

# **FALL 2019**



BPS Community,

Each fall, the Birmingham Community Education department launches a menu of engaging programs and enrichment opportunities to support lifelong learn-

ing. I'm excited to share with you the 2019 fall program options in the following pages of this brochure.

Community Education sessions offer the adults and children of our community with opportunities to engage in meaningful ways through recreation, classroom and leisure programs. Join us for programs that inspire, keep us moving and grow our skills together as a community.

As we begin our 2019-20 school year within the Birmingham Public Schools, it's encouraging to be a part of a community that has embraced learning opportunities like these. With over 100 online classes and 100 more in-person opportunities to engage this season, we hope you'll find your next passion as you browse through our course offerings.

Sincerely,

Mark Dziatczak, Superintendent of Schools

### Volume 7, No. 1

Birmingham Public Schools
Community Education Brochure

Published three times per year: August, December & March

Birmingham Public Schools 31301 Evergreen Beverly Hills, MI 48025 248.203.3800

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### Did you know...

MSU offers hybrid graduate classes in Educational Administration at Seaholm High School? Graduate with a Master of Arts in K-12 Educational Administration without having to leave Birmingham. If you would like to find out more about this opportunity, please call 517-353-8480 and/or visit http://education.msu.edu/ead/k12/mak12/.

# **YOUTH • DISTRICT-WIDE KIDS CLUB NOVEMBER 5**

# DISTRICT-WIDE KIDS CLUB DAY A Day Off For The Kids But Not For You!

# TUESDAY, NOVEMBER 5

for GRADES K-5
at QUARTON ELEMENTARY SCHOOL

Election Day Multi-Sports & Games 9 a.m.-3 p.m.

Get ready for a full day of classic American sports and games this Election day! The Skyhawk's Sports Academy coaches provide a fun and safe learning environment for all athletic abilities. Our programs emphasize life lessons through athletics such as Sportsmanship, Respect and Teamwork. Participants in this multisport program will play Soccer, Basketball, Kickball, Dodgeball, Capture the flag and other favorites. Please bring a lunch, snack and water bottle. Participants should be dressed in gym class attire. Class #13939





### Tuition Fee: \$60.00/child

Fee includes Kids Club Hours: 7:30-9 a.m. | 3-5:30 p.m.

#### REGISTRATION INFORMATION

Students must bring their own lunch, morning snack and beverage in a non-breakable container.

**Registration:** Registration accepted in person, by mail, fax, phone or online at <a href="www.communityed.net">www.communityed.net</a>. Pre-registration is required. No on-site registration will be accepted. **Please note:** Photo identification will be required at pick-up.

*Final Day to Register:* Registration closes Sunday, November 4. Registration after the close must be made by phone to 248-203-3800 and will be subject to a \$10/child late fee.

**Medication Form:** If your child must take medication during the program, please download a form at www. communityed.net or contact our office at 248-203-3800 to obtain a "Permission to Administer Medication" form. Medication cannot be administered without this written authorization.

**Refund Policy:** Refund requests must be made directly to the Community Education Office by 12 noon on Monday, November 5. Refunds will be the amount of tuition less a \$10 processing fee per child. Refunds will not be granted after 12 noon on Monday, November 4.

### **SKILLS & DEVELOPMENT • YOUTH**

# CHILD AND BABYSITTER SAFETY/CPR (AGES 10+)

Participants will learn skills involved in caring for infants, toddlers and young children, as well as how to start their own babysitting business. Emergency procedures, taming the tots, decision making, diapering, feeding and sleep time are just a few of the topics to be covered. Basic first aid and CPR will be taught and practiced on individual mannequins. This is a Certification Babysitting Class from the American Red Cross and complete attendance and passing of a 10 question test is

mandatory. Participants will receive a wallet certification card along with a training booklet, emergency reference guide and a CD to ensure success of their babysitting business. Parent/Guardian is required to sign student in and out of class. Students more than 20 minutes late will not be permitted into the class, please be on time. Bring a



bag lunch with beverage in a non-breakable container. Please bring a stuffed animal or doll (preferable) to the class to practice babysitting skills. Registration fee includes \$25 materials fee. Instructor: Marie Bristow, Bristow Health & Safety Education. Location: Seaholm High School, Room C104

#13911

Date: 11/9/2019 Sat 9:00 AM - 3:30 PM Fee: \$100.00

#### **REGISTER EARLY!**

Over-enrollment and under-enrollment are problems you can help us avoid. The sooner we know how many people are interested in a program, the easier it is to add sessions or avoid unnecessary cancellations.



# Advertise in this brochure!

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# The difference is dramatic!

#### DRAMA KIDS Grades 1-5

It's curtains up for Drama Kids! Now is your chance to participate in fun activities that help you think more creatively and learn new acting, confidence building, and social skills. In Drama Kids you will be part of plays, improvisations, silent scenes, mini-scripts, hilarious theatre games and more. Whether you are the next Broadway Star or you just want to improve your public speaking techniques, Drama Kids is the place for you. Everyone is getting into the act this fall – don't miss out! Location: Pierce Elementary School, Gym

#13906

Dates: 10/2/2019 - 12/18/2019

# of Sessions: 9

No class: 10/09/2019, 11/20/2019, 11/27/2019 Wed 6:00 PM - 7:00 PM Fee: \$162.00

# **DKI ACTING ACADEMY Grades 6-8**

Welcome to DKI Acting Academy! This accelerating drama program is open to all students grades 6 through 8 regardless of their prior acting experience. In DKI you will participate in dramatic activities and stage actual performances which will help you build lifelong confidence and creative thinking skills that can have a dramatic impact on academic and personal success. Do you want to expand your improvisation, acting, auditioning and public speaking skills? Then the DKI Acting Academy is the place for you! Location: Pierce Elementary School, Room 100

#13907

Dates: 10/15/2019 - 12/17/2019

# of Sessions: 9 No class: 11/26/2019 Tue 6:30 PM - 7:30 PM Fee: \$162.00

#### DRAMA KINDERKIDS 4-5 year olds

It's curtains up for KinderKids! Now is your chance to introduce your 4-5 year old to acting and creative expression through fun drama activities that will build confidence and social skills. In our KinderKids program your child will be part of plays, minimprovisations, poems, energetic theater games and more. Whether aiming to become a future Broadway star or just wanting to boost self-esteem, drama develops kids and Drama Kids is the place for your child! Location: Pierce Elementary School. Room 100

#13908

Dates: 10/15/2019 - 12/10/2019

# of Sessions: 8 No class: 11/26/2019

Tue 5:30 PM - 6:15 PM

Fee: \$144.00

## **YOUTH • KIDS EMPOWERED WORKSHOPS**



# KIDS EMPOWERED WORKSHOPS

Over 500,000 girls, boys, parents, teachers, and social workers have participated in Girls Empowered and Boys Empowered programs over 18 years. The team includes social workers, teachers and fitness and dance instructors.

#### **GIRL EMPOWERMENT SERIES (K-5th Grade)**

The following three workshops (Assertiveness Starter Kit, The Social Landscape, and Friendship Rules! with Rules) are part of the Girl Empowerment Series offered for girls in grades K-2 and 3-5. Register for one or more workshops. Classes meet in Seaholm High School, Room C104.

#### Girl Empowerment Series -Assertiveness Starter Kit (K-5th Grade)

Girls will learn about being a powerful girl while being kind and true to herself. Learn what it means to be assertive in speaking and actions. Assertiveness is a skill and needs to be practiced. Girls will learn how to be a problem solver, manage conflict, and stand up for themselves. Girls will do an assertive kit and role play.

#13952 (K-2nd Grade) Date: 11/4/2019

Mon 6:00 PM - 7:00 PM

Fee: \$22.00

#13953 (3rd-5th Grade)

Date: 10/7/2019 Mon 6:30 PM - 7:30 PM

Fee: \$22.00

#### GIRL EMPOWERMENT SERIES -The Social Landscape (K-5th Grade)

Girls will learn the different social roles and how to go from a target to an Empowered Girl. Girls will learn how and when they should go from being a bystander to an Empowered Girl in situations where kids are gossiping, making fun of someone, and excluding. Girls will do a poster activity and role play. They will learn exact words to say, tone of voice, and body language to use in unfriendly situations.

#13957 (K-2nd Grade) Date: 11/11/2019 Mon 6:00 PM - 7:00 PM

Fee: \$22.00

#13956 (3rd-5th Grade) Date: 10/14/2019 Mon 6:30 PM - 7:30 PM

Fee: \$22.00

#### GIRL EMPOWERMENT SERIES-Friendship Rules! with Rules (K-5th Grade)

Girls will learn the do's and don'ts for friendship. They will learn how to talk to their friends in sticky situations and set boundaries. Many girls are dealing with hot/cold friends and unhealthy relationships. It is important for girls to practice the skills of setting boundaries and having healthy relationships with their friends to set the foundation of having healthy relationships in the future when they are dating. Setting boundaries, dealing with conflict and sticky situations are skills that need to be practiced. Girls will learn words to say, tone of voice, and body language to use. Girls will make a Friendship kit and role play.

#13955 (K-2nd Grade) Date: 11/18/2019 Mon 6:00 PM - 7:00 PM

Fee: \$22.00

#13954 (3rd -5th Grade) Date: 10/21/2019 Mon 6:30 PM - 7:30 PM

Fee: \$22.00



### **School Closings**

In the event Birmingham Public Schools are closed due to weather, the decision for Birmingham Community Education programs, classes and events will be decided on by 2 p.m. that same day. Please go to www.communityed.net for any last minute updates. If the class is canceled, we will make an attempt to reschedule, if possible. No refund will be given

## **KIDS EMPOWERED WORKSHOPS • YOUTH**



# KIDS EMPOWERED WORKSHOPS

#### **BOY EMPOWERMENT SERIES (K-5th Grade)**

The following three workshops (Assertiveness Starter Kit, The Social Landscape, and Good Sportsmanship) are part of the Boy Empowerment Series offered for boys in grades K - 2 and 3 - 5. Register for one or more workshops. Classes meet in Seaholm High School, Room C104.

#### BOY EMPOWERMENT SERIES -Assertiveness Starter Kit (K-5th Grade)

Boys will learn about being a powerful boy while being kind and true to himself. Learn what it means to be assertive in speaking and actions. Assertiveness is a skill and needs to be practiced. Boys will learn how to be a problem solver, manage conflict, and stand up for themselves. Boys will do an assertive kit and role play.

#13975 (K - 2nd Grade) Date: 11/6/2019

Wed 6:00 PM - 7:00 PM

Fee: \$22.00

#13976 (3rd - 5th Grade) Date: 10/9/2019 Wed 6:30 PM - 7:30 PM

Fee: \$22.00

#### BOY EMPOWERMENT SERIES -The Social Landscape (K-5th Grade)

Boys will learn the different social roles and how to go from a target to an Empowered Boy. Boys will learn how and when they should go from being a bystander to an Empowered Boy in situations where kids are making fun of someone and excluding. Boys will do a poster activity and role play. They will learn exact words to say, tone of voice, and body language to use in unfriendly situations.

#13973 (K - 2nd Grade) Date: 11/13/2019 Wed 6:00 PM - 7:00 PM

Fee: \$22.00

#13974 (3rd - 5th Grade) Date: 10/16/2019 Wed 6:30 PM - 7:30 PM

Fee: \$22.00

#### **REGISTER EARLY!**

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#### BOY EMPOWERMENT SERIES -Good Sportsmanship (K-5th Grade)

Boys will learn the do's and don'ts of playing games and sports whether just for fun or a team. They will learn the social skills of winning and losing and being able to play a game just for fun. They will learn how to handle sticky situations of when kids call others cheaters or try and exclude other kids at games. Setting boundaries, dealing with conflict and sticky situations are skills that need to be practiced. Boys will play recess games and learn words to say, tone of voice, and body language to use in sticky situations.

#13971 (K- 2nd Grade) Date: 11/20/2019 Wed 6:00 PM - 7:00 PM

Fee: \$22.00

#13972 (3rd - 5th Grade) Date: 10/23/2019 Wed 6:30 PM - 7:30 PM

Fee: \$22.00



### YOUTH • KIDS EMPOWERED WORKSHOPS



# KIDS EMPOWERED WORKSHOPS

#### STOP, THINK & GO! Parent and Child (K-2) Workshop

For boys and girls in kindergarten to 2nd grade and a parent. Parents and Kids will each have their own workshop. Parents will learn how the Stop, Think, and Go tool can help their kids make positive decisions. Kids will learn the do's and don'ts of being a friendly classmate, how to recognize when they are in a sticky situation and making positive choices at home. Kids will learn words to say to handle sticky situations or manage their feelings. Kids will do a mindfulness activity to learn to calm themselves when they feel frustration or anxious and make a take home poster. One session. Fee is for one child & one parent. Please register the child only. Registration for this class is also available for a second parent, an additional child, or for the child only.

Date: 10/12/2019 Sat 1:00 PM - 2:30 PM

Location: Seaholm High School, Media Center #13963 Parent and Child (K-2) Fee: \$30.00 #13966 Second Parent Fee: \$6.00 #13965 Child Only Fee: \$18.00 #13974 Additional Child Fee: \$12.00

Date: 11/3/2019 Sun 1:00 PM - 2:30 PM

Location: Groves High School, Staff Planning Area #13967 Parent and Child (K-2) Fee: \$30.00 #13968 Second Parent Fee: \$6.00

#13969 Child Only Fee: \$18.00 #13970 Additional Child Fee: \$12.00

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# SLIME YOGA MINDFULNESS EMPOWERMENT WORKSHOP (Grades K-5)

What do slime, yoga, and calming oneself equal? The Yoga Kids Mindfulness Empowerment Workshop! The Yoga Kids Mindfulness Empowerment Workshop combines the Kids Empowered curriculum with yoga, mindfulness, and SLIME. Girls and Boys will learn how to calm their mind and bodies and to stay calm even when their environment is not. They will improve their strength, flexibility and coordination through fun yoga. They will practice staying calm while handling sticky situations and will learn to manage frustrations by problem solving and building conflict resolution tools. The mindfulness will help aid in connection with others and ourselves while practicing kindness, calmness and being in the present moment to reduce feelings of anxiety and hyperactivity. Kids make slime, do yoga, and role play handling sticky situations! Fee for one session is \$20; for two sessions, the fee is \$32 Location: Seaholm High School, Media Center

GRADES K-2 #13947

Date: 10/15/2019 Tue 6:00 PM - 7:30 PM

Fee: \$20.00

#13948

Date: 12/4/2019 Wed 6:00 PM - 7:30 PM

Fee: \$20.00

#13949 - Both K-2 sessions

Dates: Tues 10/15/2019 and Weds 12/04/2019

6:00 PM - 7:30 PM Fee: \$32.00

GRADES 3-5 #13944

Date: 9/23/2019 Mon 6:00 PM - 7:30 PM

Fee: \$20.00

#13945

Date: 11/21/2019 Thur 6:00 PM - 7:30 PM

Fee: \$20.00

#13946 – Both Grades 3-5 sessions

Dates: Mon 9/23/2019 and Thur 11/21/2019

6:00 PM - 7:30 PM Fee: \$32.00

## **KIDS EMPOWERED WORKSHOPS • YOUTH**



#### **KIDS EMPOWERED** WORKSHOPS

#### **AMERICAN GIRL NITE OUT** (Grades 2-5 and Leaders in Training MS and HS students)

Girls will have fun learning the different roles you can play in a social situation and how to choose being the Empowered Girl in an unfriendly situation. Girls will role play using their dolls and make a Stop the Meanness, Spread the Kindness poster to remind them of words and strategies they can use to be an Empowered Girl (Dolphin). Girls will watch the American Girl movie "Chrissa Stands Strong" while doing yoga and a poster activity. Students should bring their American Girl Doll or another doll for role playing. Also available for Middle School and High School students as Leaders in Training (Class #13941): As a Leader in Training, teens receive the benefit of learning this week's Kids Empowered American Girl Nite Out lesson while practicing leading, problem solving and being assertive. Location: Seaholm High School, Media Center

#13940 (Grades 2 - 5) Date: 12/6/2019 Fri 6:00 PM - 9:00 PM

Fee: \$25.00

#13941 (Leaders in Training - Middle School and **High School**)

Date: 12/6/2019 Fri 6:00 PM - 9:00 PM

Fee: \$25.00

#### **STAR WARS:** The Force Awakens (2nd-5th grade boys and M.S. – H.S. Leaders in Training)

Using the characters from Star Wars, boys will learn to awaken the force within themselves. Boys will have fun making their own crafty light saber. Using the light saber boys will practice the social skills of following directions, listening, and managing themselves. Using their light sabers they will role play ways to solve typical disagreement and handle unfriendly comments that happen at recess. They will watch the movie while making the craft and practicing ways to calm their mind and bodies. Middle school and high school boys may register as Leaders in Training, they will help with the evening and get the benefit of the lessons, too! Location: Seaholm High School, Room C104

#13942 - 2nd-5th grade

Date: 12/6/2019 Fri 6:00 PM - 9:00 PM

Fee: \$25.00

#13943 – Leaders in Training (M.S. and H.S.)

Date: 12/6/2019 Fri 6:00 PM - 9:00 PM

Fee: \$25.00



### YOUTH • KIDS EMPOWERED WORKSHOPS

# FROM FRUSTRATED TO EMPOWERED (K-5th Grade) - Parent/Child Workshop

Many kids react emotionally to unfriendly situations with classmates and friends and conflict with siblings and parents. Reacting negatively to sticky situations often makes the situation worse. This workshop will teach kids how to recognize when they are in a sticky situation & give them and parents tools to calm their bodies and see options to work through or shut down situations. Kids will learn options of how to respond to sibling conflict, typical playground situations, so they have the words and strategies in their toolbox. Kids need social skill tools to manage emotions & respond appropriately to social & family situations. Emotional regulation is our ability to manage our emotions in how we respond to situations. It is one of the most important predictors of success. If we do not have the tools in our tool box our emotional response may cause us to overreact in a negative way that impacts our self-esteem & enflames a situation. Parents will learn the same tools and strategies the kids are learning and how they can support their kids in learning and using these skills. All kids and parents can benefit from learning about new ways to manage situations in a child's social and family world. Fee is for one child & one parent. Please register the parent only. These workshops are being offered twice this Fall: Saturday, September 21 and Sunday, November 17. Sessions are for K-2nd graders or for 3rd-5th graders. Registration for this class is also available for a second parent, an additional child, or for a child only.

#### Saturday, September 21, 2019

Location: Seaholm High School, Media Center K-2nd Grade meets 1:00 PM-2:30 PM

3rd-5th Grade meets 2:30 PM-4:00 PM

#13977 (K-2nd Grade) - Parent/Child Workshop Fee: \$30.00 #13978 (K-2nd Grade) - Additional Parent Fee: \$8.00 #13979 (K-2nd Grade) - Additional Child Fee: \$15.00 #13980 (K-2nd Grade) - Child only Fee: \$18.00

#13981 (3rd-5th Grade) - Parent/Child Workshop Fee: \$30.00 #13983 (3rd-5th Grade) - Additional Parent Fee: \$8.00 #13982 (3rd-5th Grade) - Additional Child Fee: \$15.00 #13984 (3rd-5th Grade) - Child only Fee: \$18.00

### Sunday, November 17, 2019

Location: Groves High School, Staff Planning Area

K-2nd Grade meets 1:00 PM – 2:30 PM 3rd-5th Grade meets 2:30 PM – 4:00 PM

#13985 (K-2nd Grade) - Parent/Child Workshop Fee: \$30.00 #13988 (K-2nd Grade) - Additional Parent Fee: \$8.00 #13986 (K-2nd Grade) - Additional Child Fee: \$15.00 #13987 (K-2nd Grade) - Child only Fee: \$18.00

#13991 (3rd-5th Grade) - Parent/Child Workshop Fee: \$30.00 #13992 (3rd-5th Grade) - Additional Parent Fee: \$8.00 #13994 (3rd-5th Grade) - Additional Child Fee: \$15.00 #13993 (3rd-5th Grade) - Child only Fee: \$18.00

#### **REGISTER EARLY!**

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## PRE-K SPORTS • YOUTH



# SOCCER SCHOOL FOR LITTLE FOLKS OUTDOOR and INDOOR

For 3 to 5 year olds. Join us for an exciting class of soccer! We will work on basic skills with fun mini games and end every class with soccer scrimmages. This is a great way to introduce your child to soccer or have them continue developing skills. Our goal is to increase your child's excitement for sports while giving them confidence in their own abilities and helping them to develop a positive attitude. Instructor is experienced (over 25 years) and licensed (United States Soccer Federation National 'D') soccer coach. Presented by Seaton Athletics LLC.



#### INDOOR

#13959

Location: Quarton Elementary School, Gym

Dates: 10/29/2019 - 12/17/2019

# of Sessions: 6 No class: 11/05/2019, 11/26/2019

Tue 6:00 PM - 6:45 PM

Fee: \$80.00

#13958

Location: Pembroke Elementary School, Gym

Dates: 11/7/2019 - 12/19/2019

# of Sessions: 5 No class: 11/21/2019, 11/28/2019

Thu 6:00 PM - 6:55 PM

Fee: \$80.00

#### LITTLE SNAPpers FLAG FOOTBALL (Pre-School to ages 3-4.5 years)

Is the SNAP flag football league in your child's future? If yes, give them a head start with Little SNAPpers! Through fun games like flag tag, spiders and flies, and others, our instructors will teach basic skills like throwing, catching and snapping the ball. Presented by Seaton Athletics LLC. Location: Seaholm High School Stadium

#13938

Dates: 9/29/2019 - 11/03/2019

# of Sessions: 6

Sun 12:10 PM - 12:55 PM

Fee: \$80.00

#### **OUTDOOR**

**Location: Midvale Center** 

(ECC and NEXT), Baseball Diamond

#13960

Dates: 9/19/2019 - 10/24/2019

# of Sessions: 6 Thu 6:00 PM - 6:45 PM

Fee: \$80.00

#13961

Dates: 9/20/2019 - 10/25/2019

# of Sessions: 6 Fri 10:15 AM - 11:00 AM

Fee: \$80.00

#13962

Dates: 9/21/2019 - 10/26/2019

# of Sessions: 6 Sat 11:15 AM - 12:00 PM

Fee: \$80.00

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### **YOUTH • SPORTS**

#### **BEVERLY HILLS CLUB**

The Beverly Hills Club is recognized as one the country's top 100 Clubs, with the industry's finest health and fitness facilities, equipment, instructors, professionals and trainers. Classes meet at the Beverly Hills Club 31555 Southfield Road (just north of 13 Mile Road), Beverly Hills, MI 48025 (248)642-8500. REGISTER THROUGH BIRMINGHAM COMMUNITY EDUCATION / www.communityed.net / 248.203.3800



#### **BHC SWIM SCHOOL**

"BHC Swim School" has been teaching thousands of children and adults to swim since 1989. The program teaches water safety and swimming to babies, tots, children & adults of all ages and levels. Safety & skills are taught in a fun, safe environment with small class sizes.

THERE ARE MULTIPLE OFFERINGS FOR EACH CLASS! TO VIEW THE LIST and TO REGISTER go to www.communityed.net

#### SWIM - Parent and Tot (Levels 1 & 2)

6 months - 3 years + parent. Tots get ready for group classes. Focus is on independent swimming

#### LITTLE FISH (2 year olds)

Focus on independent swimming and introduction to basic swimming skills. Class size is 2:1 ratio. Students should be comfortable in the water or have completed Parent/Tot 2 swim class.

#### SWIM - LEVEL 1 (Ages 3 - 5 years)

Introduction to swimming. No swim skills required- for children not comfortable putting their face in the water or swimming unassisted.

#### SWIM - LEVEL 2 (Ages 3 - 5 years)

Fundamentals. Swim unassisted on a noodle - put face in water.

#### **SWIM LEVEL 3 (Ages 3-5 years)**

Stroke Development. Skills: back and front float 5 seconds; push off and swim 15 ft front and back.

#### SWIM - LEVEL 4 (Ages 4+ years)

Stroke Development. Skills: Jump in and tread water 30 seconds; 15 yards backstroke and face in rhythmic breathing. Know the basics of breaststroke.

#### SWIM - LEVEL 5 (Ages 4+ years)

Stroke Refinement. Skills: 25 yards freestyle and breast stroke, 15 yards backstroke and 10 yards butterfly.

#### SWIM - LEVEL 6 (Ages 5+ years)

Level 6: Pre-Team Clinics. Emphasis on techniques, endurance and speed in all 4 competitive strokes. Skills needed: swim 50 yards freestyle, back and breaststroke and 25 yds fly.

#### **SWIM - LEVEL 7: TEAM CLINICS.**

Emphasis on techniques, endurance and speed in all 4 competitive strokes. Skills needed: swim 100 yards freestyle, back and breaststroke and 25 yds fly.

# THERE ARE MULTIPLE OFFERINGS FOR EACH CLASS! TO VIEW THE LIST and TO REGISTER

go to www.communityed.net

#### JUNIOR X FIT (Boys and Girls ages 8 years and older)

JrXFIT is taught by a certified personal trainer and is committed to improving athletic performance. You will see your young athlete become stronger, faster and more agile. Like group personal training sessions, our trainers will work with your child using the most advanced and proven training methods. This program is design to take your young athlete to the next level!

#### **BHC YOUTH TENNIS**

Ages 3 years and up. Little Stars and Starter Tennis for kids wth little or no experience.

# BHC NINJA WARRIORS (Ages 6-11)

This exciting class is a combination of Parkour, gymnastics, speed and agility. Kids will have a blast doing obstacle courses, climbing wall and more!

# CHOI KWANG DO (3-13+ years of age)

Our principles are humility, integrity, gentleness, perseverance, self-control & unbreakable spirit.

Little Dragons for 3-5 years of age
Jr. Choi Beginner & Advanced for 6-12 years
Adult Choi for 13+ years of age

THERE ARE MULTIPLE OFFERINGS FOR EACH CLASS! TO VIEW THE LIST and TO REGISTER go to www.communityed.net

### PISTONS ACADEMY YOUTH BASKETBALL LEAGUES GRADES 3-8

The Pistons Academy League is designed to teach game strategy & team skills through competitive play. All skill levels are welcome but players should have some prior backethall experience. Players register as individuals and then participate in a live draft (or



basketball experience. Players register as individuals and then participate in a live draft (see below). Teams are guaranteed seven games and three practices for the season. Practices are Thursdays or Fridays. Most games are Saturdays between 10 a.m. and 6 p.m. Some teams may have a Friday game at 7:30 or 8:30 p.m. Coaches are Pistons Academy staff & qualified volunteers. All of our officials are certified. For more information about the league & Pistons Academy Basketball, visit www.pistonsacademy.com.

GAME LOCATIONS: Berkshire Middle School and Birmingham Covington School; Practice locations: Berkshire Middle School and Quarton and Pierce Elementary Gyms. FEE: \$165 fee includes \$15 materials fee for t-shirt, payable at the time of registration

#13997 - PREP LEAGUE (Grades 3, 4 and BEGINNER 5th) Fee: \$165.00 #13998 - COLLEGE LEAGUE (Grades 5, 6 and BEGINNER 7th) Fee: \$165.00

#13999 - PRO LEAGUE (Grades 7 and 8) Fee: \$165.00



To participate in the league, all players must be evaluated at the 2019 Pistons Academy Draft Day.

This is a **MANDATORY** event where players will be evaluated and placed onto teams.

Players will participate in various drills and then scrimmage in front of coaches.

Draft times will include a parent meeting where league policies and procedures will be discussed.

PREP LEAGUE: (Grades 3, 4 & BEGINNER 5th): Saturday, September 14, 8:30 a.m.-10 a.m.

COLLEGE LEAGUE: (Grades 5, 6 & BEGINNER 7th): Saturday, September 14, 10:20 a.m.-12:10 p.m.

PRO LEAGUE: (Grades 7, 8): Saturday, September 14, 12:30 p.m.-2 p.m.

**LOOKING FOR ACADEMY LEAGUE COACHES!** Are you interested in coaching a Pistons Academy Team this fall? We are always looking for qualified coaches who want to share their knowledge and passion for the game. We offer flexible scheduling for games and practices. If interested, please contact Bryan Bollin, Director, at 248-377-8305 or bbollin@pistons.com

# FRIDAY NIGHT LIGHTS JV GIRLS' BASKETBALL LEAGUE - Grades 2-4

The Pistons Academy League is designed to teach game strategy & team skills through competitive play. Players register as individuals, and will be placed on a team via the league draft. Teams will have a 20 min. practice before each game and there will be 4 games this session. Friday games and practices at 6:20 or 7:30pm. All girls will receive Pistons league shirt and season ending awards. This is the perfect program to start learning the game in a fun yet structured environment. There is a \$10 materials/t-shirt fee payable at the time of registration.

#### #13989

Location: Bingham Farms Elementary, Gym

Dates: 9/13/2019 - 11/8/2019 Fri 6:20 PM - 8:30 PM

Fee: \$145.00

# FRIDAY NIGHT LIGHTS VARSITY GIRLS BASKETBALL LEAGUE - Grades 4-6

Friday Night Lights Girls Basketball is designed to teach game strategy & team skills through competitive play. Players register as individuals, and will be placed on a team via the league draft. Teams are guaranteed six games and three practices during the season. Friday games and practices at 6:30 p.m., 7:20 p.m., 8:10 p.m. All girls will receive a Pistons league shirt and season ending awards. This is a great program for players to learn the game in a structured yet fun environment. Materials fee of \$10 is payable at the time of registration. For more information about Friday Night Lights, visit www.pistonsacademy.com.

#### #13990

Location: Berkshire & Covington Gyms

Dates: 9/13/2019 - 11/15/2019 Fri 6:30 PM - 8:30 PM

Fee: \$155.00





### **YOUTH • SPORTS**

# SNAP FLAG FOOTBALL LEAGUE PreK-8th grades by Coach Genevieve



SNAPtivities is proud to present fun and fresh 5-on-5, non-contact flag football. Teams are coached by volunteer parent or HS student coaches and have between 7 and 10 players. We also accept friend requests so buddies don't have to be separated. Register as a team (register separately) or an individual. Games for Pk-4th grade are played on Sundays and 5th-8th grade are played on Saturday and/or Sundays. Game times will be between 12:00 pm and 6:00 pm on Sundays. No equipment is needed except a mouth guard. All players will receive an NFL reversible jersey; materials fee of \$25 is payable at the time of registration. Go to SNAPtivities.com for more detailed information. REGISTER EARLY – Fees will increase August 15. Location: Seaholm High School Stadium

IMPORTANT: This is a two-part registration process: Upon completing your registration through Community Education, go to https://goo.gl/forms/YwXjN5xEwyOWkcLZ2 to complete information regarding teams, t-shirts etc.

#### PK/K DIVISION

For ages 4.5 through Kindergarten. Games against other teams in the division will be played at Seaholm High School Stadium on Sundays with practices 30 minutes prior to game time. Fee is \$94 plus \$25 for NFL reversible jersey until August 15, then price increases to \$114 plus \$25 for NFL reversible jersey.

#13900 - PK/K DIVISION Dates: 9/22/2019 - 11/3/2019

# of Sessions: 7 Sun 12:30 PM - 2:00 PM

Fee: \$119.00 NOTE: AFTER AUGUST 14 FEE INCREASES TO \$139

#### 1st-4th GRADE DIVISIONS

Games against other teams in the division will be played at Seaholm High School Stadium on Sundays with practices one hour prior to game time. 1-2 grade games at 1, 2 or 3pm; 3-4 grade games at 3 or 4pm. Fee is \$114 plus \$25 for NFL reversible jersey until August 15, then price increases to \$129 plus \$25 for NFL reversible jersey.

#13901 - 1st - 2nd GRADE DIVISION Dates: 9/22/2019 - 11/3/2019

# of Sessions: 7 Sun 1:00 PM - 4:00 PM

Fee: \$139.00 NOTE: AFTER AUGUST 14 FEE INCREASES TO \$154

#13902 - 3rd - 4th GRADE DIVISION Dates: 9/22/2019 - 11/3/2019

# of Sessions: 7 Sun 1:00 PM - 4:00 PM

Fee: \$139.00 NOTE: AFTER AUGUST 14 FEE INCREASES TO \$154

#### 5th-8th GRADE DIVISIONS

For 5th - 8th grade students (divisions broken up by grade and ability). Games against other Birmingham and Bloomfield teams in the division will be played on Saturdays in Bloomfield Hills and/or Sundays in Birmingham Schools with practices one hour



Save a class — Register *EARLY!* 

prior to game time. Coaches will schedule game times/days to accommodate busy player schedules. You will have a chance to let your coach know your conflicts prior to scheduling. Game times will be between 9 and 4pm on Saturdays and 12 and 5pm on Sundays. Locations: Lahser High School or Seaholm High School (Stadium) Turf Fields. Fee is \$119 plus \$25 for NFL reversible jersey until August 15, then price increases to \$134 plus \$25 for NFL reversible jersey

#13903

Dates: 9/21-22/2019 - 11/2-3/2019

# of Sessions: 7

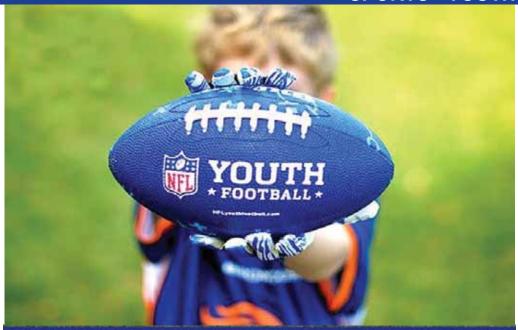
Games between 9:00 AM - 4:00 PM on Saturdays and

12:00 PM - 5:00PM on Sundays

Fee: \$144.00

NOTE: AFTER AUGUST 14 FEE INCREASES TO \$159

# **SPORTS • YOUTH**





- Pre-K thru 8<sup>th</sup> grade divisions
- 5 on 5 non-contact flag football
- · 2 hour commitment on Sunday afternoons
- Groves or Seaholm turf fields
- Play with Classmates and Friends
- · Lots of action & SNAP!

Register at Communityed.net or (248) 203-3800

For more info visit SNAPtivities.com

### Brought to you by:









Support Birmingham Public Schools

### **YOUTH • BABY PLAY & KIDS YOGA**



#### FRANKLIN ATHLETIC CLUB

These classes are held at the FRANKLIN ATHLETIC CLUB, 29350 Northwestern Highway, Southfield, MI 48034 *TO REGISTER go to www.communityed.net* 

#### **KIDS KICKBOXING (Ages 8-14)**

Franklin Athletic Club's most popular kickboxing instructor George Jones is now offering a class for kids! Don't miss out on this high energy, fun class.

#13917 - Session 1

Dates: 9/17/2019 - 10/22/2019 # of Sessions: 6

Tue 4:45 PM - 5:30 PM Fee: \$90.00

#13918 - Session 2

Dates: 11/5/2019 - 12/17/2019

# of Sessions: 6 No class: 11/19/2019 Tue 4:45 PM - 5:30 PM Fee: \$90.00

# PLAY DATE with Ms. Lori (Ages 0-4 years)

Where will you play today? Join us for a wild play date at Franklin Athletic Club. Get ready to move as we jump in the moonwalk, play parachute games, move to some silly music, and have some free play. The first hour will be free play in the gym. The last half hour will be spent with Ms. Lori singing and moving to fun activities. Parent supervision required. You are welcome to bring peanut free snacks. Fee is \$10.00 PER FAMILY; please register the adult only.

#13920 Date: 11/11/2019

Mon 10:00 AM - 11:30 AM Fee: \$10.00

#13921 Date: 12/9/2019

Mon 10:00 AM - 11:30 AM Fee: \$10.00

# HALLOWEEN PLAY DATE with Ms. Lori (Ages 0-4 years)

A special seasonally-themed play date. See class description above

#13919 Date: 10/21/2019

Mon 10:00 AM - 11:30 AM Fee: \$10.00

# TUMBLING TOTS (Ages 18 months-4 years)

Turn all that bouncing and climbing into something productive. Your child will improve strength, agility, balance and overall fitness through simple tumbling skills. The first half hour will be spent in organized tumbling activities with Mr. Roby and the following half hour will be spent with Ms. Lori playing games and doing creative movement activities.

#13913

Dates: 9/17/2019 - 10/22/2019

# of Sessions: 6 Tue 9:30 AM - 10:30 AM

Fee: \$90.00 #13916

Dates: 11/12/2019 - 12/17/2019

# of Sessions: 5 No class: 11/26/2019

Tue 9:30 AM - 10:30 AM

Fee: \$75.00

14

### NEW KIDS YOGA (Ages 4-12)

Children derive enormous benefits from yoga. Physically, it enhances their flexibility, strength, coordination, and body awareness; in addition, their concentration and sense of calmness and relaxation improves. Your child will develop body awareness, identify and manage stress through breathing, meditation, and healthy, non-violent movement.

#13930 - Session 1

Dates: 9/16/2019 - 10/21/2019 # of Sessions: 6

Mon 5:30 PM - 6:15 PM Fee: \$72.00

#13931 - Session 2

Dates: 11/11/2019 - 12/16/2019

# of Sessions: 5 No class: 11/25/2019 Mon 5:30 PM - 6:15 PM Fee: \$60.00

# YOGA PLAY DATES with MISS KAHTY

For children ages 0-4. Come interact with your little one, breathe, stretch, and play. This hour and a half program contains Parent/Child Guilded Yoga (30 minutes), Open Gymnastic Play (30 minutes), and Bounce House Open Play (30 minutes). One-day class offered on Monday mornings and on Wednesday evenings. Parent supervision required. Please register the adult only.

#### FEE IS \$10/ PER CLASS

**MONDAYS** 

#13922 Date: 9/23/2019 10:00 AM - 11:30 AM #13923 Date: 10/7/2019 10:00 AM - 11:30 AM #13924 Date: 11/18/2019 10:00 AM - 11:30 AM #13925 Date: 12/16/2019 10:00 AM - 11:30 AM

**WEDNESDAYS** 

#13926 Date: 9/18/2019 5:15 PM - 6:45 PM #13927 Date: 10/16/2019 5:15 PM - 6:45 PM #13928 Date: 11/13/2019 5:15 PM - 6:45 PM #13929 Date: 12/4/2019 5:15 PM - 6:45 PM

#### NEW PreK KIDZ PLAY (Ages 3-5)

Come hang out with Ms. Laura for a class full of bouncing, games, sports, crafts, lunch and more. Meet some new friends and stay active in this drop off class. Lunch included (choice of chicken strips and fries or hot dog and fries).

#13932

Dates: 9/24/2019 - 10/29/2019

# of Sessions: 6

Tue 11:30 AM - 1:00 PM Fee: \$125.00

#13933

Dates: 11/12/2019 - 12/17/2019

# of Sessions: 6

Tue 11:30 AM - 1:00 PM Fee: \$125.00



#### **YOUTH KARATE CLASSES**

PKSA Karate Bloomfield provides the best professional and experienced instruction in the art of Tang Soo Do. Our school is operated by James and Ashley Shruga under the direct guidance and personal supervision of Master R. Collins, Sr. and Master R. Collins, Jr.

Tang Soo Do is an excellent way to revitalize your mind and body! Under highly trained supervision, Tang Soo Do is safe, fun, and easy to learn. Learn more about the traditional Korean art of Tang Soo Do at www.pksa.com Instructors and students regardless of rank or years of training will offer you a brotherhood of encouragement and support. Optional belts and testing are available for an additional fee; please discuss the options with your instructor. Attire for PKSA Karate courses is comfortable loose-fitting clothes that students can move around in. Students are advised to bring a bottle of water. Classes meet at St. Paul United Methodist Church, 165 E Square Lake Rd, Bloomfield Hills, MI 48302 (located on the north side of Square Lake Road, east of Woodward Avenue, lower level)

#### LITTLE NINJAS

The Little Ninja program is designed to help young martial artists (from 4 to 6 years old) learn control and discipline and about the art of Tang Soo Do. This program is developed to challenge young minds and bodies in areas such as gross motor skills, memory, focus, confidence, and team work. In this six week program highly professional karate instructors will introduce your children to a number of karate and life skill building activities in a fun and engaging way. Stranger awareness and self-defense will be covered in this session. Families are always encouraged to train together, uniforms are available upon request.

#14002

Dates: 9/24/2019 - 10/29/2019

# of Sessions: 6 Tue 5:30 PM - 6:00 PM

Fee: \$45.00

#### KIDS POWER KARATE

The Kids Power program is designed to help young martial artists (from 6+ years old) learn control and discipline and about the art of Tang Soo Do. This program is developed to challenge young minds and bodies in areas such as gross motor skills, memory, focus, confidence, and team work. In this six week program highly professional karate instructors will introduce your children to a number of karate and life skill building activities in a fun and engaging way. Stranger awareness and self-defense will be covered in this session. Families are always encouraged to train together, uniforms are available upon request.

#14003

Dates: 9/24/2019 - 10/29/2019

# of Sessions: 6 Tue 6:00 PM - 6:30 PM

Fee: \$50.00

# See Family Power Karate on page 23!



Renaissance Fencing Club is offering intro classes and private lessons for all ages for the Olympic sport of fencing. Fencing combines body and mind to teach quick problem solving through agility and distance. Fencers will respect opponents, learn independence, and improve physical dexterity while having fun! Students should wear sports clothing and sneakers.

Final Summer Camp August 19 - 23 9am - 12noon \$225 includes use of all equipment and mini competition on the last day

Introductory classes: 1 hour per week for four weeks: \$160 Saturdays 9am - 10am: choose a session: September 14 - October 5 October 12 - November 2

November 9 - December 7

Mondays 5 - 6pm: choose a session:
September 16 - October 7
October 14 - November 4

November 11 - December 2 https://www.renaissancefencing.com

Location Renaissance Fencing Club 408 Oliver Drive, Troy Call 248-515-0973 for more information

# A WORLD-CLASS EDUCATION BEGINS IN A BPS **EARLY LEARNING** PROGRAM!

All BPS early learning programs are play-based, encouraging children to learn and explore every day! Our highly-qualified staff uses the research-based High Scope curriculum to meet all areas of development, in a nurturing setting with low staff to student ratios. Come explore the options for a world-class education, right here in your local community

### **Neighborhood Preschools**

Half-day, extended day and full-day programs offered in our elementary school buildings.





### Early Childhood Special Education

An inclusive program, bringing together children with special needs and typically developing peers for an enhanced learning experience.

### Great Start Readiness Program (GRSP)

A free, full-day, preschool program for 4-year-old students, available to families that qualify.





# Wee Care and Early Childhood Center Quality education and full day programs for Infants, toddlers and preschoolers.



For more information on Birmingham Public Schools Early Learning Programs, call 248.203.5805 or visit www.birmingham.k12.mi.us/earlylearning

## **SKILLS & DEVELOPMENT • ADULT**

# INTRODUCTION TO DOG OBEDIENCE

Southern Michigan Obedience Training Club (SMOTC) offers this foundation Introduction to Obedience class for all dogs who are at least 6 months old. Learn to train your dog to heel (walk) on lead next to you, sit and down stay, come when called and stand - to become a more enjoyable member of the family, as well as encourage participation in obedience competition. This is a fast-moving class to teach you to teach your dog basic obedience. This class will require that you work with your dog 10-20 minutes a day during the duration of the classes for best results You will need to bring these items the FIRST night of class as well as your dog: 1) Your completed Application for Training and Health Certificate; plus bring ALL shot records. 2) Bait /Lure (treat) bag or fanny pack with SMALL SOFT TREATS. 3) Have well fitting slip collar (a.k.a training collar). Martingale or prong/pinch collar with a 6 ft. leash (leather leash recommended). Minors over 12 years old are invited to train as long as a parent or guardian is registered for the class and stays during the class. Location: Berkshire Middle School, Gym

#13934

Dates: 9/10/2019 - 10/22/2019

# of Sessions: 6 No class: 10/08/2019

Tue 6:45 PM - 7:30 PM

Fee: \$85.00



#### AKC STAR PUPPY CLASS

Southern Michigan Obedience Training Club (SMOTC) offers this class for puppies purebred or mixed approximately 3 – 5 months of age. Help your new "Best Friend" develop the good habits it needs in order to become a valued member of your family. Socialization, introduction to obedience, and problem solving are covered in the classes. AKC STAR Puppy Certification is offered. Minors are invited to attend with a registered adult. Please bring puppy with buckle collar, leash, healthy treats and shot records (required) to first class. Location: Berkshire Middle School, Gym

#13936

Dates: 9/10/2019 - 10/22/2019

# of Sessions: 6 No class: 10/08/2019

Tue 7:45 PM - 8:45 PM

Fee: \$75.00



# INTERMEDIATE OBEDIENCE - Canine Good Citizen (CGC)

This fast-paced class is designed to help handlers and dogs master the skills necessary to earn the AKC Canine Good Citizen Award. The class is open to all dogs (pure bred and mixed alike). It is required that the dogs have previous exposure to classroom obedience training or have completed Intro to Dog Obedience (offered by SMOTC) prior to enrolling. Bring dogs to the first class and all shot records. Vaccination records are required and must be presented the first night of class. Students may participate in the CGC evaluation on the last night of class. Only those that successfully meet the evaluation criteria will receive the distinctive Canine Good Citizen CGC Award from American Kennel Club. For details on the AKC Canine Good Citizen Program go to: http://www.akc.org/dog-owners/training/ canine-good-citizen/ These are excellent preparatory classes if you are considering competition in the AKC Obedience and/ or Rally ring. First-time competitors as well as seasoned showmen are welcome to attend in preparation for earning AKC titles. Location: Berkshire Middle School, Gym

#13935

Dates: 9/10/2019 - 10/22/2019

# of Sessions: 6 No class: 10/08/2019

Tue 6:45 PM - 7:30 PM

Fee: \$85.00

# THERAPY DOG PREPARATION AND EVALUATION

This class will help to prepare students and their dogs to

become a certified Therapy Dog team. The class will also address safety precautions for you and your dog, proper visiting techniques, aettina around medical equipment, and more. For this class, your dog will need to work reliably and test on a flat buckle collar or noncorrecting harness (leash fastens on the dog's back) with a 6-foot leather or nylon leash. Dogs will need to be proficient and reliable in all



basic obedience commands (heel, sit, down, leave it and stay). We highly recommend that students have taken one or more obedience classes prior to registering for this class. Dogs must have reached or passed their first birthday on or before the last day of class to be evaluated and tested. A Therapy Dogs International (TDI) certification test will be performed at a different location than the classes and are conducted on a Saturday after the class is completed. Evaluation date will be announced the first night of class. There is an additional \$5.00 test fee. Vaccination records are required and must be presented the first night of class. Location: Berkshire Middle School, Gym

#13937

Dates: 9/17/2019 - 10/1/2019

# of Sessions: 3 Tue 7:45 PM - 8:30 PM

Fee: \$55.00

### **ADULT • SKILLS & DEVELOPMENT**

# "I am a Hospice Hero" (Hospice Volunteer Training)

(Ages 18 and Up) Heart to Heart Hospice is offering Volunteer Training for those who would like to visit patients near their home. Pay it forward and your rewards will be enormous. A simple act of kindness can make a huge difference to a patient and their family. We provide your training, we assign you near your home and always work around your schedule. If you have questions about the class, please call Julie Cody at Heart to Heart Hospice. 248-952-9000. If you are



unavailable during the scheduled workshops, please contact Julie to set up another date or time after registering with Community Education. This class will benefit you and your loved ones for the rest of your life. We look forward to hearing from you! This one-session class meets at Heart to Heart Hospice, 30600 Telegraph Rd, Suite #1131, Bingham Farms, MI 48025 (located on the SE corner of Telegraph and 13 Mile Road in the Bingham Center, behind Qdoba Restaurant).

#13898

Date: 9/14/2019 Sat 8:30 AM - 11:30 AM

Fee: \$12.00

#13899

Date: 10/19/2019 Sat 8:30 AM - 11:30 AM

Fee: \$12.00

# INTRODUCTION TO PROFESSIONAL VOICE OVERS - Getting Paid to Talk

Getting Paid to Talk: Making Money with Your Voice. Have you ever been told that you have a great voice? This exciting onesession class will explore numerous aspects of voice over work for television, film, radio, audio books, documentaries and the internet in your area. We will cover all the basics, including how to prepare the all - important demo, how to be successful and earn great income in this exciting field. Students will have the opportunity to ask questions and to hear examples of demos recorded by professional voice actors. Class participants will even have a chance to record a commercial script under the direction of our Voicecoaches.com producer! This class is informative, lots of fun, and a great first step for anyone interested in voice acting professionally. Space is limited, and registration closes one week prior to class, so register early. Please review this one page informative piece before registering for this class: http://www.voicecoaches.com/ gptt Location: Seaholm High School, Room C104

#13897

Date: 10/21/2019 Mon 6:30 PM - 9:00 PM

Fee: \$25.00



# WEDDING DANCE MADE EASY - One Evening Workshop

Let's turn that High School rock & sway into something fabulous! Whether you are the Bride and Groom, the Parents of the special couple or a Guest at the Wedding, this one evening crash course will prepare you for a magical evening on the dance floor. Learn to dip, twirl and dance an easy to follow combination of beautiful moves, while creating a picture perfect moment to cherish forever. If you have your First Dance song picked out, please email the song name to mailto: upbeatdance@hotmail. com. Instructed by Leigh Coburn, Upbeat Dance Studio. The fee is for a couple; please register one adult only. Location: Pierce Elementary School, Multipurpose Room

#13914

Date: 9/17/2019 Tue 7:00 PM - 8:30 PM

Fee: \$49.00

#### HEARTSAVER FIRST AID CPR AED - Adult, Child & Infant

Training meets all current American Heart Association guidelines for CPR and First Aid Programs, including lecture, video demonstrations as well as hands-on training. Course taught by American Heart Association certified instructors. Participants will learn life saving skills in CPR for all ages in order to aid victims in life threatening emergencies. This onesession class will cover skills for infant, child & adult, including the proper use of an Automated External Defibrillator (AED). Participants will learn how to handle a choking victim, as well as basic First Aid skills, including recognition. Students will receive a 2 year AHA CPR/AED/First Aid card. \$15.00 materials fee (book) included in registration fee. Instructor: Adam Hollmann Location: Seaholm High School, Room C104

#13912

Date: 10/15/2019 Tue 6:00 PM - 10:00 PM

Fee: \$80.00



### **School Closings**

In the event Birmingham Public Schools are closed due to weather, the decision for Birmingham Community Education programs, classes and events will be decided on by 2 p.m. that same day. Please go to www.communityed.net for any last minute updates. If the class is canceled, we will make an attempt to reschedule, if possible. No refund will be given

## **SKILLS & DEVELOPMENT • ADULT**

# LOVE & LOGIC: EARLY CHILDHOOD PARENTING MADE FUN!

The Love and Logic course, Early Childhood Parenting Made FUN, will provide practical and proven tools for raising respectful, responsible and happy kids! Parents of young children will love these easy and effective skills that will make parenting less stressful and more fun. Please join us for this 5-week course where we listen to the experts through viewing some of the course's DVD talks as well as discuss the Love and Logic principles and stories. Topics will include: Putting an End to Whining and Arguing, Why Empathy is the Most Important Skill, The Uh Oh Song, The Science of Control, & Turning Your Words Into Gold. Lynn Radtke, Bachelor of interdisciplinary Studies, is an independent facilitator of the "Becoming a Love and Logic Parent Program," a priceless program for parents who want to raise responsible kids who are ready for the real world. Fee is per couple; please register one adult only. Location: Seaholm High School, Media Center

#13909

Dates: 9/9/2019 - 10/14/2019

# of Sessions: 5 No class: 9/30/2019

Mon 6:30 PM - 7:45 PM

Fee: \$100.00



# PARENTING THE LOVE AND LOGIC WAY

America's most practical entertaining Parent Training. Experience the latest program designed by the Love and Logic Institute. Why the term Love & Logic? Effective parenting centers around love: love that is not permissive, love that doesn't tolerate disrespect, but love that is also powerful enough to allow kids to make mistakes and permit them to live with the consequences. Those consequences, when accompanied by empathy - our compassionate understanding of the child's disappointment, frustration, and pain-hit home with mind-changing power. Learn how to: -Avoid un-winnable power-struggles and arguments. -Stay calm when your kids do incredibly upsetting things -Set enforceable limits -Avoid enabling and begin empowering -Help your kids learn from mistakes rather than dictators. Lynn Radtke, Bachelor of interdisciplinary Studies, is an independent facilitator of the "Becoming a Love and Logic Parent Program," a priceless program for parents who want to raise responsible kids who are ready for the real world. Fee is per couple; please register one adult only. Location: Seaholm High School, Media Center

#13910

Dates: 10/21/2019 - 11/25/2019

# of Sessions: 6 Mon 6:30 PM - 7:45 PM

Fee: \$120.00



#### **EXCEL - BEGINNING**

EXCEL 2013 Beginning. Confused by the new Ribbon Interface; need to get up to speed quickly for that new job or are you looking to get back in the workforce or just need a refresher. This class identifies the elements of the new Ribbon Interface and how to create basic worksheets. You will also learn how to manipulate data, insert and delete columns and rows, search and replace data, and customize the quick access toolbar. Formatting is a key element to making your spreadsheets user friendly. We also learn how to print our workbooks saving a lot of paper along the way. Performing basic formulas is also covered in this class. Participants should have computer experience prior to taking this fast-paced class. Instructor: Debbi Forbes. Location: Seaholm High School, Room F112

#13904

Dates: 10/8/2019 - 10/29/2019

# of Sessions: 4 Tue 6:30 PM - 9:30 PM

Fee: \$110.00

#### **EXCEL - INTERMEDIATE**

Excel 2013 Intermediate Have you mastered the fundamentals and are you ready to learn tools, tips and tricks to become a power user? In this class you will learn how to save time and reduce errors. Covered in this class: Common printing errors and how to fix them; how to use formulas and functions (lookup, if, sum, count, pmt, etc.). Also covered is the Quick Access Toolbar, using range names, delimiting text, data sorting and filtering along with pivot tables and calculating percentages. You will walk away knowing how to manage multiple workbooks and create beautiful workbooks that visually represent data with graphs. Participants should have completed Excel Course 1 or have knowledge of the topics covered in that class before taking this course. Instructor: Debbi Forbes. Location: Seaholm High School, Room F112

#13905

Dates: 11/12/2019 - 12/3/2019

# of Sessions: 4 Tue 6:30 PM - 9:30 PM

Fee: \$110.00

#### **REGISTER EARLY!**

Over-enrollment and under-enrollment are problems you can help us avoid. The sooner we know how many people are interested in a program, the easier it is to add sessions or avoid unnecessary cancellations.

### **ADULT • SKILLS & DEVELOPMENT**

# ESL = English As A Second Language



### **ADULT DAYTIME ESL CLASS:**

FREE for qualifying adults\* and if space is available.

Classes run September 9, 2019-May 22, 2020

For Beginning & Intermediate Level Adult ESL students.

ESL class meets three times per week

specific days determined by level, 9:00 a.m.-12:00 p.m.

Students will be registered and placed in a level based on their ESL proficiency exam\*.

**REGISTRATION FOR ADULT DAYTIME ESL CLASS IS ON SEPTEMBER 3, 2019 BETWEEN THE HOURS OF 9:00 A.M.-2:00 P.M.:** All Adult ESL Students: Please bring your passport and/or visa, social security card and your driver's license or State of Michigan ID with you to registration. We will need to make a copy for your file.

Space in the class is limited, and acceptance in the class will be based on the results of your ESL proficiency exam\*. Instructors: BPS ESL Staff.

\*Students must obtain a minimum CASAS score of 187 to be eligible and registration is ongoing and open until classes are filled.

Please call Birmingham Community Education at 248-203-3800 for more information.

Please park in the guest/staff lot off of Lincoln Street (near the auditorium) and enter the building by buzzing the "BPS Community Ed" door.

### **SKILLS & DEVELOPMENT • ADULT**

# EW ESL-ADVANCED ENGLISH SKILL PRACTICE

For the ADVANCED ESL LEARNER (Teacher approval) who is interested in preparing for the TOEFL IBT as well as for the advanced ESL student who wants to build confidence and sharpen their skills. This course will cover reading, listening and speaking. Instructor: Linda Grindem Location: Seaholm High School, Room E105

#### #14006

Dates: 10/10/2019 - 12/12/2019

# of Sessions: 8

No class: 10/31/2019, 11/28/2019

Mon 12:30-2:00 PM Fee: \$125.00

#### **SPANISH 1**

In this introductory class, students will develop listening, speaking, reading and writing skills. We will establish a strong foundation and promote future success in a fun learning environment. We will explore cultural aspects of the Spanish speaking world by a native instructor. Instructor: Guadalupe Lebbos Location: Seaholm High School, Room F105

#### #13995

Dates: 9/16/2019 - 11/4/2019

# of Sessions: 8 Mon 6:30 PM - 8:00 PM

Fee: \$130.00

#### **SPANISH 2**

Spanish 2 is designed for students who attended Spanish 1 or those who have a basic knowledge of the Spanish language and wish to expand that knowledge. The instructor will teach both lexical and grammatical items. During this session you will develop listening, speaking, reading and writing skills necessary to communicate about self, family, daily life as well as basic survival needs. You will also explore cultural aspects of the Spanish-speaking world. Instructor: Guadalupe Lebbos Location: Seaholm High School, Room F105

#### #13996

Dates: 9/18/2019 - 11/13/2019

# of Sessions: 8 No class: 10/16/2019

Wed 6:30 PM - 8:00 PM

Fee: \$130.00

# Advertise in this brochure!

This brochure is mailed to over 29,000 Birmingham Public School district residents. If you're interested in placing an advertisement in the Winter/Spring 2020 issue, please contact Diane Rampolo at 248.203.3822 or DRampolo@birmingham.k12.mi.us.



# Get skills for the 21st century. Demonstrate your knowledge. Boost your productivity.

This online program is presented by the Learning Resources Network (LERN).
Our online certificates and courses are provided by quality colleges and associations with expert instructors.

Participate anytime day or evening, from any computer.

Register at www.communityed.net

# DATA ANALYSIS CERTIFICATE MANAGEMENT CERTIFICATE

#### CERTIFICATE PROGRAMS

**Business Coaching Certificate** 

**Business Research Certificate** 

Certificate in Online Teaching

Certificate in Blended Instruction

Certificate in Customer Service

Certificate in Data Analysis

Certificate in Designing Webinars

Certificate in Leadership Development

Certificate in Non-Profit Administration

Certificate in Workplace Communication

eMarketing Essentials Certificate

Entrepreneurship Certificate

Executive Leadership Certificate

Inbound Marketing Certificate

Management Certificate

Managing Social Media Platforms Certificate

Mobile Marketing Certificate

Social Media for Business Certificate

Supervisory & Leadership Certificate

Video Marketing Certificate

#### PROFESSIONAL COURSES

Accounting and Finance for Non Financial Managers

Advanced Data Analysis

Advanced Neuro Linguistic Programming (NLP)

Advanced Teaching Online

AND MORE!

### **ADULT • HEALTH & WELLBEING**



The following adult classes are held at the BEVERLY HILLS CLUB, 31555 Southfield Road, Beverly Hills, MI 48025, located on the west side of Southfield Road just north of Thirteen Mile Road. Phone 248-642-8500. TO REGISTER go to www.communityed.net

#### **BETTER BONES 1**

This class will educate you, improve your muscle strength and decrease the risk of brittle bones due to osteoporosis. Did you know that weight training for osteoporosis can help protect your bones? Studies show that strength training can help prevent bone loss and even help build new bone. We lose so much muscle as we age that by the time we're 70, we have about 50% to 55% of our muscle mass left. Maintaining strong muscles through weight training helps to keep up your balance and coordination, critical in preventing falls, which can lead to osteoporosis-related fractures. For beginner exercisers. TO REGISTER go to www.communityed.net

#14013

Dates: 9/03/2019 - 10/31/2019

# of Sessions: 18

Tue, Thu 1:00 PM - 2:00 PM

Fee: \$231.75

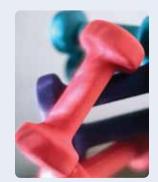
#14014

Dates: 11/05/2019 - 1/09/2020

# of Sessions: 16 No Class: 11/28/2019, 12/24/2019, 12/26/2019, 12/31/2019

Tue, Thu 1:00 PM - 2:00 PM

Fee: \$206.00



#### **BETTER BONES 2**

More weight bearing excerise for those participants who have completed Better Bones I program and have witnessed first-hand the benefits of weight training, balance training and low impact excerise. For more experienced exercisers with some strength training background. Did you know that weight training for osteoporosis can help protect your bones? Studies show that strength training can help prevent bone loss and even help build new bone. We lose so much muscle as we age that by the time we're 70, we have about 50% to 55% of our muscle mass left. Maintaining strong muscles through weight training helps to keep up your balance and coordination, critical in preventing falls, which can lead to osteoporosis-related fractures. TO REGISTER go to www.communityed.net

#14015

Dates: 9/03/2019 - 10/31/2019

# of Sessions: 18

Tue, Thu 2:00 PM - 3:00 PM

Fee: \$231.75

#14016

Dates: 11/05/2019 - 1/09/2020

# of Sessions: 16 No Class: 11/28/2019, 12/24/2019, 12/26/2019, 12/31/2019

Tue, Thu 2:00 PM - 3:00 PM

Fee: \$206.00

# CHOI KWANG DO (Adult – 13+ years of age)

Our principles are humility, integrity, gentleness, perseverance, self-control & unbreakable spirit. THERE ARE MULTIPLE OFFERINGS FOR EACH CLASS! TO VIEW THE LIST and TO REGISTER go to www.communityed.net

#### BEVERLY HILLS CLUB TENNIS

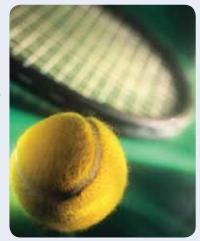
The Beverly Hills Club has taught 1,000's of adults tennis since 1983. Their professionals are USPTA/ USPTR certified with over 100 years of combined experience. Classes meet at the Beverly Hills Club 31555 Southfield Road (just north of 13 Mile Road), Beverly Hills, MI 48025.Phone 248-642-8500. THERE ARE MULTIPLE OFFERINGS FOR EACH CLASS! TO VIEW THE LIST and TO REGISTER go to www.communityed.net

# ADULT TENNIS -Level 1 Beginner (Intro/Retro)

Learn from the best! Little or no play experience, not a problem! This is an adult tennis class for the player with little or no experience.

#### **ADULT TENNIS -Level 2 Advanced Beginner**

Have some tennis experience? Learn from the best! Improve all of your tennis skills.



### **HEALTH & WELLBEING • ADULT**

#### YOGA FITNESS with LYNN DOWE

Offered to men and women of all levels. The science of Yoga uses precise postures (Asanas) and controlled breathing techniques (pranayama) that integrate energetic connections between body, mind and spirit. Participants explore the insight both through the basic Asanas, while increasing muscle strength and flexibility. Class participation will include sun salutes, basic standing postures, forward and backward bending, positive inversions, twists, reducing stress and seated meditations. Bring a mat to class. Instructor Lynn Dowe offers intentional and inspiring yoga practice for all ages and abilities. She inspires and supports others to live an extraordinary life and through the practice of yoga, to connect with their own personal wisdom, healing abilities and expansive potential. 200RYT instructor - since May 2013. Location: Berkshire Middle School, Media Center

Dates: 10/15/2019 - 11/19/2019

# of Sessions: 6 Tue 7:00 PM - 8:00 PM

Fee: \$78.00

#13951

Dates: 11/26/2019 - 12/17/2019

# of Sessions: 4 Tue 7:00 PM - 8:00 PM

Fee: \$52.00





#### ADULT & FAMILY KARATE

PKSA Karate Bloomfield provides the best professional and experienced instruction in the art of Tang Soo Do. Our school is operated by James and Ashley Shruga under the direct guidance and personal supervision of Master R. Collins, Sr. and Master

Tang Soo Do is an excellent way to revitalize your mind and body! Under highly trained supervision, Tang Soo Do is safe, fun, and easy to learn. Learn more about the traditional Korean art of Tang Soo Do at www.pksa.com Instructors and students regardless of rank or years of training will offer you a brotherhood of encouragement and support. Optional belts and testing are available for an additional fee; please discuss the options with your instructor. Attire for PKSA Karate courses is comfortable loose-fitting clothes that students can move around in. Students are advised to bring a bottle of water. Classes meet at St. Paul United Methodist Church, 165 E Square Lake Rd, Bloomfield Hills, MI 48302 (located on the north side of Square Lake Road, east of Woodward Avenue, lower level)

#### **NEW FAMILY POWER**

Wouldn't doing an activity together with your family be great? Well, this is it! In this introduction to traditional Tang Soo Do (Korean "Karate") your instructor will lead you through a program that covers self-defense, physical fitness, conflict resolution, team work, and emphasizes building and strengthening of the family bond. This exciting 6-week course is designed for the entire family to train together for one price. Ages 5 and up. Fee is for one adult and 1 to 4 children. Please register the adult only.

Dates: 9/24/2019 - 10/29/2019

# of Sessions: 6 Tue 6:30 PM - 7:15 PM

Fee: \$55.00

#### **NEW** KARATE & FITNESS (Adult)

The Karate & Fitness program is designed to help adults interested in the martial arts discover & develop methods to achieve better health of body and mind through the art of Tang Soo Do. Improve your flexibility, balance, strength, and confidence. Immerse yourself in the rich pursuit of mindful restoration. Classes include fitness conditioning, selfdefense tactics, martial arts instruction, and more! Come join us in a positive and inclusive environment for martial artists of all skill levels. Uniforms are available upon request.

#14004

Dates: 9/24/2019 - 10/29/2019

# of Sessions: 6 Tue 7:15 PM - 8:00 PM

Fee: \$40.00

### **ADULT • HEALTH & WELLBEING**

# MAKTE A SPLASHI

## Community Open Swim

Groves High School Sundays 1-3 p.m.

Fall dates: October 6, 13, 20, 27 November 3, 10, 17, 24 December 8, 15

**All ages are welcome.** Adults will have use of at least one lap lane. Children 10 and under MUST be directly supervised in the water by an individual 18 years or older. This program follows the BPS school calendar and the open swim program will not be running during school breaks and special events. This program requires pre-purchase of entry cards. Single one time sessions, or multiple entry cards are available online at www.communityed.net, by phone, fax or mail from the Birmingham Community Education department.

Appropriate swim attire is required. No running on the pool deck. Children who are NOT toilet trained must wear tight-fitting plastic pants over a swim diaper. Soap showers are required prior to entry to the pool. Flotation devices and toys may not be brought into the pool. No food or drink are allowed in the pool or locker room areas. BPS and the Department of Community Education are not responsible for unforeseen pool closures beyond our control. BPS is not responsible for lost or misplaced cards or personal items left in the locker rooms. *Please note: BPS maintains pool water temperature between 80°-82° F. The temperature is regulated by the BPS maintenance department, not Community Education. This may be cold for some swimmers.* 

PLEASE NOTE: Cards are valid for open swim dates/times between 10/6/2019 - 3/22/2020. Cards expire on 3/22/2020.

No refunds for unused cards/punches. Go to www.communityed.net for updated pool information.

#14011 - 10 ENTRY CARD \$36.00 #14010 - 5 ENTRY CARD \$18.00 #14009 - 1 ENTRY CARD \$4.00

# WATER AEROBICS

(Adults Only)

NOT AN OPEN SWIM. Water aerobic cards are a requirement for entry and do not have an expiration date-any remaining sessions may be used when the next session begins. The class does not meet when school is not in session or during school breaks. Please note: BPS maintains pool water temperature between 80°-82° F. The temperature is regulated by the BPS maintenance department, not Community Education. This may be cold for some swimmers. PURCHASE SWIM CARD AT BIRMINGHAM COMMUNITY EDUCATION or online at www.communityed.net

Instructor: BPS Staff

**BERKSHIRE Middle School - Pool** 

Date(s): 9/10/2019-6/4/2020 No Dates: TBD

Tues. & Thurs.11:30 a.m.-12:30 p.m. #14008 - 20 SESSION CARD \$ 120.00 #14007 - 10 SESSION CARD \$ 60.00

### MEN'S BASKETBALL LEAGUE

## Wednesdays at Derby Middle School

Our men's basketball league starts in early December 2019 and runs through March 2020. Each week your team will be scheduled to play a different team in the league with two officials and a director. The season will conclude with a tournament. Fee is per team; captain or contact person registers for the team. Instructor: Robert (Bob) Czech. Location: Derby Middle School, Gym

#14012

Dates: 12/04/2019 - 3/25/2020

# of Sessions: 14 No Class: 12/25/2019, 1/01/2020,

2/19/2020

Wed 7:00 PM - 11:00PM Team Fee: \$800.00

## **REGISTRATION INFORMATION**

# PRE-REGISTRATION IS REQUIRED FOR ALL CLASSES.

Pre-registration is required for all programs. No dropin registration on the day of class.

#### **PAYMENTS**

Register and pay using cash, check or VISA/ Mastercard. Fees are payable in full at the time of registration. All checks should be made payable to "Birmingham Public Schools." There will be a \$60 fee for all returned checks.

# DROPS/REFUNDS Please read carefully before registering for class!

Requests must be made directly to Birmingham Community Education THREE (3) business days prior to the beginning of class. With the exception of one day classes, all class refunds are the amount of the fee less a \$10 processing fee per class. The processing fee for most one-day classes is \$5.00. *The cost of materials cannot be refunded.* No cash refunds. Refunds will be in the form of a check, credit or account voucher. Refunds of less than \$10 will be in the form of an account voucher.

#### WE DO OUR VERY BEST TO GET IT RIGHT

We take great care to check the accuracy of all information in our brochures and on our website. However, we cannot be responsible for inadvertent and unintentional errors and we reserve the right to correct them.

#### **CLASS/CAMP CANCELLATIONS**

REGISTER EARLY! The most common reason for class cancellation is low enrollment. Every effort will be made to notify registrants that a class has been cancelled. NOTIFICATIONS OF CANCELLATIONS AND CLASS CHANGES ARE SENT VIA EMAIL. Please recheck your profile online every time you register for accuracy. Any person registered in a cancelled class will receive a full refund or may transfer to another class in the current semester. Birmingham Community Education reserves the right to cancel any class due to insufficient registrations.

#### **CLASS/CAMP CHANGES**

Birmingham Community Education reserves the right to withdraw or change classes/camps, instructors or schedules; to revise tuition and fee structures; and to amend its policies as necessary for smooth and efficient operation.

#### WAIVER OF LIABILITY AND HOLD HARMLESS

PLEASE FILL OUT THE APPROPRIATE WAIVER ON PAGES 27 AND 28, and include with your registration form. If registering online, a waiver form is part of the registration process; a separate form will not be required. You must have a current waiver on file with Birmingham Public Schools for every class/course/camp you or your children are attending.

#### Advertise in this brochure!

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#### NOTICE OF NONDISCRIMINATION

The Board of Education is committed to maintaining a learning/working environment in which all individuals are treated with dignity and respect, free from discrimination and harassment. There will be no tolerance for discrimination or harassment on the basis of race, color, national origin, religion, sex, sexual orientation, marital status, genetic information, disability or age. The District prohibits harassment and other forms of discrimination whether occurring at school, on District property, in a District vehicle, or at any District related activity or event. The Superintendent will designate compliance officers and develop and implement regulations for the reporting, investigation and resolution of complaints of discrimination or harassment. The following people have been designated to handle inquiries regarding the nondiscrimination policies: Students - Inquiries related to discrimination on the basis of disability should be directed to: Executive Director of Special Education, 31301 Evergreen Road Beverly Hills, MI 48025, 248.203.3000. Direct all other inquiries related to discrimination to: Assistant Superintendent of Human Resources, 31301 Evergreen Road, Beverly Hills, MI 48025, 248.203.3000.

#### INCLEMENT WEATHER/SCHOOL CLOSING

When Birmingham Schools are closed due to severe weather, power failure or circumstances beyond our control, announcements concerning evening programs will be made by 2:00 p.m. Verify school closing by tuning your radio to WWJ or WJR, calling the district's Newsline 248-203-3000.

# FOR THE MOST UP-TO-DATE INFORMATION visit the homepage of BIRMINGHAM COMMUNITY EDUCATION www.communityed.net

#### INJURIES & PERSONAL PROPERTY DAMAGE/ LOSS

We are frequently asked: "Are my children or am I insured by Birmingham Public Schools in the event of injury while participating in a school district program?" A follow-up question is: "Does the district have insurance to protect personal property that I or my children may bring to school?" The answer is "NO."

BPS does not provide insurance for injuries, damage. or loss of property. A State of Michigan statute grants the Birmingham Public School District and other public bodies (e.g., cities, villages, etc.) with immunity to tort liability. What this means is that because we are a public agency funded through tax dollars and we are providing a public service, we are not held liable in the event of injury or loss of property. The Board of Education has decided that the district should not use taxpayers' tax dollars to provide for these risks. Your homeowner's policy may cover property damaged or lost from the school premises (e.g., automobiles, bicycles, band instruments, calculators, etc.) WE **ENCOURAGE YOU TO MAKE SURE THAT YOU** HAVE ADEQUATE HEALTH AND PROPERTY DAMAGE/LOSS INSURANCE COVERAGE.

NO SMOKING/VAPING AND NO ALCOHOLIC
BEVERAGES OR ANIMALS
IN SCHOOL BUILDINGS OR ON SCHOOL PROPERTY.

### **BPS COMMUNITY EDUCATION INFORMATION**

#### **COMMUNITY EDUCATION STAFF**

Jill Reichenbach Fill	Community Education Specialist
Diane Agrusa Rampolo	Program Assistant
Gail Frederickson	Office Assistant
Meli Zikakis	Office Assistant
Catherine Henne	Office Assistant
Linda Grindem	ESL Instructor
Elise Herner	ESL Instructor
Noelle Bogan	ESL Instructor
Paula Kotrha	ESI Instructor

#### BIRMINGHAM COMMUNITY EDUCATION REGULAR OFFICE HOURS\*

Monday-Friday ...... 8:00 a.m.-4:00 p.m.

OFFICE CLOSED: September 2, November 28-29, December 23-January 1

\*Note: Office hours may vary due to school breaks and holidays.

#### **BPS FACILITY RENTAL INFORMATION**

Birmingham Public Schools facilities and fields are conveniently located for the residents of Birmingham, Beverly Hills, Bingham Farms, Franklin, West Bloomfield, Bloomfield Hills, Troy and Southfield. Our facilities and fields are available for rental by public and private groups on Saturdays, Sundays and after school on week days. With ample free parking and recently renovated buildings, Birmingham offers great potential for your special event. Whether you need auditoriums, classrooms, media centers, computer labs, gyms, pools, stadiums or fields, the modern facilities and fields of Birmingham Public Schools give you an advantage! All facility services are available for single events, individual classes or entire college curricula or large sports events. For all of your facility and field requests, please contact Birmingham Community Education at 248-203-3800.

FOR RENTAL INQUIRIES ON AUDITORIUMS & LITTLE THEATERS
POOLS/GYMS/CLASSROOMS/ GRASS FIELDS & TRACKS/STADIUMS
CALL 248.203.3800

#### Fall 2019 • REGISTRATION FORM ■ ■ I

Payment by cash, check or VISA/MC. All checks should be payable to: *Birmingham Public Schools*. Phone, fax and online registrations by credit card only. Mail: 2436 W. Lincoln, F102, Birmingham, MI 48009 Phone: 248-203-3800• Fax: 248-203-3818 • www.communityed.net

<i></i>	FIISL Naille		
City		Zip	
Phone (Home)	Pho	ne (Cell/Work)	
		Birth	ndate
Class Start Date	Days of Class	Class #	Fee
			\$
			\$
			\$
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<b>Phone:</b> 248-203-3800	<b>Fax:</b> 248-203-3818	2436 W. I	son or by mail: Lincoln, Suite F102 gham, MI 48009
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Cardholder's Signature:

### **WAIVER FOR PARTICIPANTS 18+ YEARS**

#### WAIVER OF LIABILITY AND HOLD HARMLESS AGREEMENT FOR ALL BIRMINGHAM COMMUNITY EDUCATION ACTIVITIES EVENTS / CLASSES / CAMPS / OPEN SWIM / ATHLETIC LEAGUES

#### Participant 18+ years of Age

- 1. In consideration for receiving permission to participate in the Birmingham Public Schools Community Education Activity of my choice, I hereby RELEASE, WAIVE, DISCHARGE AND COVENANT NOT TO SUE and further hereby AGREE TO INDEMNIFY AND HOLD HARMLESS Birmingham Public Schools, the members of its Board of Education (in their official and individual capacities), administrators, agents, servants or employees (hereinafter referred to as RELEASEES) from any and all liability, claims, costs, expenses, attorney fees, demands, actions and causes of action whatsoever arising out of or related to any loss, damage, or injury, including death, that may be sustained by me, or any of the property belonging to me, WHETHER CAUSED BY THE NEGLIGENCE OF THE RELEASEES, or otherwise, while participating in such activity, or while in, on or upon the premises where the activity is being conducted.
- 2. I am fully aware of and acknowledge the potential risks of serious personal injury associated with this activity. I hereby elect to voluntarily participate in said activity with full knowledge that said activity may be dangerous to me and my property. I VOLUNTARILY ASSUME FULL RESPONSIBILITY FOR ANY RISKS OF LOSS, PROPERTY DAMAGE OR PERSONAL INJURY, INCLUDING DEATH, that may be sustained by me, or any loss or damage of property owned by me, as a result of being involved in such activity, WHETHER CAUSED BY THE NEGLIGENCE OF RELEASEES OR OTHERWISE.
- 3. It is my express intent that this Waiver of Liability and Hold Harmless Agreement shall bind the members of my family and spouse, if I am alive, and my heirs, assigns and personal representative, if I am deceased, and shall be deemed as a RELEASE, WAIVER, DISCHARGE AND COVENANT NOT TO SUE the above-named RELEASEES. I hereby further agree that this Waiver of Liability and Hold Harmless Agreement shall be construed in accordance with the laws of the State of Michigan.
- 4. IN SIGNING THIS AGREEMENT, I ACKNOWLEDGE AND REPRESENT THAT I have read this Waiver of Liability and Hold Harmless Agreement, understand it and sign it voluntarily as my own free act and deed; no oral representations, statements, or inducements, apart from the foregoing written agreement, have been made; I am at least eighteen (18) years of age and fully competent; and I execute this Release for full, adequate and complete consideration fully intending to be bound by same.

Signed on thisday or	, 20
PARTICIPANT	
Print Name	Signature

### **WAIVER FOR PARTICIPANTS UNDER 18 YEARS**

#### WAIVER OF LIABILITY AND HOLD HARMLESS AGREEMENT FOR ALL BIRMINGHAM COMMUNITY EDUCATION ACTIVITIES EVENTS / CLASSES / CAMPS / OPEN SWIM / ATHLETIC LEAGUES

#### **Participant UNDER 18 years of Age**

- 1. In consideration for receiving permission to participate in the Birmingham Public Schools Community Education Activity of my choice, I hereby RELEASE, WAIVE, DISCHARGE AND COVENANT NOT TO SUE and further hereby AGREE TO INDEMNIFY AND HOLD HARMLESS Birmingham Public Schools, the members of its Board of Education (in their official and individual capacities), administrators, agents, servants or employees (hereinafter referred to as RELEASEES) from any and all liability, claims, costs, expenses, attorney fees, demands, actions and causes of action whatsoever arising out of or related to any loss, damage, or injury, including death, that may be sustained by me, or any of the property belonging to me, WHETHER CAUSED BY THE NEGLIGENCE OF THE RELEASEES, or otherwise, while participating in such activity, or while in, on or upon the premises where the activity is being conducted.
- 2. I am fully aware of and acknowledge the potential risks of serious personal injury associated with this activity. I hereby elect to voluntarily participate in said activity with full knowledge that said activity may be dangerous to me and my property. I VOLUNTARILY ASSUME FULL RESPONSIBILITY FOR ANY RISKS OF LOSS, PROPERTY DAMAGE OR PERSONAL INJURY, INCLUDING DEATH, that may be sustained by me, or any loss or damage of property owned by me, as a result of being involved in such activity, WHETHER CAUSED BY THE NEGLIGENCE OF RELEASEES OR OTHERWISE.
- 3. It is my express intent that this Waiver of Liability and Hold Harmless Agreement shall bind the members of my family and spouse, if I am alive, and my heirs, assigns and personal representative, if I am deceased, and shall be deemed as a RELEASE, WAIVER, DISCHARGE AND COVENANT NOT TO SUE the above-named RELEASEES. I hereby further agree that this Waiver of Liability and Hold Harmless Agreement shall be construed in accordance with the laws of the State of Michigan.
- 4. IN SIGNING THIS AGREEMENT, I ACKNOWLEDGE AND REPRESENT THAT I have read this Waiver of Liability and Hold Harmless Agreement, understand it and sign it voluntarily as my own free act and deed; no oral representations, statements, or inducements, apart from the foregoing written agreement, have been made; I am fully competent; and I execute this Release for full, adequate and complete consideration fully intending to be bound by same.

\_\_\_\_\_day of \_\_\_\_\_\_, 20\_\_\_\_

FAITHOFFAIT		
Print Name Signature		
I/we, the Parent(s)/Legal Guardian(s) of the above named Participant, consent to the minor Participant's participation in the Birmingham Public Schools Community Education Activity(ies), acknowledge the risks associated with the Participant's participation therein, and in consideration of my/our minor Participant's permission to participate in said Birmingham Public Schools Community Education Activity(ies) agree to be bound by this Waiver of Liability and Hold Harmless Agreement and the terms contained herein. Additionally, I/we consent to Birmingham Public Schools seeking reasonable and necessary medical treatment for my/our minor Participant during such event or associated activities, and agree to be responsible for any cost/expenses associated with such treatment.		
Parent/Guardian Signature Parent/Guardian Signature		

Signed on this

DADTICIDANT

### **COMMUNITY NEWS & EVENTS**

## **Birmingham Youth Assistance**



Birmingham's Farmers Market September 1 & 15, October 27

Breakfast with Santa • December 14 @ The Townsend Hotel

#### Kids Dog Show • February 2, 2020

The mission of Birmingham Youth Assistance is to strengthen youth and families and to reduce the incidence of delinquency, abuse and neglect through community involvement.

BYA provides community based casework and counseling services as well as providing programming and events for children and families within the Birmingham Public School district.

BYA is a partnership of: the Oakland County Circuit Court – Family Division; the City of Birmingham and the Villages of Beverly Hills, Bingham Farms and Franklin; Birmingham Public Schools; and community volunteers.

Do you want to make a difference? Volunteer with BYA!

BIRMINGHAM YOUTH ASSISTANCE provides short term, low cost counseling services. 248.203.4300 / www.birminghamyouthassistance.org

# Birmingham Bloomfield Community Coalition

Covey 7 Habits of Highly Effective Teens Training for middle or high school aged youth provides step-by-step framework for boosting self-image, building friendships, resisting peer pressure, achieving goals and much more. Contact youth program coordinator, Kelly at <a href="mailto:kmichaud@bbcoalition.org">kmichaud@bbcoalition.org</a> for more info.

Keep Them Safe, Keep Them Healthy is designed to educate, empower, and connect the full school or faith-based community using prevention principles. This comprehensive program focuses on substance misuse, mental health and emotional wellbeing. Through parent programs that equip, student/youth programs that connect, and teacher/youth leader trainings that empower, this platform seeks to address prevention from a holistic approach as it utilizes essential resources and long-term sustainable modalities.

Middle School Transitions Program provides 8<sup>th</sup> grade students with "The Truth and Consequences of Substance Use" to help clarify misperceptions about drug/alcohol use in high school, with compelling facts and data, in an interactive format.

Customized Presentations can provide youth or adult focused topics about the facts on vaping, underage drinking, marijuana, prescription drugs, stress and anxiety, and more. Contact Carol at cmastroianni@bbcoalition.org.

HIGH SCHOOL TEENS: Earn community service, build leadership skills and have fun doing it! If you are a high school teen, the Youth Action Board (YAB) has a variety of opportunities to get involved. Contact youth program coordinator, Kelly, at <a href="mailto:kmichaud@bbcoaltion.org">kmichaud@bbcoaltion.org</a>.

Parents: Visit our resource page at www.bbcoalition.org or call 248.203.4615 for more info.





### **COMMUNITY NEWS & EVENTS**

# TO STAY ACTIVE & CONNECTED, KEEP ASKING WHAT'S NEXT?

Active adults have enjoyed the programs and support services offered at Next for over 40 years! We continue to evolve to meet the diverse interests of today's residents over the age of 50. Next offers a robust calendar of activities with more educational programming to stimulate your mind, additional art classes to ignite a passion, more fitness to strengthen your body and more travel than ever before to explore new destinations. Next also has a comprehensive Support Service Department offering resources that allow area residents to age in place. Stop in for a tour or find more information on our website at www. BirminghamNext.org Next is located at 2121 Midvale Road, right behind Seaholm High School.



#### YOUR 50-PLUS COMMUNITY CENTER

2121 Midvale, Birmingham MI

(248) 203-5270 - www.BirminghamNext.org



# 2019-2020 MEETING SCHEDULE FRIENDS OF DIFFERENT LEARNERS

Tuesday Aug. 20, 2019 @5pm Friends Family & Connection Picnic Beverly Park Pavilion, Beverly Hills

October 3, 2019

Top 5 Priorities for the 2019-2020 School Year From Birmingham Public School Special Services Department.

Presenters: BPS Special Education Department Executive Director Laura Mahler, Supervisor Renee Ruiz, Supervisor Cassandra Carter, and Supervisor Nancy Ely.

November 7, 2019

Stress vs. Anxiety? Signs, Symptoms, & Strategies.

Presenters: Kelsey Arsenault, BPS Elementary School Counselor & Gretchen Moran Marsh, Ph.D. Licensed Psychologist

January 16, 2020

From Middle School to High School & Beyond ~ Supporting Your Diploma Track Student & Their Transition Needs

Presenters: BPS Special Education Supervisors Cassandra Carter & Renee Ruiz, and Special Education Teacher Barb Dean.

February 6, 2020

BPS Restorative Practice Overview ~ Relationships, Social Connections, & Thriving. Presenters: BPS Gregorio Cognetto, Elementary

Counselor and BPS Restorative Practices Liaison.

March 5, 2020

Special Student Services before Kindergarten – Ages 0-5

Presenter: BPS Special Education Supervisor Nancy Ely

April 2, 2020

What are Executive Functions and why does my child struggle with school? Presenter: BPS Special Education Supervisor Renee Ruiz

May 7, 2020
Tao of ADHD
Presenter: Kevin Roberts

June 4, 2020

Wrap up 2019-2020 & Planning for 2020-2021

Friends of Different Learners Meetings begin at 7:00 p.m. unless otherwise indicated and are at the Birmingham Covington School (BCS), 1525 Covington Road • Bloomfield Hills, MI 48301

- Meetings begin with a brief business meeting followed by the Guest Speaker and topic presentation at 7:00 p.m.
- Informal Networking opportunities are available after every meeting to share ideas about how to help our different learners and to learn from each other.

Friends of Different Learners (Friends) is an independent organization of parents, staff, and community members dedicated to maximizing the potential of Birmingham Public School students with different abilities.

Kids First. Understand their differences. Focus on their needs. Educate them.

www.friendsofdifferentlearners.org

### **COMMUNITY NEWS & EVEN**

Seaholm High School

#### **BLOOD DRIVE**

Thursday, December 5 • 8 a.m.-2 p.m.

**TOGETHER WE CAN SAVE LIVES!** 

Call 248-203-3725 to make an appointment.



#### CHECK OUT OUR GREAT HIGH SCHOOLS!!!

SEAHOLM Open House Monday, October 28, 2019 from 5:30-7:30 p.m. **GROVES High School Open House** Monday, November 4, 2019, 5:30-7:00 p.m.



BPS Early childhood Intervention Program & Services for children with developmental delays and special needs who reside within Birmingham Public Schools. A parent concerned about his/her child's development may refer their child to Early Childhood Intervention Program & Services. A referral will be taken for children ages birth through the date that they enter kindergarten. To begin a referral process, a parent or legal quardian who has a concern about his/her child's talking, walking, hearing, learning or behavior should call the following:

Ages birth to 3 years: Early On Oakland 248.209.2084

Ages 3 to kindergarten: Kelly Beard, Project Find, 248.203.5818 or kbeard@birmingham.k12.mi.us

Thursday, October 4 – Shop for Our Schools Night in Downtown Birmingham

Friday, October 18 - BEF Tailgate @ the Seabolm vs. Groves Football game @ Seabolm

November – December – BEF Annual Fund Drive

February 8, 2020 - Unabashed Bash @ The Townsend Hotel

> Make a gift any time at SupportBEF.org/donate



Inspiring minds. Expanding possibilities.

For more information on the BEF visit www.supportBEF.org or 248-203-3030.

### **COMMUNITY NEWS & EVENTS**



#### NOTES FROM BIRMINGHAM COVINGTON SCHOOL BCS Plans Community Open House for December 8, 2019

Birmingham Covington School will feature its annual Community Open House on Sunday, December 8, 2019 from 1:00-3:00 p.m. at the school. Parents, students and community members are invited to explore this unique educational community with an emphasis on science, technology and 21st century learning skills. This is also an opportunity to meet BCS students, staff members and parents.

There will be 108 spaces available in grade 3 for the 2020-2021 school year. A few openings may also be available in other grades, but exact numbers are not yet determined. All students entering grades 3 through 8 and living in the Birmingham School District are eligible for enrollment.

Registrations for the 2020-2021 lottery will be accepted at BCS during the December 8 Open House. Registrations will also be accepted in person at the Education and Administration Center, 31301 Evergreen Rd., Beverly Hills, January 6-10, 2020. The public lottery will be held on Wednesday, January 15, 2020 at 6:00 p.m. at the Education and Administration Center.