

Birmingham Community Education VIRTUAL & IN-PERSON SPRING 2021 PROGRAMS YOUTH & ADULTS

For more information or to register: www.communityed.net / 248.203.3800

UPDATED 4-19-2021

ADULT, YOUTH & FAMILY KARATE

PKSA Karate Bloomfield provides the best professional and experienced instruction in the art of Tang Soo Do and is operated by James and Ashley Shruga under the direct guidance and personal supervision of Master R. Collins, Sr. and Master R. Collins, Jr.



Tang Soo Do is an excellent way to revitalize your mind and body! Under highly trained supervision, Tang Soo Do is safe, fun, and easy to learn. Learn more about the traditional Korean art of Tang Soo Do at www.pksa.com. Instructors and students regardless of rank or years of training will offer you a brotherhood of encouragement and support. Students are advised to bring a bottle of water. Uniforms are available upon request. Optional belts and testing are available for an additional fee; please discuss the options with your instructor. Classes meet at St. Paul United Methodist Church, 165 E Square Lake Rd, Bloomfield Hills, MI 48302 (located on the north side of Square Lake Road, east of Woodward Avenue, lower level). Classes are in-person if regulations at the time allow.

LITTLE NINJAS

The Little Ninja program is designed to help young martial artists (from 4 to 6 years old) learn control and discipline and about the art of Tang Soo Do. This program is developed to challenge young minds and bodies in areas like gross motor skills, memory, focus, confidence, and teamwork. In this six week program highly professional karate instructors will introduce your children to a number of karate and life skill building activities in a fun and engaging way. Stranger awareness and self-defense will be covered in this session.

#16440

Dates: 5/20/2021 – 6/24/2021

of Sessions: 6

Thu 5:00 PM – 5:30 PM

Fee: \$40.00

HEARTSAVER/FIRST AID/CPR/AED Blended Learning Course (Adults)

This course is designed to teach students the cognitive information necessary for First Aid, CPR (adult, child, infant) and AED training. The blended course allows participants to learn at their own pace from home. Upon completion of the online portion, students must complete a hands-on in-person skills session. This course provides students with the convenience of completing the course at their own pace. Includes interactive exercises and videos to engage students, along with audio and transcript for students who may have a hearing or visual disability. Once you have registered for the course at www.communityed.net, an email with the link to the online course will be sent. After completion of the online course, a certificate of completion will be issued. After the online portion is complete, the hands-on/in-person skills session must occur within 60 days. The instructor will contact you to schedule the skills session; after completion, your certification card will be issued. Certification cards are now digital e-cards which may be saved to your computer or printed if necessary. The skills session will take place between March 1 and July 1, Tuesdays or Thursdays, 5:30 - 6:30 p.m. or by appointment, at Hollmann CPR & First Aid Training, North Green Field, 29551 Greenfield, Suite 103, Southfield, MI 48076. Materials/equipment fee (\$30) is payable at the time of registration and includes e-book, certification e-card, supplies, gloves, face shield, and bandage.

#16567

Dates: ongoing registration (between 4/1/2021 - 7/1/2021)

of Sessions: 1 online session and 1 in-person hands-on skills session

Tue or Thu 5:30 PM - 6:30 PM or by appointment

Fee: \$80.00

SEATON ATHLETICS LLC SOCCER SCHOOL FOR LITTLE FOLKS (Ages 3-5 year olds)



Join us for an exciting class of soccer! We will work on basic skills with fun mini games and end every class with soccer scrimmages. This is a great way to introduce your child to soccer or have them continue developing skills. Our goal is to increase your child's excitement for sports while giving them confidence in their own abilities and helping them to develop a positive attitude. Presented by Seaton Athletics LLC. Instructor is experienced (over 25 years) and licensed (United States Soccer Federation National 'D') soccer coach. Classes meet at Midvale Center (ECC and NEXT), Baseball Diamond

#16612

Dates: 5/6/2021 - 6/10/2021

of Sessions: 6

Thu 6:00 PM - 6:45 PM

Fee: \$80.00

#16613

Dates: 4/30/2021 - 6/11/2021

of Sessions: 6 No class 5/28/2021

Fri 10:15 AM - 11:00 AM

Fee: \$80.00

#16614

Dates: 5/1/2021 - 6/12/2021

of Sessions: 6 No class 5/29/2021

Sat 11:15 AM - 12:00 PM

Fee: \$80.00