

**Spring 2019**  
**LIFEGUARD/CPR/AED/FIRST AID TRAINING:**  
**Full Course**  
**And**  
**RECERTIFICATION CLASS**  
*(For those soon to expire or recently have expired.)*

This class will teach participants the knowledge and skills to prevent and respond to aquatic emergencies, this includes CPR/AED and First Aid instruction. Certification allows lifeguard to work at a pool. Prerequisites: 1) Minimum of 15 years of age; 2) Swim 300 yards continuously using the following strokes: 100 yards of front crawl using rhythmic breathing & propellant kick; 100 yards of the breast stroke; 100s yard of the front crawl and/or breast stroke 3) Swim 20 yards, surface dive to a depth of 7-10 feet, retrieve a 10 pound object and swim 20 yards back to the starting point in under 1 minute 40 seconds. Swim goggles are not permitted. 4) Tread water for 2 minutes using only the legs, hands under armpits. Course participants who fail the prerequisite test given during the first water course session will be allowed one retest. A participant who fails to complete the second prerequisite test will not be allowed to complete the course and their registration fee will not be refunded. In order to complete certification, participants must attend ALL sessions. SEAHOLM HIGH SCHOOL, meet outside the pool doors.

***Instructor's Bio:***

Brian Priebe has taught and coached in Birmingham Public Schools for 39 years. Brian has also been a lifeguard and lifeguard instructor for 43 years and a scuba diver instructor for 17 years.

***Class Days and Times: You MUST attend all classes!***

**Prerequisite Test Day is Wednesday, April 10:** Students should bring a swimsuit & towel. Meet outside of the Seaholm Pool.

**Class dates:** April 10, 11, 16, 17, 23, 24, 25, 30 from 3:15-5:30 p.m. at SEAHOLM HIGH SCHOOL, meet outside the pool doors.

**All questions:** PLEASE SEE OR EMAIL Mr. Priebe ([BPriebe@birmingham.k12.mi.us](mailto:BPriebe@birmingham.k12.mi.us))

**#13862 FULL COURSE:** Approximately 25 hours of instruction. **Cost:** \$200. Certification card cost will be due to Mr. Priebe by April 25. The cost for the full course card is \$38.00.

**#13863 RECERTIFICATION:** Approximately 12 hours of instruction. **Cost:** \$155. Certification card cost will be due to Mr. Priebe by April 25. The cost for the recertification course card is \$38.00.

**Register at [www.communityed.net](http://www.communityed.net) or 248.203.3800.**