

### **FALL 2025**

Dear Birmingham Community,

As the Superintendent of the Birmingham Public Schools, I am pleased to invite you to learn more about our exceptional Community Education Program.



Education has always been the cornerstone of our community, and we firmly believe that learning should extend far beyond the walls of our schools. Our Community Education Program is a vital bridge connecting our schools, families, and residents, fostering a sense of togetherness and lifelong learning opportunities for all.

We offer a range of educational, recreational, and cultural activities that cater to the diverse interests and needs of our community members. Whether you are a parent seeking enrichment opportunities for your child or an adult looking to expand your knowledge, our program has something for everyone.

We take great pride in the variety of classes and workshops we offer. From early childhood programs that lay the foundation for our youngest learners to adult education courses that provide professional development opportunities, we strive to create a vibrant learning environment that meets the ever-changing needs of our community. Our program includes art classes, fitness and wellness programs, and more. We continuously collaborate with local organizations, businesses, and experts to ensure that our programs remain relevant, engaging, and of the highest quality.

I am immensely proud of the Community Education Program we have developed and its positive impact on the lives of our community members. Together, let us embrace the journey of lifelong learning and build a stronger, more connected community for generations to come.

Sincerely.

Dr. Embekka Roberson Superintendent of Schools



Birmingham Public Schools
Community Education Brochure
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Birmingham Public Schools
31301 Evergreen
Beverly Hills, MI 48025
248.203.3800

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### ADVERTISE IN THIS BROCHURE!

This brochure is mailed to over 29,000 Birmingham Public School district residents.

If you're interested in placing an advertisement in the WINTER/SPRING 2026 issue, please contact Diane Rampolo at 248.203.3822 or DRampolo@birmingham.k12.mi.us.

### **YOUTH • SKILLS & DEVELOPMENT**



## KIDS EMPOWERED WORKSHOPS

Over 500,000 girls, boys, parents, teachers, and social workers have participated in Girls Empowered and Boys Empowered programs over 25 years. The team includes social workers, teachers and fitness and dance instructors.

### BACK TO SCHOOL - ADHD TOOLKIT FOR PARENTS

Got an ADHD kid? Start the school year off with a plan! Learn strategies and tools on how to help with executive functioning including managing emotions and school and home challenges. Learn ways to reframe ADHD and look at it as your child's superpower if it can be channeled into a strength. Learn ways as a parent to manage your frustrations to minimize the constant negative feedback many kids receive from the rest of the world. Location: Berkshire Middle School, Cafeteria

#21067

Date: 9/29/2025 Mon 7:00 PM - 8:30 PM

Fee: \$20

### BIG EMOTIONS AND LITTLE PEOPLE (Grades K-5)

Kids will go to five stations that will each have an activity to learn how to manage BIG EMOTIONS. Kids will learn ways to identify their feelings. They will learn strategies to manage sticky situations and calm their brain and body. Stations include: "Don't Get Hooked", "The Word Station" (words that can be used for problem solving and shutting down mean comments) and "The Slime and Fidget Station", "Bring on the Calm Station" and the "My Thinking Brain vs My Survival Brain". The more skills a child has to handle sticky situations the more they can manage those BIG EMOTIONS. This workshop will include FUN while teaching big life skills to manage those big emotions. Bring a snack and reusable water bottle. Location: Berkshire Middle School, Cafeteria

#21068

Date: 12/5/2025 Fri 5:30 PM - 8:30 PM

Fee: \$30

### EMPOWERED SLIME TIME (Grades K-5)

Kids LOVE slime! At Kids Empowered, we use slime in lots of fun ways to teach social skills and emotional management. One way we use slime is that it represents sticky situations kids face on the playground, in the classroom and at home. Kids will learn how to recognize they are in a sticky situation and learn strategies to respond to unfriendly classmates, a friend's comments and actions, sibling conflict and everyday challenges. We will have some fun empowerment lessons with the Slime Time show. We will even practice mindfulness with slime. Each day the kids will make slime to represent different lessons. Lots of games, fun and role playing to handle sticky situations. Location: Berkshire Middle School, Cafeteria

#21066

Date: 10/3/2025 Fri 5:30 PM - 8:30 PM

Fee: \$30

### FRIENDSHIP RULES WITH RULES! (Girls, Grades K-5)

Girls will learn the do's and don'ts of friendship. What it means to be a true friend and how to set boundaries and what to do through sticky friendship situations. Girls will learn the skills of friendship including listening, problem solving, taking turns, managing conflict. Girls will make a Friendship craft and Friendship "Rule" with Rules Kit. Location: Berkshire Middle School, Cafeteria

#21073 (Girls, Grades K-2)

Date: 10/4/2025

Sat 1:00 PM - 2:30 PM Fee: \$30

#21074 (Girls, Grades 3-5)

Date: 10/4/2025

Sat 2:30 PM - 4:00 PM Fee: \$30



### **SKILLS & DEVELOPMENT • YOUTH**



## KIDS EMPOWERED WORKSHOPS

Over 500,000 girls, boys, parents, teachers, and social workers have participated in Girls Empowered and Boys Empowered programs over 25 years. The team includes social workers, teachers and fitness and dance instructors.

### **LEGO NITE OUT (Grades K-5)**

A fun nite with Legos. We will play games, have some Lego competitions, and learn that with our words we can build people up including ourselves and be a problem solver or we can tear people down including ourselves and be a problem maker. Bring a nut free snack and reusable water bottle. Location: Berkshire Middle School, Cafeteria

#21065

Date: 11/7/2025 Fri 5:30 PM - 8:30 PM

Fee: \$30

### PARENT/BOYS ASSERTIVENESS BOOT CAMP (Grades K-5)

Parents and boys will learn the skill of being assertive. Assertiveness is one of, if not the most important skills you can have, because it helps you set boundaries, manage conflict, handle peer pressure, stand up for yourself and go after your dreams. Assertiveness is a skill. Role play and an assertiveness tool kit included. Please register the adult only. Location: Berkshire Middle School, Cafeteria

#21071 (Grades K-2) Date: 10/8/2025

Wed 5:30 PM - 7:00 PM

Fee: \$30

#21072 (Grades 3-5)
Date: 10/22/2025
Wed 5:30 PM - 7:00 PM

Fee: \$30

# PARENT/GIRLS ASSERTIVENESS BOOT CAMP (Grades K-5)

Parents and girls will learn the skill of being assertive. Assertiveness is one of the most important skills you can have because it helps you set boundaries, manage conflict, handle peer pressure, stand up for yourself and go after your dreams. Assertiveness is a skill. Role play and an assertiveness tool kit included. Please register the adult only. Location: Berkshire Middle School, Cafeteria

#21069 (Grades K-2)
Date: 10/1/2025
Wed 5:30 PM - 7:00 PM

Fee: \$30

#21070 (Grades 3-5)
Date: 10/15/2025
Wed 5:30 PM - 7:00 PM



### **YOUTH • SKILLS & DEVELOPMENT**

### LIVE SAFE ACADEMY

Live Safe Academy, LLC, is a family run school dedicated to enhancing personal safety. Their experienced, dedicated staff consists of law enforcement officers, attorneys, military personnel, registered nurses, and professional educators and trainers. All of their instructors are certified through nationally recognized organizations. They specialize in the training of first aid, assault and crime prevention, unarmed self-defense and the use of personal protection devices.

# CERTIFIED BABYSITTER / CPR / FIRST AID and SAFE HOME ALONE (Ages 9 and older)

Learn to be safe and responsible. confidence. Have a competitive edge over other babysitters. Topics include: First aid, when and how to call 911, CPR with manikin practice, choking, dealing with difficult behaviors, basic care methods like feeding and diapering, marketing and much more! Students will also learn how to be safe and responsible when home alone, including the importance of not giving out personal information and what to do if somebody comes to the door. Students who successfully complete the course requirements will receive a certificate of completion for Certified Babysitter/ CPR/First Aid course by Live Safe Academy. This class is for students who are independent and reliable enough to be responsible for the safety and well-being of younger children without adult supervision. Class will end between 2 PM and 3 PM depending on when students complete the course requirements. Students need a lunch, snacks, and a fully charged cell phone (if they own one). If your student does not have a cell phone, please write down the cell phone number of the person picking them up and give it to the student. Students will message their ride at lunchtime to let their ride know what time to pick them up. Please check in your student at the beginning of class. Drop off and pick up is in the classroom. Pen and paper for notes is optional. For more information please visit: https://www.livesafeacademy.com/babysitting. Location: Seaholm High School, Media Center

#21127

Date: 9/20/2025 Sat 9:00 AM - 3:00 PM

Fee: \$100

### SELF-DEFENSE for CHILDREN (Ages 6-11)

If someone wants to hurt our children, they will not choose a time or place with witnesses. That means no parents, no teachers, no policemen, just our children and the predator. The safety of our children will depend on their ability to recognize danger and respond appropriately. This fun, interactive and ageappropriate workshop teaches essential, lifesaving information about the dangers that our children face, strategies for prevention and real-world techniques designed to reduce their risk of abductions, assaults, and other forms of violence. But most of all, these programs teach students that they have the right to be safe, that no one has the right to hurt them, and that they are worth protecting. Student age range: 6 to 11. For more information please visit: http://www.livesafeacademv.com/childsafetv. Location: Seaholm High School, Media Center

#21123

Date: 10/27/2025

Mon 5:30 PM-6:30 PM Fee: \$20

### CERTIFIED PET SITTER / CPR / FIRST AID ADD-ON (Ages 9 and older)

Kids, would you like to learn pet first aid and be a certified Pet Sitter? Increase your competitive edge by being more valuable to families with pets and kids. Increase your market by being certified to watch pets or kids. Learn to care for the pets in your own family. Have fun and help keep animals safe. Topics include pet first aid, CPR, choking, and more! This is an add on class for students who participate in the Certified Babysitter/CPR/First Aid course on the same day (students of a previous Live Safe Academy Certified Babysitter/CPR/First Aid course can become a certified pet sitter by taking a live virtual class). This program will begin after the babysitter safety class ends. Class should be concluded by 3 PM to 4 PM, depending on when the babysitter safety course is completed. For more information please visit: www.livesafeacademy. com/babysitting. Location: Seaholm High School, Media Center

#21128

Date: 9/20/2025 Sat 3:00 PM - 4:00 PM

Fee: \$20

### **REGISTER EARLY!**

THESE CLASSES ARE VERY POPULAR AND FILL UP FAST!

### SELF-DEFENSE for WOMEN (Ages 12 years and older)

For a full description see page 21. NOTE: This class is open to students 12 years or older. Parents, serious topics are discussed openly but in a professional manor. Minors should be accompanied by a participating adult when possible. Unpaid spectators are not allowed. A release and hold harmless agreement must be signed by a legal guardian at the beginning of class: https://www.livesafeacademy.com/wp-content/uploads/2021/02/LSA-Release-and-Hold-Harmless-Agreement-pdf For more information please visit: https://www.livesafeacademy.com/selfdefense/

Location: Seaholm High School, Media Center

#21122

Date: 10/27/2025 Mon 6:30 PM - 8:30 PM



TRUE Martial Arts has provided martial arts instruction in the Metro Detroit area since 2009. We provide students of all ages the best possible training while surrounding them with a positive, professional, safe, and challenging learning environment. Bring a water bottle and wear clothing in which you are comfortable exercising. A uniform is optional and sold separately. Students will train bare foot. Fee is for six sessions of your choice during fall session (times and days per level are shown below). Students may register and begin any time. Re-register for additional sessions if you wish. Classes meet at TRUE Martial Arts, 2295 E. Lincoln St., Suite 130, Birmingham, MI 48009 **Register at www.communityed.net** 

#### BRAZILIAN JIU JITSU -TEENS & ADULTS (Ages 13+) -FALL

Brazilian Jiu-Jitsu is ready to take your self-defense and fitness training to the next level! It will teach you to defend yourself against a bigger and stronger opponent with the use of positional dominance, leverage, joint manipulations, chokes, sweeps, takedowns, and more. Fee is for six sessions of your choice on Tuesdays (7:30-8:30pm) and/or Thursdays (7:30-8:30pm) during Fall session. Students may begin any time during the session dates. **Register at www.communityed.net** 

#### #21125

Dates: between 9/2/2025 - 12/18/2025

# of Sessions: 6

Tue, Thu 7:30 PM-8:30 PM

Fee: \$99

### KIDS BRAZILIAN JIU JITSU (Ages 7-12) – FALL

Especially designed for children ages 7-12, this program offers an introduction to the art of Brazilian Jiu Jitsu in a fun, structured and supportive environment. Throughout the course, kids will learn learn fundamental techniques, self-defense skills and the principles of leverage and control. The experienced instructors focus on teaching respect, discipline and perseverance, all while ensuring each child enjoys the learning process. The program promotes physical fitness, boosts confidence, and encourages teamwork. Enroll your child today and watch them develop essential life skills while making new friends and having a blast! Fee is for six sessions of your choice on Tuesdays (5:30-6:30pm) or Thursdays (5:30-6:30pm) during the Fall session. Students may begin any time during the session dates. Register at www.communityed.net

#### #21124

Dates: between 9/2/2025 - 12/18/2025

# of Sessions: 6

Tue, Thu 5:30 PM - 6:30 PM

Fee: \$99

# AUTASTIC ATHLETIC FITNESS (Ages 8-13)

Learn the fundamentals of movement, and fitness to get the body moving the right way! Aside from the health benefits, good fitness is very helpful in developing self-regulation, executive functioning, and social thinking skills in autistic individuals. Learn how to get a good work out and move the body in functional, athletic ways, from a trainer on the Spectrum who gets the struggle of being the last kid picked in gym class, and what it's like to struggle with kinesthetic awareness more than the typical child, and can help show how it's done and break it down in the autistic person's language! Children must be able to participate independently with minimal assistance from the instructor. If increased assistance is needed, please provide the documentation from your child's IEP. Location: Greenfield Elementary School, Gym

#21062 Dates: 9/30/2025 - 11/4/2025

# of Sessions: 6 Tue 4:30 PM - 5:30 PM

Fee: \$270

#21079 Dates: 11/11/2025 - 12/16/2025

# of Sessions: 6 Tue 4:30 PM - 5:30 PM

### FRANKLIN ATHLETIC CLUB

Classes meet at the Franklin Athletic Club, 29350 Northwestern Highway, Southfield, Mi 48034

**REGISTER AT www.communityed.net** 



### NEW FAC - KIDS KICK BOXING (Ages 8-14)

Join Franklin Athletic Club's most popular kickboxing instructor, George Jones, for an action-packed kids Kick Boxing class! Designed to build confidence, coordination, and strength, this class introduces kids to the fundamentals of boxing in a fun, energetic environment. Whether your child is just getting started on their fitness journey or looking to burn off some energy, Coach George brings the perfect mix of discipline and excitement to keep them engaged and motivated. Gloves up—let's go! Class meets at the Franklin Athletic Club, 29350 Northwestern Hwy, Southfield, MI 48034

#21132 (Session 1)

Dates: 9/16/2025 - 10/21/2025

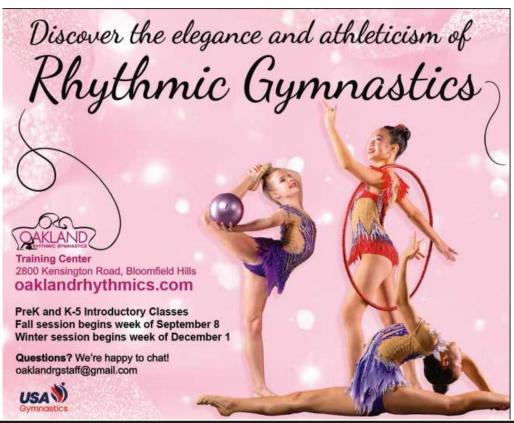
# of Sessions: 6 Tue 4:45 PM - 5:30 PM

Fee: \$100

#21133 (Session 2)

Dates: 11/4/2025 - 12/16/2025

# of Sessions: 6 Tue 4:45 PM - 5:30 PM



### **SPORTS • YOUTH**



### SOCCER SCHOOL FOR LITTLE FOLKS Indoor & Outdoor

For 3 to 5 year olds. Join us for an exciting class of soccer! We will work on basic skills with fun mini games and end every class with soccer scrimmages. This is a great way to introduce your child to soccer or have them continue developing skills. Our goal is to increase your child's excitement for sports while giving them confidence in their own abilities and helping them to develop a positive attitude. Instructor is experienced (over 30 years) and licensed (United States Soccer Federation National 'D') soccer coach.

#### **QUARTON ELEMENTARY SCHOOL GYM**

#21075

Dates: 9/22/2025 - 10/20/2025

# of Sessions: 5 Mon 6:00 PM - 6:45 PM

Fee: \$100

#21076

Dates: 9/23/2025 - 10/21/2025

# of Sessions: 5 Tue 6:00 PM - 6:45 PM

Fee: \$100

#21078

Dates: 11/3/2025 - 12/1/2025

# of Sessions: 5 Mon 6:00 PM - 6:45 PM

Fee: \$100

#21080

Dates: 11/4/2025 - 12/2/2025

# of Sessions: 5 Tue 6:00 PM - 6:45 PM

Fee: \$100

#### PEMBROKE ELEMENTARY SCHOOL GYM

#21082

Dates: 9/25/2025 - 10/23/2025

# of Sessions: 5 Thu 6:00 PM - 6:45 PM

Fee: \$100

#21077

Dates: 11/6/2025 - 12/11/2025

# of Sessions: 5 (No class on 11/27/2025)

Thu 6:00 PM - 6:45 PM

Fee: \$100

### OUTDOOR AT HARLAN ELEMENTARY

SCHOOL, GRASS FIELD

#21081

Dates: 9/20/2025 - 10/18/2025

# of Sessions: 5

Sat 11:15 AM - 12:00 PM

Fee: \$100

### No Experience... No Problem!

· Ages 31/2 - 8th grade · Non-Contact · Recreational · Once a week ·



### **YOUTH • SPORTS**

### YOUTH, ADULT & FAMILY KARATE CLASSES

PKSA Karate Bloomfield provides the best professional and experienced instruction in the art of Tang Soo Do. Our school is operated by James and Ashley Shruga under the direct guidance and personal supervision of Master R. Collins, Sr. and Master R. Collins, Jr.



Learn more about the traditional Korean art of Tang Soo Do at www.pksa.com

Tang Soo Do is an excellent way to revitalize your mind and body! Under highly trained supervision, Tang Soo Do is safe, fun, and easy to learn. Learn more about the traditional Korean art of Tang Soo Do at www.pksa.com Instructors and students regardless of rank or years of training will offer you a brotherhood of encouragement and support. Optional belts and testing are available for an additional fee; please discuss the options with your instructor. Attire for PKSA Karate courses is comfortable loose-fitting clothes that students can move around in. Students are advised to bring a bottle of water. Classes meet at 1551 South Opdyke Road, Bloomfield Hills, MI 48304. Our new location is first floor/handicap accessible. The training space is visible from the front door. Parent and sibling seating is available. **Register at** 

www.communityed.net

# WOMEN'S ONLY KARATE (Teens and Adults)

Ladies, it's your time on the mat! Join our Women's Only Tang Soo Do class taught in a supportive and empowering space where you'll learn authentic traditional Korean martial arts while building strength, confidence, and community. This class is designed exclusively for women, taught by skilled instructors in a safe and encouraging environment. Whether you're a complete beginner or looking to return to martial arts, this class is the perfect way to: Learn practical self-defense skills, Improve physical fitness, strength, and flexibility. Build mental focus and confidence. Have fun and connect with a powerful community of women. Tang Soo Do is a traditional martial art that emphasizes discipline, respect, and personal growth — and at PKSA Karate Bloomfield, we believe every woman deserves to feel strong, capable, and confident. No experience necessary — just a willingness to try something new and awesome. This class is geared towards teens and adults.

#21135

Dates: 9/12/2025 - 10/17/2025

# of Sessions: 6 Fri 6:00 PM - 6:30 PM

Fee: \$35

MORE PKSA CLASSES ON THE NEXT PAGE!



### YOUTH, ADULT & FAMILY KARATE CLASSES

PKSA Karate Bloomfield provides the best professional and experienced instruction in the art of Tang Soo Do. Our school is operated by James and Ashley Shruga under the direct guidance and personal supervision of Master R. Collins, Sr. and Master R. Collins, Jr.





Tang Soo Do is an excellent way to revitalize your mind and body! Under highly trained supervision, Tang Soo Do is safe, fun, and easy to learn. Learn more about the traditional Korean art of Tang Soo Do at www.pksa.com Instructors and students regardless of rank or years of training will offer you a brotherhood of encouragement and support. Optional belts and testing are available for an additional fee; please discuss the options with your instructor. Attire for PKSA Karate courses is comfortable loose-fitting clothes that students can move around in. Students are advised to bring a bottle of water. Classes meet at 1551 South Opdyke Road, Bloomfield Hills, MI 48304. Our new location is first floor/handicap accessible. The training space is visible from the front door. Parent and sibling seating is available. **Register at www.communityed.net** 

### FAMILY POWER KARATE (Adult & Children Ages 6+)

For families to train together for one price. This would be an ages 6+ program and it would be designed to be an affordable option for families to train together! A parent (or other adult) participant is required. We find that when parents are involved and are interactive in the process, the overall outcomes are more positive for children, families, and communities. Fee is for one adult and 1 to 4 children. Please register one adult only. **Register at www.communityed.net** 

#21113

Dates: 9/10/2025 - 10/15/2025

# of Sessions: 6 Wed 5:45 PM - 6:15 PM

Fee: \$55

#21115

Dates: 10/22/2025 - 12/3/2025

# of Sessions: 6 (No class on 11/26/2025)

Wed 5:45 PM - 6:15 PM

Fee: \$55

#21114

Dates: 9/12/2025 - 10/17/2025

# of Sessions: 6

Fri 5:00 PM - 5:30 PM Fee: \$55

### KIDS POWER KARATE (Ages 6-15)

The Kids Power program is designed to help young martial artists (from 6 - 15 years old) learn control and discipline and about the art of Tang Soo Do. This program is developed to challenge young minds and bodies in areas I like gross motor skills, memory, focus, confidence, and team work. In this six week program highly professional karate instructors will introduce your children to a number of karate and life skill building activities in a fun and engaging way. Stranger awareness and self defense will be covered in this session. Families are always encouraged to train together, uniforms are available upon request. **Register** 

at www.communityed.net

#21136

Dates: 9/10/2025 - 10/15/2025

# of Sessions: 6 Wed 5:45 PM - 6:15 PM

Fee: \$45

#21139

Dates: 9/12/2025 - 10/17/2025

# of Sessions: 6 Fri 5:00 PM - 5:30 PM

Fee: \$45

#21137

Dates: 10/22/2025 - 12/3/2025

# of Sessions: 6 (No class on 11/26/2025)

Wed 5:45 PM - 6:15 PM

Fee: \$45

### LITTLE NINJAS KARATE (Ages 4-6)

The Little Ninja program is designed to help young martial artists (from 4 to 6 years old) learn control and discipline and about the art of Tang Soo Do. This program is developed to challenge young minds and bodies in areas like gross motor skills, memory, focus, confidence, and team work. In this six week program highly professional karate instructors will introduce your children to a number of karate and life skill building activites in a fun and engaging way. Stranger awareness and self defense will be covered in this session. Families are always encouraged to train together, uniforms are available upon request. **Register at www.communityed.net** 

#21111 #21112

Dates: 9/10/2025 - 10/15/2025 Dates: 10/22/2025 - 12/3/2025

# of Sessions: 6 (No class on 11/26/2025)

Wed 5:15 PM - 5:45 PM Wed 5:15 PM - 5:45 PM

Fee: \$45 Fee: \$45



# COED CLASSIC SNAP FLAG FOOTBALL LEAGUE

(AGES  $4\frac{1}{2}$  - 8TH GRADE)



SEPT. 20-NOV. 2 (7-WEEK SEASON)

We believe in maximizing the excitement and involvement for every player on the field. That's why we limit our teams to a range of 7-10 players, ensuring that your child gets more opportunities to touch the ball.

Teams are led by dedicated volunteer parent or experienced high school student coaches, fostering a supportive environment for growth and development. We encourage friend requests, ensuring that buddies can play together without being separated.

Registration is open to both Girls & Boys, Teams, and Individuals, granting everyone an opportunity to join in the fun. Players from any city are invited to play. Each player will receive an official NFL jersey as part of their registration. The only additional requirement is a mouthguard (\$6). See "Girls Take The Field" for our all Girls Flag Football League.

#### **REGISTRATION IS A TWO-STEP PROCESS:**

STEP 1: Make Payment here at www.communityed.net

STEP 2: Visit the link below to fill out (team/buddy requests, jersey size, etc.) https://app.teamlinkt.com/register/find/snapflagfootball?cid=49283

#### Coed Ages 4½ – Kindergarten (as of 9/1) Fee: \$169

Time: 1.5 hour block between 9am-7pm (30-40 min. practice, followed by one-hour game against a different team each week).

Choose one League: (Unless your child is flag football crazy and then register for both leagues!)

#21101 Saturday League @ North Hills MS - practice/games btw 9am-5pm

#21102 Sunday League @ Seaholm HS - practice/games btw 9am-5pm

#### Coed 1st - 4th Grade Fee: \$189

Time: 2 hour block between 9am-7pm (1 hour practice, followed by one-hour game against a different team each week).

Choose one League: (Unless your child is flag football crazy and then register for both leagues!)

#21103 Saturday League @ North Hills MS - practice/games btw 9am-7pm

#21104 Sunday League @ Seaholm HS - practice/games btw 9am-7pm

#### Coed 5th - 6th Grade Fee: \$189

Time: 2 hour block between 9am-7pm (1 hour practice, followed by one-hour game against a different team each week).

#### Choose one League:

New this Fall, 3 options available: You can sign up for Saturdays only in Bloomfield Hills or Sundays only in Birmingham. Or for those with a more flexible schedules, the Saturday/Sunday option provides teams with greater flexibility in scheduling, which helps us create more balanced matchups and enhances the overall competitive experience.

#21106 Saturday League @ North Hills MS – practice/games btw 9am-7pm

#21107 Sunday League @ Seaholm HS - practice/games btw 9am-7pm

#21161 Sat/Sun Flex: Saturday @ North Hills MS, Sunday @ Seaholm HS League. Games could be scheduled on both Saturdays and Sundays throughout the season. Exactly the same as we have always done previously.

#### Coed 7th - 8th Grade Fee: \$189

Time: 2 hour block between 9am-7pm (1 hour practice, followed by one-hour game against a different team each week).

Both Saturdays @ North Hills MS and Sundays @ Seaholm HS (Games could be scheduled on both Saturdays and Sundays throughout the season. You do not have a choice. Coaches will choose days/times that work for their team.)

### "GIRLS TAKE THE FIELD" FLAG FOOTBALL LEAGUE (K- 8th Grade)

SEPT. 20-NOV. 1 (7-WEEK SEASON)

Calling all girls! Want to play football in a fun, supportive, and empowering way? "Girls Take The Field" Flag Football is a non-contact, 5-on-5 league just for you. Team up with other awesome girls, learn the game, and get ready for exciting action on the field. No tackling, just pure fun



and teamwork! You'll get plenty of chances to run, catch, throw, and make plays. Whether you're new to football or ready to show your skills, come join the excitement. Divisions are formed right before the season to keep things balanced. Ready to play? Sign up for "Girls Take The Field" Flag Football today!

#21099 Fee: \$169 Day: Saturdays

Time: 2-Hour time block between 9am and 7pm. (One hour practice, followed by a one-hour

game).

Location: North Hills MS

### **REGISTRATION IS A TWO-STEP PROCESS:**

STEP 1: Make Payment here at www.communityed.net

STEP 2: Visit the link below to fill out (team/buddy requests, jersey size, etc.)

https://app.teamlinkt.com/register/find/snapflagfootball?cid=49283

### "GIRLS Take The Field" High School Flag Football League (9th- 12th Grade)

Sept. 21-Nov. 2 (7-week season)

REGISTER NOW and become part of the exciting "Girls Take The Field" initiative, powered by SNAP, Michigan's leading force in girls' flag football. This movement is gaining incredible momentum, and you can be part of history in the making! This is your chance to join all-girls teams and compete against each other in the fast-growing sport of flag football. Whether you're a seasoned multisport athlete or brand new to the game, all skill levels are welcome. No prior experience is needed! You can register as a team or as an individual player. Come see what all the excitement is about! With women's flag football making its debut in the Olympics in 2028, now is the perfect time to get involved. Divisions will be determined just before the season begins based on enrollment.

#21100 Fee: \$169 Day: Sundays

\_ Time: 2-hour block between 5pm - 8pm. (One hour practice, followed by a one-hour game.)

Location: Sundays at Birmingham Seaholm High School

#### **Bitty Blitzers**

(ages  $2\frac{1}{2}$  -  $3\frac{1}{2}$  as of 9/1)

Bitty Blitzers is specifically designed for our youngest players! We will learn the foundation of SNAP Flag Football through playful activities and games! The focus will be on balance and coordination, listening skills and teamwork! Choose between the two options below:

#21096 Saturdays, Sept. 13- Oct. 11 (Make-up date if needed Oct. 18) at North Hills MS from 10:15-10:50am

#21095 Sundays, Sept. 14 – Oct. 12 (Make-up date if needed Oct. 19) at Birmingham Seaholm HS from 10:15-10:50am

Fee: \$65 (plus \$10/t-shirt)

Total \$75

### Little Snappers Clinic

(ages 3½ - 4½ as of 9/1)

SNAP's action-packed 5-week program combines the excitement of SNAP Flag Football with age-appropriate activities, ensuring that each session is filled with

smiles, laughter, and a passion for play. Through a series of carefully designed exercises and drills, your child will develop a love for SNAP Flag Football that will stay with them for years. Choose between the two options below:

#21098 Saturdays, Sept. 13- Oct. 11 (Make-up date if needed Oct. 18) at North Hills MS from 11:05-11:50am

#21097 Sundays, Sept. 14 – Oct. 12 (Make-up date if needed Oct. 19) at Birmingham Seaholm HS from 11:05-11:50am

Fee: \$65 (plus \$10/t-shirt)

Total \$75

### **YOUTH • SPORTS**

### "FRIDAY NIGHT LIGHTS" GIRLS BASKETBALL LEAGUE

#21131 DIVISION 1: GRADES 5-7: Fee: \$170 #21130 DIVISION 2: GRADES 3-4: Fee: \$170

Friday Night Lights is designed to teach game strategy & team skills through competitive play. Players register as individuals and are assigned to teams. The first two Fridays on the schedule are for the draft. The next three weeks are practices and skill sessions followed by a sixweek season. All games and practices are Friday nights. This is a great program for players to learn the game in a fun yet structured environment. Friend requests are taken but not guaranteed. 7th graders who are NOT playing for their school teams may play in Division One. Beginner 3rd graders should play in the Monday Rookie League. For more information about Friday Night Lights, visit www. motorcityevolution.com

Berkshire Middle School and Birmingham Covington School

Friday start times of 6:20, 7:25, 8:30

11 weeks: Sept 12, 19, 26, October 3, 10, 17, 24,

Nov 1, 7, 14, 21 Fee: \$170

### FRIDAY NIGHT LIGHT DRAFT DAYS @Berkshire

To participate in the league, all players must be evaluated at the 2025 Evolution Draft Days. This is a mandatory event where players will be evaluated and placed onto teams. Players will participate in various drills and then scrimmage in front of coaches. Draft times will include a parent meeting where league policies and procedures will be discussed. Players should wear either a black or white shirt to the draft.

DIVISION TWO: (Grades 3-4) Friday, Sept 12 & Friday Sept 19: 6:15-7:20pm

DIVISION ONE: (Grades 5-7)
Friday, Sept 12 & Friday Sept 19: 7:40-9pm

#### LOOKING FOR LEAGUE COACHES!

Are you interested in coaching this fall? We are always looking for qualified coaches who want to share their knowledge and passion for the game. We offer flexible scheduling and a free coaching clinic. If interested, please contact Geo Thomas at 248-506-8376 or geothomas4444@gmail.com



### "GIRLS LEGENDS LEAGUE" Grades 7-9

The MCE Girls Middle School League offers a fun and challenging league for girls with more playing experience. Games and practices will be on Friday evenings and/or Saturday mornings.

### LEGENDS LEAGUE DRAFT DAYS @Berkshire

To participate in the league, all players must be evaluated at the 2025 Evolution Draft Days. This is a mandatory event where players will be evaluated and placed onto teams. Players will participate in various drills and then scrimmage in front of coaches. Draft times will include a parent meeting where league policies and procedures will be discussed. Players should wear either a black or white shirt to the draft.

GIRLS LEGENDS: (Grades 7-9)
Saturday, September 27, 1:30-2:45pm
SUPPLEMENTAL DRAFT DAY:

Can't make the draft on Sept 27? You can attend a supplemental draft day on Thursday, Sept 25 from 7:30-8:30pm at Quarton or Berkshire MS. RSVP for the Supplemental Draft at geothomas4444@gmail.com

Players register as individuals and are placed on a team. Teams are led by volunteer coaches. Teams will play a regular season and then conclude with playoffs. Players receive a league shirt and season ending awards. For more information on the Girls Legends League, visit www.motorcityevolution.com

Berkshire Middle School and Birmingham Covington School

Friday start times of 6:20, 7:25, 8:30 PM Saturday games and practices between 9am-12pm

September 27 through November 22 #21162 Fee: \$170

Maximum enrollment = 60



Coach Geo Thomas is the owner of Motor City Evolution, LLC which specializes in high-quality basketball programs. He has been coaching basketball since 1987 and has coached in over 2000 basketball games at the High School, CYO and AAU levels. His ability to communicate the game on all levels has been the cornerstone of his success. For more information on Coach Geo Thomas and Motor City Evolution, visit motorcityevolution.com



### **EVOLUTION BOYS BASKETBALL LEAGUE**

BOYS PREP DIVISION (Grades 3-4)
BOYS COLLEGE DIVISION (Grades 5-6)
BOYS PRO DIVISION (Grades 7-8)

Welcome to the Evolution! Players register as individuals and participate in our pre-season skills combine. After an evaluation process, players are drafted onto teams and play a full, regular season that concludes with a post-season tournament. Our leagues are designed to give players a memorable experience beyond just the games and practices. We have a robust website that provides stats, standings, player interviews and more. Most games and practices are on Saturdays between 10am-4pm. Some practices will be held on Thursday evenings pending coach availability. Guaranteed playing time for all players. Coaches are Evolution staff & qualified volunteers. For more information about the league, visit www.motorcityevolution. com.

Game and practice locations: Berkshire Middle School and Birmingham Covington School

FEE: \$170 per player

September 27 through November 22 (Max 54 players per division)

#21163 – BOYS PREP DIVISION (Grades 3-4) #21164 – BOYS COLLEGE DIVISION (Grades 5-6) #21165 – BOYS PRO DIVISION (Grades 7-8)

#### LEAGUE DRAFT DAY at Berkshire

To participate in the league, all players must attend the 2025 Evolution Draft Day. This is a mandatory event where players will be evaluated and placed onto teams. Players will participate in various drills and then scrimmage in front of coaches. Draft times will include a parent meeting where league policies and procedures will be discussed. Players should wear either a black or white shirt to the draft.

PREP DIVISION: (Grades 3-4)

Saturday, September 27, 9:30am-11am COLLEGE DIVISION: (Grades 5-6) Saturday, September 27, 11:30-1pm PRO DIVISION: (Grades 7-8)

Saturday, September 27, 3-4pm SUPPLEMENTAL DRAFT DAY:

Can't make the draft on Sept 27? You can attend a supplemental draft day on Thursday, Sept 25 from 6:15-7:15pm at Berkshire Middle School. RSVP for the Supplemental Draft to geothomas4444@gmail.com

#### "ROOKIE BASKETBALL LEAGUE"

**CO-ED GRADES 2-3 AND BEGINNER 4TH:** Our Rookie League offers an opportunity to learn the game of basketball in a fun yet competitive environment. Players register as individuals and will be placed on teams. Coach Geo Thomas and his staff will introduce game strategy, rule comprehension and team play. Teams will then play a regular season and conclude with championship games. All coaches and referees are Evolution Staff. Players shoot on 10-foot hoops and use a 27.5 basketball. Mondays with start times of 6pm, 6:50pm and 7:40pm. All skill levels are welcome but please note

that sme prior basketball experience or team sport is suggested. For more information about the Rookie Basketball League, visit www.motorcityevolution. com. Bingham Farms Gym (Max 64)

#21063 Session One: \$135 Sept 8, 15, 29, Oct 6, 13, 20

#21064 Session Two: \$155

Oct 27, Nov 3, 10, 17, 24, Dec 1, 8, 15



### **ADULT • SKILLS & DEVELOPMENT**

### **BACK ON COURSE ZOOM WORKSHOPS**

You can now take basic live via Zoom instructor-led classes practically anytime and anywhere in the country, from the comfort of your own home! Author and instructor Mike Wilson has partnered with 20 government/state educational institutions, taught in about 40 cities in Michigan in the last 18 years and another 20 cities in other states, with overall excellent ratings/comments from administrators and students.

Most Back on Course Zoom workshops are one-session only; however, one 3-session classes are also offered (see end of this section).

### A PRACTICAL COMPUTER CLASS FOR OLDER ADULTS

Have you taken computer classes before and been totally lost? Well, this unique class is for those who are looking for simple and practical instructions. Your patient instructor has trained thousands of older adults, with 4 and 5-star ratings! We will discuss the popular YouTube website that offers thousands of free informative and entertaining videos, show a few email tips and tricks, demonstrate online shopping, visit AARP and other related websites for seniors, use some shortcut keys, and navigate Google Search to do research and get information. So, if you have been frustrated with other classes, consider taking this refreshing and informative computer class for older adults! You won't be disappointed!

#21057 9/8 1:00-2:00 p.m. Fee: \$20.00 #21056 9/27 11:00 a.m.-12:00 p.m. Fee: \$20.00 #21058 10/12 3:00-4:00 p.m. Fee: \$20.00

### DEFINING AND DEMONSTRATING BASIC COMPUTER TERMS FOR BEGINNERS

Do you know how a basic backup of pictures is done? How about what a web address is and how to use it? Do you have a working knowledge of what a browser is, saving documents, and email attachments? The instructor will define and demonstrate other very basic terms from A-Z. Some terms include search box, PDF file, scrolling, wi-fi, folders, and operating systems (Windows). If you are a recent learner and struggle with basic computer terms, this class is for you!

#21025 9/15 1:00-2:00 p.m. Fee: \$20.00 #21026 10/19 3:00-4:00 p.m. Fee: \$20.00

### AI (Ai) FOR OLDER ADULTS – SO EASY AND PRACTICAL!

Are you curious about AI (Ai)? Then this class is for you! (Older adults will find this class very rewarding!) We will explore the practical benefits of using a basic form of AI called ChatGPT. Find quick written solutions to problems based on your exact needs. Generate personalized text in seconds for invitations, letters, and any other materials you are looking to create. AI will quickly generate any text for you based on your interest. Take your search, research, inquiries, and answers to questions to a whole new level! Also, never worry about grammar and spelling errors again! You will be amazed at how user-friendly this session will be. Take this class; you won't be disappointed!

#21061 9/12 7:00 - 8:00 p.m. Fee: \$20.00 #21083 9/14 3:00 - 4:00 p.m. Fee: \$20.00 #21087 9/25 11:00 a.m.-12:00 p.m. Fee: \$20.00 #21084 10/15 1:00-2:00 p.m. Fee: \$20.00 #21085 10/27 5:30-6:30 p.m. Fee: \$20.00

#21085 10/27 5:30-6:30 p.m. Fee: \$20.00 #21086 11/12 12:00-1:00 p.m. Fee: \$20.00

### KNOWING ALL ABOUT ZOOM AS A PARTICIPANT

Lots of teachers use Zoom to host fun online classes, covering a wide range of interests such as cooking, art, fitness, technology, music, and many more. Zoom also serves as a personal tool for connecting with others face-to-face. During our class the instructor will walk you through the ins and outs of using basic Zoom features and settings. This user-friendly experience will definitely give you confidence to use Zoom on your own. If you need assistance getting on Zoom, please e-mail instructor days prior to class at backoncourse@att.net

#21088 9/13 4:00-5:00 p.m.Fee: \$20.00 #21089 10/3 6:00-7:00 p.m.Fee: \$20.00 #21090 11/2 2:00-3:00 p.m.Fee: \$20.00

### HELP! I NEED HOST MY FIRST ZOOM SESSION

You will see how a host sends an e-mail, invites, and schedules meetings. Even the basic host controls can seem overwhelming, but we will explore those, as well. You'll learn how to Share Screen, invite, and send links to e-mails. This class is a great place to start before hosting your first Zoom meeting! Join this informative class by Zoom.

#21027 9/20 4:00-5:00 p.m. Fee: \$20.00 #21028 10/10 6:00-7:00 p.m. Fee: \$20.00 #21029 11/9 2:00-3:00 p.m. Fee: \$20.00

### WINDOWS 11 – STARTING FROM THE BEGINNING

This is an adult-friendly Windows 11 class! See how to use the desktop and the new taskbar. We'll also explore the start menu and related features. In addition, you will learn about the new design, the use of widgets, and how Windows 11 is organized. (Not for Apple/Mac users.)

#21030 9/28 2:00 - 3:00 p.m. Fee: \$20.00 #21031 10/13 2:00 - 3:00 p.m. Fee: \$20.00 #21032 11/20 8:00 - 9:00 p.m. Fee: \$20.00

### MICROSOFT WORD: THE VERY BASICS

Your instructor will break down the unknown Microsoft Word stuff. and present them to you in a clear, sensible, and enjoyable way! We will briefly look at the free and paid version of word processors. Then the instructor will open and show basic functions in Microsoft Word. We will go on to explore saving, alignments, bullets, numbering, and indents. (Not for Apple/Mac users.) Take this class by Zoom in the comfort of your home!

#21042 9/23 4:00 – 5:00 p.m.Fee: \$20.00 #21043 10/18 3:00 – 4:00 p.m.Fee: \$20.00

### **SKILLS & DEVELOPMENT • ADULT**

### **BACK ON COURSE ZOOM WORKSHOPS**

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Most Back on Course Zoom workshops are one-session only; however, one 3-session classes are also offered (see end of this section).

### GETTING MORE OUT OF MICROSOFT WORD

Let's make your tasks in Microsoft Word a lot easier! You will save time and frustration and see how to properly use tabs. We will go on to explore dictation, easy paragraph functions, the sort feature, and using macros to eliminate laborious repetition. See the beauty of working with soft and hard returns and how to easily create and use tables. Get tips and tricks, as well as use shortcuts to save time. Let's look at creating headers/footers and using the Format Painter to easily format existing text. (Not for Apple/Mac users.)

#21034 9/30 4:00 – 5:00 p.m.

Fee: \$20.00

#21035 10/25 3:00 - 4:00 p.m.

Fee: \$20.00

# ALL ABOUT PICTURES-FINDING, ORGANIZING, EDITING, AND SAVING ON YOUR COMPUTER!

During this class you will learn how to manage pictures on your computer. Also, find out how to name, rename, and move pictures into folders to get organized. We will take a look at using the Photo Gallery and minor editing of pictures, such as cropping and making enhancements. We will use pictures for desktop backgrounds and insert a picture into Microsoft Word to manipulate for flyers, invitations, and other printed materials. This is a great class-held over Zoom. (Not for Apple/Mac users.)

#21049 9/10 3:00 – 4:00 p.m. Fee: \$20.00 #21050 11/24 10:00 – 11:00 a.m.Fee: \$20.00

### EXCEL FOR THE ABSOLUTE BEGINNER

Instructor will demonstrate how to navigate and interface with Excel's basic features. See how to create a simple contact list. You will view how to use calculations



such as AutoSum and see how to generate simple formulas. Also, learn to use the fill handle, sort existing data, merge and center, move cells and ranges, and wrap text. These easy steps will be held over Zoom.

#21039 9/21 3:00 – 4:00 p.m. Fee: \$20.00 #21040 10/23 11:00 a.m.-12:00 p.m. Fee: \$20.00 #21041 11/22 11:00 a.m.-12:00 p.m. Fee: \$20.00

### LET'S LEARN ALL ABOUT E-MAILING

Learn how to e-mail, forward, reply, and send attachments. You will see how e-mails are organized and deleted. Work with other features, such as starred, drafts and sent. Become acquainted with the writing tools, e-mail folders, and creating links to direct others to your area of interest and websites you have visited. In addition, we will look at contacts and how to use them. All these features will be clearly demonstrated in Zoom.

#21033 9/27 2:00 – 3:00 p.m. Fee: \$20.00

### USING GOOGLE TO SEARCH FOR LOTS OF INFORMATION

Understand how to use and get the best out of a search engine such as Google for looking up information and doing research. Find out how to search for practically anything online and limit your searching for more accuracy. Great class to open the power of Google search! Meet us on Zoom for this informative class!

#21060 10/30 11:00 a.m. - 12:00 p.m. Fee:

\$20.00

#21059 11/18 4:00 - 5:00 p.m. Fee: \$20.00

### COMPUTER SCAMS, AND WHAT NOT TO CLICK ON!

Don't let your computer control you! Find out what you should and should NOT click on. Instructor will discuss scams to know about; frustrating and suspicious popups; advertisements; your haywire computer, e-mail ads, and links. (Not for Apple/Mac users, or tablets.) We'll use Zoom as our classroom.

#21044 9/18 6:30 – 7:30 p.m.Fee: \$20.00 #21045 10/26 5:00 – 6:00 p.m.Fee: \$20.00 #21046 11/15 5:00 – 6:00 p.m.Fee: \$20.00

### LEARN THE BASICS OF POWERPOINT FOR ZOOM

You can create eye-catching presentations with PowerPoint! Explore the PowerPoint interface and see presentations from simple stock designs. Learn to easily apply themes, animate text, and insert images. See how to create text boxes and enhance a presentation by adding animations and transitions. Finally, view the actual presentation as seen by your audience and get a few tips and tricks to design presentations for maximum impact. (We do not show how to share PowerPoint in Zoom during this class. Not for Apple/Mac users.) This class will be held on Zoom.

#21047 11/16 4:00 - 5:00 p.m.Fee: \$20.00

### **ADULT • SKILLS & DEVELOPMENT**

### **BACK ON COURSE ZOOM WORKSHOPS**

### SAVE TIME AND MONEY WITH AN EASY COMPUTER TUNE-UP

Save money and fix your computer yourself! No great skills needed. Use three proven free online software to fix most software related issues like malware and viruses with a few clicks of a button! Speed up your computer in no time! (Not for Apple/Mac users.) Easy steps held over Zoom.

#21036 10/11 2:00 - 3:00 p.m. Fee: \$20.00

### UNDERSTANDING ALL THE KEYS ON YOUR KEYBOARD

This unique class is really not about learning to type. Rather, the instructor and class will explore all the lesser-known symbols and keys on the keyboard. You will learn the difference between the shift and caps lock. See how the tabs key is used to properly create tabs. Also find out about Ctrl, FN, Alt, and Esc keys. The instructor will demonstrate all keys from the students' illustrated keyboard handouts. User-friendly shortcut keys will also be discussed. As a bonus, there will be a brief demonstration on where students can go online to practice and acquire easy to learn typing skills.

#21091 9/11 2:00 – 3:00 p.m.Fee: \$20.00

#### FOR THE NON-DESIGNER: DESIGN BUSINESS CARDS, FLYERS, INVITATIONS, AND MORE!

Learn to edit beautiful looking designs for practically any type of online or print project. The instructor will show how to easily get and use the free userfriendly Canva program. This class is for novice and beginning designers and non-designers. You will be amazed at how professional your projects will look. Why pay designers hundreds of dollars when you can do it yourself!

#21037 9/23 11:00 a.m.-12:00 p.m.Fee: \$20.00 #21038 10/5 2:00 – 3:00 p.m.Fee: \$20.00

#### **GETTING TO KNOW YOUR iPhone**

Author and instructor Mike Wilson will demonstrate how to use your smart phone. This 3-session class is designed for mature and recent iPhone users! Mike will cover cell phone topics, such as: the photo app, texting, navigating, apps, contacts, e-mail, camera, App store, settings, and the Internet. Your patient instructor and class will meet over Zoom. Not for Android users.

#21092 10/20, 21, & 22 11:00 a.m.-12:00 p.m. Fee: \$55.00

#21093 11/5, 6, & 7 2:00-3:00 p.m. Fee: \$55.00 #21094 12/3, 4, & 5 6:00-7:00 p.m. Fee:\$55.00

### GETTING TO KNOW YOUR ANDROID

Author and instructor Mike Wilson will demonstrate how to use your smart phone. This 3-session class is designed for mature and recent Android users! Mike will cover cell phone topics, such as: the photo app, texting, navigating, apps, contacts, e-mail, camera, the Play Store, settings, and the Internet. Your patient instructor and class will meet over Zoom. Not for iPhone users.

#21048 11/24, 25, & 26 3:00-4:00 p.m.Fee: \$55.00



### **SKILLS & DEVELOPMENT • ADULT**

### SOUTHERN MICHIGAN OBEDIENCE TRAINING CLUB ("SMOTC") was established in 1948 as a not-for-profit organization.

All SMOTC trainers and assistants are unpaid volunteers who participate solely for the joy of the sport and the love of dogs. We are proud to be the only AKC Member Obedience Club in Southeastern Michigan.



Southern Michigan's primary goal is to teach people how to train their dogs so that the dogs can become better Canine Companions, and to encourage participation in dog activities such as AKC Obedience Competition, Rally, Tricks, and Therapy Dog work.

SMOTC welcomes dogs of all breeds, including mixed breeds, to all of our classes and events.

### THERAPY DOG PREPARATION AND EVALUATION

This class will help to prepare students and their dogs to become a certified Therapy Dog team. The class will also address safety precautions for you and your dog, proper visiting techniques, getting around medical equipment, and more. For this class, your dog will need to work reliably and test on a flat buckle collar or non-correcting harness (leash fastens on the dog's back) with a 6-foot leather or nylon leash. Dogs will need to be proficient and reliable in all basic obedience commands (heel, sit, down, leave it and stay). We highly recommend that students have taken one or more obedience classes prior to registering for this class. Vaccination records are required and must be presented the first night of class. Dogs must have reached or passed their first birthday on or before the last day of class to be evaluated and tested. A Therapy Dogs International (TDI) certification test will be performed soon after the last class; evaluation date and location will be announced in class. There is an additional \$10.00 test fee. Location: Berkshire Middle School, Gym

#21118

Dates: 9/16/2025 - 10/7/2025

# of Sessions: 4 Tue 8:00 PM - 8:45 PM

Fee: \$55

#21119

Dates: 11/4/2025 - 11/25/2025

# of Sessions: 4 Tue 8:00 PM - 8:45 PM

Fee: \$55

### **AKC STAR PUPPY CLASS**

Southern Michigan Obedience Training Club (SMOTC) offers this class for puppies purebred or mixed approximately 3 – 5 months of age. Help your new "Best Friend" develop the good habits it needs in order to become a valued member of your family. Socialization, introduction to obedience, and problem solving are covered in the classes. AKC STAR Puppy Certification is offered. Minors are invited to attend with a registered adult. Please bring puppy with buckle collar, leash, healthy treats and shot records (required) to first class. Location: Berkshire Middle School, Gym

#21120

Dates: 9/9/2025 - 10/14/2025

# of Sessions: 6 Tue 8:00 PM - 9:00 PM

Fee: \$85

#21121

Dates: 10/28/2025 - 12/2/2025

# of Sessions: 6

Tue 8:00 PM - 9:00 PM

Fee: \$85



### **REGISTER EARLY!**

THESE CLASSES ARE VERY POPULAR AND FILL UP FAST!

#### INTRODUCTION TO DOG OBEDIENCE COURSE

Southern Michigan Obedience Training Club (SMOTC) offers this foundation Introduction to Obedience class for all dogs who are at least 6 months old. Learn to train your dog to heel (walk) on lead next to you, sit and down stay, come when called and stand – to become a more enjoyable member of the family, as well as encourage participation in obedience competition. This is a fast-moving class to teach you to teach your dog basic obedience. This class will require that you work with your dog 10-20 minutes a day during the duration of the classes for best results. You will need to bring the following items on the FIRST night of class as well as your dog:1) Your completed Application for Training and Health Certificate (will be sent to you via email prior to class); plus bring ALL shot records. 2) Bait / Lure (treat) bag, fanny pack or apron with SMALL SOFT TREATS. 3) Have well fitting collar with a 6 ft. leash (leather leash recommended). Minors over 12 years old are invited to train as long as a parent or guardian is registered for the class and stays during the class. Location: Berkshire Middle School, Gym

#21116 #21117

Dates: 9/9/2025 - 10/14/2025
# of Sessions: 6

Dates: 10/28/2025 - 12/2/2025
# of Sessions: 6

Tue 7:00 PM - 7:45 PM Tue 7:00 PM - 7:45 PM
Fee: \$85 Fee: \$85

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### **ADULT • SKILLS & DEVELOPMENT**



Heart to Heart Hospice of Detroit

### **Volunteer Near Your Home!**

Be a Hospice Hero!

### **Heart to Heart Hospice**

A simple visit of kindness is everything.

We train you...assign you near your home...always work around your schedule.

Please call Julie Cody at 248-952-9000 for more information.

We look forward to speaking with you.

Class meets at Heart to Heart Hospice, 30600 Telegraph Rd, Suite #1131, Bingham Farms, MI 48025 (located on the SE corner of Telegraph and 13 Mile Road in the Bingham Center, behind Qdoba Restaurant).

### **DEMENTIA 101 - Keep It Simple**

Heart to Heart Hospice offers a new class on dementia: Dementia 101 "Keep It Simple" Our Focus: create a happier and calmer experience for the dementia patient and the caregiver(s). We offer valuable tools that we feel can make a real difference. This is a one-session class offered Mondays and Thursdays between January through May. After you register with Birmingham Community Education, you will be contacted to set up your date and time (a 1.5 hour time slot). If you need another day of the week, we will work around your schedule. Classes presented by Julie Cody of Heart to Heart Hospice.

#### #21053

Individually scheduled, 1.5 hour class is offered on Mondays or Thursdays between the hours of 8:00 a.m - 8:00 p.m. January through May 2025

Fee: \$12

# GET PAID TO TALK – AN INTRODUCTION TO VOICE OVER (Webinar)

From audio books to advertisements and beyond, we encounter recorded voices everywhere! In this onenight, live online class, your instructor will take you
behind-the-scenes in the voice over field for a fun and
realistic look at how the voice over field really works.
You'll gain inside perspective on developing skills, and
how to leverage your voice's strengths and interests,
and more. Because this class is live, you'll have the
opportunity to ask questions! Additionally, there will be
a chance for a one on one script read with the instructor
at the end of the class. About The Instructor: With
more than 30 years as a voice over artist and voice
over producer, your instructor is part of the team at
Voice Coaches with clients including major television
networks, gaming designers, audio book publishers
and more. Learn more at www.voicecoaches.com

#21055 Date: 10/06/2025 Mon 6:30 PM-8:00 PM Fee: \$35

### "I AM A HOSPICE HERO" (Hospice Volunteer Training)

(Ages 18 and Up) Heart to Heart Hospice is offering Volunteer Training for those who would like to visit patients near their home. Pay it forward and your rewards will be enormous. A simple act of kindness can make a huge difference to a patient and their family. We provide your training, we assign you near your home and always work around your schedule. If you have questions about the class, please call Julie Cody at Heart to Heart Hospice, 248-952-9000. If you are unavailable during the scheduled workshops, please contact Julie to set up another date or time after registering with Community Education. This class will benefit you and your loved ones for the rest of your life. We look forward to hearing from you!

#### #21051

Date: 9/18/2025

Thu 10:00 AM - 11:30 AM

Fee: \$12

#### #21052

Date: 10/16/2025

Thu 10:00 AM - 11:30 AM





Continuing FREE for qualifying adults\* and if space is available.

Classes are held September 2025-May 2026.

For Beginning, Intermediate & Advanced Level Adult ESL students.

Specific class days and times determined by ESL level.

Morning classes are 3 days a week. Both virtual (Zoom) and in-person sessions are part of each ESL level. Evening ESL virtual class is 1 day a week on Tuesdays 6:30-8:30 p.m.

Students will be registered and placed in a level based on their ESL proficiency exam\*.

# FALL REGISTRATION FOR NEW STUDENTS ONLY:

SEPTEMBER 2, 3, 4, 2025 BETWEEN THE HOURS OF 9:30-11:30 a.m. Seaholm High School

Returning students are already registered.

CLASSES BEGIN THE WEEK OF SEPTEMBER 8.
Returning students will be contacted by mid-August by email.

Please bring your passport and/or visa, social security card and your driver's license or State of Michigan ID with you to registration. We will need to make a copy for your file.

**OPEN ENROLLMENT** - new students accepted on an ongoing basis throughout the school year as space provides. Acceptance in the class will be based on the results of your ESL proficiency exam\*. Instructors: BPS ESL Staff.

\*Students must obtain a minimum score to be eligible. Registration is ongoing and open until classes are filled.

### For more information:

email Linda Grindem at Igrindem@birmingham.k12.mi.us or call Birmingham Community Education at 248-203-3800.

Located within Seaholm High School at 2436 W. Lincoln, Birmingham, MI 48009.



Please park in the guest/staff lot off of Lincoln Street (near the auditorium) and enter the building by buzzing the "Birmingham Community Education" door.

### **ADULT • HEALTH & WELLNESS**



#### FRANKLIN ATHLETIC CLUB

Classes meet at the Franklin Athletic Club, 29350 Northwestern Highway, Southfield, Mi 48034 REGISTER AT communityed.net

### FAC - BALANCE, STRENGTH, CORE (Tuesday or

Friday mornings)

Ready to transform from the inside out? Join our incredible Fitness Director, Lisa Soverinsky, for a dynamic class designed to challenge your balance, build total-body strength, and ignite your core like never before. Lisa's expert coaching will push you to grow stronger, move better, and become the best version of YOU. This is more than a workout—it's your next level. Class meets at the Franklin Athletic Club, 29350 Northwestern Highway, Southfield, Mi 48034

#21155 (Tuesday mornings)
Dates: 9/16/2025 - 10/21/2025

# of Sessions: 6 Tue 9:00 AM - 9:50 AM

Fee: \$90

#21156 (Friday mornings)
Dates: 9/19/2025 - 10/24/2025

# of Sessions: 6

Fri 10:00 AM - 10:50 AM

Fee: \$90

### **NEW FAC - MOMENTUM CYCLING**

(Thursday evenings or Saturday mornings)

Saddle up and power through an electrifying ride with Momentum Cycling—the ultimate indoor cycling experience. Our instructors Will and Stephanie will challenge you and this high-energy class combines heart-pumping beats, resistance challenges, and interval training to push your endurance, torch calories, and build lower-body strength. Whether you're chasing speed, hills, or just a killer workout, every ride will leave you feeling unstoppable. Clip in. Tune out the world. Let's ride. Class meets at the Franklin Athletic Club, 29350 Northwestern Highway, Southfield, Mi 48034

#21153 (Thursday evenings)
Dates: 9/18/2025 - 10/23/2025

# of Sessions: 6 Thu 6:00 PM - 7:00 PM

Fee: \$90

#21154 (Saturday mornings) Dates: 9/20/2025 - 10/25/2025

# of Sessions: 6 Sat 9:00 AM - 10:00 AM

Fee: \$90

Register for one, several or all dates!

### Community Open Swim

Groves High School Sundays 1-3 p.m.

DATES: October 5, 26; November 2, 9, 16; December 7.

General Admission: \$5.00/per person/per date <u>REGISTRATION CLOSES ON</u> THE WEDNESDAY BEFORE AT 5 P.M.

A minimum of 10 participants is required to run this program.
All ages are welcome!

Please note: BPS maintains pool water temperature between 79°-81° F which may be cold for some swimmers. The temperature is regulated by the BPS maintenance department and cannot be adjusted. Refunds will not be issued for any reason.

- Adults will have use of at least one lap lane.
- THIS IS NOT A DROP OFF PROGRAM. Children 10 and under, not independent or needing assistance MUST be directly supervised in the water and locker room by an accompanying individual over age 18 who is registered for the Accompanying Adult class (for which there is a \$5.00 fee).
- Appropriate swim attire is required. Children who are NOT toilet trained must wear tight-fitting plastic pants over a swim diaper. Showers are required prior to entry to the pool.
- Flotation devices and toys may not be brought into the pool. Running on the pool deck is prohibited.
- No food or drinks are allowed in the pool or locker room areas.
- BPS and the Department of Community Education are not responsible for unforeseen pool closures beyond our control.

DATES: October 5, 26; November 2, 9, 16; December 7.

October 5, 2025 (#21140) Fee: \$5 Accompanying Adult (#21146) Fee: \$5

October 26, 2025 (#21141) Fee: \$5 Accompanying Adult (#21147) Fee: \$5 November 2, 2025 (#21142) Fee: \$5

Accompanying Adult (#21148) Fee: \$5
November 9, 2025 (#21143) Fee: \$5

Accompanying Adult –(#21149) Fee: \$5 November 16, 2025 (#21144) Fee: \$5 Accompanying Adult (#21150) Fee: \$5

December 7, 2025 (#21145) Fee: \$5 Accompanying Adult (#21151) Fee: \$5

### **HEALTH & WELLBEING • ADULT**

### CHAIR YOGA with LYNN DOWE

Chair yoga classes include: Mindful Meditation to focus the mind to redirect thoughts to prepare for the yoga practice; Seated Yoga — gentle movements that can increase balance, mobility and range of motion; Focused Breathing — focusing on the timing and pacing of breath. Instructor Lynn Dowe offers intentional and inspiring yoga practice for all ages and abilities. She inspires and supports others to live an extraordinary life and through the practice of yoga, to connect with their own personal wisdom, healing abilities and expansive potential. 200RYT instructor — since May 2013. Location: Berkshire Middle School, Room 108

#21158

Dates: 9/18/2025 - 10/23/2025

# of Sessions: 6 Thu 7:00 PM - 8:00 PM

Fee: \$78

#21157

Dates: 10/30/2025 - 12/18/2025

# of Sessions: 6 No class 11/06, 11/27

Thu 7:00 PM - 8:00 PM

Fee: \$78



### YOGA FITNESS with LYNN DOWE

Offered to men and women of all levels. The science of Yoga uses precise postures (Asanas) and controlled breathing techniques (pranayama) that integrate energetic connections between body, mind and spirit. Participants explore the insight both through the basic Asanas, while increasing muscle strength and flexibility. Class participation will include sun salutes, basic standing postures, forward and backward bending, positive inversions, twists, reducing stress and seated meditations. Bring a mat to class. Instructor Lynn Dowe offers intentional and inspiring yoga practice for all ages and abilities. She inspires and supports others to live an extraordinary life and through the practice of yoga, to connect with their own personal wisdom, healing abilities and expansive potential. 200RYT instructor - since May 2013. Location: Berkshire Middle School, Media Center

#21160

Dates: 9/16/2025 - 10/28/2025 # of Sessions: 6 No class 10/14

Tue 7:00 PM - 8:00 PM

Fee: \$78

#21159

Dates: 11/4/2025 - 12/9/2025

# of Sessions: 6 Tue 7:00 PM - 8:00 PM

Fee: \$78

### **REGISTER EARLY!**

THESE CLASSES ARE
VERY POPULAR
AND FILL UP FAST!

### SELF-DEFENSE for WOMEN (Ages 12 years and older)

Can you defend yourself against a violent attack? Do you have the knowledge, skill and confidence to defend your family? You do not have to spend years training in an expensive program. Learn simple, lifesaving skills from programs designed to increase your safety after only one class! Our hands-on courses teach time-tested, realistic methods that are easy to learn and remember. Designed to be safe, this course instills confidence by building on success. You are coached according to your own rate of progression. No previous training required. A great stress reliever and lots of fun. NOTE: This class is open to students 12 years or older. Parents, serious topics are discussed openly but in a professional manor. Minors should be accompanied by a participating adult when possible. Unpaid spectators are not allowed. A release and hold harmless agreement must be signed by a legal guardian at the beginning of class: https://www.livesafeacademy.com/wp-content/uploads/2021/02/LSA-Release-and-Hold-Harmless-Agreement-.pdf For more information please visit: https://www.livesafeacademy.com/selfdefense/

Location: Seaholm High School, Media Center

#21122

Date: 10/27/2025 Mon 6:30 PM - 8:30 PM



### **ADULT • HEALTH & WELLBEING**

#### PKSA WOMEN'S ONLY KARATE

PKSA Karate Bloomfield provides the best professional and experienced instruction in the art of Tang Soo Do. Our school is operated by James and Ashley Shruga under the direct guidance and personal supervision of Master R. Collins, Sr. and Master R. Collins, Jr.



Attire for PKSA Karate courses is comfortable loose-fitting clothes that students can move around in. Students are advised to bring a bottle of water. Classes meet at 1551 South Opdyke Road, Bloomfield Hills, MI 48304. Our new location is first floor/handicap accessible. The training space is visible from the front door. Parent and sibling seating is available. **REGISTER FOR THESE CLASSES AT www.communityed.net** 

# WOMEN'S ONLY KARATE (Teens and Adults)

Ladies, it's your time on the mat! Join our Women's Only Tang Soo Do class taught in a supportive and empowering space where you'll learn authentic traditional Korean martial arts while building strength, confidence, and community. This class is designed exclusively for women, taught by skilled instructors in a safe and encouraging environment. Whether you're a complete beginner or looking to return to martial arts, this class is the perfect way to: Learn practical self-defense skills, Improve physical fitness, strength, and flexibility. Build mental focus and confidence. Have fun and connect with a powerful community of women. Tang Soo Do is a traditional martial art that emphasizes discipline, respect, and personal growth — and at PKSA Karate Bloomfield, we believe every woman deserves to feel strong, capable, and confident. No experience necessary — just a willingness to try something new and awesome. This class is geared towards teens and adults.

#21135

Dates: 9/12/2025 - 10/17/2025

# of Sessions: 6 Fri 6:00 PM - 6:30 PM

Fee: \$35

# Get skills for the 21st century.

Demonstrate your knowledge. Boost your productivity.

This online program is presented by the Learning Resources Network (LERN). Our online certificates and courses are provided by quality colleges and associations with expert instructors. Participate anytime day or evening, from any computer.

Register at www.communityed.net

CERTIFICATE PROGRAMS
PROFESSIONAL COURSES
VOCATIONAL COURSES
ENRICHMENT COURSES
TECHNOLOGY COURSES



### **HEALTH & WELLBEING • ADULT**

#### **PKSA**

PKSA Karate Bloomfield provides the best professional and experienced instruction in the art of Tang Soo Do. Our school is operated by James and Ashley Shruga under the direct guidance and personal supervision of Master R. Collins, Sr. and Master R. Collins, Jr.

Attire for PKSA Karate courses is comfortable loose-fitting clothes that students can move around in. Students are advised to bring a bottle of water. Classes meet at 1551 South Opdyke Road, Bloomfield Hills, MI 48304. Our new location is first floor/handicap accessible. The training space is visible from the front door. Parent and sibling seating is available. REGISTER FOR THESE CLASSES AT www.communityed.net

### KARATE CONDITIONING & FITNESS (Adult)

Conditioning: Ready to punch up your fitness routine? Whether you're a seasoned martial artist or just looking to try something new, Karate Conditioning is the high-energy, full-body workout you didn't know you needed. This dynamic class is designed for all levels — from total beginners to advanced martial artists — and is perfect for: Martial artists looking to cross-train and boost their stamina, strength, and speed. Fitness lovers who want a fun, high-intensity workout with a martial arts edge. Newbies who are curious about karate and want a no-pressure way to dive in? Each class blends traditional karate movements with modern fitness training to improve: Cardio endurance, Functional strength, Mobility and flexibility. Focus and mental toughness Expect a mix of striking drills, pad work, core training, and circuit-style exercises - all set to motivating music and guided by expert instructors who'll meet you right where you are. No uniform required. No experience necessary. Just bring your energy (and maybe a towel ).

#21138

Dates: 9/9/2025 - 10/14/2025

# of Sessions: 6 Tue 7:00 PM - 7:30 PM

Fee: \$35

#### TANG SOO DO KARATE (Adult)

This karate program is designed to help adults (ages 15 and older) interested in the martial arts discover & develop methods to achieve better health of body and mind through the art of Tang Soo Do. Improve your flexibility, balance, strength, and confidence. Immerse yourself in the rich pursuit of mindful restoration. Classes include fitness conditioning, self-defense tactics, martial arts instruction, and more! Come join us in a positive and inclusive environment for martial artists of all skill levels. Attire for all of our courses are comfortable loosefitting clothes that students can move around in. Students are advised to bring a bottle of water. Uniforms are available upon request. Learn more about the traditional Korean art of Tang Soo Do at www.pksa.com

#21109

Dates: 9/9/2025 - 10/14/2025

# of Sessions: 6 Tue 8:00 PM - 8:30 PM

Fee: \$35

#21110

Dates: 10/21/2025 - 12/2/2025

# of Sessions: 6 (No class on 11/25/2025)

Tue 8:00 PM - 8:30 PM

Fee: \$35

## NEW CHAMPIONS: SPECIAL NEEDS KARATE (Ages 16 and older)

Join us for "Champions: Special Needs Karate," an inclusive class designed for adults with special needs! Come join us to celebrate the potential in every individual through fun and engaging martial arts activities that promote confidence, social skills, and physical fitness.

Martial arts help build both mental and physical strength. In our class, participants will enjoy:

- Confidence Building: Learning new techniques fosters self-esteem and a sense of achievement.
- Social Interaction: Our supportive environment encourages friendships and teamwork.
- Physical Fitness: Fun exercises enhance coordination, balance, and overall health.
- Focus and Discipline: Structured activities promote concentration in an enjoyable way.
- Stress Relief: Martial arts provide a positive outlet for energy and emotions.

Our experienced instructors cater to individual strengths, ensuring a fun and encouraging atmosphere where everyone can thrive! Class meets at PKSA Karate, Bloomfield Hills. REGISTER FOR THESE CLASSES AT www.communityed.net

#21108

Dates: 9/10/2025 - 10/15/2025

# of Sessions: 6 Wed 4:00 PM - 4:30 PM

Fee: \$30

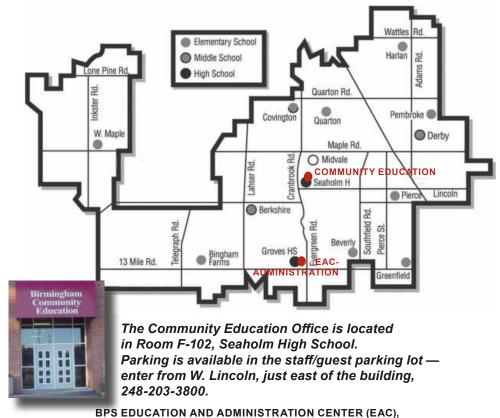
#21134

Dates: 10/22/2025 - 12/3/2025

# of Sessions: 6 (No class on 11/26/2025)

Wed 4:00 PM - 4:30 PM

### **BPS LOCATIONS**



31301 Evergreen Road, Beverly Hills, MI 48025 248-203-3000

BERKSHIRE MIDDLE SCHOOL, 21707 W. 14 Mile Road, Beverly Hills, MI 48025, 248-203-4700

BEVERLY ELEMENTARY SCHOOL, 18305 Beverly Road, Beverly Hills, MI 48025, 248-203-3150

BINGHAM FARMS ELEMENTARY SCHOOL, 23400 W. 13 Mile Road, Bingham Farms, MI 48025, 248-203-3350

BIRMINGHAM COVINGTON SCHOOL, 1525 Covington Road, Bloomfield Hills, MI 48301, 248-203-4444

DERBY MIDDLE SCHOOL, 1300 Derby Road, Birmingham, MI 48009, 248-203-5000

GREENFIELD ELEMENTARY SCHOOL, 31200 Fairfax, Beverly Hills, MI 48025, 248-203-3210

GROVES HIGH SCHOOL, 20500 W. 13 Mile Road, Beverly Hills, MI 48025 248-203-3500

HARLAN ELEMENTARY SCHOOL, 3595 N. Adams Road, Bloomfield Hills, MI 48304, 248-203-3265

MIDVALE CENTER, 2121 Midvale Road, Birmingham, MI 48009 Early Childhood Center - 248-203-5803 / Next - 248-203-5270

PEMBROKE ELEMENTARY SCHOOL, 955 N. Eton, Troy, MI 48084, 248-203-3888

PIERCE ELEMENTARY SCHOOL, 1829 Pierce St., Birmingham, MI 48009, 248-203-4325

QUARTON ELEMENTARY SCHOOL, 771 Chesterfield, Birmingham, MI 48009, 248-203-3425

SEAHOLM HIGH SCHOOL, 2436 W. Lincoln, Birmingham, MI 48009, 248-203-3700

WEST MAPLE ELEMENTARY SCHOOL, 6275 Inkster Road, Bloomfield Hills, MI 48301, 248-851-2667

### REGISTRATION INFORMATION

#### PRE-REGISTRATION IS REQUIRED FOR ALL CLASSES.

Pre-registration is required for all programs. No drop-in registration on the day of class.

Register and pay using cash, check or VISA/Mastercard. Fees are payable in full at the time of registration. All checks should be made payable to "Birmingham Public Schools." There will be a \$60 fee for all returned checks.

#### DROPS/REFUNDS PLEASE READ CAREFULLY BEFORE REGISTERING FOR CLASS!

Requests must be made directly to Birmingham Community Education THREE (3) business days prior to the beginning of class. With the exception of one day classes, all class refunds are the amount of the fee less a \$10 processing fee per class. The processing fee for most one-day classes is \$5.00. The cost of materials cannot be refunded. No cash refunds. Refunds will be in the form of a check, credit or account voucher. Refunds of less than \$10 will be in the form of an account voucher.

#### WE DO OUR VERY BEST TO GET IT RIGHT

We take great care to check the accuracy of all information in our brochures and on our website. However, we cannot be responsible for inadvertent and unintentional errors and we reserve the right to correct them.

#### **CLASS/CAMP CANCELLATIONS**

REGISTER EARLY! The most common reason for class cancellation is low enrollment. Every effort will be made to notify registrants that a class has been cancelled. NOTIFICATIONS OF CANCELLATIONS AND

CLASS CHANGES ARE SENT VIA EMAIL.

Please recheck your profile online every time you register for accuracy. Any person registered in a cancelled class will receive a full refund or may transfer to another class in the current semester. Birmingham Community Education reserves the right to cancel any class due to insufficient registrations.

Please know that we draft our winter/spring brochure months in advance of publication to your mailbox. We continue to follow all state guidelines regarding in-person returns, and may make changes to our programming based on these state requirements.

#### **CLASS/CAMP CHANGES**

Birmingham Community Education reserves the right to withdraw or change classes/camps, instructors or schedules; to revise tuition and fee structures; and to amend its policies as necessary for smooth and efficient operation.

#### **EXTRA-SPECIAL ATTENTION**

Please let us know if your child has special needs: i.e. physical, emotional, educational, or medical. Please call us at 248-203-3822. Advise us of any severe allergies or chronic illness. This includes information regarding food or airborne allergies. PLEASE select programs that will not trigger or aggravate a medical condition. If increased assistance is needed, please provide the documentation from your child's IEP at least 10 business days before the start of the program.

#### WAIVER OF LIABILITY AND HOLD HARMI FSS

PLEASE FILL OUT THE APPROPRIATE WAIVER ON PAGES 27 AND 28, and include with your registration form. If registering online, a waiver form is part of the registration process; a separate form will not be required.

You must have a current waiver on file with Birmingham Public Schools for every class/course/camp you or your children are attending.

#### NOTICE OF NONDISCRIMINATION

The Board of Education is committed to maintaining a learning/working environment in which all individuals are treated with dignity and respect, free from discrimination and harassment. There will be no tolerance for discrimination or harassment on the basis of race, color, national origin, religion, sex, sexual orientation, marital status, genetic information, disability or age. The District prohibits harassment and other forms of discrimination whether occurring at school, on District property, in a District vehicle, or at any District related activity or event. The Superintendent will designate compliance officers and develop and implement regulations for the reporting, investigation and resolution of complaints of discrimination or harassment. The following people have been designated to handle inquiries regarding the nondiscrimination policies: Students - Inquiries related to discrimination on the basis of disability should be directed to: Executive Director of Special Education, 31301 Evergreen Road Beverly Hills, MI 48025, 248.203.3000. Direct all other inquiries related to discrimination to: Assistant Superintendent of Human Resources, 31301 Evergreen Road, Beverly Hills, MI 48025, 248.203.3000.

#### INCLEMENT WEATHER/SCHOOL CLOSING

When Birmingham Schools are closed due to severe weather, power failure or circumstances beyond our control, announcements concerning evening programs will be made by 2:00 p.m. Verify school closing by checking out Channel 4 news.

FOR THE MOST UP-TO-DATE INFORMATION VISIT THE HOMEPAGE OF: **BIRMINGHAM PUBLIC SCHOOLS** WWW.BIRMINGHAM.K12.MI.US BIRMINGHAM COMMUNITY EDUCATION WWW.COMMUNITYED.NET

#### **INJURIES & PERSONAL PROPERTY** DAMAGE/LOSS

We are frequently asked: "Are my children or am I insured by Birmingham Public Schools in the event of injury while participating in a school district program?" A follow-up question is: "Does the district have insurance to protect personal property that I or my children may bring to school?" The answer is "NO."

BPS does not provide insurance for injuries, damage, or loss of property. A State of Michigan statute grants the Birmingham Public School District and other public bodies (e.g., cities, villages, etc.) with immunity to tort liability. What this means is that because we are a public agency funded through tax dollars and we are providing a public service, we are not held liable in the event of injury or loss of property. The Board of Education has decided that the district should not use taxpayers' tax dollars to provide for these risks. Your homeowner's policy may cover property damaged or lost from the school premises (e.g., automobiles, bicycles, band instruments, calculators, etc.) WE ENCOURAGE YOU TO MAKE SURE THAT YOU HAVE ADEQUATE **HEALTH** AND **PROPERTY** DAMAGE/LOSS INSURANCE COVERAGE.

NO SMOKING/VAPING, NO FIREARMS AND NO ALCOHOLIC BEVERAGES OR PETS/ANIMALS IN SCHOOL BUILDINGS OR ON SCHOOL PROPERTY.

### **BPS COMMUNITY EDUCATION INFORMATION**

### COMMUNITY EDUCATION STAFF

Jill Fill	Commu	nity Education Specialist
Diane Agrusa	Rampolo	Program Assistant
Gail Fredericks	son	Office Assistant
Jennifer Szura		Office Assistant
Meli Zikakis		Office Assistant
Linda Grindem		ESL Instructor
Noelle Bogan .		ESL Instructor

#### BIRMINGHAM COMMUNITY EDUCATION REGULAR OFFICE HOURS\*

Monday-Friday.....8:00 a.m.-4:00 p.m.

OFFICE CLOSED: SEPTEMBER 1, NOVEMBER 26-30,

DECEMBER 19-JANUARY 6, \*Note: Office hours may vary due to school breaks and holidays.

#### **BPS FACILITY RENTAL INFORMATION**

Birmingham Public Schools facilities and fields are conveniently located for the residents of Birmingham, Beverly Hills, Bingham Farms, Franklin, West Bloomfield, Bloomfield Hills, Troy and Southfield. Our facilities and fields are available for rental by public and private groups on Saturdays, Sundays and after school on week days. With ample free parking and recently renovated buildings, Birmingham offers great potential for your special event. Whether you need auditoriums, classrooms, media centers, computer labs, gyms, pools, stadiums or fields, the modern facilities and fields of Birmingham Public Schools give you an advantage! All facility services are available for single events, individual classes or entire college curricula or large sports events. For all of your facility and field requests, please contact Birmingham Community Education at 248-203-3800.

FOR RENTAL INQUIRIES ON AUDITORIUMS & LITTLE THEATERS CALL 248-203-3861
POOLS/GYMS/CLASSROOMS/ GRASS FIELDS & TRACKS/STADIUMS
CALL 248.203.3800

#### **FALL 2025 • REGISTRATION FORM**

Payment by cash, check or VISA/MC. All checks should be payable to: "Birmingham Public Schools"

Phone and online registrations by credit card only. Mail: 2436 W. Lincoln, F102, Birmingham, MI 48009 Phone: 248-203-3800 • www.communityed.net

Last Name (Farent/Guardi	aii)	mist wante			
Address	City		Zip		
E-mail address	Phone (Home)		Phone (Cell/Work)		
Student's Full Name			Birth	ndate	
Name of Class	Class Start Dat	eDays of Class	Class#	Fee	
				\$	
				\$	
				\$	
Please fill out appropri	ate WAIVER on p	age 27 & 28	Total	\$	
HOW TO REGISTER:					
Online: www.communityed.net		Phone: 248-203-3800		In person or by mail: 2436 W. Lincoln, Suite F102 Birmingham, MI 48009	
PAYMENT: Full payment due at registration.					
Check enclosed (pay	able to <i>"Birmingham</i>	Public Schools	s")		
Visa/MasterCard					
Cardholder's Name					
Account Number:		Expiration	Date:		
Cardholder's Signature:					

### **WAIVER FOR PARTICIPANTS 18+ YEARS**

### WAIVER OF LIABILITY AND HOLD HARMLESS AGREEMENT FOR ALL BIRMINGHAM COMMUNITY EDUCATION ACTIVITIES EVENTS / CLASSES / CAMPS / OPEN SWIM / ATHLETIC LEAGUES Participant 18+ years of Age

- 1. In consideration for receiving permission to participate in the Birmingham Public Schools Community Education Activity of my choice, I hereby RELEASE, WAIVE, DISCHARGE AND COVENANT NOT TO SUE and further hereby AGREE TO INDEMNIFY AND HOLD HARMLESS Birmingham Public Schools, the members of its Board of Education (in their official and individual capacities), administrators, agents, servants or employees (hereinafter referred to as RELEASEES) from any and all liability, claims, costs, expenses, attorney fees, demands, actions and causes of action whatsoever arising out of or related to any loss, damage, or injury, including death, that may be sustained by me, or any of the property belonging to me, WHETHER CAUSED BY THE NEGLIGENCE OF THE RELEASEES, or otherwise, while participating in such activity, or while in, on or upon the premises where the activity is being conducted.
- 2.I am fully aware of and acknowledge the potential risks of serious personal injury associated with this activity. I hereby elect to voluntarily participate in said activity with full knowledge that said activity may be dangerous to me and my property. I VOLUNTARILY ASSUME FULL RESPONSIBILITY FOR ANY RISKS OF LOSS, PROPERTY DAMAGE OR PERSONAL INJURY, INCLUDING DEATH, that may be sustained by me, or any loss or damage of property owned by me, as a result of being involved in such activity, WHETHER CAUSED BY THE NEGLIGENCE OF RELEASEES OR OTHERWISE.
- 3.It is my express intent that this Waiver of Liability and Hold Harmless Agreement shall bind the members of my family and spouse, if I am alive, and my heirs, assigns and personal representative, if I am deceased, and shall be deemed as a RELEASE, WAIVER, DISCHARGE AND COVENANT NOT TO SUE the above-named RELEASEES. I hereby further agree that this Waiver of Liability and Hold Harmless Agreement shall be construed in accordance with the laws of the State of Michigan.
- 4.IN SIGNING THIS AGREEMENT, I ACKNOWLEDGE AND REPRESENT THAT I have read this Waiver of Liability and Hold Harmless Agreement, understand it and sign it voluntarily as my own free act and deed; no oral representations, statements, or inducements, apart from the foregoing written agreement, have been made; I am at least eighteen (18) years of age and fully competent; and I execute this Release for full, adequate and complete consideration fully intending to be bound by same.

Signed on this	day of	, 20
PARTICIPANT		
Print		Name
Signature		

### **WAIVER FOR PARTICIPANTS UNDER 18 YEARS**

### WAIVER OF LIABILITY AND HOLD HARMLESS AGREEMENT FOR ALL BIRMINGHAM COMMUNITY EDUCATION ACTIVITIES EVENTS / CLASSES / CAMPS / OPEN SWIM / ATHLETIC LEAGUES Participant UNDER 18 years of Age

- 1. In consideration for receiving permission to participate in the Birmingham Public Schools Community Education Activity of my choice, I hereby RELEASE, WAIVE, DISCHARGE AND COVENANT NOT TO SUE and further hereby AGREE TO INDEMNIFY AND HOLD HARMLESS Birmingham Public Schools, the members of its Board of Education (in their official and individual capacities), administrators, agents, servants or employees (hereinafter referred to as RELEASEES) from any and all liability, claims, costs, expenses, attorney fees, demands, actions and causes of action whatsoever arising out of or related to any loss, damage, or injury, including death, that may be sustained by me, or any of the property belonging to me, WHETHER CAUSED BY THE NEGLIGENCE OF THE RELEASEES, or otherwise, while participating in such activity, or while in, on or upon the premises where the activity is being conducted.
- 2. I am fully aware of and acknowledge the potential risks of serious personal injury associated with this activity. I hereby elect to voluntarily participate in said activity with full knowledge that said activity may be dangerous to me and my property. I VOLUNTARILY ASSUME FULL RESPONSIBILITY FOR ANY RISKS OF LOSS, PROPERTY DAMAGE OR PERSONAL INJURY, INCLUDING DEATH, that may be sustained by me, or any loss or damage of property owned by me, as a result of being involved in such activity, WHETHER CAUSED BY THE NEGLIGENCE OF RELEASEES OR OTHERWISE.
- 3. It is my express intent that this Waiver of Liability and Hold Harmless Agreement shall bind the members of my family and spouse, if I am alive, and my heirs, assigns and personal representative, if I am deceased, and shall be deemed as a RELEASE, WAIVER, DISCHARGE AND COVENANT NOT TO SUE the above-named RELEASEES. I hereby further agree that this Waiver of Liability and Hold Harmless Agreement shall be construed in accordance with the laws of the State of Michigan.
- 4. IN SIGNING THIS AGREEMENT, I ACKNOWLEDGE AND REPRESENT THAT I have read this Waiver of Liability and Hold Harmless Agreement, understand it and sign it voluntarily as my own free act and deed; no oral representations, statements, or inducements, apart from the foregoing written agreement, have been made; I am fully competent; and I execute this Release for full, adequate and complete consideration fully intending to be bound by same.

Signed on this \_\_\_\_\_\_, 20\_\_\_\_\_.

PARTICIPANT	
Print	Name
Signature	
participation in the Birmingham Public Schoo associated with the Participant's participation permission to participate in said Birminghar to be bound by this Waiver of Liability and I Additionally, I/we consent to Birmingham P	above named Participant, consent to the minor Participant's Is Community Education Activity(ies), acknowledge the risks in therein, and in consideration of my/our minor Participant's in Public Schools Community Education Activity(ies) agree Hold Harmless Agreement and the terms contained herein. ublic Schools seeking reasonable and necessary medical ing such event or associated activities, and agree to be d with such treatment.
Parent/Guardian Date	Signature
Parent/Guardian Date	Signature

# Birmingham Bloomfield Community Coalition

Birmingham Bloomfield Community Coalition (BBCC) takes a research-driven, youth-led approach to substance abuse prevention, health and wellness. BBCC and the Youth Action Board (YAB) provide education, tools, activities, and support to help youth rise above life's challenges by making informed decisions about their safety, health and wellness, as well as encourage adults to positively support them.

Following are just some of the programs and services available for students, parents, schools, and other community groups.

In-person or on-line Programming is available and includes the following topics:

- Education on individual or a grouping of substances such as:
  - Vaping, Alcohol, Prescription Drugs, Marijuana, Fentanyl
- Social media
- Mental Health
- Wellness
- Customized Programs, too! Just let us know what you need.
- HIGH SCHOOL TEENS: Earn community service, build leadership skills, create
  healthy connections, and have fun doing it! If you are a high school teen, the Youth
  Action Board (YAB) has a variety of opportunities to get involved AND we meet yearround primarily in-person. Also, look for our annual YAB Kick-Off Meeting that will take
  place in September or October, 2025. Contact youth program coordinator, Kelly, at
  kmichaud@bbcoaltion.org.
- Mid Action Board: Provides 8<sup>th</sup> grade students with a positive voice and presence in their schools and broader community on issues important to them with a focus on substance use prevention, building confidence and resilience, creating and maintaining positive peer influence, and supporting positive mental health and overall wellness for their peers. Contact youth program coordinator, Kelly, at <a href="mailto:kmichaud@bbcoaltion.org">kmichaud@bbcoaltion.org</a>

Youth-focused substance abuse prevention, health and wellness www.bbcoalition.org 248.203.4615





### **COMMUNITY NEWS & EVENTS**

### **Birmingham Youth Assistance**



# MINDFUL RESILIENCE Presented by Dr. Christopher Willard

Brought to the community by Birmingham Youth Assistance, this special event features Harvard Medical School psychologist, bestselling author, and internationally recognized speaker Dr. Christopher Willard. In today's fast-paced world, teens and families face more pressure than ever.

This engaging and practical presentation will equip parents, caregivers, and students with simple, effective tools to build resilience, manage stress, strengthen communication, and thrive both at home and at school.

**Bonus:** The first 50 registrants will receive a free copy of Dr. Willard's book "College Mental Health 101"!

Date: November 6, 2025

Time: 7:00PM-8:15 PM (Doors open at 6:30 PM)

Location: Groves High School, Little Theatre (20500 W 13 Mile Rd, Beverly Hills, MI 48025 Beverly Hills, MI)

Admission is free. Registration is required and space is limited.

Reserve your spot at: www.birminghamyouthassistance.org/events

Open to parents, caregivers, middle & high school students, counselors, educators, and community members.

VISIT US AT THE KIDS ZONE AT THE BIRMINGHAM FARMERS MARKET SEPTEMBER 21 & OCTOBER 26

BREAKFAST WITH SANTA • DECEMBER 7
KIDS DOG SHOW • FEBRUARY 1

### Mentor's Plus Program:

MAKING A DIFFERENCE - ONE PERSON - ONE CHILD AT A TIME

The Mentor's Plus program has helped by one-on-one mentoring, literally hundreds of children in our community, through Oakland County Youth Assistance.

**THE MISSION** of Birmingham Youth Assistance is to strengthen youth and families and to reduce the incidence of delinquency, abuse and neglect through community involvement.

BYA provides community based casework and counseling services as well as providing programming and events for children and families within the Birmingham Public School district. BYA is a partnership of: the Oakland County Circuit Court – Family Division; the City of Birmingham and the Villages of Beverly Hills, Bingham Farms and Franklin; Birmingham Public Schools; and community volunteers.

Do you want to make a difference? Volunteer with BYA!

BIRMINGHAM YOUTH ASSISTANCE provides short term, low cost counseling services. 248.203.4300 / www.birminghamyouthassistance.org

### **COMMUNITY NEWS & EVENTS**



FRIENDS is a parent group in the Birmingham Public School System with preschool to adult age children coming together to build a strong parent community

The Friends website at

### www.friendsofdifferentlearners.com

& join us on Facebook@Friendsofdifferentlearners.



BPS Early childhood Intervention Program & Services for children with developmental delays and special needs who reside within Birmingham Public Schools. A parent concerned about his/her child's development may refer their

child to Early Childhood Intervention Program & Services. A referral will be taken for children ages birth through the date that they enter kindergarten. To begin a referral process, a parent or legal guardian who has a concern about his/her child's talking, walking, hearing, learning or behavior should call the following:

Ages birth to 3 years: Early On Oakland 248.209.2084

Ages 3 to kindergarten: Kelly Beard, Project Find, 947-210-8640 or kbeard@birmingham.k12.mi.us

# Sixth Annual Strides for SOS



5K and 1 Mile
Run/Walk



BEVERLY PARK
Beverly Hills Michigan

BPS FAMILIES

GROCERIES • CHILDCARE • UTILITIES FOOD BAGS • VOLUNTEER SERVICES

Register by August 31 for a race shirt

schoolsoffersupport.org

