



Fall 2023

Dear Birmingham Community,

As the Superintendent of Birmingham Public Schools, it is with pride that I invite you to learn more about our remarkable Community Education Program.



Education has always been the cornerstone of our community, and we firmly believe that learning should extend far beyond the walls of our schools. Our Community Education Program is a vital bridge connecting our schools, families, and residents, fostering a sense of togetherness and lifelong learning opportunities for all.

We offer various educational, recreational, and cultural activities catering to our community members' diverse interests and needs. Whether you are a parent seeking enrichment opportunities for your child or an adult looking to expand your knowledge, our program has something for everyone.

We take great pride in the variety of classes and workshops we offer. From early childhood programs that lay the foundation for our youngest learners to adult education courses that provide professional development opportunities, we strive to create a vibrant learning environment that meets the ever-changing needs of our community. Our program includes art and music classes, fitness and wellness programs, language courses, culinary workshops, and more. We continuously collaborate with local organizations, businesses, and experts to ensure that our programs remain relevant, engaging, and of the highest quality.

I am immensely proud of the Community Education Program we have built and its positive impact on our community members' lives. Together, let us embrace the journey of lifelong learning and build a stronger, more vibrant community for generations to come.

Sincerely,

Dr. Embekka Roberson
Superintendent of Schools

Volume 11, No. 1

**Birmingham Public Schools
Community Education Brochure**

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**Birmingham Public Schools
31301 Evergreen
Beverly Hills, MI 48025
248.203.3800**

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ADVERTISE IN THIS BROCHURE!

This brochure is mailed to over 29,000 Birmingham Public School district residents. If you're interested in placing an advertisement in the Winter/Spring 2024 issue, please contact Diane Rampolo at 248.203.3822 or DRampolo@birmingham.k12.mi.us.

ADVERTISEMENT

RCC

ROOTS COMBAT CLUB

ROOTS COMBAT CLUB

SELF-DEFENSE • BULLYPROOF • JIU JITSU

KIDS MARTIAL ARTS • BOXING • WRESTLING

Ages 3-5 • Ages 6-8 • Ages 9-12



Looking for an after-school activity that will not only keep your child active and healthy, but also teach them valuable life skills? Look no further than Roots Combat Club.

Our program is designed to help children of all ages and skill levels improve their physical fitness, mental focus, coordination, and self-confidence. Our experienced instructors will teach your child the fundamentals of martial arts, including grappling and striking while also instilling important values such as discipline, respect, and perseverance.

In addition to learning martial arts techniques, your child will also develop important life skills such as goal setting, leadership, and teamwork. Our program offers a fun and supportive environment where children can build friendships, learn new skills, and gain confidence in themselves. Roots is perfect for children of all ages and skill levels, whether they are beginners or have some experience in martial arts.

We offer flexible scheduling options to accommodate your busy schedule, and our program is affordable for families of all income levels. Give your child the opportunity to learn and grow through the exciting world of martial arts!

Enroll your child in our after-school program today and watch them thrive!

We offer the highest quality of instruction. Our staff consists of World Champions of different disciplines

CURRICULUM

Self Defense • Jiu Jitsu • Boxing • Wrestling • Bulleyproof

ROOTS COMBAT CLUB

794 Industrial Ct, Ste B, Bloomfield Township MI 48302

rccbloomfield@gmail.com • 248-600-5234



LIVE SAFE ACADEMY

Live Safe Academy, LLC, is a family run school dedicated to enhancing personal safety. Their experienced, dedicate staff consists of law enforcement officers, attorneys, military personnel, registered nurses, and professional educators and trainers. All of their instructors are certified through nationally recognized organizations. They specialize in the training of first aid, assault and crime prevention, unarmed self-defense and the use of personal protection devices.

CERTIFIED BABYSITTER / CPR / FIRST AID and SAFE HOME ALONE (Ages 9 and older)

Learn to be safe and responsible. Build confidence. Have a competitive edge over other babysitters. Topics include: First aid, when and how to call 911, CPR with manikin practice, choking, dealing with difficult behaviors, basic care methods like feeding and diapering, marketing and much more! Students will also learn how to be safe and responsible when home alone, including the importance of not giving out personal information and what to do if somebody comes to the door. Students who successfully complete the course requirements will receive a certificate of completion for Certified Babysitter/CPR/First Aid course by Live Safe Academy. Parents, this class is for students who are independent and responsible enough to be responsible for the safety and well-being of younger children without adult supervision. Class will end between 2 PM and 3 PM depending on when students complete the course requirements. Students need a lunch, snacks, and a fully charged cell phone (if they own one). If your student does not have a cell phone, please write down the cell phone number of the person picking them up and give it to the student. Students will message their ride at lunchtime to let their ride know what time to pick them up. Please check in your student at the beginning of class. Drop off and pick up is in the classroom. Pen and paper for notes is optional. For more information please visit: <https://www.livesafeacademy.com/babysitting/> Location: Seaholm Media Center

#19196

Date: 9/23/2023

Sat 9:00 AM - 3:00 PM

Fee: \$100



CERTIFIED PET SITTER / CPR / FIRST AID - ADD-ON (Ages 9 and older)

Kids, would you like to learn pet first aid and be a certified Pet Sitter? Increase your competitive edge by being more valuable to families with pets and kids. Increase your market by being certified to watch pets or kids. Learn to care for the pets in your own family. Have fun and help keep animals safe. Topics include pet first aid, CPR, choking, and more! This is an add on class for students who participate in the Certified Babysitter/CPR/First Aid course on the same day (students of a previous Live Safe Academy Certified Babysitter/CPR/First Aid course can become a certified pet sitter by taking a live virtual class). This program will begin after the babysitter safety class ends. Class should be concluded by 3 PM to 4 PM, depending on when the babysitter safety course is completed. For more information please visit: www.livesafeacademy.com/babysitting Location: Seaholm Media Center

#19197

Date: 9/23/2023

Sat 3:00 PM - 4:00 PM

Fee: \$20

NEW SELF-DEFENSE for CHILDREN (Ages 6-11)

If someone wants to hurt our children, they will not choose a time or place with witnesses. That means no parents, no teachers, no policemen, just our children and the predator. The safety of our children will depend on their ability to recognize danger and respond appropriately. This fun, interactive and age-appropriate workshop teaches essential, lifesaving information about the dangers that our children face, strategies for prevention and real-world techniques designed to reduce their risk of abductions, assaults, and other forms of violence. But most of all, these programs teach students that they have the right to be safe, that no one has the right to hurt them, and that they are worth protecting. For more information please visit: <http://www.livesafeacademy.com/childsafety> Location: Seaholm Media Center

#19240

Date: 10/30/2023

Mon 5:30 PM - 6:30 PM

Fee: \$20

REGISTER EARLY!
THESE CLASSES ARE
VERY POPULAR AND
FILL UP FAST!

YOUTH • SKILLS & DEVELOPMENT



KIDS EMPOWERED WORKSHOPS

Over 500,000 girls, boys, parents, teachers, and social workers have participated in Girls Empowered and Boys Empowered programs over 23 years. The team includes social workers, teachers and fitness and dance instructors.

FAMILY, SIBLING AND CONFLICT WORKSHOP (Ages 5-14 plus parent/s)

Most families struggle with sibling conflict and teasing. In some cases, there is sibling bullying. Sibling teasing and bullying can cause more harm than the teasing kid or bully at school. If you have siblings between the ages of 5 -14 years send them together to learn what the impact of their everyday meanness can have and how they can make a different choice in how they treat each other or how they handle the situation. Parents participate in their own workshop to learn how to manage sibling conflict while kids learn how to problem solve. At the end, parents and kids come together to work on a family contract. Fee is for one or two children and one or two parents; please register one adult only. Separate registration for additional siblings: \$15 (see below) Location: Groves Staff Planning Area

#19226

Date: 9/24/2023

Sun 1:00 PM - 2:30 PM

Fee: \$40

#19227

Date: 12/3/2023

Sun 1:00 PM - 2:30 PM

Fee: \$40

FAMILY, SIBLING AND CONFLICT WORKSHOP -- 9/24/2023 Additional Child

Add an additional child to the Sunday, September 24, 2023 Family Sibling and Conflict Workshop at Groves High School. See above.

#19228

Date: 9/24/2023

Sun 1:00 PM - 2:30 PM

Fee: \$15

FAMILY, SIBLING AND CONFLICT WORKSHOP -- 12/03/2023 Additional Child

Add an additional child to the Sunday, December 3, 2023 Family Sibling and Conflict Workshop at Groves High School. See above.

#19229

Date: 12/3/2023

Sun 1:00 PM - 2:30 PM

Fee: \$15

LEGO MANIA NITE OUT (Boys, K-3rd grade)

Boys will have fun learning how to use their power to build others up and themselves using Lego activities. Boys will learn the social skills of cooperative play, problem solving, handling conflict, and being a positive person. As they are building and tearing down their Lego creations they will learn words to say that can help build others up including themselves or tear others down. They will learn how their words can be used to solve problems or make them bigger. Evening includes Lego activities, games and poster activity. Location: Seaholm Media Center

#19224

Date: 11/10/2023

Fri 5:30 PM - 8:30 PM Fee: \$30

LEADERS IN TRAINING for LEGO MANIA NITE OUT BOYS

M.S. and H.S. teens will help with Class # 19224 for the evening and get the benefit of the lessons, too!

#19225

Date: 11/10/2023

Fri 5:30 PM - 8:30 PM Fee: \$30

AMERICAN GIRL'S NITE OUT (Grades K-3)

Girls will have fun doing learning how to stand up for yourself and others using American Girl Dolls! Girls will learn about character and choosing who you want to be in a sticky situation. They will learn how they can choose which role to play in a situation- Empowered Girl, Bystander, Meanie, or Doormat. And the skills needed to handle unfriendly situations with friends and classmate. American Girl themed craft, role playing and empowerment included! Girls can bring their American Girl Doll or another doll. Bring nut free snack and reusable water bottle. Location: Seaholm Media Center

#19236

Date: 11/3/2023

Fri 5:30 PM - 8:30 PM Fee: \$30

AMERICAN GIRL'S NITE OUT (Leaders in Training - Teens)

As a Leader in Training, teens receive the benefit of learning the American Girl's Nite Out (class #19236) lesson while practicing leading, problem solving and being assertive. See above.

#19237

Date: 11/3/2023

Fri 5:30 PM - 8:30 PM Fee: \$30



KIDS EMPOWERED WORKSHOPS

Over 500,000 girls, boys, parents, teachers, and social workers have participated in Girls Empowered and Boys Empowered programs over 23 years. The team includes social workers, teachers and fitness and dance instructors.

GIRLS ONLY ZONE (Grades K-5)

Girls will participate in six stations on a path to being empowered. Girls will travel in small groups to the following stations and participate in a themed interactive activity. Stations include: The Friendship Station, Assertiveness Station, Girl Power Station, Fun & Crazy Station, Sticky Problem Station and Calm as a Cumber under Stress Station. Each station will have a mini-lesson, be interactive, and FUN!!! Fun prizes. All kinds of ways to win. Location: Seaholm Cafeteria

#19220

Date: 12/1/2023

Fri 5:30 PM - 8:30 PM

Fee: \$30

GIRLS ONLY ZONE - Leaders in Training (Teens)

Middle and High School teens will help with #19220 Girls Only Zone workshop and get the benefit of the lessons, too! See above.

#19221

Date: 12/1/2023

Fri 5:30 PM - 8:30 PM

Fee: \$30

BOYS ONLY ZONE (Grades K-5)

Boys will participate in six stations on a path to being empowered. Boys will travel in small groups to the following stations and participate in a themed interactive activity. Stations Include: Lego Station, Beyblade Station, Assertiveness Station, Fun & Crazy Station, Sticky Problem Station and Calm as a Cumber under Stress Station. Each station will have a mini-lesson, be interactive, and FUN!!! Fun prizes. All kinds of ways to win. Location: Seaholm Media Center

#19222

Date: 12/1/2023

Fri 5:30 PM - 8:30 PM

Fee: \$30

BOYS ONLY ZONE - Leaders in Training (Teens)

Middle and High School teens will help with #19222 Boys Only Zone workshop and get the benefit of the lessons, too! See above.

#19223

Date: 12/1/2023

Fri 5:30 PM - 8:30 PM

Fee: \$30

NEW ALL ABOUT SPINNING & CALM (K-2nd grade and 3rd-5th grade)

Emotions are at an all-time high. All around our kids are seeing people at their boiling points while struggling with their own big feelings. This workshop will help kids identify feelings, have an emotional word bank, and learn strategies to manage their feelings. Kids will learn how to recognize when they are in a sticky situation. They will learn ways to calm themselves, problem solve and manage frustrations. Kids will make a spinner top craft and will have fun spinner top competitions. Kids will spin the bigger wheel to see if they can figure out how to handle sticky situations. They will learn strategies to calm their minds and bodies so they can handle sticky situations better instead of spinning out of control! Location: Seaholm Cafeteria

#19230 (K - 2nd grade)

Date: 9/23/2023

Sat 12:00 PM - 2:00 PM

Fee: \$22

#19231 (K - 2nd grade)

Date: 11/18/2023

Sat 12:00 PM - 2:00 PM

Fee: \$22

#19232 (3rd - 5th grade)

Date: 9/23/2023

Sat 2:00 PM - 4:00 PM

Fee: \$22

#19233 (3rd - 5th grade)

Date: 11/18/2023

Sat 2:00 PM - 4:00 PM

Fee: \$22





BPS KIDS CLUB



Kids Club is:

- Located in every BPS elementary school
- Safe, secure and caring environment for students before & after school
- Open to students in grades JK-5
- Fun, with a wide range of activities, including outdoor play, special projects, and themed half days
- Flexible - scheduling available for everyday use or just the days you want
- A great place to meet & make new friends

The Kids Club program is licensed by the Michigan Department of Licensing and Regulatory Affairs.

2023-2024 KIDS CLUB RATES AND OPTIONS
Annual Program Registration Fees \$85 per family (\$45 after 1/31/24)

Attendance Scheduled in Advance	
AM RATES	\$10 per child/per session
PM RATES	\$13 per child/per session
HALF DAYS	\$35 per child/per session

Attendance NOT Scheduled in Advance	
AM/PM RATES	\$20/\$23 per child/per session
HALF DAYS	\$50 per child/per session

There are **NO REFUNDS** for unused sessions, regardless of reasons (Illness, travel etc.)
Snow days are **NOT** refunded

Late Pickup Fees	
6:00 - 6:10 PM	\$20 per child
After 6:10 PM	\$2 per minute/per child
Every 4th Occurrence:	\$25 per family - (in addition to late fee)

Kids Club privileges are suspended for 30 days after the 4th late pickup.

REGISTRATION SCHEDULING QUESTIONS? Email BPS SchoolCare/Work Support at: csd@birmingham.k12.mi.us

KIDS CLUB BUILDING PROGRAM QUESTIONS? Email or call the CSO (Community School Organizer) at your school.

JOIN THE FUN AND
MAKE NEW FRIENDS



BPS Early Learning

Visit

<https://www.birmingham.k12.mi.us>
248-203-5805

Did you know BPS offers a variety of early learning opportunities?

- Neighborhood preschools inside each BPS Elementary School
- Infant-preschool ages at Wee Care & BPS Early Childhood Center
- Great Start Readiness Program (GSRP)
- Excellent teacher/student ratio
- Highly educated, trained, and caring teachers
- Students actively learn through High Scope Curriculum



SKILLS & DEVELOPMENT • YOUTH

SOCCER SCHOOL FOR LITTLE FOLKS (SSLF)

For 3 to 5 year olds. Join us for an exciting class of soccer! We will work on basic skills with fun mini games and end every class with soccer scrimmages. This is a great way to introduce your child to soccer or have them continue developing skills. Our goal is to increase your child's excitement for sports while giving them confidence in their own abilities and helping them to develop a positive attitude. Instructor is experienced (over 25 years) and licensed (United States Soccer Federation National 'D') soccer coach.



OUTDOOR - HARLAN GRASS FIELD

#19209

Dates: 9/23/2023 - 10/21/2023

of Sessions: 5

Sat 11:15 AM - 12:00 PM

Fee: \$100

INDOOR: PEMBROKE GYM

#19239

Dates: 9/21/2023 - 10/19/2023

of Sessions: 5

Thu 6:00 PM - 6:45 PM

Fee: \$100



INDOOR: QUARTON GYM

#19210

Dates: 9/19/2023 - 10/17/2023

of Sessions: 5

Tue 6:00 PM - 6:45 PM

Fee: \$100

#19235

Dates: 11/9/2023 - 12/14/2023

of Sessions: 5 No Class: 11/23

Thu 6:00 PM - 6:45 PM

Fee: \$100

#19234

Dates: 11/14/2023 - 12/12/2023

of Sessions: 5

Tue 6:00 PM - 6:45 PM

Fee: \$100

**REGISTER EARLY!
THESE CLASSES
FILL UP
VERY FAST!!!**

No Experience... No Problem!

• Ages 3½ - 8th grade • Non-Contact • Recreational • Once a week •



• SNAPtivities.com • (248) 266-0636 •



SNAP CLASSIC 5 ON 5 FLAG FOOTBALL LEAGUE

AGES 4 1/2 years-8th GRADE DIVISIONS

by Coach Genevieve

FOR ALL SNAP FLAG PROGRAMS REGISTRATION IS A TWO-STEP PROCESS:

STEP 1: Make Payment at communityed.net

STEP 2: Go to SNAPFlagFootball.com to fill out the google form (Teams, buddy requests, jersey size, etc.)

IMPORTANT DATES:

- **September 13:** Registration Deadline
(Please help spread the word to your child's friends and classmates!)
- **September 23/24:** Practice only
- **September 30/Oct. 1:** First Game of Season
- **November 4/5:** Last Game of Season

SNAP CLASSIC LEAGUE (ages 4½ -8th grade)

Get ready to embark on an extraordinary flag football journey with SNAP Flag Football. Join us today and witness the magic, where fun, skill-building, and friendship take center stage. No matter your child's background or experience level, SNAP Flag Football League is dedicated to creating an unforgettable sporting experience for all participants. Come and be a part of our vibrant flag football community! We believe in maximizing the excitement and involvement for every player on the field. That's why we limit our teams to a range of 7-10 players, ensuring that your child gets more opportunities to touch the ball.

Teams are led by dedicated volunteer parent or experienced high school student coaches, fostering a supportive environment for growth and development. We encourage friend requests, ensuring that buddies can play together without being separated. Each team will have a one-hour practice session, followed by a one-hour game against a different opponent each week (day and time based on the divisions below). All games/practice will be held at Birmingham Seaholm or Bloomfield Hills HS Turf Fields.

Players from any city, are invited to play. Each player will receive an official NFL jersey as part of their registration. The only additional requirement is a mouth guard. Divisions are broken down by age as follows:

Ages 4½ – Kindergarten Division

A 1.5 hour block (30 min. practice, followed by one-hour game against a different team each week). For the most up-to-date information, go to SNAPtivities.com. Location: Seaholm Maple Stadium.

#19207 Dates: 9/24/23 – 11/5/23

Sessions: 7 Day: Sun

Time: 1.5 hour block between 9am-7pm

Fee: \$157

1st/2nd and 3rd/4th Grade Divisions

2-hour block between 9 and 7pm. (One hour practice, followed by a one-hour game against a different team each week). Coaches choose weekend schedule based on team availability. For the most up-to-date information, go to SNAPtivities.com. Location: Seaholm Maple Stadium

#19208

Dates: 9/24/23-11/5/23

Sessions: 7

Day: Sundays

Time: 2-hour block between 9 and 7pm.

Fee: \$181

5th/6th and 7th/8th Grade Divisions

2-Hour time block between 9am and 7pm. (One hour practice, followed by a one-hour game against a different team each week). Coaches choose weekend schedule based on team availability. For the most up-to-date information, go to SNAPtivities.com. Location: Saturdays at Bloomfield Hills High School or Sundays Seaholm Maple Stadium.

#19211

Dates: 9/23/23 – 11/5/23

Sessions: 7

Day: Weekend on Sat or Sun.

Time: 2-Hour time block between 9am and 7pm.

Fee: \$181

LITTLE SNAPPERS CLINIC (ages 3½ - 4½)

Little Snappers is an exciting program designed to captivate young athletes and instill essential life skills. This action-packed 6-week program offers 45 minutes of fast-paced fun, focusing on the development of balance, coordination, teamwork, and the ability to follow directions. Plus, every child will receive a commemorative t-shirt, making it an unforgettable experience from start to finish.

Our program combines the excitement of the game with age-appropriate activities, ensuring that each session is filled with smiles, laughter, and a passion for play. Through a series of carefully designed exercises and drills, your child will develop a love for flag football that will stay with them for years. For the most up-to-date information, go to SNAPtivities.com. Location: Seaholm Maple Stadium

#19205

Dates: Sept. 17-Oct. 22 (Rain date Oct. 29)

Sessions: 6 Day: Sun

Time: 10:05-10:50 am

Fee: \$ 85

SNAP ALL GIRLS LEAGUE (1st-12th grade)**Take the Field... Girls Play Flag Football Too!****1st-8th Grade Divisions • SEE REGISTRATION DETAILS ON PREVIOUS PAGE!**

Girls Flag Football is catching fire and we have teams exclusively for girls who want to play with and against their fellow female athletes. The best part is Flag Football is Non-Contact (NO tackling allowed) and Recreational (it will keep you on the edge of your seat, both as a player and as a spectator). Divisions determined just prior to season start based on enrollment. A 2-Hour time block (One hour practice, followed by a one-hour game against a different team each week). Coaches choose weekend schedule based on team availability. For the most up-to-date information, go to SNAPtivities.com. Location: Saturdays at Bloomfield Hills High School or Sundays Seaholm Maple Stadium.

#19206

Dates: 9/23/23 – 11/5/23

Sessions: 7

Day: Weekend on Sat or Sun.**Time:** 2-Hour time block between 9am and 7pm.**Fee:** \$157**NEW High School GIRLS Division NEW**

We are proud to announce the NEW HIGH SCHOOL GIRLS Flag Football division coming this Fall '23. We have teams exclusively for girls who want to play with and against their fellow female athletes. Join us on Sundays at Seaholm from 6-8pm. No experience necessary. REGISTER NOW to be a part of this exciting initiative with SNAP, the leader in Michigan Girls Flag Football. By registering, you can be a part of history- the FEMALES in FLAG initiative is growing and you can be a part of it. (Divisions determined just prior to season start based on enrollment). For the most up-to-date information, go to SNAPtivities.com. Location: Seaholm Maple Stadium

#19281 **Dates:** 9/24/23 – 11/5/23# Sessions: 7 **Day:** Sundays.**Time:** 6:00pm – 8:00pm**Fee:** \$157**GIRLS PLAY FLAG FOOTBALL TOO!**

- 1st-6th grade & High School Divisions •
- Non-Contact • Recreational • Once a week •



• SNAPtivities.com • (248) 266-0636 •

YOUTH • SPORTS



The following swim classes are held at the BEVERLY HILLS CLUB, 31555 Southfield Road, Beverly Hills, MI 48025, located on the west side of Southfield Road just north of Thirteen Mile Road. Phone 248-642-8500. TO REGISTER go to www.communityed.net

AQUA FISH SWIM SCHOOL

Introducing the Aquafish Swim School American Red Cross Learn-to-Swim program. We feature the curriculum set by the American Red Cross to ensure each child properly progresses through the skills and levels. Learn-to-Swim classes are taught by knowledgeable and caring instructors who teach swimming skills and safety in and around water. **THERE ARE MULTIPLE OFFERINGS FOR EACH CLASS!** Register at www.communityed.net

Swim– Level 1 (Ages 4 and up)

This class is for children who are still learning to swim independently or working on confidence in the water. Learn to kick, scoop, blow bubbles, submerge face and gain confidence. Prerequisites: Ages 4 and up or passed Tot.

Swim - Level 3 (Ages 4 and up)

For children who swim independently and are ready to learn rotary breathing for front crawl, proper technique for backstroke plus introductions to breaststroke and butterfly. Prerequisites: Must be able to independently (no assistance from an instructor) swim front crawl and backstroke (1/2 pool length).

Swim - Parent and Child (6 months - 2 years)

Prerequisites: Ages 6 months to 2 years. Child must wear a swim diaper and have an adult in the water to assist the child. Please do not feed child less than 1 hour before class to avoid accidental contamination. Please register the adult only.

Swim – Pre-Team Level 4/5 (Ages 4+ years)

For those who want to join a team or be on a non-competitive team. Pre-Team 4/5 Prerequisites: Able to swim both front crawl with rotary breathing and backstroke with confidence 50yds. As well as 25yds breaststroke and butterfly.

Swim – Pre-Team Level 6/7 (Ages 4+ years)

For those who want to join a team or be on a non-competitive team. Pre-Team 6/7 Prerequisites: Able to swim both front crawl with rotary breathing and backstroke with confidence 100yds. As well as 50yds breaststroke and butterfly.



Check the Birmingham
Community Website
www.communityed.net
as BHC classes
are added frequently.

YOUTH, ADULT & FAMILY KARATE CLASSES

PKSA Karate Bloomfield provides the best professional and experienced instruction in the art of Tang Soo Do. Our school is operated by James and Ashley Shrugla under the direct guidance and personal supervision of Master R. Collins, Sr. and Master R. Collins, Jr.



Learn more about the traditional Korean art of Tang Soo Do at www.pksa.com

Tang Soo Do is an excellent way to revitalize your mind and body! Under highly trained supervision, Tang Soo Do is safe, fun, and easy to learn. Learn more about the traditional Korean art of Tang Soo Do at www.pksa.com. Instructors and students regardless of rank or years of training will offer you a brotherhood of encouragement and support. Optional belts and testing are available for an additional fee; please discuss the options with your instructor. Attire for PKSA Karate courses is comfortable loose-fitting clothes that students can move around in. Students are advised to bring a bottle of water. Classes meet at 1551 South Opdyke Road, Bloomfield Hills, MI 48304. Our new location is first floor/handicap accessible. The training space is visible from the front door. Parent and sibling seating is available.

KIDS POWER KARATE (Ages 6 - 15)

The Kids Power program is designed to help young martial artists (from 6 - 15 years old) learn control and discipline and about the art of Tang Soo Do. This program is developed to challenge young minds and bodies in areas I like gross motor skills, memory, focus, confidence, and team work. In this six week program highly professional karate instructors will introduce your children to a number of karate and life skill building activities in a fun and engaging way. Stranger awareness and self defense will be covered in this session. Families are always encouraged to train together, uniforms are available upon request.

#19256 Dates: 9/06/2023 – 10/11/2023

of Sessions: 6

Wed 5:45 PM - 6:15 PM Fee: \$45

#19255 Dates: 10/25/2023 - 12/06/2023

of Sessions: 6 No class: 11/22

Wed 5:45 PM - 6:15 PM Fee: \$45

LITTLE NINJAS KARATE (Ages 4 – 6)

The Little Ninja program is designed to help young martial artists (from 4 to 6 years old) learn control and discipline and about the art of Tang Soo Do. This program is developed to challenge young minds and bodies in areas I like gross motor skills, memory, focus, confidence, and team work. In this six week program highly professional karate instructors will introduce your children to a number of karate and life skill building activities in a fun and engaging way. Stranger awareness and self defense will be covered in this session. Families are always encouraged to train together, uniforms are available upon request.

#19253

Dates: 9/06/2023 – 10/11/2023

of Sessions: 6

Wed 5:15 PM – 5:45 PM

Fee: \$45

#19254

Dates: 10/25/2023 - 12/06/2023

of Sessions: 6 No class: 11/22

Wed 5:15 PM - 5:45 PM

Fee: \$45

FAMILY POWER KARATE**(Adult and children ages 6 and older)**

For families to train together for one price. This would be an ages 6+ program and it would be designed to be an affordable option for families to train together - though a parent (or other adult) participant would be required. We find that when parents are involved and are interactive in the process that the overall outcomes are more positive for children, families, and communities. Fee is for one adult and 1 to 4 children. Please register the adult only.

#19257 Dates: 9/06/2023 – 10/11/2023

of Sessions: 6 Wed 5:45 PM - 6:15 PM

Fee: \$45

#19258 Dates: 10/25/2023 - 12/07/2023

of Sessions: 6 No class: 11/22

Wed 5:45 PM - 6:15 PM

Fee: \$45

TANG SOO DO KARATE (Adult)

This karate program is designed to help adults (ages 15 and older) interested in the martial arts discover & develop methods to achieve better health of body and mind through the art of Tang Soo Do. Improve your flexibility, balance, strength, and confidence. Immerse yourself in the rich pursuit of mindful restoration. Classes include fitness conditioning, self-defense tactics, martial arts instruction, and more! Come join us in a positive and inclusive environment for martial artists of all skill levels. Attire for all of our courses are comfortable loose-fitting clothes that students can move around in. Students are advised to bring a bottle of water. Uniforms are available upon request.

#19251

Dates: 9/07/2022 - 10/12/2022

of Sessions: 6

Thu 8:00 PM - 8:30 PM

Fee: \$25

#19253

Dates: 11/3/2022 - 12/15/2022

of Sessions: 6 No Class: 11/23

Thu 8:00 PM - 8:30 PM

Fee: \$25



Coach Geo Thomas is the owner of Motor City Evolution, LLC which specializes in high-quality basketball programs. He has been coaching basketball since 1987 and has coached in over 2000 basketball games at the High School, CYO and AAU levels. His ability to communicate the game on all levels has been the cornerstone of his success. For more information on Coach Geo Thomas and Motor City Evolution, visit motorcityevolution.com

EVOLUTION BASKETBALL LEAGUES – BOYS GRADES 3-8

Welcome to the Evolution! Players register as individuals and participate in our pre-season skills combine. After an evaluation process, players are drafted onto teams and play a six-game season that concludes with a post-season tournament. Our leagues are designed to give players a memorable experience beyond just the games and practices. We have a robust website that provides stats, standings, player interviews and more. For older players, we hold an in-season 3pt shooting contest. For younger players, we offer free skills clinics throughout the season. Most games and practices are on Saturdays between 10am-4pm. A few games for older divisions could be played on Friday evenings. Guaranteed playing time for all players. Coaches are Evolution staff & qualified volunteers. Players receive a league shirt and season ending awards. Fee includes \$16 materials fee. For more information about the league, visit www.motorcityevolution.com

#19247 – Boys Prep Division (Grades 3-4)

#19246 – Boys College Division (Grades 5-6)

#19248 – Boys Pro Division (Grades 7-8)

Game and practice locations: Berkshire Middle School and Birmingham Covington School.

Dates: September 30 through December 9 No Class: 11/24, 11/25

Fee: \$155 (includes \$16 materials fee)

LEAGUE DRAFT DAY (at Berkshire MS) To participate in the league, all players must be evaluated at the 2022 Evolution Draft Day. This is a mandatory event where players will be evaluated and placed onto teams. Players will participate in various drills and then scrimmage in front of coaches. Draft times will include a parent meeting where league policies and procedures will be discussed. Players should wear either a black or white shirt to the draft.

PREP DIVISION: (Grades 3-4) Saturday, September 30, 9:30am-11:30am

COLLEGE DIVISION: (Grades 5-6) Saturday, September 30, 12pm-2pm

PRO DIVISION: (Grades 7-8) Saturday, October 7, 1:30-3pm

Are you interested in coaching this fall? We are always looking for qualified coaches who want to share their knowledge and passion for the game. We offer flexible scheduling and a free coaching clinic. If interested, please contact Geo Thomas at 248-506-8376 or geothomas4444@gmail.com



FRIDAY NIGHT LIGHTS GIRLS BASKETBALL LEAGUE (Grades 2 – 4 and 4 - 6)

Friday Night Lights is designed to teach game strategy & team skills through competitive play. Players register as individuals and are assigned to teams. The first three weeks are practices and skill sessions followed by a six-week season. All games and practices are Friday nights. This is a great program for players to learn the game in a fun yet structured environment. Friend requests are taken but not guaranteed. Advanced 4th graders should play in the College Division. Beginner 4th graders should play in the Rookie Division. Friday games and practices at 6:30pm, 7:30pm, 8:30pm. Fee includes \$16 materials fee. For more information about Friday Night Lights, visit www.motorcityevolution.com

Friday Night Lights (Grades 4 - 6)

#19244

Location: Berkshire Gym

Dates: 9/22/2023 - 11/17/2023

of Sessions: 9

Fri 6:30 PM - 9:30 PM

Fee: \$160

Friday Night Lights (Grades 2 - 4)

Location: Bingham Farms Gym

#19245

Dates: 9/29/2023 - 12/1/2023

of Sessions: 9

No Class: 11/24

Fri 6:30 PM - 8:30 PM

Fee: \$160



ROOKIE BASKETBALL LEAGUE (Coed - Grades 2-3 and beginner 4th)

The future is now at Motor City Evolution! Our Rookie League offers an opportunity to learn the game of basketball in a fun yet competitive environment. Players register as individuals and will be placed on teams. Coach Geo Thomas and his staff will introduce game strategy, rule comprehension and sportsmanship. Teams will then play a regular season and conclude with championship games. All coaches and referees are Evolution Staff. Players shoot on 10-foot hoops and use a 27.5 basketball. Two sessions offered this fall; register for either one or both. Fee includes \$16 materials fee. For more information, visit www.motorcityevolution.com Location: Bingham Farms Gym

#19242 – Session One

Dates: 9/18/2023 - 10/23/2023

of Sessions: 6

Mon 6:20 PM - 7:30 PM

Fee: \$120

#19243 – Session Two

Dates: 10/30/2023 - 12/11/2023

of Sessions: 7

Mon 6:00 PM - 7:40 PM

Fee: \$140



NEW BIRMINGHAM UNITED MIDDLE SCHOOL POMPON (6th - 8th Grade)

A type of dance specializing in synchronization of pompoms and kick lines. Traditional Pompon style. Cost of pom pons and tank top will be paid to instructor in class. Instructor: Mady Tyldesley. Location: Groves Upper Gymnasium Classroom

#19217

Dates: 9/7/2023 - 11/2/2023

of Sessions: 17

Mon, Thu 4:00 PM - 6:00 PM

Fee: \$160

BACK ON COURSE ZOOM WORKSHOPS

You can now take basic live via Zoom instructor-led classes practically anytime and anywhere in the country, from the comfort of your own home! Author and instructor Mike Wilson has partnered with 20 government/state educational institutions, taught in about 40 cities in Michigan in the last 18 years and another 20 cities in other states, with overall excellent ratings/comments from administrators and students.

Most Back on Course Zoom workshops are one-session only; however, two 3-session classes and two 4-sessions classes are also offered (see end of this section).

“THE FREE CLASS” HOW DO I TAKE A LIVE ZOOM CLASS AS A PARTICIPANT?

Many instructors use Zoom for live/virtual classes such as cooking, painting, exercising, computers, music and others. Author and computer instructor Mike Wilson will help participants understand the process of receiving Zoom invites, “getting to your classroom” and navigating the features used in Zoom. This user-friendly class will be held over Zoom. If you need assistance getting on Zoom, please e-mail instructor days prior to class at backoncourse@att.net

#19202

Date: 9/10/2023

Sun 5:00 PM - 6:00 PM

Fee: \$0

#19185

Date: 9/12/2023

Tue 1:00 PM - 2:00 PM

Fee: \$0

#19190

Date: 9/13/2023

Wed 4:00 PM - 5:00 PM

Fee: \$0

ALL ABOUT PICTURES - FINDING, ORGANIZING, EDITING, & SAVING!

During this class you will learn how to manage pictures on your computer. Also, find out how to name, rename, and move pictures into folders to get organized. We will take a look at using the Photo Gallery and minor editing of pictures, such as cropping and making enhancements. We will use pictures for desktop backgrounds and insert a picture into Microsoft Word to manipulate for flyers, invitations, and other printed materials. This is a great class - held over Zoom. (Not for Apple/Mac users.)

#19181 Date: 9/29/2023

Fri 3:00 PM - 4:00 PM

Fee: \$20

#19175 Date: 10/16/2023

Mon 3:00 PM - 4:00 PM

Fee: \$20

#19195 Date: 12/10/2023

Sun 4:00 PM - 5:00 PM

Fee: \$20

COMPUTER HELP FOR THE ALMOST ABSOLUTE BEGINNER

Basic requirement: you must know how to use a mouse or touchpad and be able to access your e-mail account. Learn from your home! Simply click the text sent to your e-mail, type your name, click “register” or “join”, and then click the word “ok” and you will be “in class”, watching and listening to your live instructor! Your instructor will start off explaining basic terms that can be foreign to the beginner. We will navigate the desktop and look at some of the benefits of using a computer. Let’s take the mystery out of ‘www’ and the Internet, compose an e-mail, and check out the current news. Other features may be discussed as time allows. See instructor’s demonstrations right from your computer. (Not for Apple/Mac users.) Note: you may contact the instructor at backoncourse@att.net if you need help getting on Zoom. E-mail Mike at least a few days before class.

#19151 Date: 9/12/2023

Tue 7:00 PM - 8:00 PM

Fee: \$20

#19152 Date: 9/16/2023

Sat 1:00 PM - 2:00 PM

Fee: \$20

#19153 Date: 10/8/2023

Sun 2:00 PM - 3:00 PM

Fee: \$20

#19154 Date: 11/6/2023

Mon 9:00 AM - 10:00 AM

Fee: \$20

COMPUTER SCAMS AND WHAT NOT TO CLICK ON!

Don’t let your computer control you! Find out what you should and should NOT click on. Instructor will discuss scams to know about; frustrating and suspicious popups; advertisements; your haywire computer, e-mail ads, and links. (Not for Apple/Mac users, or tablets.) We’ll use Zoom as our classroom.

#19166 Date: 11/20/2023

Mon 2:00 PM - 3:00 PM

Fee: \$20

#19165 Date: 12/7/2023

Thu 2:00 PM - 3:00 PM

Fee: \$20

ENJOY NAVIGATING YOUR WINDOWS10 COMPUTER

Your instructor will define and demonstrate the Windows 10 operating system and related features. See how to navigate the desktop, use the taskbar, and work with icons. Learn about apps and how they are organized in Windows 10 and use the start menu to explore even more features. (Not for Apple/Mac users.) See all the neat features by Zoom.

#19158**Date: 9/18/2023****Mon 12:00 PM - 1:00 PM****Fee: \$20****#19159****Date: 10/19/2023****Thu 5:00 PM - 6:00 PM****Fee: \$20****EXCEL FOR THE ABSOLUTE BEGINNER**

Instructor will demonstrate how to navigate and interface with Excel's basic features. See how to create a simple contact list. You will view how to use calculations such as autosum and see how to generate simple formulas. Also, learn to use the fill handle, sort existing data, merge and center, move cells and ranges, and wrap text. These easy steps will be held over Zoom.

#19199**Date: 9/30/2023****Sat 11:00 AM - 12:00 PM****Fee: \$20****#19187****Date: 10/4/2023****Wed 11:00 AM - 12:00 PM****Fee: \$20****#19173****Date: 11/3/2023****Fri 3:00 PM - 4:00 PM****Fee: \$20****GETTING MORE OUT OF MICROSOFT WORD**

Let's make your tasks in Microsoft Word a lot easier! You will save time and frustration and see how to properly use tabs. We will go on to explore dictation, easy paragraph functions, the sort feature, and using macros to eliminate laborious repetition. See the beauty of working with soft and hard returns and how to easily create and use tables. Get tips and tricks, as well as use shortcuts to save time. Let's look at creating headers/footers and using the Format Painter to easily format existing text. (Not for Apple/Mac users.) Learn lots of great information by Zoom!

#19167**Date: 9/21/2023****Thu 2:00 PM - 3:00 PM****Fee: \$20****#19170****Date: 10/14/2023****Sat 10:00 AM - 11:00 AM****Fee: \$20****#19168****Date: 11/15/2023****Wed 7:00 PM - 8:00 PM****Fee: \$20****#19169****Date: 12/8/2023****Fri 7:00 PM - 8:00 PM****Fee: \$20****I NEED TO HOST MY OWN ZOOM MEETING?**

You will see how a host sends an e-mail, invites, and schedules meetings. Even the basic host controls can seem overwhelming, but we will explore those, as well. You'll learn how to Share Screen, invite, and send links to e-mails. This class is a great place to start before hosting your first Zoom meeting! Join this informative class by Zoom.

#19155**Date: 9/17/2023****Sun 4:00 PM - 5:00 PM****Fee: \$20****#19156****Date: 9/20/2023****Wed 4:00 PM - 5:00 PM****Fee: \$20****#19157****Date: 10/20/2023****Fri 8:00 PM - 9:00 PM****Fee: \$20**

ADULT • SKILLS & DEVELOPMENT

LEARN TO USE POWERPOINT FOR ZOOM AND OTHER PRESENTATIONS

You can create eye-catching presentations with PowerPoint! Explore the PowerPoint interface and see presentations from simple stock designs. Learn to easily apply themes, animate text, and insert images. See how to create text boxes and manipulate slides for printing. We will enhance a presentation by adding animations and transitions. Finally, view the actual presentation as seen by your audience and get a few tips and tricks to design presentations for maximum impact. (We do not show how to share PowerPoint in Zoom during this class. Not for Apple/Mac users.) This will be a class held on Zoom.

#19160

Date: 10/7/2023

Sat 1:00 PM - 2:00 PM

Fee: \$20

#19161

Date: 10/23/2023

Mon 1:00 PM - 2:00 PM

Fee: \$20

LET'S LEARN ALL ABOUT E-MAILING

Learn how to e-mail, forward, reply, and send attachments. You will see how e-mails are organized and deleted. Work with other features, such as starred, drafts and sent. Become acquainted with the writing tools, e-mail folders, and creating links to direct others to your area of interest and websites you have visited. In addition, we will look at contacts and how to use them. All these features will be clearly demonstrated in Zoom.

#19203

Date: 9/19/2023

Tue 5:30 PM - 6:30 PM

Fee: \$20

#19189

Date: 10/15/2023

Sun 2:00 PM - 3:00 PM

Fee: \$20

#19174

Date: 11/1/2023

Wed 1:00 PM - 2:00 PM

Fee: \$20

MICROSOFT WORD: THE VERY BASICS

Your instructor will break down the unknown Microsoft Word stuff. and present them to you in a clear, sensible, and enjoyable way! We will briefly look at the free and paid version of word processors. Then the instructor will open and show basic functions in Microsoft Word. We will go on to explore saving, alignments, bullets, numbering, and indents. (Not for Apple/Mac users.) Take this class by zoom in the comfort of your home!

#19200 Date: 9/14/2023

Thu 2:00 PM - 3:00 PM

Fee: \$20

#19192 Date: 10/7/2023

Sat 10:00 AM - 11:00 AM

Fee: \$20

#19183 Date: 11/8/2023

Wed 7:00 PM - 8:00 PM

Fee: \$20

#19178 Date: 12/1/2023

Fri 7:00 PM - 8:00 PM

Fee: \$20

SAVE TIME AND MONEY WITH AN EASY COMPUTER TUNE-UP

Save money and fix your computer yourself! No great skills needed. Use three proven free online software to fix most software related issues like malware and viruses with a few clicks of a button! Speed up your computer in no time! (Not for Apple/Mac users.) Easy steps held over Zoom.

#19162 Date: 9/25/2023

Mon 3:00 PM - 4:00 PM

Fee: \$20

#19163 Date: 10/1/2023

Sun 2:00 PM - 3:00 PM

Fee: \$20

#19164 Date: 10/18/2023

Wed 8:00 PM - 9:00 PM

Fee: \$20

SEARCH FOR PRACTICALLY ANYTHING THROUGH GOOGLE

Understand how to use and get the best out of a search engine such as Google for looking up information and doing research. Find out how to search for practically anything online and limit your searching for more accuracy. Great class to open the power of Google search! Meet us on Zoom for this informative class!

#19171

Date: 9/26/2023

Tue 11:00 AM - 12:00 PM

Fee: \$20

#19172

Date: 10/22/2023

Sun 2:00 PM - 3:00 PM

Fee: \$20

WINDOWS 11 - STARTING FROM THE BEGINNING

This is an adult-friendly Windows 11 class! See how to use the desktop and the new taskbar. We'll also explore the start menu and related features. In addition, you will learn about the new design, the use of widgets, and how Windows 11 is organized. (Not for Apple/Mac users.) Meet us on Zoom for this informative class!

#19184

Date: 9/11/2023

Mon 2:00 PM - 3:00 PM

Fee: \$20

#19204

Date: 9/22/2023

Fri 11:00 AM - 12:00 PM

Fee: \$20

#19191

Date: 9/28/2023

Thu 5:30 PM - 6:30 PM

Fee: \$20

#19177

Date: 10/27/2023

Fri 3:00 PM - 4:00 PM

Fee: \$20

#19186

Date: 11/17/2023

Fri 7:30 PM - 8:30 PM

Fee: \$20

GETTING TO KNOW YOUR I-PHONE (3-session Zoom Workshop)

Author and instructor Mike Wilson will demonstrate how to use your smart phone. This class is designed for mature and recent I-phone users! Mike will cover cell phone topics, such as: the photo app, texting, navigating, apps, contacts, e-mail, camera, App store, settings, and the Internet. Not for Android users.

#19188

Date: 11/4/2023 – 11/18/2023

Sat 11:00 AM - 12:00 PM

Fee: \$55

#19179

Date: 12/4/2023 – 12/6/2023

Mon, Tue, Wed 2:00 PM - 3:00 PM

Fee: \$55

THE EASY TO LEARN iPad CLASS (3-session Zoom Workshop)

The instructor will show you how to save files with Microsoft Word and your free installed Windows 10 word processor. We will also cover how to create a PDF file and why we would use them. You will see how to view, organize, and find your documents, as well as place them on flash drives, external drives, and the cloud. We'll explore features to preview documents without opening them and attach documents to your e-mail for sending. Learn all these features in the Zoom classroom! (Not for Apple/Mac users.)

#19194 Dates: 11/12/2023 -11/26/2023

Sun 2:00 PM - 3:00 PM Fee: \$55

#19182 Dates: 12/13/2023 – 12/15/2023

Wed, Thu, Fri 2:00 PM - 3:00 PM Fee: \$55

NEW WORKPLACE SKILLS TRAINING FOR THOSE WHO STRUGGLE WITH ESSENTIAL SOFTWARE (4-session Zoom Workshop)

Take this basic Zoom training with a live instructor! This module will cover the essentials of: Microsoft Word, Microsoft Excel, Microsoft PowerPoint, and Searching Google for More Information. The module will cover a total of 4-hour training to help you become skilled, using computer software in the workplace. Also, you may take free self-paced quizzes to further improve on what you have learned. You may also like to receive optional certificates of completion after passing your quiz(zes). Please e-mail Mike, your instructor, at backoncourse@att.net for a course outline and more information. (Not for Mac, Chromebook, or tablet users)

#19279 Dates: 10/17/2023 – 10/26/2023

Tues & Thurs 1:00-2:00 PM Fee: \$99

#19249 Dates: 10/29/2023 – 11/19/2023

Sun 7:30 PM - 8:30 PM Fee: \$99

NEW COMPUTER/DIGITAL LITERACY TRAINING FOR THOSE WHO STRUGGLE WITH COMPUTERS (4-session Zoom Workshop)

Take this basic Zoom training with a live instructor! This module will cover the essentials of: Basic Navigating Skills, Internet Essentials, Email and Browser Use, and Windows 10 & 11 Essentials. This will be a total of 4-hour training to help you become more proficient in the practical and everyday use of computers. Also, you may take free self-paced quizzes to further improve on what you have learned. You may also like to receive certificates of completion after passing your quiz(zes). Please e-mail Mike, your instructor, at backoncourse@att.net for a course outline and more information. (Not for Mac, Chromebook, or tablet users)

#19250 Dates: 10/1/2023 – 10/22/2023

Sun 7:30 PM - 8:30 PM Fee: \$99

#19280 Dates: 10/3/2023 – 10/12/2023

Tues & Thurs 1:00-2:00 PM Fee: \$99



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SKILLS & DEVELOPMENT • ADULT

SOUTHERN MICHIGAN OBEDIENCE TRAINING CLUB ("SMOTC")

was established in 1948 as a not-for-profit organization. All SMOTC trainers and assistants are unpaid volunteers who participate solely for the joy of the sport and the love of dogs. We are proud to be the only AKC Member Obedience Club in Southeastern Michigan.

Southern Michigan's primary goal is to teach people how to train their dogs so that the dogs can become better Canine Companions, and to encourage participation in dog activities such as AKC Obedience Competition, Rally, Tricks, and Therapy Dog work.

SMOTC welcomes dogs of all breeds, including mixed breeds, to all of our classes and events.

INTRODUCTION TO DOG OBEDIENCE

Southern Michigan Obedience Training Club (SMOTC) offers this foundation Introduction to Obedience class for all dogs who are at least 6 months old. Learn to train your dog to heel (walk) on lead next to you, sit and down stay, come when called and stand – to become a more enjoyable member of the family, as well as encourage participation in obedience competition. This is a fast-moving class to teach you to teach your dog basic obedience. This class will require that you work with your dog 10-20 minutes a day during the duration of the classes for best results. You will need to bring these items the FIRST night of class as well as your dog: 1) Your completed Application for Training and Health Certificate (will be sent to you via email prior to class); plus bring ALL shot records. 2) Bait /Lure (treat) bag, fanny pack or apron with SMALL SOFT TREATS. 3) Have well fitting collar with a 6 ft. leash (leather leash recommended). Minors over 12 years old are invited to train as long as a parent or guardian is registered for the class and stays during the class. Location: Berkshire Gym

#19212

Dates: 9/12/2023 - 10/17/2023

of Sessions: 6

Tue 6:45 PM - 7:30 PM

Fee: \$85

THERAPY DOG PREPARATION AND EVALUATION

This class will help to prepare students and their dogs to become a certified Therapy Dog team. The class will also address safety precautions for you and your dog, proper visiting techniques, getting around medical equipment, and more. For this class, your dog will need to work reliably and test on a flat buckle collar or non-correcting harness (leash fastens on the dog's back) with a 6-foot leather or nylon leash. Dogs will need to be proficient and reliable in all basic obedience commands (heel, sit, down, leave it and stay). We highly recommend that students have taken one or more obedience classes prior to registering for this class. Vaccination records are required and must be presented the first night of class. Dogs must have reached or passed their first birthday on or before the last day of class to be evaluated and tested. A Therapy Dogs International (TDI) certification test will be performed soon after the last class; evaluation date and location will be announced in class. There is an additional \$10.00 test fee. Location: Berkshire Gym

#19214

Dates: 9/26/2023 - 10/10/2023

of Sessions: 3

Tue 7:45 PM - 8:30 PM

Fee: \$55

AKC STAR PUPPY CLASS

Southern Michigan Obedience Training Club (SMOTC) offers this class for puppies purebred or mixed approximately 3 – 5 months of age. Help your new "Best Friend" develop the good habits it needs in order to become a valued member of your family. Socialization, introduction to obedience, and problem solving are covered in the classes. AKC STAR Puppy Certification is offered. Minors are invited to attend with a registered adult. Please bring puppy with buckle collar, leash, healthy treats and shot records (required) to first class. Location: Berkshire Gym

#19213 Dates: 9/12/2023 - 10/17/2023

of Sessions: 6 Tue 7:45 PM - 8:45 PM Fee: \$85



WWW.SMOTC.ORG

- 🐾 AKC STAR Puppy
- 🐾 Introduction to Dog Obedience
- 🐾 Intermediate Obedience / Canine Good Citizen
- 🐾 Advanced Obedience / Rally
- 🐾 Therapy Dog Preparation / Evaluation

f Look For Classes Near You

**248-546-2727
info@smotc.org**

Berkley • Birmingham • Grosse Pointe

For information: 248-203-3800 • www.communityed.net

 Heart to Heart Hospice of Detroit 248.952.9000 If you have questions about hospice care, call us today, or visit us at htohh.com	 Comfort. Support. Dignity. Available 24 hours a day, 7 days a week Covered by Medicare, Medicaid and most private insurances Pain and symptom control centered around patient and family goals
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DEMENTIA 101 - Keep It Simple

Heart to Heart Hospice offers a new class on dementia: Dementia 101 "Keep It Simple" Our Focus: create a happier and calmer experience for the dementia patient and the caregiver(s). We offer valuable tools that we feel can make a real difference. This is a one-session class offered Mondays and Thursdays between September 7 through December 4, 2023. After you register with Birmingham Community Education, you will be contacted to set up your date and time (a one and one half hour time slot). If you need another day of the week, we will work around your schedule. Classes presented by Julie Cody of Heart to Heart Hospice. Location: Class meets at Heart to Heart Hospice, 30600 Telegraph Rd, Suite #1131, Bingham Farms, MI 48025 (located on the SE corner of Telegraph and 13 Mile Road in the Bingham Center, behind Qdoba Restaurant). Individually scheduled, 1-hour - 1 1/2 hour class is offered on Mondays or Thursdays between the hours of 8:00 a.m - 8:00 p.m. between 9/07/2023 through 12/04/2023

#19238

Individually scheduled, 1-hour - 1 1/2 hour class is offered on Mondays or Thursdays between the hours of 8:00 a.m - 8:00 p.m. Date range is September 7 through December 4, 2023

Fee: \$12

"I am a Hospice Hero"

(Hospice Volunteer Training)

(Ages 18 and Up) Heart to Heart Hospice is offering Volunteer Training for those who would like to visit patients near their home. Pay it forward and your rewards will be enormous. A simple act of kindness can make a huge difference to a patient and their family. We provide your training, we assign you near your home and always work around your schedule. If you have questions about the class, please call Julie Cody at Heart to Heart Hospice, 248-952-9000. If you are unavailable during the scheduled workshops, please contact Julie to set up another date or time after registering with Community Education. This class will benefit you and your loved ones for the rest of your life. We look forward to hearing from you! Class meets at Heart to Heart Hospice, 30600 Telegraph Rd, Suite #1131, Bingham Farms, MI 48025 (located on the SE corner of Telegraph and 13 Mile Road in the Bingham Center, behind Qdoba Restaurant).

#19218

Date: 9/14/2023 Thu 10:00 AM - 11:30 AM

Fee: \$12

#19219

Date: 10/19/2023 Thu 10:00 AM - 11:30 AM

Fee: \$12

GETTING PAID TO TALK:

An Introduction to Professional Voice Over Zoom Workshop

If you've ever wondered how to begin in voice over part time, full time, or for supplemental or retirement income, this workshop is a great, upbeat, and most importantly, realistic first step. Our easy-to-access remote learning system will take you behind the scenes at Voice Coaches main studios, where we regularly produce voice over content for clients including Netflix, Discovery, HGTV, Disney, Lifetime, Nickelodeon, and many more. From audio books, training material, animation, and commercials to socially relevant content, television, and much, much more: today's voice over field has become a great way to leverage your individual voice qualities and communication skill in a whole new way. This class also includes an opportunity to receive a brief one-on-one voice range and quality assessment with our instructor. This is a live, web-based workshop with Q&A. The class will be held via Zoom. Prior to class, students will be sent a confirmation email with link and instructions for accessing the Zoom webinar. More information about this class may be found by clicking on the following link: gettingpaidtotalk.com/liveweb

#19198 Date: 10/10/2023

Tue 6:30 PM - 8:00 PM Fee: \$35

BPS KIDS CLUB & EARLY LEARNING INFORMATION



BPS KIDS CLUB



Kids Club is:

- Located in every BPS elementary school
- Safe, secure and caring environment for students before & after school
- Open to students in grades JK-5
- Fun, with a wide range of activities, including outdoor play, special projects, and themed half days
- Flexible - scheduling available for everyday use or just the days you want
- A great place to meet & make new friends

The Kids Club program is licensed by the Michigan Department of Licensing and Regulatory Affairs.

2023-2024 KIDS CLUB RATES AND OPTIONS

Annual Program Registration Fee: \$85 per family (\$45 after 1/31/24)

Attendance Scheduled in Advance

AM RATES	\$10 per child/per session
PM RATES	\$15 per child/per session
HALF DAYS	\$35 per child/per session

Attendance NOT Scheduled in Advance

AM/PM RATES	\$20/\$25 per child/per session
HALF DAYS	\$50 per child/per session

There are **NO REFUNDS** for unused sessions, regardless of reasons (illness, travel etc.)
Snow days are **NOT** refunded

Late Pickup Fees

6:00 - 6:10 PM	\$20 per child
After 6:10 PM	\$2 per minute/per child
Every 4th Occurrence:	\$25 per family - (in addition to late fee)

Kids Club privileges are suspended for 30 days after the 4th late pickup.

REGISTRATION/SCHEDULING QUESTIONS? Email BPS SchoolCareWorks Support at: bschoolcare@birmingham.k12.mi.us

KIDS CLUB BUILDING PROGRAM QUESTIONS? Email or call the CSO (Community School Organizer) at your school.

JOIN THE FUN AND
MAKE NEW FRIENDS



BPS Early Learning

Visit

<https://www.birmingham.k12.mi.us>
248-203-5805

Did you know BPS offers a variety of early learning opportunities?

- Neighborhood preschools inside each BPS Elementary School
- Infant-preschool ages at Wee Care & BPS Early Childhood Center
- Great Start Readiness Program (GSRP)
- Excellent teacher/student ratio
- Highly educated, trained, and caring teachers
- Students actively learn through High Scope Curriculum



ESL = English As A Second Language



ADULT DAYTIME ESL CLASSES BEGIN THE FIRST WEEK OF SEPTEMBER

Continuing FREE for qualifying adults* and if space is available.

Classes are held September 2023-May 2024.

For Beginning & Intermediate Level Adult ESL students.

Specific class days and times determined by ESL level.

All classes take place in the mornings. Both virtual (Zoom) and in-person sessions are part of each ESL level.

Students will be registered and placed in a level based on their ESL proficiency exam*.

FALL REGISTRATION FOR NEW STUDENTS ONLY:

AUGUST 29, 30, 31 BETWEEN THE HOURS OF 9:30-11:30 a.m.
Seaholm High School

Returning students are already registered.

Please bring your passport and/or visa, social security card and your driver's license or State of Michigan ID with you to registration. We will need to make a copy for your file.

Open enrollment - new students accepted on an ongoing basis throughout the school year as space provides. Acceptance in the class will be based on the results of your ESL proficiency exam*. Instructors: BPS ESL Staff.

*Students must obtain a minimum CASAS score of 187 to be eligible.

Registration is ongoing and open until classes are filled.

For more information:

email Linda Grindem at lgrindem@birmingham.k12.mi.us

or call Birmingham Community Education at 248-203-3800.

Located within Seaholm High School

at 2436 W. Lincoln, Birmingham, MI 48009.

**Please park in the guest/staff lot off of Lincoln Street
(near the auditorium) and enter the building by buzzing
the "Birmingham Community Education" door.**





The following adult classes are held at the BEVERLY HILLS CLUB, 31555 Southfield Road, Beverly Hills, MI 48025, located on the west side of Southfield Road just north of Thirteen Mile Road. Phone 248-642-8500.
TO REGISTER go to www.communityed.net



BETTER BONES

This class will educate you, improve your muscle strength and decrease the risk of brittle bones due to osteoporosis. Did you know that weight training for osteoporosis can help protect your bones? Studies show that strength training can help prevent bone loss and even help build new bone. We lose so much muscle as we age that by the time we're 70, we have about 50% to 55% of our muscle mass left. Maintaining strong muscles through weight training helps to keep up your balance and coordination, critical in preventing falls, which can lead to osteoporosis-related fractures.

Check the Birmingham Community Website
www.communityed.net
for these BHC classes .

NEW MINDFULNESS MEDITATION 101

Meditation significantly improves your physical and mental health and well-being. You will learn powerful stress-management tools and reduce your anxiety and depression by increasing feelings of compassion, connection and wholeness. Learn how easy it is to meditate. Discover how empowered you feel by meditating regularly. Your body, mind and spirit will thank you. Instructor: Leslie Collins. Location: Seaholm High School, Room F104.

#19241

Dates: 9/12/2023 – 9/21/2023

of Sessions: 4

Tues, Thu 5:30 PM - 7:00 PM

Fee: \$165

NEW SELF-DEFENSE for WOMEN

(Ages 12 years and older)

Can you defend yourself against a violent attack? Do you have the knowledge, skill and confidence to defend your family? You do not have to spend years training in an expensive program. Learn simple, lifesaving skills from programs designed to increase your safety after only one class! Our hands-on courses teach time-tested, realistic methods that are easy to learn and remember. Designed to be safe, this course instills confidence by building on success. You are coached according to your own rate of progression. No previous training required. A great stress reliever and lots of fun. NOTE: This class is open to students 12 years or older. Parents, serious topics are discussed openly but in a professional manner. Minors should be accompanied by a participating adult when possible. Unpaid spectators are not allowed. A release and hold harmless agreement must be signed by a legal guardian at the beginning of class: <https://www.livesafeacademy.com/wp-content/uploads/2021/02/LSA-Release-and-Hold-Harmless-Agreement-.pdf> For more information please visit: <https://www.livesafeacademy.com/selfdefense/> Location: Seaholm Media Center



#19241

Date: 10/30/2023

Mon 6:30 PM - 8:30 PM

Fee: \$35

YOGA FITNESS with LYNN DOWE

Offered to men and women of all levels. The science of Yoga uses precise postures (Asanas) and controlled breathing techniques (pranayama) that integrate energetic connections between body, mind and spirit. Participants explore the insight both through the basic Asanas, while increasing muscle strength and flexibility. Class participation will include sun salutes, basic standing postures, forward and backward bending, positive inversions, twists, reducing stress and seated meditations. Bring a mat to class. Instructor Lynn Dowe offers intentional and inspiring yoga practice for all ages and abilities. She inspires and supports others to live an extraordinary life and through the practice of yoga, to connect with their own personal wisdom, healing abilities and expansive potential. 200RYT instructor – since May 2013. Location: Berkshire Media Center

#19215

Dates: 9/5/2023 - 10/10/2023

of Sessions: 6

Tue 7:00 PM - 8:00 PM

Fee: \$78

#19216

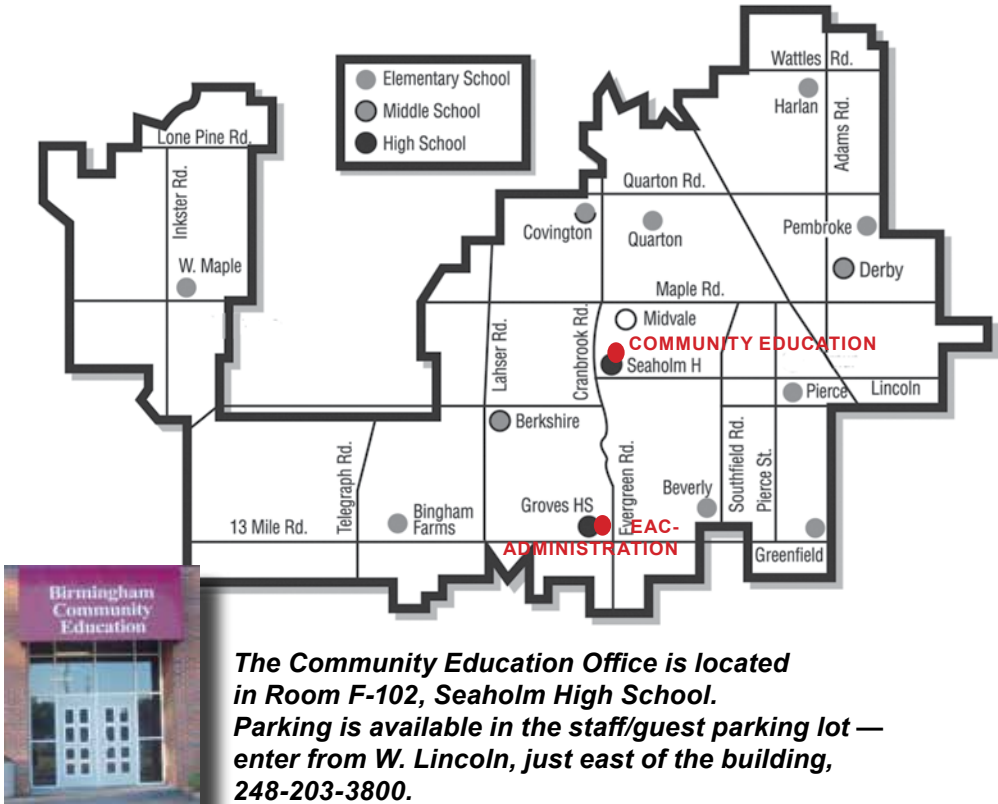
Dates: 10/17/2023 - 11/28/2023 **No Class:** 10/31

of Sessions: 6

Tue 7:00 PM - 8:00 PM

Fee: \$78

BPS LOCATIONS



The Community Education Office is located in Room F-102, Seaholm High School. Parking is available in the staff/guest parking lot — enter from W. Lincoln, just east of the building, 248-203-3800.

BPS EDUCATION AND ADMINISTRATION CENTER (EAC),
31301 Evergreen Road, Beverly Hills, MI 48025 248-203-3000

BERKSHIRE MIDDLE SCHOOL, 21707 W. 14 Mile Road, Beverly Hills, MI 48025, 248-203-4700

BEVERLY ELEMENTARY SCHOOL, 18305 Beverly Road, Beverly Hills, MI 48025, 248-203-3150

BINGHAM FARMS ELEMENTARY SCHOOL, 23400 W. 13 Mile Road, Bingham Farms, MI 48025, 248-203-3350

BIRMINGHAM COVINGTON SCHOOL, 1525 Covington Road, Bloomfield Hills, MI 48301, 248-203-4444

DERBY MIDDLE SCHOOL, 1300 Derby Road, Birmingham, MI 48009, 248-203-5000

GREENFIELD ELEMENTARY SCHOOL, 31200 Fairfax, Beverly Hills, MI 48025, 248-203-3210

GROVES HIGH SCHOOL, 20500 W. 13 Mile Road, Beverly Hills, MI 48025 248-203-3500

HARLAN ELEMENTARY SCHOOL, 3595 N. Adams Road, Bloomfield Hills, MI 48304, 248-203-3265

MIDVALE CENTER, 2121 Midvale Road, Birmingham, MI 48009
Early Childhood Center - 248-203-5803 / BASCC - 248-203-5270

PEMBROKE ELEMENTARY SCHOOL, 955 N. Eton, Troy, MI 48084, 248-203-3888

PIERCE ELEMENTARY SCHOOL, 1829 Pierce St., Birmingham, MI 48009, 248-203-4325

QUARTON ELEMENTARY SCHOOL, 771 Chesterfield, Birmingham, MI 48009, 248-203-3425

SEAHOLM HIGH SCHOOL, 2436 W. Lincoln, Birmingham, MI 48009, 248-203-3700

WEST MAPLE ELEMENTARY SCHOOL, 6275 Inkster Road, Bloomfield Hills, MI 48301, 248-851-2667

REGISTRATION INFORMATION

PRE-REGISTRATION IS REQUIRED FOR ALL CLASSES.

Pre-registration is required for all programs. No drop-in registration on the day of class.

PAYMENTS

Register and pay using cash, check or VISA/Mastercard. Fees are payable in full at the time of registration. All checks should be made payable to "Birmingham Public Schools." There will be a \$60 fee for all returned checks.

DROPS/REFUNDS PLEASE READ CAREFULLY BEFORE REGISTERING FOR CLASS!

Requests must be made directly to Birmingham Community Education THREE (3) business days prior to the beginning of class. With the exception of one day classes, all class refunds are the amount of the fee less a \$10 processing fee per class. The processing fee for most one-day classes is \$5.00. *The cost of materials cannot be refunded.* No cash refunds. Refunds will be in the form of a check, credit or account voucher. Refunds of less than \$10 will be in the form of an account voucher.

WE DO OUR VERY BEST TO GET IT RIGHT

We take great care to check the accuracy of all information in our brochures and on our website. However, we cannot be responsible for inadvertent and unintentional errors and we reserve the right to correct them.

CLASS/CAMP CANCELLATIONS

REGISTER EARLY! The most common reason for class cancellation is low enrollment. Every effort will be made to notify registrants that a class has been cancelled.

NOTIFICATIONS OF CANCELLATIONS AND CLASS CHANGES ARE SENT VIA EMAIL.

Please recheck your profile online every time you register for accuracy. Any person registered in a cancelled class will receive a full refund or may transfer to another class in the current semester. Birmingham Community Education reserves the right to cancel any class due to insufficient registrations.

Please know that we draft our fall brochure months in advance of publication to your mailbox. We continue to follow all state guidelines regarding in-person returns, and may make changes to our programming based on these state requirements.

CLASS/CAMP CHANGES

Birmingham Community Education reserves the right to withdraw or change classes/camps, instructors or schedules; to revise tuition and fee structures; and to amend its policies as necessary for smooth and efficient operation.

WAIVER OF LIABILITY AND HOLD HARMLESS

PLEASE FILL OUT THE APPROPRIATE WAIVER ON PAGES 27 AND 28, and include with your registration form. If registering online, a waiver form is part of the registration process; a separate form will not be required. You must have a current waiver on file with Birmingham Public Schools for every class/course/camp you or your children are attending.

NOTICE OF NONDISCRIMINATION

The Board of Education is committed to maintaining a learning/working environment in which all individuals are

treated with dignity and respect, free from discrimination and harassment. There will be no tolerance for discrimination or harassment on the basis of race, color, national origin, religion, sex, sexual orientation, marital status, genetic information, disability or age. The District prohibits harassment and other forms of discrimination whether occurring at school, on District property, in a District vehicle, or at any District related activity or event. The Superintendent will designate compliance officers and develop and implement regulations for the reporting, investigation and resolution of complaints of discrimination or harassment. The following people have been designated to handle inquiries regarding the nondiscrimination policies: Students - Inquiries related to discrimination on the basis of disability should be directed to: Executive Director of Special Education, 31301 Evergreen Road Beverly Hills, MI 48025, 248.203.3000. Direct all other inquiries related to discrimination to: Assistant Superintendent of Human Resources, 31301 Evergreen Road, Beverly Hills, MI 48025, 248.203.3000.

INCLEMENT WEATHER/SCHOOL CLOSING

When Birmingham Schools are closed due to severe weather, power failure or circumstances beyond our control, announcements concerning evening programs will be made by 2:00 p.m. Verify school closing by checking out Channel 4 news.

FOR THE MOST UP-TO-DATE INFORMATION

VISIT THE HOMEPAGE OF:
BIRMINGHAM PUBLIC SCHOOLS
WWW.BIRMINGHAM.K12.MI.US
BIRMINGHAM COMMUNITY EDUCATION
WWW.COMMUNITYED.NET

INJURIES & PERSONAL PROPERTY DAMAGE/LOSS

We are frequently asked: "Are my children or am I insured by Birmingham Public Schools in the event of injury while participating in a school district program?" A follow-up question is: "Does the district have insurance to protect personal property that I or my children may bring to school?" The answer is "NO."

BPS does not provide insurance for injuries, damage, or loss of property. A State of Michigan statute grants the Birmingham Public School District and other public bodies (e.g., cities, villages, etc.) with immunity to tort liability. What this means is that because we are a public agency funded through tax dollars and we are providing a public service, we are not held liable in the event of injury or loss of property. The Board of Education has decided that the district should not use taxpayers' tax dollars to provide for these risks. Your homeowner's policy may cover property damaged or lost from the school premises (e.g., automobiles, bicycles, band instruments, calculators, etc.) **WE ENCOURAGE YOU TO MAKE SURE THAT YOU HAVE ADEQUATE HEALTH AND PROPERTY DAMAGE/LOSS INSURANCE COVERAGE.**

**NO SMOKING/VAPING, NO
FIREARMS AND NO ALCOHOLIC
BEVERAGES
OR PETS/ANIMALS
IN SCHOOL BUILDINGS OR ON
SCHOOL PROPERTY.**

BPS COMMUNITY EDUCATION INFORMATION

COMMUNITY EDUCATION STAFF

Jill FillCommunity Education Specialist
Diane Agrusa Rampolo.....Program Assistant
Gail Frederickson..... Office Assistant
Meli Zikakis Office Assistant
Linda Grindem ESL Instructor
Noelle Bogan ESL Instructor
Paula Kotrba ESL Instructor
Kim Weaver..... Events Coordinator

BIRMINGHAM
COMMUNITY EDUCATION
REGULAR OFFICE HOURS*

Monday-Friday.....8:00 a.m.-4:00 p.m.

OFFICE CLOSED:

September 4, November 22-24
December 22-January 2

*Note: Office hours may vary due
to school breaks and holidays.

BPS FACILITY RENTAL INFORMATION

Birmingham Public Schools facilities and fields are conveniently located for the residents of Birmingham, Beverly Hills, Bingham Farms, Franklin, West Bloomfield, Bloomfield Hills, Troy and Southfield. Our facilities and fields are available for rental by public and private groups on Saturdays, Sundays and after school on week days. With ample free parking and recently renovated buildings, Birmingham offers great potential for your special event. Whether you need auditoriums, classrooms, media centers, computer labs, gyms, pools, stadiums or fields, the modern facilities and fields of Birmingham Public Schools give you an advantage! All facility services are available for single events, individual classes or entire college curricula or large sports events. For all of your facility and field requests, please contact Birmingham Community Education at 248-203-3800.

FOR RENTAL INQUIRIES ON AUDITORIUMS & LITTLE THEATERS CALL 248-203-3061
POOLS/GYMS/CLASSROOMS/ GRASS FIELDS & TRACKS/STADIUMS
CALL 248.203.3800

FALL 2023 • REGISTRATION FORM

Payment by cash, check or VISA/MC. All checks should be payable to: *Birmingham Public Schools.*
Phone, fax and online registrations by credit card only.
Mail: 2436 W. Lincoln, F102, Birmingham, MI 48009
Phone: 248-203-3800• Fax: 248-203-3818 • www.communityed.net

Last Name (Parent/Guardian) _____ First Name _____

Address _____ City _____ Zip _____

E-mail address _____ Phone (Home) _____ Phone (Cell/Work) _____

Student's Full Name _____ Birthdate _____

Name of Class	Class Start Date	Days of Class	Class #	Fee
				\$
				\$
				\$
Please fill out appropriate WAIVER on page 27 & 28			Total	\$

HOW TO REGISTER:

Online:
www.communityed.net

Phone:
248-203-3800

Fax:
248-203-3818

In person or by mail:
2436 W. Lincoln, Suite F102
Birmingham, MI 48009

PAYMENT: Full payment due at registration.

_____ Check enclosed (payable to "Birmingham Public Schools")

_____ Visa/MasterCard

Cardholder's Name _____

Account Number: _____ Expiration Date: _____

Cardholder's Signature: _____

WAIVER FOR PARTICIPANTS 18+ YEARS

WAIVER OF LIABILITY AND HOLD HARMLESS AGREEMENT FOR ALL BIRMINGHAM COMMUNITY EDUCATION ACTIVITIES EVENTS / CLASSES / CAMPS / OPEN SWIM / ATHLETIC LEAGUES

Participant 18+ years of Age

1. In consideration for receiving permission to participate in the Birmingham Public Schools Community Education Activity of my choice, I hereby RELEASE, WAIVE, DISCHARGE AND COVENANT NOT TO SUE and further hereby AGREE TO INDEMNIFY AND HOLD HARMLESS Birmingham Public Schools, the members of its Board of Education (in their official and individual capacities), administrators, agents, servants or employees (hereinafter referred to as RELEASEES) from any and all liability, claims, costs, expenses, attorney fees, demands, actions and causes of action whatsoever arising out of or related to any loss, damage, or injury, including death, that may be sustained by me, or any of the property belonging to me, WHETHER CAUSED BY THE NEGLIGENCE OF THE RELEASEES, or otherwise, while participating in such activity, or while in, on or upon the premises where the activity is being conducted.
2. I am fully aware of and acknowledge the potential risks of serious personal injury associated with this activity. I hereby elect to voluntarily participate in said activity with full knowledge that said activity may be dangerous to me and my property. I VOLUNTARILY ASSUME FULL RESPONSIBILITY FOR ANY RISKS OF LOSS, PROPERTY DAMAGE OR PERSONAL INJURY, INCLUDING DEATH, that may be sustained by me, or any loss or damage of property owned by me, as a result of being involved in such activity, WHETHER CAUSED BY THE NEGLIGENCE OF RELEASEES OR OTHERWISE.
3. It is my express intent that this Waiver of Liability and Hold Harmless Agreement shall bind the members of my family and spouse, if I am alive, and my heirs, assigns and personal representative, if I am deceased, and shall be deemed as a RELEASE, WAIVER, DISCHARGE AND COVENANT NOT TO SUE the above-named RELEASEES. I hereby further agree that this Waiver of Liability and Hold Harmless Agreement shall be construed in accordance with the laws of the State of Michigan.
4. IN SIGNING THIS AGREEMENT, I ACKNOWLEDGE AND REPRESENT THAT I have read this Waiver of Liability and Hold Harmless Agreement, understand it and sign it voluntarily as my own free act and deed; no oral representations, statements, or inducements, apart from the foregoing written agreement, have been made; I am at least eighteen (18) years of age and fully competent; and I execute this Release for full, adequate and complete consideration fully intending to be bound by same.

Signed on this _____ day of _____, 20_____.

PARTICIPANT

Print _____ Name _____.

Signature _____

WAIVER FOR PARTICIPANTS UNDER 18 YEARS

WAIVER OF LIABILITY AND HOLD HARMLESS AGREEMENT
FOR ALL BIRMINGHAM COMMUNITY EDUCATION ACTIVITIES
EVENTS / CLASSES / CAMPS / OPEN SWIM / ATHLETIC LEAGUES

Participant UNDER 18 years of Age

- 1. In consideration for receiving permission to participate in the Birmingham Public Schools Community Education Activity of my choice, I hereby RELEASE, WAIVE, DISCHARGE AND COVENANT NOT TO SUE and further hereby AGREE TO INDEMNIFY AND HOLD HARMLESS Birmingham Public Schools, the members of its Board of Education (in their official and individual capacities), administrators, agents, servants or employees (hereinafter referred to as RELEASEES) from any and all liability, claims, costs, expenses, attorney fees, demands, actions and causes of action whatsoever arising out of or related to any loss, damage, or injury, including death, that may be sustained by me, or any of the property belonging to me, WHETHER CAUSED BY THE NEGLIGENCE OF THE RELEASEES, or otherwise, while participating in such activity, or while in, on or upon the premises where the activity is being conducted.
- 2. I am fully aware of and acknowledge the potential risks of serious personal injury associated with this activity. I hereby elect to voluntarily participate in said activity with full knowledge that said activity may be dangerous to me and my property. I VOLUNTARILY ASSUME FULL RESPONSIBILITY FOR ANY RISKS OF LOSS, PROPERTY DAMAGE OR PERSONAL INJURY, INCLUDING DEATH, that may be sustained by me, or any loss or damage of property owned by me, as a result of being involved in such activity, WHETHER CAUSED BY THE NEGLIGENCE OF RELEASEES OR OTHERWISE.
- 3. It is my express intent that this Waiver of Liability and Hold Harmless Agreement shall bind the members of my family and spouse, if I am alive, and my heirs, assigns and personal representative, if I am deceased, and shall be deemed as a RELEASE, WAIVER, DISCHARGE AND COVENANT NOT TO SUE the above-named RELEASEES. I hereby further agree that this Waiver of Liability and Hold Harmless Agreement shall be construed in accordance with the laws of the State of Michigan.
- 4. IN SIGNING THIS AGREEMENT, I ACKNOWLEDGE AND REPRESENT THAT I have read this Waiver of Liability and Hold Harmless Agreement, understand it and sign it voluntarily as my own free act and deed; no oral representations, statements, or inducements, apart from the foregoing written agreement, have been made; I am fully competent; and I execute this Release for full, adequate and complete consideration fully intending to be bound by same.

Signed on this _____ day of _____, 20_____.

PARTICIPANT

Print _____ Name _____.

Signature_____

I/we, the Parent(s)/Legal Guardian(s) of the above named Participant, consent to the minor Participant's participation in the Birmingham Public Schools Community Education Activity(ies), acknowledge the risks associated with the Participant's participation therein, and in consideration of my/our minor Participant's permission to participate in said Birmingham Public Schools Community Education Activity(ies) agree to be bound by this Waiver of Liability and Hold Harmless Agreement and the terms contained herein. Additionally, I/we consent to Birmingham Public Schools seeking reasonable and necessary medical treatment for my/our minor Participant during such event or associated activities, and agree to be responsible for any cost/expenses associated with such treatment.

Parent/Guardian
Date_____

Signature_____

Parent/Guardian
Date_____

Signature_____

Birmingham Bloomfield Community Coalition

Birmingham Bloomfield Community Coalition (BBCC) takes a research-driven, youth-led approach to substance abuse prevention, health and wellness. BBCC and the Youth Action Board (YAB) provide education, tools, activities, and support to help youth rise above life's challenges by making informed decisions about their safety, health and wellness, as well as encourage adults to positively support them.

Following are just some of the programs and services available for students, parents, schools, and other community groups.

On-line or In-person Programming is available and includes the following topics:

- Education on individual or a grouping of substances such as:
 - Vaping, Alcohol, Prescription Drugs, Marijuana
 - Covey 7 Habits for Highly Effective Teens
 - Social media
 - Wellness
 - Customized Programs, too! Just let us know what you need.
- **HIGH SCHOOL TEENS:** **Earn community service, build leadership skills, create healthy connections, and have fun doing it!** If you are a high school teen, the Youth Action Board (YAB) has a variety of opportunities to get involved AND we meet year-round via Zoom and in-person as deemed safe. Contact youth program coordinator, Kelly, at kmichaud@bbcoalition.org.
 - **Mid Action Board:** Provides 8th grade students with a positive voice and presence in their schools and broader community on issues important to them with a focus on substance use prevention, building confidence and resilience, creating and maintaining positive peer influence, and supporting positive mental health and overall wellness for their peers. Contact youth program coordinator, Kelly, at kmichaud@bbcoalition.org



**YOUTH-FOCUSED
PREVENTION,
HEALTH AND WELLNESS**
www.bbcoalition.org
248.203.4615



BPS Early childhood Intervention Program & Services for children with developmental delays and special needs who reside within Birmingham Public Schools. A parent concerned about his/her child's development may refer their child to Early Childhood Intervention Program & Services. A referral will be taken for children ages birth through the date that they enter kindergarten. To begin a referral process, a parent or legal guardian who has a concern about his/her child's talking, walking, hearing, learning or behavior should call the following:

Ages birth to 3 years: Early On Oakland 248.209.2084

Ages 3 to kindergarten: Kelly Beard, Project Find, 248.203.5818 or kbeard@birmingham.k12.mi.us

COMMUNITY NEWS & EVENTS



**FRIENDS is a parent group
in the Birmingham Public School System
with preschool to adult age children
coming together to build a strong parent community**

The Friends website at
www.friendsofdifferntlearners.com
& join us on Facebook@Friendsofdifferntlearners.

Birmingham Youth Assistance



**Birmingham Farmers Market
at the KID ZONE
September 17
and October 29**

**Breakfast with Santa December 3
at the Townsend Hotel**

The mission of Birmingham Youth Assistance is to strengthen youth and families and to reduce the incidence of delinquency, abuse and neglect through community involvement.

BYA provides community based casework and counseling services as well as providing programming and events for children and families within the Birmingham Public School district.

BYA is a partnership of: the Oakland County Circuit Court – Family Division; the City of Birmingham and the Villages of Beverly Hills, Bingham Farms and Franklin; Birmingham Public Schools; and community volunteers.

Do you want to make a difference? Volunteer with BYA!

**BIRMINGHAM YOUTH ASSISTANCE
provides short term, low cost counseling services.
248.203.4300 / www.birminghamyouthassistance.org**



**TO STAY ACTIVE & CONNECTED,
KEEP ASKING WHAT'S NEXT?**

Active adults have enjoyed the programs and support services offered at Next for over 40 years! We continue to evolve to meet the diverse interests of today's residents over the age of 50. Next offers a robust calendar of activities with more educational programming to stimulate your mind, additional art classes to ignite a passion, more fitness to strengthen your body and more travel than ever before to explore new destinations. Next also has a comprehensive Support Service Department offering resources that allow area residents to age in place. Stop in for a tour or find more information on our website at www.BirminghamNext.org Next is located at 2121 Midvale Road, right behind Seaholm High School.

Perspectives Counseling Centers

Shine a light on your future



Specializing in:

Depression & Anxiety

Trauma-Focused Treatment

Self Harm

Social Skills

Substance Abuse

Suicide & Violence Prevention

Anger & Behavioral Management

Family & Relational Therapy

ADD/ADHD

Psychological Testing

Psychiatric Evaluations

Medication Management

Locations in:

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Clarkston

Novi

Rochester Hills

Offering SAFE face-to-face sessions or Teletherapy from your home

(248) 244-8644

Perspectivesoftroy.com



FOCUS FOR SCHOOL,
CONFIDENCE FOR LIFE!

MARTIAL ARTS TEACHES KIDS A LOT:

- FOCUS
- CONFIDENCE
- GOAL SETTING
- SELF-DISCIPLINE
- POSITIVE ATTITUDE

TRY FOR FREE
CALL OR CLICK TODAY!

TMARTIALARTS.COM
4851 FERNLEE AVE (ACROSS FROM TARGET)

 248.825.3499

GPAC Presents

NEWSIES

BROADWAY'S SMASH HIT MUSICAL

November 3-5 and 10-12, 2023

Tickets can be purchased online at:
<https://grovesperformingartscompany.ludus.com/>

Fall Play



Fall Play

Enemy of the People
by Authur Miller

November 17-19
Seaholm Little Theatre



American
Red Cross

Groves High School

BLOOD DRIVE

Tuesday, October 3

**TOGETHER WE
CAN SAVE LIVES!**

Call 248-203-3509
for more information

Seaholm High School OPEN HOUSE

MON | 06 | 5-7
DAY | NOV | PM

COME SEE THE
POSSIBILITIES AND EXCELLENCE
THAT AWAITS AT SEAHOLM!

2436 W. Lincoln Birmingham, MI 48009
birmingham.k12.mi.us/seaholm

*Think with reflection.
Act with compassion.
Perform with honor.*



Ernest W. Seaholm
High School



FOOD DRIVE

October 2-6