE/LOSS INSURANCE COVERAGE.

NO SMOKING AND NO ALCOHOLIC BEVERAGES IN SCHOOL BUILDINGS OR ON SCHOOL PROPERTY.

# **BPS COMMUNITY EDUCATION INFORMATION**

### COMMUNITY EDUCATION STAFF

Jill Reichenbach Fill	Community Education Specialist
Diane Agrusa Rampolo.	Program Assistant
Robin Elliott	Auditorium & University Liaison
Gail Frederickson	Office Assistant
Meli Zikakis	Office Assistant
Catherine Henne	Office Assistant
Linda Grindem	ESL Instructor
Elise Herner	ESL Instructor
Noelle Bogan	ESL Instructor



Monday-Friday ...... 8:00 a.m.-4:00 p.m.

OFFICE CLOSED: December 25-January 2, January 15, March 30, April 2, May 28

\*Note: Office hours may vary due to school breaks and holidays.

# **BPS FACILITY RENTAL INFORMATION**

Birmingham Public Schools facilities and fields are conveniently located for the residents of Birmingham, Beverly Hills, Bingham Farms, Franklin, West Bloomfield, Bloomfield Hills, Troy and Southfield. Our facilities and fields are available for rental by public and private groups on Saturdays, Sundays and after school on week days. With ample free parking and recently renovated buildings, Birmingham offers great potential for your special event. Whether you need auditoriums, classrooms, media centers, computer labs, gyms, pools, stadiums or fields, the modern facilities and fields of Birmingham Public Schools give you an advantage! All facility services are available for single events, individual classes or entire college curricula or large sports events. For all of your facility and field requests, please contact Birmingham Community Education at 248-203-3800.

#### AUDITORIUMS & LITTLE THEATERS Robin Elliott • 248-203-3861 / RElliott@birmingham.k12.mi.us POOLS/GYMS/CLASSROOMS/GRASS FIELDS & TRACKS/STADIUMS Meli Zikakis • 248-203-3811 / MZikakis@birmingham.k12.mi.us

# Winter/Spring 2018 • REGISTRATION FORM

Payment by cash, check or VISA/MC. All checks should be payable to: *Birmingham Public Schools*. Phone, fax and online registrations by credit card only. Mail: 2436 W. Lincoln, F102, Birmingham, MI 48009 Phone: 248-203-3800• Fax: 248-203-3818 • <u>www.communityed.net</u>

Last Name (Parent/Guardian)			_ First Name		
Address	City		Zip		
E-mail address	Phone (Home)		Phone (Cell/Work)		
Last Name (If different from	n above)	ve) First Name		Birthdate	
Name of Clas	S	Class Start Date	Days of Class	Class #	Fee
					\$
					\$
					\$
Please fill out appropriate WAIVER on page 27 & 28.			. 28.	Total	\$
		<b>Phone: Fax:</b> 203-3800 248-203-3818		2436 W.	<b>son or by mail:</b> Lincoln, Suite F102 gham, MI 48009
PAYMENT: Full payment due at registration.					
Check enclosed (payable to "Birmingham Public Schools")					
Visa/MasterCard					
Cardholder's Name					
Account Number:			Expiration	n Date:	
Cardholder's Signature:					

# WAIVER OF LIABILITY AND HOLD HARMLESS AGREEMENT FOR ALL BIRMINGHAM COMMUNITY EDUCATION ACTIVITIES EVENTS / CLASSES / CAMPS / OPEN SWIM / ATHLETIC LEAGUES

### Participant 18+ years of Age

- 1. In consideration for receiving permission to participate in the Birmingham Public Schools Community Education Activity of my choice, I hereby RELEASE, WAIVE, DISCHARGE AND COVENANT NOT TO SUE and further hereby AGREE TO INDEMNIFY AND HOLD HARMLESS Birmingham Public Schools, the members of its Board of Education (in their official and individual capacities), administrators, agents, servants or employees (hereinafter referred to as RELEASEES) from any and all liability, claims, costs, expenses, attorney fees, demands, actions and causes of action whatsoever arising out of or related to any loss, damage, or injury, including death, that may be sustained by me, or any of the property belonging to me, WHETHER CAUSED BY THE NEGLIGENCE OF THE RELEASEES, or otherwise, while participating in such activity, or while in, on or upon the premises where the activity is being conducted.
- 2. I am fully aware of and acknowledge the potential risks of serious personal injury associated with this activity. I hereby elect to voluntarily participate in said activity with full knowledge that said activity may be dangerous to me and my property. I VOLUNTARILY ASSUME FULL RESPONSIBILITY FOR ANY RISKS OF LOSS, PROPERTY DAMAGE OR PERSONAL INJURY, INCLUDING DEATH, that may be sustained by me, or any loss or damage of property owned by me, as a result of being involved in such activity, WHETHER CAUSED BY THE NEGLIGENCE OF RELEASEES OR OTHERWISE.
- 3. It is my express intent that this Waiver of Liability and Hold Harmless Agreement shall bind the members of my family and spouse, if I am alive, and my heirs, assigns and personal representative, if I am deceased, and shall be deemed as a RELEASE, WAIVER, DISCHARGE AND COVENANT NOT TO SUE the above-named RELEASEES. I hereby further agree that this Waiver of Liability and Hold Harmless Agreement shall be construed in accordance with the laws of the State of Michigan.
- 4. IN SIGNING THIS AGREEMENT, I ACKNOWLEDGE AND REPRESENT THAT I have read this Waiver of Liability and Hold Harmless Agreement, understand it and sign it voluntarily as my own free act and deed; no oral representations, statements, or inducements, apart from the foregoing written agreement, have been made; I am at least eighteen (18) years of age and fully competent; and I execute this Release for full, adequate and complete consideration fully intending to be bound by same.

Signed on this \_\_\_\_\_\_day of \_\_\_\_\_\_, 20\_\_\_\_\_,

PARTICIPANT

Print Name\_\_\_\_\_\_. Signature\_\_\_\_\_\_

# WAIVER FOR PARTICIPANTS UNDER 18 YEARS

# WAIVER OF LIABILITY AND HOLD HARMLESS AGREEMENT FOR ALL BIRMINGHAM COMMUNITY EDUCATION ACTIVITIES EVENTS / CLASSES / CAMPS / OPEN SWIM / ATHLETIC LEAGUES

# **Participant UNDER 18 years of Age**

- 1. In consideration for receiving permission to participate in the Birmingham Public Schools Community Education Activity of my choice, I hereby RELEASE, WAIVE, DISCHARGE AND COVENANT NOT TO SUE and further hereby AGREE TO INDEMNIFY AND HOLD HARMLESS Birmingham Public Schools, the members of its Board of Education (in their official and individual capacities), administrators, agents, servants or employees (hereinafter referred to as RELEASEES) from any and all liability, claims, costs, expenses, attorney fees, demands, actions and causes of action whatsoever arising out of or related to any loss, damage, or injury, including death, that may be sustained by me, or any of the property belonging to me, WHETHER CAUSED BY THE NEGLIGENCE OF THE RELEASEES, or otherwise, while participating in such activity, or while in, on or upon the premises where the activity is being conducted.
- 2. I am fully aware of and acknowledge the potential risks of serious personal injury associated with this activity. I hereby elect to voluntarily participate in said activity with full knowledge that said activity may be dangerous to me and my property. I VOLUNTARILY ASSUME FULL RESPONSIBILITY FOR ANY RISKS OF LOSS, PROPERTY DAMAGE OR PERSONAL INJURY, INCLUDING DEATH, that may be sustained by me, or any loss or damage of property owned by me, as a result of being involved in such activity, WHETHER CAUSED BY THE NEGLIGENCE OF RELEASEES OR OTHERWISE.
- 3. It is my express intent that this Waiver of Liability and Hold Harmless Agreement shall bind the members of my family and spouse, if I am alive, and my heirs, assigns and personal representative, if I am deceased, and shall be deemed as a RELEASE, WAIVER, DISCHARGE AND COVENANT NOT TO SUE the above-named RELEASEES. I hereby further agree that this Waiver of Liability and Hold Harmless Agreement shall be construed in accordance with the laws of the State of Michigan.
- 4. IN SIGNING THIS AGREEMENT, I ACKNOWLEDGE AND REPRESENT THAT I have read this Waiver of Liability and Hold Harmless Agreement, understand it and sign it voluntarily as my own free act and deed; no oral representations, statements, or inducements, apart from the foregoing written agreement, have been made; I am fully competent; and I execute this Release for full, adequate and complete consideration fully intending to be bound by same.

Signed on this \_\_\_\_\_\_day of \_\_\_\_\_\_, 20\_\_\_\_\_,

PARTICIPANT

Print Name\_\_\_\_\_. Signature\_\_

I/we, the Parent(s)/Legal Guardian(s) of the above named Participant, consent to the minor Participant's participation in the Birmingham Public Schools Community Education Activity(ies), acknowledge the risks associated with the Participant's participation therein, and in consideration of my/our minor Participant's permission to participate in said Birmingham Public Schools Community Education Activity(ies) agree to be bound by this Waiver of Liability and Hold Harmless Agreement and the terms contained herein. Additionally, I/we consent to Birmingham Public Schools seeking reasonable and necessary medical treatment for my/our minor Participant or associated activities, and agree to be responsible for any cost/expenses associated with such treatment.

Parent/Guardian Signature	Date

Parent/Guardian Signature\_\_\_\_\_ Date\_



February 10, 2018 – 17th Annual Unabashed Bash @ Townsend Hotel

#### April 14-15, 2018 – BEF Garage Sale @ Berkshire

For more information on the BEF visit www.supportBEF.org or 248-203-3030.

Inspiring minds. Expanding possibilities.



Project Find identifies children, birth through age five, who may need special education services. These evaluations and consultations are free. Special education services are available for students from birth to 26 years. Eligible children are referred to appropriate programs and services in the Birmingham Schools. For more information, call the Project Find Coordinator, Kelly Beard at 248-203-5818.

# **Birmingham Youth Assistance**



Kids' Dog Show • February 4, 2018 Youth in Service Breakfast • April 18, 2018 Touch a Truck • May 19, 2018 Offering Summer Camp Scholarships

The mission of Birmingham Youth Assistance is to strengthen youth and families and to reduce the incidence of delinquency, abuse and neglect through community involvement.

BYA provides community based casework and counseling services as well as providing programming and events for children and families within the Birmingham Public School district.

BYA is a partnership of: the Oakland County Circuit Court – Family Division; the City of Birmingham and the Villages of Beverly Hills, Bingham Farms and Franklin; Birmingham Public Schools; and community volunteers.

### **BIRMINGHAM YOUTH ASSISTANCE**

provides short term, low cost counseling services. 248.203.4300 / www.birminghamyouthassistance.org



# Next, Your Place to Stay Active and Connected

Active adults have enjoyed the programs and support services offered at Next for over 39 years. We continue to evolve to meet the diverse interests of today's residents over the age of 50. We offer educational programming to stimulate your mind, art classes to ignite a passion, fitness to strengthen your body and travel to explore new destinations. Please join us for newly released movies and popcorn on Wednesdays and our dynamic, ever popular Speaker Series on Thursdays. At Next, we pride ourselves on our commitment to you! Providing exceptional customer service is not a business strategy, it's a core value.

Next also offers support services that focus on allowing older adults to live independently and age in place. Our comprehensive Support Service Department provides information and referrals, transportation services, nutritional support and much, much more. Ask us anything – we are here to help!

Next membership continues to grow and we want you to be part of our growth! If you are looking for opportunities to learn, explore and discover what's next, look no further! Call Next at 248-203-5270 for additional information or to set up a visit to learn more about Next, Your Place to Stay Active & Connected!

# www.BirminghamNext.org



#### FODL CAMP & RESOURCE FAIR + MICRO BUSINESSES Parents/Guardians/Students – All ages

Saturday, January 27, 11 a.m.-2 p.m. • Groves Cafeteria and Commons

The Camp & Resource Fair + Micro Businesses is the top destination for parents and students with specialized needs who are seeking camps, therapies, education/tutoring, recreation, or healthcare services. It's a fun, engaging and highly regarded event that showcases the many opportunities available for our children. Products that support children with special needs and/or learning differences are also available to review or purchase. An added bonus of the fair is the availability of super products produced by the district's Transitional Program students. These items make great gifts! Don't miss this opportunity to browse the many resources available that will enrich the lives of our children! Presented by Friends of Different Learners. This event is free.

# **2018 MEETING SCHEDULE**

January 4, 2018 • Standardized Testing Preparation and Accommodations

February 1, 2018 • MTSS: Multi-Tiered Systems of Support: What Does That Mean? Clarification by the BPS SISS Department

March 1, 2018 • Co-teaching: How Does That Work? Clarification by the BPS SISS Department April 12, 2018 • Mediation, Facilitation, Supports and Resources & Student Self Advocacy

May 3, 2018 • Preventing Summer Slide: Resources and Tips to Keep Your Student on Track for the Next School Year

June 7, 2018 • Wrap Up 2017-18 & Plan 2018-19!

Friends of Different Learners Meetings begin at 7:00 p.m. unless otherwise indicated and are at the Birmingham Covington School (BCS), 1525 Covington Road • Bloomfield Hills, MI 48301

- Meetings begin with a brief business meeting followed by the Guest Speaker and topic presentation.
- Informal Networking opportunities are available after every meeting to share ideas about how to help our different learners and to learn from each other.

Friends of Different Learners (Friends) is an independent organization of parents, staff, and community members dedicated to maximizing the potential of Birmingham Public School students with different abilities.

Kids First. Understand their differences. Focus on their needs. Educate them.

# www.friendsofdifferentlearners.org



SEAHOLM HIGH SCHOOL presents



FEBRUARY 9, 10, 11, 16 & 17, 2018 Tickets \$15.00 available at www.showtix4u.com



Call 248-203-3530 for more information.



# Birmingham Bloomfield Community Coalition bbcoalition.org

**Covey 7 Habits of Highly Effective Teens Training for 9th & 10th graders** to be held in February 2018 provides step-by-step framework for boosting self-image, building friendships, resisting peer pressure, achieving goals and much more.

**CHOICES 2018, March 20, 8:30 a.m. – 12:30 p.m.,** brings high school teens together to discuss the real life consequences of alcohol and drug abuse. Featuring the 48th district "live" court cases, testimonials from guest speaker s, and smaller breakout group sessions where teens and adults are able to further connect, share experiences and find workable solutions. Parents are welcome to attend!

#### YAB Teen Summer Music Concert – June 15, 7:00 – 10:30 p.m., Shain Park

**Keep Them Safe, Keep Them Healthy –** provides education and awareness to both parents and their teens to open up the lines of communication between them. By taking a unique perspective in presenting the various reasons why our young people are abusing substances and what can be done to prevent it, parents gain the ability to look at their children with more compassion as well as have doable steps to take for prevention For student assemblies, young adults in recovery relate their personal experience and tragedies as a result of substance abuse and share their expertise.

**HIGH SCHOOL TEENS:** Earn community service, build leadership skills and have fun doing it! If you are a high school teen, the Youth Action Board (YAB) has a variety of opportunities to get involved. Contact youth program coordinator, Kelly, at kmichaud@bbcoalition.org.



# Birmingham Youth Assistance's 37th Annual **KIDS DOG SHOW**

# Sunday, February 4, 2018 • 1-3 p.m. Berkshire Middle School PRE-REGISTRATION REQUIRED

Kids ages 4-14 will love this great event! In fact, it's also a great spectator's activity too! Check out the pups and their owners as children parade their beloved pets and participate in a variety of activities. Not only is

this a great family Sunday afternoon event to participate in, it's a great show to watch. You must pre-register for this event. Fee: \$15 per dog. For more information and to register, go to birminghamyouthassistance.org or 248.203.4300.

# SIGN UP YOUR PUP!

# 2018 KINDERGARTEN ROUND-UP DATES

SCHOOL	ROUND UP DATE	TIME			
BEVERLY	January 30	7:00 p.m.			
<b>BINGHAM FARMS</b>	January 30	7:00 p.m.			
GREENFIELD	February 6	7:00 p.m.			
HARLAN	January 24	7:00 p.m.			
PEMBROKE	January 31	6:30 p.m.			
PIERCE	January 30	6:30 p.m.			
QUARTON	January 24	6:30 p.m.			
WEST MAPLE	February 6	7:00 p.m.			



# NOTES FROM BIRMINGHAM COVINGTON SCHOOL BCS 2018-2019 Registration Information

Birmingham Covington School is a unique educational community with an emphasis on science and technology, offering a choice in educational structure and philosophy. BCS is open to students in grades 3-8. One

hundred eight spaces will be available for Grade 3 for the 2018-2019 school year. Openings are expected in other grades, but exact numbers are not yet determined.

Registration for Birmingham Covington School will be held January 8-12, 2018 at the BPS Education and Administration Center, 31301 Evergreen Rd., Beverly Hills. Registrations will be accepted in person, only, from 7:30 a.m. to 4:30 p.m. daily. Hours will be extended to 6:00 p.m. on Tuesday, January 9. Registration deadline is Friday, January 12, 2018 at 4:30 p.m. All students entering grades 3 through 8 and living in the Birmingham School District are eligible for enrollment.

If registrations exceed spaces available at any grade level, a public lottery will be conducted on Wednesday, January 17, 2018 at 6:00 p.m. at the BPS Education and Administration Center. Names not selected in the lottery will be placed on a wait list and notified of openings in order of their selection in the lottery.

# Perspectives of Troy Counseling Centers

We can help make your dark days brighter.

I Great Resource, 3 Locations...in Troy, Sterling Heights & Novi with evening & weekend hours to serve you! We have over 35 specialized therapists that can meet your specific counseling needs.

248-244-8644 Serving the Metro Detroit Area for over 32 Years PerspectivesofTroy.com

